

THE YOUNGTOWN EDITION

COUNTY COLLEGE OF MORRIS' AWARD-WINNING STUDENT NEWSPAPER

Despite my Diagnosis...

Autism Success

BY ANDRES M. ORTIZ
Contributor

My name is Andres Ortiz and I have high functioning autism, which means I think differently and often have trouble understanding social cues and knowing how to communicate with others. My autism hasn't stopped me from being a talented drummer and I've been playing in bands for about 14 years. Sometimes it's been easiest to make friends through my love of music.

I started going to different schools when I was three. When I was younger, I felt that nobody understood me and that caused me to act out sometimes. Once I went to the Newmark School in Scotch Plains, NJ and then Montgomery Academy in Basking Ridge, NJ everything got easier because people there understood how I thought and learn.

In high school, I had ups and

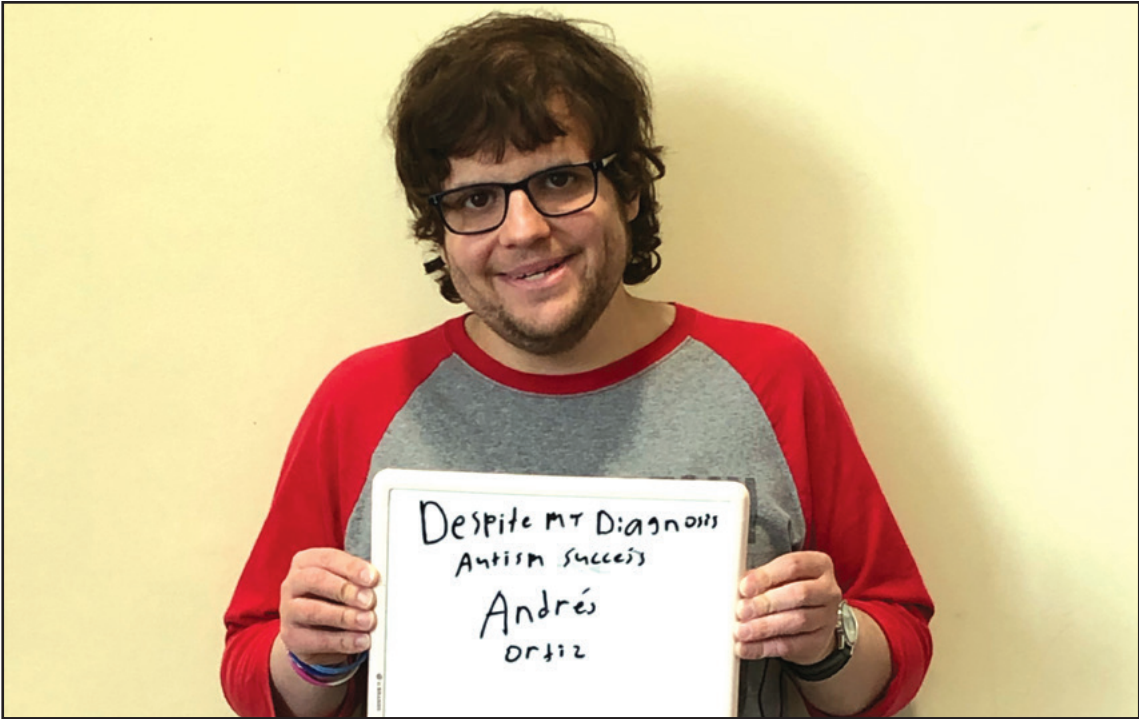


PHOTO BY ALEXA WYSZKOWSKI

Andres Ortiz despite his autism has found success in the classrooms at CCM.

downs because I was also diagnosed with Lyme Disease. I have trouble staying awake and my memory is bad sometimes but I continue to try my very best. It's interesting that my brain always

remembers how to play music and facts about it, but I can't read it. People with autism often know a whole lot about one topic and mine is music.

I came to CCM through the College Steps Program because I wanted to be more independent and I am proud to say I am doing well in all my classes. However, sometimes I still struggle with sleeping, remembering important due dates and details, asking for help at the right time, and communicating with others. Now I have peer mentors, who are also CCM students through College Steps, who help me with these problems as well as note-taking, studying, independent living and social skills, and budgeting. All College Steps students, mentors, and our Program Coordinator, Nancy Tichenor, meet to work on life, employment and community

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Join Titus in trying Titan Trot

BY ANTHONY INGHAM
News Editor

The end of CCM's 50 anniversary is coming to a close, and they wish to see it off with one last hurrah in the form of Titan Weekend.

Titan Weekend is an event which involves the Titan Ball on May 3, Titus' Birthday on May 4, and the Titan Trot on May 5.

The Titan Trot is a USA Track & Field certified Sunday 5K, where anyone can participate for \$28 and can cross the five-kilometer distance however they can or want to. The race starts at 9 a.m. and will continue for the rest of the day until all participants have completed the event.

William McHugh, Instructor in the Department of Health & Exercise Science, is spearheading the soon to be Titan Trot, which was advertised as a great way to excite students, alumni, and teachers alike.

"It's not every day you get a chance to run in a 5K," he said. "It gives everyone a chance to really

challenge themselves, and make them feel like they did something worthwhile."

McHugh said the event is a great way to facilitate a healthy lifestyle and do something out of one's comfort zone, as a rare event like this can excite people, making it more active. But he also sees it as an opportunity for students, teachers, and alumni to come together.

The run aims to have over 200 participants, which is on a much larger scale than the normal 50 or 100 person groups the Titan Trot committee is used to running. Managing sponsorships with groups such as the Randolph Pain Relief and Wellness Center, as well as trying to find good incentives for people to attend like the first 200 registrars getting t-shirts, means that the staff has some heavy responsibilities.

"We're still looking for volunteers, primarily for registration," said McHugh. "Because with the size of the event and its current attendance, we're being

stretched very thin."

This event is also a way for CCM to generate revenue, as well as give opportunities for others to meet other participants, put their attendance on a résumé, and to give back to the community. Students like Kaitlin Ventrice are a large part of the advertising for the event, who helped by giving students a six week plan to prepare for the Trot.

"I worked really hard on a good workout program, in the hopes that any person could go from sitting on the couch, to ready to run in six weeks," she said.

"We are grateful for the support of the Morris County community over the last 50 years and very proud of our more than 50,000 alumni, our partnerships with the business community and the cultural events we offer for personal enrichment," said CCM President Anthony J. Iacono. "Our Titan Weekend is an opportunity for the public to join with

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PHOTO BY ALEXA WYSZKOWSKI

Evelyn Aguirre, a nursing major and Amy Rojas, a chemistry major cooling off after preparing for the upcoming Titan Trot.

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SPRING 2019 FINAL EXAM SCHEDULE

FINAL EXAMS — SPRING 2019

DATE: FRIDAY, MAY 10, through THURSDAY, MAY 16
CONFLICT: THURSDAY, MAY 16, 10:00 A.M. – 11:50 A.M., Room DH 118
MAKE-UP: THURSDAY, MAY 16, 2:00 P.M. – 3:50 P.M., Room LRC-103

- NOTE:**
- 1. Students taking conflict examinations must provide evidence of said conflicts and obtain written permission from their instructors.
 - 2. Students who miss final examinations and who request and receive permission from their instructors are permitted to take a make-up examination.
 - 3. Students need to provide their photo CCM ID to take conflict or make-up exams.
 - 4. Please go to CCM Website for the current final exam schedule or check with your instructor.

THERE IS A \$5.00 (FIVE DOLLAR) ASSESSMENT FOR EACH MAKE-UP EXAM.

EVENING/SATURDAY FINAL EXAM SCHEDULE

CLASS	EXAM DAY/DATE	EXAM TIME
FRIDAY	FRIDAY, MAY 10	REGULAR CLASS TIME
SATURDAY	SATURDAY, MAY 11	REGULAR CLASS TIME
MONDAY	MONDAY, MAY 13	REGULAR CLASS TIME
TUESDAY	TUESDAY, MAY 14	REGULAR CLASS TIME
WEDNESDAY	WEDNESDAY, MAY 15	REGULAR CLASS TIME
THURSDAY	THURSDAY, MAY 16	REGULAR CLASS TIME

SECT.	NO.	COURSE TITLE	INSTRUCTOR	DAY	TIME	ROOM
ACC-105	20001	Computerized Accounting	Susan Miller		PROJECT EXAM	
ACC-108	26543	Accounting for Hospitality	Najib Iftikhar	TUE	2:00-3:50	CH 265
ACC-111	20002	Prin Accounting I	Daniel Nealis	TUE	8:00-9:50	CH 269
ACC-111	20003	Prin Accounting I	Dennis Hammer	TUE	8:00-9:50	CH 255
ACC-111	20004	Prin Accounting I	Stephanie Oros	TUE	8:00-9:50	CH 157
ACC-111	20007	Prin Accounting I	Apurv Vinay Ved	TUE	8:00-9:50	CH 256
ACC-111	20009	Prin Accounting I	Susan Miller		PROJECT EXAM	
ACC-112	20012	Prin Accounting II	Daniel Nealis	TUE	10:00-11:50	CH 269
ACC-112	20013	Prin Accounting II	Frank Bagan	TUE	10:00-11:50	CH 256
ACC-112	20014	Prin Accounting II	Glen Caplin	TUE	10:00-11:50	CH 259
ACC-112	20015	Prin Accounting II	Daniel Nealis	TUE	10:00-11:50	CH 271
ACC-112	26507	Prin Accounting II	Karen Crisonino		PROJECT EXAM	
ART-114	20053	Contemporary Art	Brian Sahotsky		PROJECT EXAM	
ART-114	21301	Contemporary Art - Honors	Brian Sahotsky		PROJECT EXAM	
ART-122	20042	Drawing I	John Reinking		PROJECT EXAM	
ART-122	20043	Drawing I	Marco Cutrone		PROJECT EXAM	
ART-122	20044	Drawing I	Marco Cutrone		PROJECT EXAM	
ART-122	20045	Drawing I	Robert Ricciotti		PROJECT EXAM	
ART-123	20046	Drawing II	Andrea Kelly		PROJECT EXAM	
ART-123	20048	Drawing II	Barbara Neibart		PROJECT EXAM	
ART-130	20040	Two Dimensional Design	Keith Smith		PROJECT EXAM	
ART-130	20051	Two Dimensional Design	Leah Tomaino		PROJECT EXAM	
ART-130	20052	Two Dimensional Design	John Reinking		PROJECT EXAM	
ART-131	20039	Color Theory	Keith Smith		PROJECT EXAM	
ART-131	20054	Color Theory	Barbara Neibart		PROJECT EXAM	
ART-132	20038	Three Dimensional Design	Patrick Gallagher		PROJECT EXAM	
ART-132	20056	Three Dimensional Design	Clayton Allen		PROJECT EXAM	
ART-133	20058	Art History I	Brian Sahotsky		PROJECT EXAM	
ART-133	20061	Art History I	Brian Sahotsky		PROJECT EXAM	
ART-134	20060	Art History II	Brian Sahotsky		PROJECT EXAM	
ART-219	20062	Painting I	Keith Smith		PROJECT EXAM	
ART-230	20067	Portfolio & Presentation	Clayton Allen		PROJECT EXAM	
ART-230	20068	Portfolio & Presentation	Kelly Whalen		PROJECT EXAM	
ART-233	20035	Independent Study I	Clayton Allen		PROJECT EXAM	
ART-233	20069	Independent Study I	Keith Smith		PROJECT EXAM	
ART-238	20034	Independent Study in Ceramics	Clayton Allen		PROJECT EXAM	
ART-241	20070	Ceramics I	Clayton Allen		PROJECT EXAM	
ASL-111	20036	American Sign Language I	Brenda Miers	TUE	2:00-3:50	DH 265
ASL-111	20037	American Sign Language I	GinaMaria Correia	TUE	2:00-3:50	SH 100
ASL-111	20050	American Sign Language I	GinaMaria Correia	TUE	2:00-3:50	SH 100
ASL-111	20066	American Sign Language I	GinaMaria Correia	TUE	2:00-3:50	SH 100
ASL-112	20063	American Sign Language II	Mary Olson	TUE	12:00-1:50	CH 269
ASL-112	20064	American Sign Language II	Mary Olson	TUE	12:00-1:50	CH 271
ASL-112	20065	American Sign Language II	Hilary Porteous-Nye	TUE	12:00-1:50	DH 265
BIO-101	20071	Anatomy and Physiology I	Steven Aschoff	TUE	12:00-1:50	CH 265
BIO-101	20072	Anatomy and Physiology I	Frank Pietropollo	TUE	12:00-1:50	CH 124
BIO-101	20073	Anatomy and Physiology I	Ben Ondimu	TUE	12:00-1:50	DH 118
BIO-101	20074	Anatomy and Physiology I	Ben Ondimu	TUE	12:00-1:50	DH 118
BIO-101	20075	Anatomy and Physiology I	Frank Pietropollo	TUE	12:00-1:50	CH 124
BIO-101	20076	Anatomy and Physiology I	Gregory Erianne	TUE	12:00-1:50	SH 100
BIO-101	20077	Anatomy and Physiology I	Gregory Erianne	TUE	12:00-1:50	SH 100
BIO-101	20086	Anatomy and Physiology I	Gregory Erianne	TUE	12:00-1:50	SH 100
BIO-101	20087	Anatomy and Physiology I	Ben Ondimu	TUE	12:00-1:50	DH 118
BIO-101	20093	Anatomy and Physiology I	Frank Pietropollo	TUE	12:00-1:50	CH 124
BIO-101	20104	Anatomy and Physiology I	Caitlin Burns	TUE	12:00-1:50	DH 165
BIO-102	20078	A & P II	Caitlin Burns	TUE	10:00-11:50	DH 118
BIO-102	20079	A & P II	Caitlin Burns	TUE	10:00-11:50	DH 118
BIO-102	20080	A & P II	Gregory Erianne	TUE	10:00-11:50	SH 100
BIO-102	20081	A & P II	Gregory Erianne	TUE	10:00-11:50	SH 100
BIO-102	20082	A & P II	Ben Ondimu	TUE	10:00-11:50	DH 114
BIO-102	20083	A & P II	Ben Ondimu	TUE	10:00-11:50	DH 114
BIO-102	20084	A & P II	Liocely Thomas	TUE	10:00-11:50	CH 265
BIO-102	20085	A & P II	Caitlin Burns	TUE	10:00-11:50	DH 118
BIO-121	20088	General Biology I	Christine Kelly	WED	2:00-3:50	CH 124
BIO-121	20089	General Biology I	Christine Kelly	WED	2:00-3:50	CH 124
BIO-121	20090	General Biology I	Christine Kelly	WED	2:00-3:50	CH 124
BIO-121	20091	General Biology I	Christine Kelly	WED	2:00-3:50	CH 124

SECT.	NO.	COURSE TITLE	INSTRUCTOR	DAY	TIME	ROOM
BIO-121	20096	General Biology I	Christine Kelly	WED	2:00-3:50	CH 124
BIO-121	20111	General Biology I	Christine Kelly	WED	2:00-3:50	CH 124
BIO-122	20094	General Biology II	Teresa Birrer	WED	12:00-1:50	DH 114
BIO-122	20095	General Biology II	Teresa Birrer	WED	12:00-1:50	DH 114
BIO-122	20103	General Biology II	Anastasia Kilhaney	WED	12:00-1:50	CH 265
BIO-127	20092	Bio-Environ Concerns	Dennis Daly	WED	8:00-9:50	CH 265
BIO-127	20097	Bio-Environ Concerns	Dorothy Salinas	WED	8:00-9:50	SH 100
BIO-127	20099	Bio-Environ Concerns	Dorothy Salinas	WED	8:00-9:50	SH 100
BIO-127	20100	Bio-Environ Concerns	Dorothy Salinas	WED	8:00-9:50	SH 100
BIO-129	20098	Introduction to Botany	Brian Oleksak	WED	8:00-9:50	DH 265
BIO-132	20101	Concepts in Biology	Caitlin Burns	WED	8:00-9:50	DH 267
BIO-133	20105	Human Biology	Dena Restaino	WED	12:00-1:50	DH 118
BIO-133	20106	Human Biology	Dena Restaino	WED	12:00-1:50	DH 118
BIO-201	20110	Genetics	Maria Isaza	WED	2:00-3:50	CH 263
BIO-215	20108	Microbiology	Maria Isaza	WED	10:00-11:50	DH 114
BIO-215	20109	Microbiology	Jenifer Martin	WED	12:00-1:50	CH 100
BIO-215	20112	Microbiology	Jenifer Martin	WED	12:00-1:50	CH 100
BIO-215	20113	Microbiology	Maria Isaza	WED	10:00-11:50	DH 114
BIO-215	20114	Microbiology	Jenifer Martin	WED	12:00-1:50	CH 100
BUS-112	20118	Intro to Business	Najib Iftikhar	WED	2:00-3:50	DH 118
BUS-112	20119	Intro to Business	Michael Adamo	WED	2:00-3:50	SH 100
BUS-112	20121	Intro to Business	Curtiss Cale	WED	10:00-11:50	CH 267
BUS-112	20128	Intro to Business	Melissa Hopper-Ford		PROJECT EXAM	
BUS-112	20130	Intro to Business	Najib Iftikhar	WED	2:00-3:50	DH 118
BUS-112	20132	Intro to Business	Melissa Hopper-Ford		PROJECT EXAM	
BUS-112	20133	Intro to Business	Michael Adamo	WED	2:00-3:50	SH 100
BUS-112	26621	Intro to Business	Michael Adamo	WED	2:00-3:50	SH 100
BUS-119	20122	Bus Info Sys & Appl	Richard Johnsen		PROJECT EXAM	
BUS-119	20123	Bus Info Sys & Appl	Frank Bagan	TUE	2:00-3:50	HH 113
BUS-119	20124	Bus Info Sys & Appl	Melissa Hopper-Ford		PROJECT EXAM	
BUS-119	20125	Bus Info Sys & Appl	Frank Bagan	TUE	2:00-3:50	HH 113
BUS-119	20126	Bus Info Sys & Appl	Jennifer Qvotrup		PROJECT EXAM	
BUS-119	20127	Bus Info Sys & Appl	Karen Crisonino		PROJECT EXAM	
BUS-119	20129	Bus Info Sys & Appl	David Rodriguez		PROJECT EXAM	
BUS-119	26506	Bus Info Sys & Appl	Karen Crisonino		PROJECT EXAM	
BUS-136	20134	Personal Finance	Apurv Vinay Ved	TUE	12:00-1:50	CH 256
BUS-211	20139	Money and Banking	Maureen Sutton	TUE	2:00-3:50	CH 256
BUS-212	20140	Prin Finance	Maureen Sutton	TUE	8:00-9:50	CH 259
BUS-213	20142	Business Law I	Frank Bagan	MON	8:00-9:50	SH 100
BUS-213	20143	Business Law I	Frank Bagan	MON	8:00-9:50	SH 100
BUS-215	20144	Prin Management	Maureen Sutton	WED	2:00-3:50	CH 267
BUS-215	20145	Prin Management	Jennifer Qvotrup	WED	10:00-11:50	CH 256
BUS-218	20149	Investment Principles	Apurv Vinay Ved	WED	10:00-11:50	CH 261
BUS-233	20151	Prin Int'l Business	Jennifer Qvotrup	WED	2:00-3:50	CH 256
CDC-110	20156	Early Childhood Development	Melissa Kasmin		PROJECT EXAM	
CDC-210	20152	Curriculum in EC Education	Amanda DiScala	TUE	10:00-11:50	DH 263
CDC-228	20158	Coop Wrk Exper-Child Care	Melissa Kasmin		PROJECT EXAM	
CDC-229	26532	Coop Wrk Exp-Related Class	Melissa Kasmin		PROJECT EXAM	
CHM-105	20163	Forensic Science	Brian Olson	WED	8:00-9:50	CH 124
CHM-105	20161	Forensic Science	Brian Olson	WED	8:00-9:50	CH 124
CHM-105	20162	Forensic Science	Brian Olson	WED	8:00-9:50	CH 124
CHM-105	20166	Forensic Science	Brian Olson	WED	8:00-9:50	CH 124
CHM-117	20153	Introductory Chemistry	Loryn Stoler	MON	8:00-9:50	CH 124
CHM-117	20155	Introductory Chemistry	Loryn Stoler	MON	8:00-9:50	CH 124
CHM-117	20167	Introductory Chemistry	Loryn Stoler	MON	8:00-9:50	CH 124
CHM-117	20168	Introductory Chemistry	Loryn Stoler	MON	8:00-9:50	CH 124
CHM-118	20154	Intro Chemistry - Lab	Keri Flanagan		PROJECT EXAM	
CHM-118	20160	Intro Chemistry - Lab	Joel Levy		PROJECT EXAM	
CHM-118	20170	Intro Chemistry - Lab	Anthony Di Stasio		PROJECT EXAM	
CHM-118	20171	Intro Chemistry - Lab	John Berger		PROJECT EXAM	
CHM-125	20157	General Chemistry I - Lecture	Janet Johannessen	TUE	2:00-3:50	CH 124
CHM-125	20174	General Chemistry I - Lecture	Janet Johannessen	TUE	2:00-3:50	CH 124
CHM-125	20175	General Chemistry I - Lecture	Jason Hudzik	TUE	2:00-3:50	CH 100
CHM-125	20197	General Chemistry I - Lecture	Janet Johannessen	TUE	2:00-3:50	CH 124
CHM-126	20164	General Chemistry I - Lab	Jason Hudzik		PROJECT EXAM	
CHM-126	20169	General Chemistry I - Lab	Jason Hudzik		PROJECT EXAM	
CHM-126	20176	General Chemistry I - Lab	Sunita Sharma		PROJECT EXAM	
CHM-126	20177	General Chemistry I - Lab	Anthony Di Stasio		PROJECT EXAM	
CHM-126	20180	General Chemistry I - Lab	Jason Hudzik		PROJECT EXAM	
CHM-126	20187	General Chemistry I - Lab	Shahrzad Taghdissi		PROJECT EXAM	
CHM-127	20181	General Chemistry I - Lecture	Janet Johannessen	TUE	10:00-11:50	CH 124
CHM-127	20182	General Chemistry II - Lecture	Jason Hudzik	TUE	10:00-11:50	DH 111
CHM-128	20179	General Chemistry II - Lab	Joel Levy		PROJECT EXAM	
CHM-128	20183	General Chemistry II - Lab	John Berger		PROJECT EXAM	
CHM-128	20184	General Chemistry II - Lab	Shahrzad Taghdissi		PROJECT EXAM	
CHM-128	20185	General Chemistry II - Lab	Anthony Di Stasio		PROJECT EXAM	
CHM-218	20178	Analytical Chemistry - Instrum	John Berger	TUE	12:00-1:50	CH 267
CHM-233	20188	Organic Chemistry II - Lecture	John Berger	TUE	10:00-11:50	CH 267
CHM-234	20189	Organic Chemistry II - Lab	John Berger		PROJECT EXAM	
CJS-110	20196	Introduction to Policing	Maureen Kazaba	MON	8:00-9:50	CH 260
CJS-116	20191	Introduction to Criminology	Catherine Broderick	MON	2:00-3:50	CH 267
CJS-116	20192	Introduction to Criminology	John Hurd		PROJECT EXAM	
CJS-116	20193	Introduction to Criminology	John Hurd		PROJECT EXAM	
CJS-116	20194	Introduction to Criminology	Maureen Kazaba	MON	12:00-1:50	CH 265
CJS-116	20195	Introduction to Criminology	John Hurd		PROJECT EXAM	
CJS-116	20198	Introduction to Criminology	Maureen Kazaba	MON	12:00-1:50	CH 265
CJS-121	20200	Criminal Justice System	Maureen Kazaba	MON	10:00-11:50	CH 269
CJS-121	20201	Criminal Justice System	Maureen Kazaba	MON	10:00-11:50	CH 271
CJS-121	26624	Criminal Justice System	John Hurd		PROJECT EXAM	
CJS-131	20204	Intro to Corrections	John Hurd		PROJECT EXAM	
CJS-213	20199	Police and the Community	Maureen Kazaba	MON	2:00-3:50	CH 269
CJS-213	20206	Police and the Community	Maureen Kazaba	MON	2:00-3:50	CH 271
CJS-215	20190	Investigative Function	Maureen Kazaba		PROJECT EXAM	
CJS-221	20215	Criminal Law and Procedure	William Solomons		PROJECT EXAM	
CJS-221	20216	Criminal Law and Procedure	William Solomons		PROJECT EXAM	
CJS-221	26508	Criminal Law and Procedure	William Solomons		PROJECT EXAM	
CJS-231	20213	Domestic and Int Terrorism	John Hurd		PROJECT EXAM	
CMP-108	20219	Game Design Concepts	Eric Guadara		PROJECT EXAM	
CMP-120	20217	Foundations of Info Security	Patricia Tamburelli		PROJECT EXAM	
CMP-124	20222	Network Security	Patricia Tamburelli		PROJECT EXAM	
CMP-125	20225	Info Security Management	Patricia Tamburelli		PROJECT EXAM	
CMP-126	26516	Computer Technology & Appl	Ira Friesheim		PROJECT EXAM	
CMP-126	26519	Computer Technology & Appl	June Scott		PROJECT EXAM	

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SECT.	NO.	COURSE TITLE	INSTRUCTOR	DAY	TIME	ROOM	SECT.	NO.	COURSE TITLE	INSTRUCTOR	DAY	TIME	ROOM				
CMP-126	26524	Computer Technology & Appl.	June Scott			PROJECT EXAM	EDU-111	26531	Teaching in America	Diana Aria	TUE	10:00-11:50	DH-165				
CMP-128	20220	Computer Science I	John Agar			PROJECT EXAM	EDU-211	20312	Behavior Observation in Educ	Deborah Sullivan			PROJECT EXAM				
CMP-128	20223	Computer Science I	Colleen Bamford			PROJECT EXAM	EDU-211	20319	Behavior Observation in Educ	Diana Aria			PROJECT EXAM				
CMP-128	26521	Computer Science I	Michael Sidaras-Tirrito			PROJECT EXAM	ELT-201	20316	Electricity	Jefferson Cartano	MON	12:00-3:00	SH 161				
CMP-128	26523	Computer Science I	Stephen Stoll			PROJECT EXAM	ELT-201	20318	Electricity	Lawrence Roscoe	MON	12:00-1:50	CH 159				
CMP-128	26534	Computer Science I	Stephen Stoll			PROJECT EXAM	ELT-210	20317	Electronic Fabrication	Venancio Fuentes	MON	12:00-2:00	SH 161				
CMP-129	20226	Computer Science II	Vickram Sawh	TUE	8:00-9:50	EH 203	ELT-215	20315	Industrial Electronics	James Balicki	TUE	4:00-5:50	SH 159				
CMP-129	20227	Computer Science II	Vickram Sawh	TUE	10:00-11:50	EH 207	ENG-025	20325	Writing Skills	Jude Mohan	MON	10:00-11:50	DH 265				
CMP-129	20229	Computer Science II	Stephen Stoll			PROJECT EXAM	ENG-025	20326	Writing Skills	Theresa Fogel	MON	10:00-11:50	DH 263				
CMP-130	26526	Intro to IT	Michael Sidaras-Tirrito			PROJECT EXAM	ENG-025	20327	Writing Skills	Susan Hubbard	MON	10:00-11:50	DH 261				
CMP-135	20214	Comp Conc With Appl	Barbara Adamczyk			PROJECT EXAM	ENG-025	20328	Writing Skills	Naomi Edwards	MON	10:00-11:50	DH 259				
CMP-135	20218	Comp Conc With Appl	Barbara Adamczyk			PROJECT EXAM	ENG-025	20329	Writing Skills	Thomas Furlong	MON	10:00-11:50	DH 161				
CMP-135	26568	Comp Conc With Appl	June Scott			PROJECT EXAM	ENG-025	20330	Writing Skills	Debra DeMattio	MON	10:00-11:50	DH 111				
CMP-170	20238	Mobile App Design	Nancy Binowski			PROJECT EXAM	ENG-025	20332	Writing Skills	Michele Atkins	MON	10:00-11:50	DH 255				
CMP-200	20232	Computer Oper Sys & Utilities	Jason Malkoff			PROJECT EXAM	ENG-025	20333	Writing Skills	Thomas Carlock	MON	10:00-11:50	DH 159				
CMP-209	26557	Introduction to UNIX	Vickram Sawh			PROJECT EXAM	ENG-025	20334	Writing Skills	Laura Driver	MON	10:00-11:50	CH 267				
CMP-230	20207	Comp Architectur Assembly Lang	Stephen Stoll			PROJECT EXAM	ENG-025	20335	Writing Skills	Evelyn Emma	MON	10:00-11:50	CH 157				
CMP-230	20237	Comp Architectur Assembly Lang	Geoffrey Cullen	TUE	2:00-3:50	EH 205	ENG-025	20337	Writing Skills	Kevin Moore	MON	10:00-11:50	DH 253				
CMP-233	20209	Data Structures & Algorithms	Vickram Sawh	TUE	2:00-3:50	EH 210	ENG-025	20342	Writing Skills	Debra DeMattio	MON	10:00-11:50	DH 111				
CMP-233	20234	Data Structures & Algorithms	Colleen Bamford			PROJECT EXAM	ENG-025	20354	Writing Skills	Evelyn Emma	MON	10:00-11:50	CH 157				
CMP-237	20231	Visual Basic	Dawn Rywalt	WED	8:00-9:15	EH 208	ENG-111	20356	Composition I	John Apwah			PROJECT EXAM				
CMP-239	20239	The Internet & Web Page Design	Dawn Rywalt	THU	9:30-10:45	EH 208	ENG-111	20357	Composition I	Yoonha Shin			PROJECT EXAM				
CMP-239	26529	The Internet & Web Page Design	Colleen Carmeli			PROJECT EXAM	ENG-111	20358	Composition I	Ann Patten			PROJECT EXAM				
CMP-239	26535	The Internet & Web Page Design	Vickram Sawh	TUE	12:00-1:50	EH 209	ENG-111	20360	Composition I	Geoffrey Peck			PROJECT EXAM				
CMP-241	20224	Database Prg (Oracle)	Dawn Rywalt	TUE	8:00-9:15	EH 209	ENG-111	20361	Composition I	Ann Patten			PROJECT EXAM				
CMP-241	20233	Database Prg (Oracle)	Dawn Rywalt	TUE	10:00-11:50	EH 209	ENG-111	20362	Composition I	Thomas Furlong			PROJECT EXAM				
CMP-243	20240	Ethical Hacking & Sys Defense	Patricia Tamburelli			PROJECT EXAM	ENG-111	20363	Composition I	Geoffrey Peck			PROJECT EXAM				
CMP-244	26583	Web Design II	Michael Sidaras-Tirrito			PROJECT EXAM	ENG-111	20364	Composition I	Kellie McKinney	MON	10:00-11:50	DH 267				
CMP-245	26563	Web Design Tools	Patricia Tamburelli			PROJECT EXAM	ENG-111	20365	Composition I	Mark Schmidt			PROJECT EXAM				
CMP-246	26553	Operating Systems	Stephen Stoll			PROJECT EXAM	ENG-111	20366	Composition I	Evelyn Emma			PROJECT EXAM				
CMP-250	20236	Game Production	Stan Wasilewski			PROJECT EXAM	ENG-111	20367	Composition I	Maryam Alikhani			PROJECT EXAM				
CMP-271	26520	Mobile App Programming	Nancy Binowski			PROJECT EXAM	ENG-111	20368	Composition I	Ann Patten			PROJECT EXAM				
CMP-280	20210	Software Engineering	Nancy Binowski			PROJECT EXAM	ENG-111	20369	Composition I	Naomi Edwards			PROJECT EXAM				
CMP-280	20211	Software Engineering	Colleen Bamford			PROJECT EXAM	ENG-111	20370	Composition I	Linda Dill	MON	10:00-11:50	SH 153				
CMP-291	20208	Special Topics - Critical Game	Eric Guadara			PROJECT EXAM	ENG-111	20371	Composition I	Linda Dill	MON	10:00-11:50	SH 153				
COM-101	21201	Intro to Communication	Robb Lauzon	MON	10:00-11:50	CH 100	ENG-111	20372	Composition I	Dorothy Hollowell			PROJECT EXAM				
COM-101	21202	Intro to Communication	Robb Lauzon	MON	10:00-11:50	CH 100	ENG-111	20373	Composition I	Karen Martin			PROJECT EXAM				
COM-102	21204	Advertising and Society	David Pallant			PROJECT EXAM	ENG-111	20374	Composition I	Alexander Kucsma	MON	10:00-11:50	DH 110				
COM-103	21203	Intro to Public Relations	David Pallant			PROJECT EXAM	ENG-111	20375	Composition I	Evelyn Emma			PROJECT EXAM				
COM-104	21205	Interpersonal Communication	Michelle Altieri			PROJECT EXAM	ENG-111	20377	Composition I	Lindsey Wah			PROJECT EXAM				
COM-105	21206	Media Literacy	Raymond Kalas			PROJECT EXAM	ENG-111	20378	Composition I	Laura Gabrielsen			PROJECT EXAM				
COM-109	21210	Speech Fundamentals	Glen Caplin	MON	8:00-9:50	CH 259	ENG-111	20379	Composition I	Matthew Ayres	MON	10:00-11:50	CH 259				
COM-109	21211	Speech Fundamentals	Julian Costa	MON	8:00-9:50	CH 269	ENG-111	20380	Composition I	Thomas Furlong			PROJECT EXAM				
COM-109	21215	Speech Fundamentals	Catherine Reilly			PROJECT EXAM	ENG-111	20383	Composition I	Dorothy Hollowell			PROJECT EXAM				
COM-109	21216	Speech Fundamentals	Michelle Altieri			PROJECT EXAM	ENG-111	20384	Composition I	Dorothy Hollowell			PROJECT EXAM				
COM-109	21218	Speech Fundamentals	Robb Lauzon	MON	8:00-9:50	CH 100	ENG-111	20387	Composition I	John Apwah			PROJECT EXAM				
COM-109	21220	Speech Fundamentals	Catherine Reilly			PROJECT EXAM	ENG-111	20388	Composition I	Alexander Kucsma	MON	10:00-11:50	DH 110				
COM-109	21221	Speech Fundamentals	Robb Lauzon	MON	8:00-9:50	CH 100	ENG-111	20440	Composition I	James Capozzi	MON	10:00-11:50	CH 265				
COM-109	21222	Speech Fundamentals	William Colucci	MON	8:00-9:50	CH 267	ENG-111	20452	Composition I	Alexander Kucsma	MON	10:00-11:50	DH 110				
COM-109	21223	Speech Fundamentals	Shelley Bromberg	MON	8:00-9:50	CH 255	ENG-112	20390	Composition II	Karen Martin			PROJECT EXAM				
COM-109	21225	Speech Fundamentals	Matthew Jones			PROJECT EXAM	ENG-112	20391	Composition II	Dymphna McAree	MON	12:00-1:50	CH 100				
COM-109	21227	Speech Fundamentals	Shelley Bromberg	MON	8:00-9:50	CH 257	ENG-112	20392	Composition II	Kevin Moore			PROJECT EXAM				
COM-109	21228	Speech Fundamentals	Stephen Pellegrino	MON	8:00-9:50	CH 265	ENG-112	20393	Composition II	Geoffrey Peck			PROJECT EXAM				
COM-109	21254	Speech Fundamentals	Julian Costa	MON	8:00-9:50	CH 271	ENG-112	20394	Composition II	Ann Patten			PROJECT EXAM				
COM-109	21303	Speech Fundamentals - Honors	Robb Lauzon	MON	8:00-9:50	CH 100	ENG-112	20395	Composition II	Michael Giffoniello			PROJECT EXAM				
COM-109	26502	Speech Fundamentals	Danielle Lenar Cummins			PROJECT EXAM	ENG-112	20396	Composition II	Philip Chase			PROJECT EXAM				
COM-109	26511	Speech Fundamentals	Danielle Lenar Cummins			PROJECT EXAM	ENG-112	20397	Composition II	Kevin Moore			PROJECT EXAM				
COM-109	26538	Speech Fundamentals	Danielle Lenar Cummins			PROJECT EXAM	ENG-112	20398	Composition II	Laura Driver			PROJECT EXAM				
COM-111	21213	Introduction to Journalism	John Soltes			PROJECT EXAM	ENG-112	20399	Composition II	Matthew Ayres			PROJECT EXAM				
COM-111	21251	Introduction to Journalism	John Soltes			PROJECT EXAM	ENG-112	20400	Composition II	Debra DeMattio			PROJECT EXAM				
COM-114	21208	Media Aesthetics	Raymond Kalas			PROJECT EXAM	ENG-112	20401	Composition II	Yoonha Shin			PROJECT EXAM				
COM-115	21255	Intro to Mass Media	David Pallant			PROJECT EXAM	ENG-112	20402	Composition II	Maryam Alikhani			PROJECT EXAM				
COM-115	21256	Intro to Mass Media	David Pallant			PROJECT EXAM	ENG-112	20403	Composition II	Evelyn Emma			PROJECT EXAM				
COM-209	21261	Editing & Publication Design	John Soltes			PROJECT EXAM	ENG-112	20404	Composition II	Debra DeMattio			PROJECT EXAM				
COM-211	21226	Television Production I	Raymond Kalas			PROJECT EXAM	ENG-112	20405	Composition II	Douglas Corcoran	MON	12:00-1:50	CH 124				
COM-212	21217	Television Production II	Raymond Kalas			PROJECT EXAM	ENG-112	20406	Composition II	Robert Cioffi			PROJECT EXAM				
COM-230	21265	Communications Internship	Matthew Jones			PROJECT EXAM	ENG-112	20407	Composition II	Kevin Moore			PROJECT EXAM				
COM-234	21266	Introduction to Film	Matthew Jones			PROJECT EXAM	ENG-112	20408	Composition II	Douglas Corcoran	MON	12:00-1:50	CH 124				
COM-234	21267	Introduction to Film	Matthew Jones			PROJECT EXAM	ENG-112	20409	Composition II	Ann Patten			PROJECT EXAM				
COM-291	21224	Spec Topic-Communica	John Soltes			PROJECT EXAM	ENG-112	20410	Composition II	Yoonha Shin			PROJECT EXAM				
CSS-011	26509	College Student Success	Edith Nelson			PROJECT EXAM	ENG-112	20411	Composition II	James Capozzi	MON	12:00-1:50	CH 269				
DAN-134	20274	Dance History	Terence Duncan			PROJECT EXAM	ENG-112	20412	Composition II	Michael Giffoniello			PROJECT EXAM				
DAN-135	20266	Dance Theater Workshop	Terence Duncan			PROJECT EXAM	ENG-112	20413	Composition II	Kellie McKinney	MON	12:00-1:50	DH 114				
DAN-135	20266	Dance Theater Workshop	Terence Duncan			PROJECT EXAM	ENG-112	20414	Composition II	Laura Driver			PROJECT EXAM				
DAN-136	20270	Dance Theatre Workshop II	Terence Duncan			PROJECT EXAM	ENG-112	20415	Composition II	John Apwah			PROJECT EXAM				
DAN-136	20270	Dance Theatre Workshop II	Terence Duncan			PROJECT EXAM	ENG-112	20416	Composition II	Geoffrey Peck			PROJECT EXAM				
DAN-138	20273	Ballet II	Terence Duncan			PROJECT EXAM	ENG-112	20417	Composition II	Kevin Moore			PROJECT EXAM				
DAN-142	20272	Modern Dance II	Kristin Flynn			PROJECT EXAM	ENG-112	20418	Composition II	Naomi Edwards			PROJECT EXAM				
DAN-212	20276	Advanced Ballet	Christina Duncan			PROJECT EXAM	ENG-112	20419	Composition II	Naomi Edwards			PROJECT EXAM				
DAN-212	20276	Advanced Ballet	Christina Duncan			PROJECT EXAM	ENG-112	20420	Composition II	Geoffrey Peck			PROJECT EXAM				
DAN-217	20279	Advanced Modern Dance	Kristin Flynn			PROJECT EXAM	ENG-112	20421	Composition II	Naomi Edwards			PROJECT EXAM				
DAN-217	20279	Advanced Modern Dance	Kristin Flynn			PROJECT EXAM	ENG-112	20422	Composition II	Matthew Ayres			PROJECT EXAM				
DAN-222	20282	Dance Theatre Workshop IV	Terence Duncan			PROJECT EXAM	ENG-112	20423	Composition II	Maryanne Garbowsky			PROJECT EXAM				
DAN-222	20282	Dance Theatre Workshop IV	Terence Duncan			PROJECT EXAM	ENG-112	20424	Composition II	James Capozzi	MON	12:00-1:50	CH 271				
DAN-226	20283	Choreography II	Terence Duncan			PROJECT EXAM	ENG-112	20425	Composition II	Robert Cioffi			PROJECT EXAM				
DAN-226	20283	Choreography II	Terence Duncan			PROJECT EXAM	ENG-112	20426	Composition II	Kellie McKinney	MON	12:00-1:50	DH 114				
DRA-112	20288	Acting II	Angelo De Fazio			PROJECT EXAM	ENG-112	20428	Composition II	James Capozzi	MON	12:00-1:50	CH 271				
DRA-229	20289	Directing	Jodi Bosch			PROJECT EXAM	ENG-112	20430	Composition II	Donald Peterson			PROJECT EXAM				
DSN-115	20285	Basic Drafting	Tracy Boss			PROJECT EXAM	ENG-112	20437	Composition II	Mark Schmidt			PROJECT EXAM				
DSN-120	20243	Design Concepts I	Kelly Whalen			PROJECT EXAM	ENG-112	20438	Composition II	Yoonha Shin			PROJECT EXAM				
DSN-120	20295	Design Concepts I	Anita Collins			PROJECT EXAM	ENG-112	20439	Composition II	Karen Martin			PROJECT EXAM				
DSN-125	20251	Design Rendering	Wendy Huron Carmona			PROJECT EXAM	ENG-112	20441	Composition II	Dymphna McAree	MON	12:00-1:50	CH 100				
DSN-135	20275	Fashion Construction Tech I	Wendy Huron Carmona			PROJECT EXAM	ENG-113	20429	Creative Writing	Alexander Kucsma			PROJECT EXAM				
DSN-145	20293	Intro to Fashion & Visual Merc	Yvonne Lee Urena			PROJECT EXAM	ENG-118	20432	Children's Literature	Laura Gabrielsen			PROJECT EXAM				
DSN-160	20297	Fashion Construction Tech II	Anita Collins			PROJECT EXAM	ENG-118	20433	Children's Literature	Dorothy Hollowell	MON	12:00-1:50	DH 267				
DSN-165	20257	Drawing for Designers	Kelly Whalen			PROJECT EXAM	ENG-119	20435	Intro to Poetry	Laura Driver			PROJECT EXAM				
DSN-165	20277	Drawing for Designers	Kelly Whalen			PROJECT EXAM	ENG-119	21305	Intro to Poetry - Honors	Laura Driver	MON	10:00-11:50	CH 267				
DSN-234	20244	Independent Study in Design	Kelly Whalen			PROJECT EXAM	ENG-132	21302	Composition II Honors	John Apwah			PROJECT EXAM				
DSN-255	20248	Fashion Design Computer	Kelly Whalen			PROJECT EXAM	ENG-132	21304	Composition II Honors	Philip Chase			PROJECT EXAM				
ECO-113	20324	Elements/Economics	Marina Wassef	TUE	8:00-9:50	DH 163	ENG-210	20457	Fantasy Novels	Philip Chase			PROJECT EXAM				
ECO-211	20300	Economics I Macroeconomics	Stephen Kaifa	TUE	12:00-1:50	DH 110	ENG-243	20442	World Lit: Beginning to 1650	Janet Eber			PROJECT EXAM				
ECO-211	20301	Economics I Macroeconomics	Calvin Hoy	TUE	12:00-1:50	CH 100	ENG-246	20445	English Classics	Matthew Ayres	MON	12:00-1:50	CH 259				



Local Asez groups came together for the recent Roberto Clemente Paterson Cleanup.

PHOTOS BY GINA VELASQUEZ

Asez looking for members to help protect the planet

CCM’s newest club is on a mission to save the Earth

BY ALEXA WYSZKOWSKI
Editor-in-chief

Asez, Save the Earth from A to Z, is the newest club at County College of Morris (CCM) and has been active for about a month now. The club was chartered by the Student Government Association (SGA) on March 19, and since becoming official the club has already gotten involved in projects working within the local area and with other nearby community colleges.

Asez is a volunteer organization based on the 17 goals of the United Nations. Each goal has its own focus and each chapter of Asez can choose which goals they want to work on. The CCM chapter meets twice a week on Mondays from 4:30 to 6:30 p.m. and Thursdays from 6:00 to 8:00 p.m. Each meeting reviews previous events from chapters all across the world and then uses these as inspiration to create local events and activities for the local area. The meetings also include bible studies.

All the Asez groups are connected through the Church of God, which is where many of the chapters are located. There are about 9,000 church locations giving Asez a very large global presence. There are many Asez groups at four-year colleges and recently many two year colleges have joined in. The hope is that when students transfer from their two-year school to a four-year school they will continue to participate in Asez.

When it comes to planning and attending events, most of the activities so far have been community cleanups in hopes of a

safer and cleaner environment. The group is also planning to talk to the local fire and police departments to see how they can help reduce visual signs of crime, such as graffiti or damaged property. They are also willing to plan events and activities with other clubs at CCM.

Asez member Horlalie Badasu recently joined and participated in her first event.

“I have always had a passion for helping others and the fact that I can help change someone’s life makes me feel very content,” said Badasu.

Recently the CCM Asez group worked with the Bergen Community College and Essex County College Asez groups to do a cleanup event in Paterson. These groups stay in communication with each other to see what each chapter is doing and if there are projects they can work on together. They also try to make sure they do not create the same events in order to try to work on as many of the United Nations goals as possible.

“It’s a great thing to know what they are doing in order to do something similar, but not the same,” said Gina Velasquez, the Vice President of Asez.

The CCM Asez group also plans to participate in the Dover clean up on May 11 at 8 a.m. They are also trying to set up an event in Morris County for the end of the semester.

Asez President Daniel M. Velasquez recommends CCM students to join for new experiences and a better connection with the community.

“This taught me to be more selfless,” Velasquez said, “We help strengthen CCM and all the communities around us.”



Gianna Lyon and Jessica Romero at the Asez Club Fair table.

CCM Student Nurses Association



BLOOD DRIVE

Thursday, April 25th, 2019
11:00am-4:00pm
Student Community Center

Contact behar.carly@student.ccm.edu to schedule an appointment

Despite My Diagnosis... Finding the good in chronic pain

BY RUSS CRESPOLINI
Faculty Advisor

Two decades ago I underwent surgery to repair two ruptured discs at the base of my spine that had robbed me of motor control in my left leg and caused me considerable pain for almost six months.

At the time I was a junior and an undergraduate and ended up missing a large portion of the academic year. I had just started seriously dating someone and I did not know whether this new relationship could weather the ups and downs of this serious physical infirmity. Epidural and steroid injections, limited mobility and chronic pain had become a steady part of my life.

I wish I could tell you that the surgery fixed everything and twenty years later as adjunct professor and faculty advisor to the Youngtown Edition I face each day pain-free.

But I would be lying.

Because it was after my surgery I was diagnosed with spinal stenosis. The doctors told me that this narrowing of my spinal canal was something I was born with and eventually the passage would narrow enough to constrain the nerves and put me in a wheelchair.

This was going to be exacerbated by the scar tissue left over by my surgery. Less space in the canal for the nerves to move freely, after all. I was also going to deal with varying levels of pain for the rest of my life. I wish I could tell you that I began exercising and dieting in earnest and did everything I could better my odds.

That would also be a lie.

After surgery, I went back to campus, cane in hand and got special permission to take 25 credits a semester to graduate on time and continue on my path to graduate



PHOTO PROVIDED BY RUSS CRESPOLINI

The Youngtown staff is so grateful for our faculty advisor Russ Crespolini.

school. I also ate my way to 400 pounds and dealt with the grinding of chronic pain with prescription anti-inflammatory and pain medication.

Dealing with chronic pain is something that so many people experience but never talk about. The way it may take you ten minutes to get out of bed in the morning when others take ten seconds. The way it gnaws at your attention span when you are trying to focus on work or school. The way the pain activates your adrenal gland and wears you out. Chronic pain makes you so very very tired. It also makes you jealous. You are jealous of the people around you who aren't suffering as you do. Not because you would wish this on them, but because they take for granted what they have. That physical normalcy

you have been denied.

I wrote this, not because this is a pity party for me, but because I was so inspired and humbled by the previous Despite My Diagnosis columns written by brave authors who shared their stories with Youngtown.

And because I know that so many people deal with varying levels of chronic pain and choose to suffer in silence or be isolated because they are afraid they might snap or be quick-tempered with someone. But chronic pain can also do something unexpectedly beautiful.

It can make you appreciate what you do have.

On the days when your pain is more manageable, you appreciate being able to walk freely, to transition from a seated position

to standing without wincing. You appreciate being able to mow your lawn, or walk through a store or take a day trip to the beach. You appreciate the friends and family who love you and care about you and support you. And that builds a reserve of strength you can draw on in your darker days.

But you have to do your part. I did change my lifestyle. I exercise daily to keep myself mobile (it takes a lot of work to look this mediocre) and I did lose over 100 pounds I needed to lose. I no longer take prescription medication for pain management. I take the occasional Aleve. And I also sought counseling and help.

So for those of you out there with chronic pain, don't be afraid to ask for help. Do not suffer in silence. Don't be afraid to explain

to people what is happening with you and ask for their patience and support. It is okay to have bad days. It is okay to feel depressed and to feel your lot in life is unfair. It is not okay to let those feelings overwhelm you. Lean on those relationships that provide you comfort.

I made it because I had people who believed in me. I had an undergraduate advisor who put herself out there for me and supported me and guided me and set the template for how I treat my own students. I still text her daily. I had family and friends who were there when I woke up in the hospital and continued to be a presence in my daily life.

Those relationships that are meant to be will strengthen. That girl I was in the new relationship with 20 years ago when I had my surgery is my wife of 13 years.

For those of you who know someone with chronic pain, do your best to be patient. Celebrate the days they feel well and listen to them when they are feeling down. I still have my bad days, when the pain and weakness creeps down my leg. Usually when the weather changes.

So despite my diagnosis, I am a journalist, father, husband, educator, advisor, improv-artist, video-game enthusiast, Union President, and adjunct professor.

But because of my diagnosis, I appreciate, and enjoy, those opportunities more than I will ever be able to express.

Editor's note: Russ Crespolini is a working journalist and adjunct professor at County College of Morris and The College of Saint Elizabeth where he advises both campus newspapers. He wrote this column in the hopes other faculty, staff and administrators would share their story.

GIVE BACK & GET PAID.

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College Steps is recruiting students to serve as on-campus peer mentors for College Steps students living with social, communication or learning challenges.

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- Receive free specialized training and supervision

For more information, contact Nancy Tichenor at Nancy@collegesteps.org or call (551) 775-0585

Applications currently being reviewed.

APPLY NOW!

Online application available now at:

COLLEGESTEPS.ORG

TROT

CONTINUED FROM PAGE 1

our alumni, students, and employees to celebrate CCM's five decades of success."

CCM's biggest goal for the event was to create an active, non-exclusive event where everyone could have fun. They hope to present an experience which will meet those standards.

Students can register for the race at <https://runsignup.com/Race/NJ/>



PHOTO COURTESY OF CCM

Randolph/Titan, or can do so in person from 7 p.m. to 8:30 p.m. that morning in the Health and Physical Education Building. For more information, email the race director at titantrot@ccm.edu.



YOUR BEST GARDEN EVER!

CCM's Landscape and Horticultural Technology
Annual Plant Sale

Kick-Off Saturday May 4th 11 AM to 2 PM

Additional sale days Monday May 6th and Tuesday May 7th
11 AM to 5 PM

Choose from a variety of annuals, perennials, vegetables, herbs and hanging baskets

Sale takes place at the CCM greenhouses (lower end of Parking Lot 1)

AUTISM

CONTINUED FROM PAGE 1

skills to help us with college and life after we leave.

I have made friends in my classes and through my mentors through College Steps and of course, I enjoy the other students in the program. We can often be found laughing together a lot.

On May 6, we're having a big charity event for The Seeing Eye and we're trying to raise approximately \$90.00 because The Seeing Eye is celebrating its 90 birthday. We hope it will be a great success. Come have a piece of pizza and support our fundraiser. And say, "Hi." Maybe you'll want to be a mentor next year. College Steps has on campus, flexible, paid positions for second-semester students interested in becoming a mentor. If you are interested in applying to become a mentor, email nancy@collegesteps.org!

Editorial: Despite My Diagnosis is more than its name

Students can identify with the Despite My Diagnosis series, with stories about people with severe and often brutal alterations to their life being overcome by sheer force of will alone. It speaks to the human desire to see others succeed in the face of adversity. But what can be just as inspirational is all the work that goes into it behind the scenes ever since day one by its writers and original creators.

Raven Resch, Human Services major, Active Minds president, and one of the three creators of the series, says that it began as a contemporary social issues project. She said that she felt mental illness was being misrepresented in media, and because of this, wanted to show people how someone with issues like these could be seen as perfectly functional, despite any hardships they may be going through.

"Mental illness is so stigmatized, and I feel like that's because of how it's shown in media today," Resch said. "There are so many people thriving with mental illness, which just aren't shown on TV or online."

In the Fall of 2018, Resch wanted to collaborate with another club for the purpose of spreading awareness on the topic, so she worked together with the president of the Writers Club, Marco Mirlas, and they brainstormed a rough outline of how they envi-

sioned the series would go. The subject matter was broadened to handicaps, such as anything from leukemia to depression, and pitched to current Editor-in-Chief and Hospitality major Alexa Wyszowski early that winter.

Wyszowski said that she loved the idea and even gave some of her own suggestions for the series, such as the usage of the iconic whiteboard in every picture for the series. Since then, Mirlas and Resch have had their DMD stories published, and Wyszowski soon plans to have her own published. The subject matter has been anything from anxiety to ADD, but always manages to be harsh, relatable, and moving all at once.

"The central theme of the project has always been to inspire other people dealing with problems, physical or mental, in our own styles," Mirlas said.

The series has had seven different iterations since its beginning on Jan. 30, with pieces like Rachel Eckert's "Hold on, pain ends", Matthew Bristol's "Despite My Diagnosis... I still find ways to laugh", or Catrina Bennett's "Despite My Diagnosis... I refuse to be a statistic". Each of them has a problem and solution unique to them, with writing that can tell more about them and their strength of will than anyone may realize.

Another priority of the series



PHOTO BY JAMES COCJA

Some students from Active Minds, Writers' Club and the Youngtown Edition. From left to right is Raven Resch, Catrina Bennett, Alejandra Linares, Marco Mirlas, Matthew Bristol and Anthony Ingham.

was to give people a platform to tell their stories. Many of the people presented in the articles have life-changing problems but have looked or acted like any of their peers. The importance of realizing how much these individuals struggle with on a daily basis cannot be understated, even as they themselves may undercut these issues.

"It (the writing of the articles) can be a load off students' shoulders," Resch said. "It gives them an outlet."

The articles have brought their writers closer to their audience, as many learned about and

empathized with the plight of the authors as they read along. Sites such as Morris County Stigma Free have been posting the articles since Feb. 14, bringing even more exposure to the writers.

Sometimes the nature of exposure can be something a bit more personal. Wyszowski met Bennett for the first time after a brief email exchange when talking to her for her DMD article, where Wyszowski was moved by Bennett's sincerity and bravery.

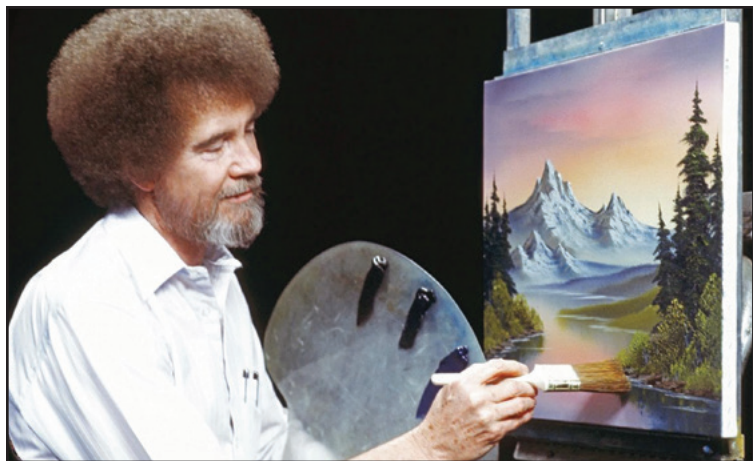
"(We were) just three clubs working together, and the honesty (writers have shown) allows for

connection," Wyszowski said. "The writing is really powerful, and allows people to express themselves."

All three writers have shared opinions of being incredibly humbled by the series' success, and by how peers often talk to them about how much they loved the series.

"What makes me know it's a success is whenever I find out someone at CCM has read a piece from this project, whoever's it is and was inspired on some level by it," Mirlas said. "That has been our mission, and to accomplish it feels satisfying."

HAPPY LITTLE TREES!



These are some of the paintings that were produced during Bob Ross Day, a painting studio session sponsored by Art Club on Tuesday April 16, 2019. Everyone had a great time painting with Bob Ross videos and producing a landscape painting!

The session was run as fundraiser for the Art Club purchase prize to be awarded on Monday April 29 during a reception for the Annual Art Club Spring Art Exhibition.



PHOTOS COURTESY OF PROFESSOR CLAYTON ALLEN

Professor Allen with students who attended Bob Ross Day.

CCM ART: SPRING SHOW

Drop off artwork in LRC 121
on April 25, 2019, between
3-6pm.

Exhibition to anyone at CCM.

Reception: April 29, 2019
12:30-1:30 - LRC 121

Questions? Contact
callen@ccm.edu.



So Sophie... Final Minute, Final Prep

*So Sophie,
What do I need to be ready
for Graduation?
Please help,
Glad to be a grad*

Dear Glad to be a grad,
First off, congratulations on graduating! In order to be ready to graduate, you need to be sure you have your graduation application in. Depending on when you are graduating, be that in the Spring or in the Summer, there will be a certain deadline on when it is due. May 1st is the Spring deadline, June 1st is the Summer deadline, and October 1st is the January deadline. Once you have submitted your application, your record will be audited before the ceremony and email updates will be sent to you before the date of graduation. Be sure to check out the commencement information provided on the CCM website and read further instructions there.

Good luck,
Sophie

*So Sophie,
When is Graduation?
Thanks,
A curious Graduate*

Dear a curious graduate,
Graduation is Friday, May 24, at 10:00 a.m. Graduates should be there by 9:00 a.m. latest. To pick up your cap and gown, visit the campus store during the days and times provided on the CCM website. These days

and times include: Thursday, May 16, from 9:00 a.m. to 6:00 p.m., Monday, May 20, from 9:00 a.m. to 6:00 pm, Tuesday, May 21, from 9:00 a.m. to 4:00 p.m. and Wednesday, May 22, from 9:00 a.m. to 4:00 p.m. While in the campus store, be sure to also pick up your tickets when you get your cap and gown.

Happy graduation,
Sophie

*So Sophie,
Is there a place (in school) I
can keep my wet umbrella after I*

*get inside?
Thanks,
Rain rain go away*

Dear Rain rain go away,
I myself also hate carrying around a soaked umbrella so I am here to help! My first tip is to carry a plastic bag in your backpack so that you can put your wet umbrella in it to prevent a soaking wet mess. My second tip is to shake out your umbrella before getting all the way inside. That way it has a better shot at drying while you're in class.

Stay dry,
Sophie

*So Sophie,
How do I best prepare for the
upcoming finals?
Help,
A Stressed Student*

Dear Stressed Student,
Start by finding out when and where your final is, so you know how to best budget your time. Then, contact the tutoring center and schedule yourself for a session to help study. Their specific study hours for subjects can be found on the CCM website at ccm.edu. Secondly, reach out to other students in your

class and form a study group. As they say, two heads are better than one!
Thirdly, review your notes, and pay attention to any new information that your professors may have for you. My final suggestion is that you don't forget to stay calm! A good night's sleep and a healthy breakfast will do wonders for you. Staying healthy and destressing is still very important even during finals week.
Happy studying,
Sophie

NEW THIS SEMESTER:

So...Sophie?
Social Media
Takeovers

Stay tuned every Friday for a new question theme!

SUBMIT YOUR QUESTIONS:

INSTAGRAM
@youngtownccm

TWITTER
@youngtownccm

E-MAIL
youngtownedition@gmail.com

FACEBOOK
@youngtownccm

Gourmet Club celebrates spring by selling Cake Pops



Students Kallia Halls, Joe Ferraioli, Athena Mencl in the Student Community Center for the Gourmet Club's cake pop sale. Watch for the club's next Cake Pop sale in the beginning of May, and stop by the Hospitality Management & Culinary Arts department for the recipe.

SECT.	NO.	COURSE TITLE	INSTRUCTOR	DAY	TIME	ROOM
ENR-117	20460	Comp-Aided Draft I	Joshua Denholtz	TUE	10:00-11:50	SH 169
ENR-118	20454	Comp-Aided Draft II	Ian Colquhoun		PROJECT EXAM	
ENR-118	20463	Comp-Aided Draft II	Ian Colquhoun		PROJECT EXAM	
ENR-119	20465	Tech Computer Applications	Gerald Aska	TUE	12:00-1:50	SH 151
ENR-119	20469	Tech Computer Applications	Gerald Aska	TUE	12:00-3:00	SH 151
ENR-120	20466	Tech Computer Programming	Venancio Fuentes	TUE	10:00-11:50	CH 263
ENR-121	20467	Engineering Graphics	Thomas Roskop	TUE	8:00-9:50	SH 169
ENR-124	20458	Instrumentation & Measurements	Gerald Aska	TUE	2:00-3:50	CH 255
ENR-124	20470	Instrumentation & Measurements	Gerald Aska	TUE	2:00-3:50	CH 257
ENR-124	20472	Instrumentation & Measurements	Jefferson Cartano	TUE	12:00-3:00	SH 161
ENR-125	20468	Comp Programming for Engineers	Robert Duffin	TUE	2:00-3:50	CH 261
ENR-224	20471	Engr Mech II (Dynamics)	John Klages	TUE	10:00-11:50	CH 255
ENR-240	20462	Engineering Tech Project	Ian Colquhoun		PROJECT EXAM	
ENR-240	20473	Engineering Tech Project	Ian Colquhoun		PROJECT EXAM	
ESL-010	20475	ESL Reading I	Kaitlyn Malsky	FRI	2:00-3:50	DH 255
ESL-017	20981	ESL Writing I	Brian Schorr	FRI	10:00-11:50	DH 261
ESL-019	20476	ESL Reading II	Riad Abugosh	FRI	8:00-9:50	DH 259
ESL-019	20499	ESL Reading II	Kaitlyn Malsky	FRI	8:00-9:50	DH 255
ESL-020	20474	ESL Writing II	Nadir Kaddour	FRI	12:00-1:50	DH 261
ESL-021	20496	Conversational English	Renata Kessler	FRI	12:00-1:50	DH 263
ESL-022	20480	Advance Conversational English	Brian Schorr	FRI	2:00-3:50	DH 261
ESL-022	20982	Advance Conversational English	Anna Taylor	FRI	2:00-3:50	DH 265
ESL-033	20479	Writing III	Riad Abugosh	FRI	10:00-11:50	DH 259
ESL-033	20485	Writing III	Stuart Siegelman	FRI	10:00-11:50	DH 253
FRE-111	20478	Elementary French I	Evelyn Sisti	FRI	8:00-9:50	DH 265
FRE-111	20487	Elementary French I	Lakshmi Kattepur	FRI	8:00-9:50	DH 267
FRE-112	20481	Elementary French II	Evelyn Sisti	FRI	10:00-11:50	DH 265
FRE-112	20482	Elementary French II	Lakshmi Kattepur	FRI	10:00-11:50	DH 267
FRE-211	21236	Intermediate French I	Evelyn Sisti	FRI	12:00-1:50	DH 265
FRE-212	20489	Intermediate French II	Lakshmi Kattepur	FRI	12:00-1:50	DH 267
GER-111	20483	Elementary German I	Winfield Bennett	FRI	10:00-11:50	DH 255
GER-112	20484	Elementary German II	Winfield Bennett	FRI	12:00-1:50	DH 255
GRD-110	20486	History of Graphic Design	Yvonne Bandy	FRI	10:00-11:50	DH 118
GRD-110	20502	History of Graphic Design	Yvonne Bandy	FRI	10:00-11:50	DH 118
GRD-111	20505	Intro to Computer Graphics	William Yermal		PROJECT EXAM	
GRD-116	20488	Electronic Prepress	Kathleen McNeil		PROJECT EXAM	
GRD-118	20490	Typography I	Yvonne Bandy	FRI	2:00-3:50	DH 157
GRD-118	20491	Typography I	Kathleen McNeil	FRI	2:00-3:50	DH 267
GRD-120	20492	Graphic Design I	Yvonne Bandy		PROJECT EXAM	
GRD-120	20493	Graphic Design I	Yvonne Bandy		PROJECT EXAM	
GRD-218	20494	Typography II	Ramon Cruz		PROJECT EXAM	
GRD-220	20495	Graphic Design II	Stephen Longo		PROJECT EXAM	
GRD-227	20497	Portfolio Project	Stephen Longo		PROJECT EXAM	
GRD-232	20498	Graphic Dsn Intern/Coop Wk Ex	Yvonne Bandy		PROJECT EXAM	
GRD-250	20500	Brochure and Magazine Design	Stephen Longo		PROJECT EXAM	
HED-112	20501	Drugs, Soc & Human Behavior	Laura O'Reilly-Stanzilis	MON	8:00-9:50	HPE 216
HED-115	20503	Personal & Family Nutrition	Bryan Lemme	MON	12:00-1:50	CH 161
HED-128	20509	Lifetime Wellness	William McHugh	TUE	12:00-1:50	HPE-216
HED-128	20511	Lifetime Wellness	Kobie Morgan	TUE	12:00-1:50	DH 263
HED-130	20515	Mind-Body Health	William McHugh	MON	10:00-11:50	HPE 218
HED-286	20519	Personal Health & Wellness	Kelly Minitier	MON	2:00-3:50	DH 110
HED-286	20520	Personal Health & Wellness	William McHugh	MON	2:00-3:50	HPE 218
HED-286	20521	Personal Health & Wellness	Kelly Minitier	MON	2:00-3:50	DH 110
HED-295	20506	First Aid + Em Care	William McHugh	MON	12:00-1:50	HPE 218
HED-295	20517	First Aid + Em Care	Kristina Cagno	MON	12:00-1:50	DH 265
HES-104	20522	Founda of Personal Training	Kelly Minitier	TUE	12:00-1:50	DH 259
HES-107	20518	Prog Design & Implementation	William McHugh	TUE	8:00-9:50	HPE 216
HES-111	20525	Intro Exercise Science	Kristina Cagno	MON	2:00-3:50	DH 265
HES-111	20526	Intro Exercise Science	Michael Paul	MON	2:00-3:50	HPE 216
HES-211	20553	Kinesiology	Michael Paul	MON	12:00-1:50	HPE 216
HES-211	20554	Kinesiology	Michael Paul	MON	12:00-1:50	HPE 216
HES-212	20550	Exercise Physiology	Bryan Lemme	MON	2:00-3:50	CH 255
HES-212	20550	Exercise Physiology	Bryan Lemme	MON	2:00-3:50	CH 255
HES-212	20555	Exercise Physiology	Bryan Lemme	MON	2:00-3:50	CH 257
HES-213	20557	Exer Measure & Prescription	Kelly Minitier	MON	8:00-9:50	CH 153
HES-213	20558	Exer Measure & Prescription	Kelly Minitier	MON	8:00-9:50	CH 153
HIS-113	20559	Early Modern Europe	Alexander Clemente	MON	8:00-9:50	DH 110
HIS-113	20560	Early Modern Europe	Alexander Clemente	MON	8:00-9:50	DH 110
HIS-113	20561	Early Modern Europe	Deborah Hoefflinger	MON	8:00-9:50	CH 263
HIS-114	20563	Modern Europe	Craig Pilant	MON	10:00-11:50	CH 255
HIS-114	20564	Modern Europe	Matthew Johnston	MON	10:00-11:50	SH 100
HIS-114	20566	Modern Europe	Craig Pilant	MON	10:00-11:50	CH 257
HIS-114	20567	Modern Europe	Matthew Johnston	MON	10:00-11:50	SH 100
HIS-114	20569	Modern Europe	Matthew Johnston	MON	10:00-11:50	SH 100
HIS-117	20568	Ancient World	Alexander Clemente	MON	12:00-1:50	SH 100
HIS-117	20570	Ancient World	Alexander Clemente	MON	12:00-1:50	SH 100
HIS-118	20571	The Middle Ages	Alexander Clemente	MON	2:00-3:50	CH 108
HIS-118	20573	The Middle Ages	Craig Pilant	MON	2:00-3:50	DH 114
HIS-118	20574	The Middle Ages	Craig Pilant	MON	2:00-3:50	DH 114
HIS-122	20576	History of Russia	William Lorenzo	MON	10:00-11:50	CH 261
HIS-148	20578	Modern Middle East	William Lorenzo	MON	8:00-9:50	CH 261
HIS-160	20580	Colonial/Rev America	Mark Washburne	MON	10:00-11:50	DH 163
HIS-166	20577	Emer of America US History I	Deborah Hoefflinger	MON	2:00-3:50	CH 263
HIS-166	20579	Emer of America US History I	James Saganiec	MON	2:00-3:50	DH 161
HIS-166	20584	Emer of America US History I	Mark Washburne	MON	2:00-3:50	DH 118
HIS-166	20586	Emer of America US History I	Martin Grogan	MON	2:00-3:50	DH 165
HIS-166	20587	Emer of America US History I	Mark Washburne	MON	2:00-3:50	DH 118
HIS-166	20588	Emer of America US History I	Maria Lee	MON	2:00-3:50	SH 100
HIS-166	20589	Emer of America US History I	Maria Lee	MON	2:00-3:50	SH 100
HIS-167	20581	20th Cen Amer US History II	Deborah Hoefflinger	MON	12:00-1:50	CH 263
HIS-167	20582	20th Cen Amer US History II	Mark Washburne	MON	12:00-1:50	DH 118
HIS-167	20583	20th Cen Amer US History II	Mark Washburne	MON	12:00-1:50	DH 118
HIS-167	20585	20th Cen Amer US History II	Rita Heller	MON	12:00-1:50	DH 110
HIS-167	20591	20th Cen Amer US History II	William Lorenzo	MON	12:00-1:50	CH 261
HIS-167	20593	20th Cen Amer US History II	Michelle Iden	MON	12:00-1:50	CH 255
HIS-167	20594	20th Cen Amer US History II	Rita Heller	MON	12:00-1:50	DH 110
HIS-167	20595	20th Cen Amer US History II	Craig Pilant	MON	12:00-1:50	DH 163
HIS-167	20599	20th Cen Amer US History II	Rita Heller	MON	12:00-1:50	DH 110
HIS-167	21307	20th CenAmer US His II-Honors	Michelle Iden	MON	12:00-1:50	CH 257
HIS-203	20596	History of Minorities in US	Michelle Iden	MON	8:00-9:50	DH 114
HIS-203	20597	History of Minorities in US	Michael Parrella	MON	8:00-9:50	DH 118
HIS-203	20598	History of Minorities in US	Michael Parrella	MON	8:00-9:50	DH 118
HIS-203	20600	History of Minorities in US	Michelle Iden	MON	8:00-9:50	DH 114
HIS-209	20603	History of American Women	Rita Heller	MON	10:00-11:50	DH 165
HMS-215	20605	Intro Soc Welfare/Hum Services	Melissa Kasmin		PROJECT EXAM	
HMS-216	20606	Human Needs & Social Services	Beth Mahler	WED	2:00-3:50	CH 265
HOS-102	26510	Food Management	Robert Kern	MON	10:00-11:50	CH 161
HOS-105	26592	Food Science and Nutrition	Meghann Smith		PROJECT EXAM	
HOS-117	20611	Introduction to Baking	Suzanne Lowery		PROJECT EXAM	
HOS-118	26545	Intro Hospitality Industry	Najib Iftikhar	FRI	12:00-1:50	DH 259

SECT.	NO.	COURSE TITLE	INSTRUCTOR	DAY	TIME	ROOM
HOS-120	26572	Hotel/Hospitality Management	Najib Iftikhar	FRI	2:00-3:50	DH 259
HOS-123	26528	International Cuisines	Mark Cosgrove		PROJECT EXAM	
HOS-211	26570	Hmn Res Mgt/Hosp Industry	Toni Perry		PROJECT EXAM	
HOS-233	26546	Food as Art	Mark Cosgrove		PROJECT EXAM	
HOS-240	26552	Hotel Operations	Najib Iftikhar	WED	10:00-11:50	CH 210
ISA-110	20627	Intercultural Communication	Michelle Altieri	FRI	8:00-9:50	DH 263
ISA-110	20630	Intercultural Communication	Rita Moch Arias	FRI	8:00-9:50	CH 265
ITL-111	20776	Elementary Italian I	Megan Biondi	FRI	8:00-9:50	CH 267
ITL-111	26549	Elementary Italian I	Joni Ivankovic	FRI	8:00-9:50	DH 261
ITL-112	20641	Elementary Italian II	Megan Biondi	FRI	12:00-1:50	CH 267
ITL-112	20642	Elementary Italian II	Megan Biondi	FRI	12:00-1:50	CH 267
ITL-212	20644	Intermediate Italian II	Megan Biondi	FRI	2:00-3:50	CH 267
JPN-112	20645	Elementary Japanese II	Ayako Morrell	FRI	10:00-11:50	DH 263
LHT-108	26540	Herbaceous Plant Materials	Brian Oleksak	MON	12:00-1:50	DH 111
LHT-108	26548	Herbaceous Plant Materials	Brian Oleksak	MON	12:00-1:50	DH 111
LHT-111	26551	Intro to Horticulture	Craig Tolley	MON	2:00-3:50	CH 261
LHT-124	20653	Grounds Mainten & Development	Marc Zukovich	FRI	10:00-11:50	CH 210
LHT-234	26569	Landscape & Turf Installation	Craig Tolley	FRI	8:00-9:50	DH 253
LHT-235	26539	Irrigation Systems	Craig Tolley	FRI	2:00-3:50	DH 253
MAT-006	20661	Elements of Algebra	Deanne Stigliano		PROJECT EXAM	
MAT-006	20662	Elements of Algebra	Deanne Stigliano		PROJECT EXAM	
MAT-006	20663	Elements of Algebra	Deborah Seipp		PROJECT EXAM	
MAT-006	20663	Elements of Algebra	Deborah Seipp		PROJECT EXAM	
MAT-006	20664	Elements of Algebra	Jefferson Cartano		PROJECT EXAM	
MAT-006	20665	Elements of Algebra	Kelly Fitzpatrick		PROJECT EXAM	
MAT-006	20666	Elements of Algebra	Anna Cecala		PROJECT EXAM	
MAT-006	20666	Elements of Algebra	Anna Cecala		PROJECT EXAM	
MAT-006	20667	Elements of Algebra	Anna Philhower		PROJECT EXAM	
MAT-006	20668	Elements of Algebra	Catherine Chambers		PROJECT EXAM	
MAT-006	20669	Elements of Algebra	Aditi Ghosh Dastidar		PROJECT EXAM	
MAT-006	20669	Elements of Algebra	Aditi Ghosh Dastidar		PROJECT EXAM	
MAT-016	20654	Intermediate Algebra	Deborah Seipp	FRI	10:00-11:50	DH 114
MAT-016	20655	Intermediate Algebra	Catherine Chambers	FRI	10:00-11:50	DH 161
MAT-016	20656	Intermediate Algebra	David Sabella	FRI	10:00-11:50	DH 110
MAT-016	20657	Intermediate Algebra	Kelly Fitzpatrick	FRI	12:00-1:50	CH 108
MAT-016	20659	Intermediate Algebra	Nanette Shoenfelt	FRI	10:00-11:50	CH 265
MAT-016	20660	Intermediate Algebra	Beth Grivoyannis	FRI	10:00-11:50	CH 102
MAT-016	20693	Intermediate Algebra	Anna Philhower	FRI	10:00-11:50	CH 255
MAT-016	20697	Intermediate Algebra	John Krejci	FRI	10:00-11:50	CH 153
MAT-016	20706	Intermediate Algebra	Dale Garlick	FRI	10:00-11:50	CH 159
MAT-016	20712	Intermediate Algebra	Deborah Seipp	FRI	10:00-11:50	DH 114
MAT-016	20714	Intermediate Algebra	Aditi Ghosh Dastidar	FRI	10:00-11:50	CH 104
MAT-016	20721	Intermediate Algebra	John Cutrone	FRI	10:00-11:50	CH 260
MAT-016	20728	Intermediate Algebra	June Nezamis	FRI	10:00-11:50	CH 261
MAT-016	20740	Intermediate Algebra	Deborah Poetsch	FRI	10:00-11:50	DH 159
MAT-016	20741	Intermediate Algebra	David Sabella	FRI	10:00-11:50	DH 110
MAT-110	20703	College Algebra	Heather Wolfgang	FRI	2:00-3:50	SH 100
MAT-110	20704	College Algebra	Meimee Persau	FRI	2:00-3:50	SH 100
MAT-110	20705	College Algebra	Grishma Shah	FRI	2:00-3:50	DH 110
MAT-110	20707	College Algebra	Deanne Stigliano	FRI	2:00-3:50	CH 102
MAT-110	20708	College Algebra	Deborah Poetsch	FRI	2:00-3:50	CH 261
MAT-110	20709	College Algebra	Meimee Persau	FRI	2:00-3:50	SH 100
MAT-110	20710	College Algebra	Grishma Shah	FRI	2:00-3:50	DH 110
MAT-110	20711	College Algebra	Kathryn Shuck	FRI	2:00-3:50	CH 255
MAT-110	20713	College Algebra	Susan Winston	FRI	2:00-3:50	CH 124
MAT-110	20715	College Algebra	David Sabella	FRI	2:00-3:50	DH 111
MAT-110	20716	College Algebra	Susan Winston	FRI	2:00-3:50	CH 124
MAT-110	20717	College Algebra	Nanette Shoenfelt	FRI	2:00-3:50	CH 265
MAT-110	26681	College Algebra	David Sabella	FRI	2:00-3:50	DH 111
MAT-118	20722	Calculus Appl to Bus & Eco	Catherine Chambers	FRI	2:00-3:50	CH 263
MAT-120	20723	Math for Liberal Arts	Susan Winston	FRI	12:00-1:50	CH 100
MAT-120	20724	Math for Liberal Arts	Susan Winston	FRI	12:00-1:50	CH 100
MAT-120	20725	Math for Liberal Arts	Steven Wheatley	FRI	12:00-1:50	DH 118
MAT-120	26533	Math for Liberal Arts	Steven Wheatley	FRI	12:00-1:50	DH 118
MAT-120	26536	Math for Liberal Arts	Aditi Ghosh Dastidar	FRI	12:00-1:50	CH 104
MAT-120	26577	Math for Liberal Arts	Kathryn Shuck	FRI	12:00-1:50	CH 261
MAT-120	26584	Math for Liberal Arts	Heather Wolfgang	FRI	12:00-1:50	DH 114
MAT-120	26682	Math for Liberal Arts	Anna Cecala	FRI	12:00-1:50	CH 106
MAT-123	20729	Precalculus	Roger McCoach	FRI	8:00-9:50	CH 263
MAT-123	20730	Precalculus	Alexis Thurman	FRI	8:00-9:50	DH 114
MAT-123	20731	Precalculus	Anna Cecala	FRI	8:00-9:50	CH 157
MAT-123	20732	Precalculus	Alexis Thurman	FRI	8:00-9:50	DH 114
MAT-123	20750	Precalculus	Jorge Sarmiento	FRI	8:00-9:50	CH 259
MAT-124	20733	Statistics	Catherine Chambers	FRI	8:00-9:50	SH 100
MAT-124	20734	Statistics	Kelly Fitzpatrick	FRI	8:00-9:50	DH 118
MAT-124	20735	Statistics	Kathryn Shuck	FRI	8:00-9:50	CH 255
MAT-124	20736	Statistics	Catherine Chambers	FRI	8:00-9:50	SH 100
MAT-124	20738	Statistics	Kathryn Shuck	FRI	8:00-9:50	CH 257
MAT-124	20739	Statistics	Kelly Fitzpatrick	FRI	8:00-9:50	DH 118
MAT-124	20753	Statistics	June Nezamis	FRI	8:00-9:50	CH 261
MAT-124	20756	Statistics	Dale Garlick	FRI	8:00-9:50	CH 159
MAT-124	26683	Statistics	Catherine Chambers	FRI	8:00-9:50	SH 100
MAT-130	20737	Probability & Statistics	Jorge Sarmiento	FRI	12:00-1:50	CH 157
MAT-130	20743	Probability & Statistics	Shijie Gu	FRI	12:00-1:50	CH 265
MAT-130	26579	Probability & Statistics	Meimee Persau	FRI	12:00-1:50	CH 153
MAT-131	20744	Analytic Geometry & Calculus I	Meimee Persau	FRI	12:00-1:50	CH 155
MAT-131	20745	Analytic Geometry & Calculus I	Heather Wolfgang	FRI	12:00-1:50	DH 114
MAT-131	20746	Analytic Geometry & Calculus I	Heather Wolfgang	FRI	12:00-1:50	CH 102
MAT-131	20749	Analytic Geometry & Calculus I	David Sabella	FRI	12:00-1:50	CH 159
MAT-132	20726	Analytic Geometry Calculus II	Jorge Sarmiento	FRI	10:00-11:50	CH 157
MAT-132	20727	Analytic Geometry Calculus II	Chung Wong	FRI	10:00-11:50	DH 167
MAT-132	20747	Analytic Geometry Calculus II	Roger McCoach	FRI	10:00-11:50	CH 263
MAT-225	20742	Discrete Mathematics	Heather Wolfgang	FRI	10:00-11:50	CH 151
MAT-228	20748	Linear Algebra	Chung Wong	FRI	2:00-3:50	CH 108
MEC-104	20751	Statics	Thomas Roskop	FRI	10:00-11:50	CH 106
MEC-104	20757	Statics	Jefferson Cartano	FRI	10:00-11:50	DH 251
MEC-109	20761	Mfg Proc/Engr Tech	Thomas Roskop	TUE	12:00-3:00	SH 155
MEC-109	20761	Mfg Proc/Engr Tech	Thomas Roskop	WED	12:00-3:00	SH 158
MEC-109	20764	Mfg Proc/Engr Tech	Eric Pedersen	MON	8:00-9:50	CH 151
MEC-110	20752	Materials for Engr Technology	Thomas Roskop	MON	10:00-11:50	DH 118
MEC-110	20754	Materials for Engr Technology	Thomas Roskop	MON	10:00-11:50	DH 118
MEC-141	20760	Strg Materials Engineering Tec	Thomas Roskop	FRI	12:00-3:00	SH 169
MEC-204	20758	Dynamics for Technology	Robert Duffin	MON	12:00-1:50	CH 151
MEC-209	20755	Intro to Adv Mfg & Prog	Thomas Roskop	TUE	10:00-11:50	SH 153
MEC-209	20759	Intro to Adv Mfg & Prog	Thomas Roskop	MON	12:00-3:00	SH 162
MEC-209	20765	Intro to Adv Mfg & Prog	Thomas Roskop	TUE	10:00-11:50	SH 153
MED-110	20768	Multimedia I	Lynmarie McCullough	TUE	10:00-11:50	EH 203
MED-119	20767	Digital Media Production	Eric Guadara		PROJECT EXAM	
MED-213	20773	Multi Author/Design	Stan Wasilewski		PROJECT EXAM	
MED-220	20771	Animation	Stan Wasilewski		PROJECT EXAM	

SECT.	NO.	COURSE TITLE	INSTRUCTOR	DAY	TIME	ROOM
MED-240	20780	Advanced Animation	Stan Wasilewski		PROJECT EXAM	
MKT-113	20781	Principles of Marketing I	Michael Adamo	WED	10:00-11:50	DH 118
MKT-113	20782	Principles of Marketing I	Jennifer Qvotrup	WED	12:00-1:50	CH 256
MKT-113	20783	Principles of Marketing I	John Bale	WED	12:00-1:50	CH 267
MKT-113	20788	Principles of Marketing I	Melissa Hopper-Ford		PROJECT EXAM	
MKT-113	26559	Principles of Marketing I	Susan Miller		PROJECT EXAM	
MKT-113	26623	Principles of Marketing I	Michael Adamo	WED	10:00-11:50	DH 118
MKT-114	20789	Prin Marketing II	John Kelly	WED	8:00-9:50	CH 256
MKT-208	20786	Social Media Marketing	Susan Miller		PROJECT EXAM	
MUS-011	20790	Basic Musicianship I	Oliver Santana Rivera		PROJECT EXAM	
MUS-110	20796	Applied Music Sec-Voice II	Melanie Mitrano-Duffy		PROJECT EXAM	
MUS-112	20798	Intro/Electron Music	Jose Bevia		PROJECT EXAM	
MUS-114	20802	American Music	Todd Collins		PROJECT EXAM	
MUS-117	20804	Music Theory I	Jose Bevia		PROJECT EXAM	
MUS-117	20810	Music Theory I	Richard Gradone		PROJECT EXAM	
MUS-118	20805	Music Theory II	Richard Gradone		PROJECT EXAM	
MUS-124	20807	Electronic Music II	Cheol-Woo Nam		PROJECT EXAM	
MUS-125	20809	Applied Music Sec - Piano I	Gregory Whiddon		PROJECT EXAM	
MUS-125	20814	Applied Music Sec - Piano I	Yuka Yanagi		PROJECT EXAM	
MUS-126	20811	Applied Music Sec - Piano II	Gregory Whiddon		PROJECT EXAM	
MUS-133	20813	Development of Musical Theater	Robert Cioffi		PROJECT EXAM	
MUS-135	20817	Applied Music Primary I	Marielaine Mammon		PROJECT EXAM	
MUS-136	20818	Applied Music Primary II	Marielaine Mammon		PROJECT EXAM	
MUS-137	20819	Applied Music Primary III	Marielaine Mammon		PROJECT EXAM	
MUS-138	20820	Applied Music Primary IV	Marielaine Mammon		PROJECT EXAM	
MUS-143	20815	World Music & Culture	William Briggs		PROJECT EXAM	
MUS-145	20821	Chamber Choir I	Marielaine Mammon		PROJECT EXAM	
MUS-146	20822	Chamber Choir II	Marielaine Mammon		PROJECT EXAM	
MUS-147	20823	Chamber Choir III	Marielaine Mammon		PROJECT EXAM	
MUS-148	20824	Chamber Choir IV	Marielaine Mammon		PROJECT EXAM	
MUS-150	20806	Jazz History & Styles	Richard Gradone		PROJECT EXAM	
MUS-152	20825	Piano I	Teresa Roccanova		PROJECT EXAM	
MUS-152	20826	Piano I	Gregory Whiddon		PROJECT EXAM	
MUS-153	20827	Piano II	Teresa Roccanova		PROJECT EXAM	
MUS-153	20828	Piano II	Gregory Whiddon		PROJECT EXAM	
MUS-154	20829	Piano III	Teresa Roccanova		PROJECT EXAM	
MUS-155	20831	Piano IV	Teresa Roccanova		PROJECT EXAM	
MUS-155	20845	Piano IV	Gregory Whiddon		PROJECT EXAM	
MUS-159	20832	Guitar I	Carol Hamersma		PROJECT EXAM	
MUS-163	20835	Rock History and Culture	Carol Hamersma		PROJECT EXAM	
MUS-163	20836	Rock History and Culture	Daniel Palladino		PROJECT EXAM	
MUS-165	20837	Intro to Music Recording	Todd Collins		PROJECT EXAM	
MUS-165	20838	Intro to Music Recording	Rick Deardorff		PROJECT EXAM	
MUS-165	20839	Intro to Music Recording	Daniel Palladino		PROJECT EXAM	
MUS-167	20840	Music Recording II	Todd Collins		PROJECT EXAM	
MUS-176	20841	Aural Comprehension I	Richard Gradone		PROJECT EXAM	
MUS-180	20849	Microphone Techniques	Denise Barbarita		PROJECT EXAM	
MUS-180	20850	Microphone Techniques	Denise Barbarita		PROJECT EXAM	
MUS-182	20851	Audio Production Techniques	Rick Deardorff		PROJECT EXAM	
MUS-210	20852	Applied Music Sec-Voice IV	Melanie Mitrano-Duffy		PROJECT EXAM	
MUS-215	20854	Music Theory III	Joseph Bilotti		PROJECT EXAM	
MUS-216	20855	Music Theory IV	Joseph Bilotti		PROJECT EXAM	
MUS-218	20833	Music History/Lit-1750	Daniel Palladino		PROJECT EXAM	
MUS-225	20862	Applied Music Sec - Piano III	Yuka Yanagi		PROJECT EXAM	
MUS-226	20865	Applied Music Sec - Piano IV	Jose Bevia		PROJECT EXAM	
MUS-233	20866	Independent Study-Music	Marielaine Mammon		PROJECT EXAM	
MUS-237	20867	Cabaret Music Theatre	Marielaine Mammon		PROJECT EXAM	
MUS-238	20869	Cabr Music Theatre II	Marielaine Mammon		PROJECT EXAM	
MUS-244	20870	Ind Std Elec Music I	Jose Bevia		PROJECT EXAM	
MUS-248	20834	Enjoyment of Music	William Briggs		PROJECT EXAM	
MUS-249	20872	Practicum	Todd Collins		PROJECT EXAM	
MUS-250	20873	Internship in Music Recording	Todd Collins		PROJECT EXAM	
MUS-258	20879	Contemp Music/20th-21st Cent.	Jose Bevia		PROJECT EXAM	
NUR-106	20883	Medical Terminology	Lesley Andrew	FRI	10:00-11:50	CH 156
NUR-123	20885	Basic Medical/Surgical Nursing	Kathleen Prokop	WED	8:00-11:00	CH 156
NUR-123	20886	Basic Medical/Surgical Nursing	Margaret Babcock	WED	8:00-11:00	CH 156
NUR-123	20887	Basic Medical/Surgical Nursing	Kathleen Prokop	WED	8:00-11:00	CH 156
NUR-123	20889	Basic Medical/Surgical Nursing	Julie-Ann Jacobs	WED	8:00-11:00	HH 113
NUR-123	20890	Basic Medical/Surgical Nursing	Kathleen Prokop	WED	8:00-11:00	HH 113
NUR-123	20891	Basic Medical/Surgical Nursing	Cathy McCormack	WED	8:00-11:00	HH 113
NUR-123	20892	Basic Medical/Surgical Nursing	Joyce Kucerovy	WED	8:00-11:00	HH 113
NUR-123	20893	Basic Medical/Surgical Nursing	Kathleen Prokop	WED	8:00-11:00	HH 113
NUR-123	20895	Basic Medical/Surgical Nursing	Alexandra Ponsiglione	WED	8:00-11:00	HH 114
NUR-214	20897	Adv Medical/Surgical Nursing	Vivek Agnihotri	MON	8:00-11:00	CH 156
NUR-214	20898	Adv Medical/Surgical Nursing	Sara Dolan	FRI	8:00-11:00	CH 156
NUR-214	20899	Adv Medical/Surgical Nursing	Ann Marie Buntz	FRI	8:00-11:00	CH 156
NUR-214	20900	Adv Medical/Surgical Nursing	Laura Parker	FRI	8:00-11:00	HH 113
NUR-214	20901	Adv Medical/Surgical Nursing	Cathy McCormack	FRI	8:00-11:00	HH 113
NUR-214	20902	Adv Medical/Surgical Nursing	Elizabeth Elliott	FRI	8:00-11:00	HH 113
NUR-214	20903	Adv Medical/Surgical Nursing	Vivek Agnihotri	FRI	8:00-11:00	HH 113
NUR-214	20904	Adv Medical/Surgical Nursing	Ann Marie Buntz	FRI	8:00-11:00	HH 114
PBH-101	20906	Principles of Public Health	James Breiten	MON	8:00-9:50	DH 263
PHL-111	20911	Intro to Philosophy	Kenneth Shouler	WED	10:00-11:50	DH 110
PHL-111	20917	Intro to Philosophy	Kenneth Shouler	WED	10:00-11:50	DH 110
PHL-114	26573	Ethics	Kenneth Shouler	WED	8:00-9:50	DH 110
PHL-115	20925	Logic	Kenneth Shouler	WED	12:00-1:50	DH 165
PHL-111	20910	Intro to Philosophy	Mark Uffelman	WED	10:00-11:50	CH 124
PHL-111	20914	Intro to Philosophy	Mark Uffelman	WED	10:00-11:50	CH 124
PHL-111	20915	Intro to Philosophy	Mark Uffelman	WED	10:00-11:50	CH 124
PHL-114	20926	Ethics	Mark Uffelman	WED	8:00-9:50	CH 104
PHO-110	20919	Photography Appreciation	Audrey Sedlak-Barbati		PROJECT EXAM	
PHO-110	20920	Photography Appreciation	Audrey Sedlak-Barbati		PROJECT EXAM	
PHO-110	20923	Photography Appreciation	Audrey Sedlak-Barbati		PROJECT EXAM	
PHO-110	26628	Photography Appreciation	Nicole Schwartz		PROJECT EXAM	
PHO-114	26530	Photographic Processes	Hrvoje Slovec		PROJECT EXAM	
PHO-115	20927	Photography I	Nicole Schwartz		PROJECT EXAM	
PHO-115	26556	Photography I	Avi Erez		PROJECT EXAM	
PHO-116	26590	Photography II	Hrvoje Slovec		PROJECT EXAM	
PHO-204	26558	Digital Imaging I	Nieves Gruneiro-Roadcap		PROJECT EXAM	
PHO-213	26593	Documentary Photography	Nieves Gruneiro-Roadcap		PROJECT EXAM	
PHO-213	26594	Documentary Photography-Honors	Nieves Gruneiro-Roadcap		PROJECT EXAM	
PHO-226	20932	Portfolio Preparation	Hrvoje Slovec		PROJECT EXAM	
PHO-227	20933	Professional Studio Photo	Michael Mazzeo		PROJECT EXAM	
PHO-290	20936	Indep Study I in Photography	Hrvoje Slovec		PROJECT EXAM	
PHY-103	20939	Concepts of Physics	Tom Iaconetti	TUE	2:00-3:50	CH 269
PHY-103	20940	Concepts of Physics	Tom Iaconetti	TUE	2:00-3:50	CH 271
PHY-112	20943	Technical Physics II	Robert Duffin	TUE	8:00-9:50	CH 261
PHY-118	20944	Meteorology	Vincent Marchese		PROJECT EXAM	
PHY-118	20945	Meteorology	Vincent Marchese		PROJECT EXAM	
PHY-127	20946	Gen Physics II - Lecture	Preethi Ganapathy	TUE	12:00-1:50	DH 114

SECT.	NO.	COURSE TITLE	INSTRUCTOR	DAY	TIME	ROOM
PHY-128	20947	Gen Physics II - Lab	Preethi Ganapathy		PROJECT EXAM	
PHY-128	21269	Gen Physics II - Lab	Preethi Ganapathy		PROJECT EXAM	
PHY-130	20949	Engineering Physics I	Joshua Denholtz	TUE	12:00-1:50	SH 164
PHY-232	20948	Engr Physics III - Lecture	John Klages	TUE	8:00-9:50	CH 267
PHY-233	20951	Lab for Engr Physics III	John Klages		PROJECT EXAM	
PHY-233	20952	Lab for Engr Physics III	John Klages		PROJECT EXAM	
POL-111	20953	American Government	Candace Halo	MON	10:00-11:50	CH 124
POL-111	20961	American Government	Candace Halo	MON	10:00-11:50	CH 124
POL-111	20962	American Government	Candace Halo	MON	10:00-11:50	CH 124
POL-111	20964	American Government	Candace Halo	MON	10:00-11:50	CH 124
POL-245	20960	Comparative Government	Candace Halo	TUE	8:00-9:50	CH 265
PSY-113	20965	General Psychology	Kristin Nelson		PROJECT EXAM	
PSY-113	20966	General Psychology	Sheila Brodhead	FRI	12:00-1:50	SH 100
PSY-113	20967	General Psychology	Dolores Reilly		PROJECT EXAM	
PSY-113	20969	General Psychology	Deborah Sullivan	FRI	12:00-1:50	DH 111
PSY-113	20970	General Psychology	John Williford	FRI	12:00-1:50	DH 163
PSY-113	20971	General Psychology	Sheila Brodhead	FRI	12:00-1:50	SH 100
PSY-113	20972	General Psychology	Dolores Reilly		PROJECT EXAM	
PSY-113	20973	General Psychology	Sheila Brodhead	FRI	12:00-1:50	SH 100
PSY-113	20974	General Psychology	Melissa Kasmin		PROJECT EXAM	
PSY-113	20975	General Psychology	Kristin Nelson		PROJECT EXAM	
PSY-113	20979	General Psychology	Alison Levitch	FRI	12:00-1:50	CH 269
PSY-113	20980	General Psychology	Kim Finn	FRI	12:00-1:50	CH 124
PSY-113	20984	General Psychology	Kim Finn	FRI	12:00-1:50	CH 124
PSY-113	20985	General Psychology	Vanessa Shields	FRI	12:00-1:50	DH 110
PSY-113	20986	General Psychology	Jane Rufino	FRI	12:00-1:50	CH 259
PSY-113	20988	General Psychology	Alison Levitch	FRI	12:00-1:50	CH 271
PSY-113	21403	General Psychology	Vanessa Shields	FRI	12:00-1:50	DH 110
PSY-113	21404	General Psychology	Kim Finn	FRI	12:00-1:50	CH 124
PSY-116	20990	Psych & Ed of Disabled	Diana Aria	FRI	12:00-1:50	DH 161
PSY-213	20992	Child Psychology	Deborah Sullivan	FRI	10:00-11:50	CH 259
PSY-213	20993	Child Psychology	Alison Levitch	FRI	10:00-11:50	CH 124
PSY-213	20995	Child Psychology	Alison Levitch	FRI	10:00-11:50	CH 124
PSY-217	20997	Educational Psychology	Deborah Sullivan		PROJECT EXAM	
PSY-217	26514	Educational Psychology	Deborah Sullivan		PROJECT EXAM	
PSY-217	26537	Educational Psychology	Diana Aria	FRI	2:00-3:50	DH 161
PSY-218	21002	Cross-Cultural Psych	John Williford	FRI	8:00-9:50	DH 163
PSY-219	21005	Dev. Psych.-The Human Lifespan	Alison Levitch	FRI	8:00-9:50	CH 108
PSY-221	21003	Psych Personality	Kristin Nelson		PROJECT EXAM	
PSY-224	21006	Abnormal Psychology	Timothy Gagliano	FRI	12:00-1:50	DH 167
PSY-229	20998	Commun Mentl Health	John Williford	FRI	2:00-3:50	DH 163
PSY-291	20978	Spec Topics-Behavior Neurosci	Kristin Nelson		PROJECT EXAM	
PSY-292	21312	Honors Abnormal Psychology	John Williford	FRI	10:00-11:50	DH 163
RAD-110	21008	Radiation Bio & Physics	Peter Kelchner	FRI	10:00-11:50	CH 269
RAD-114	21010	Principles of Radiography II	Sueanne Verna	MON	10:00-11:50	DH 114
RAD-114	21011	Principles of Radiography II	Sueanne Verna	MON	10:00-11:50	DH 114
RAD-114	21012	Principles of Radiography II	Sueanne Verna	MON	10:00-11:50	DH 114
RAD-114	21013	Principles of Radiography II	Sueanne Verna	MON	10:00-11:50	DH 114
RAD-220	21022	Principles of Radiography IV	Ann Verschuuren	FRI	8:00-9:50	CH 269
RAD-220	21023	Principles of Radiography IV	Ann Verschuuren	FRI	8:00-9:50	CH 271
RAD-224	21025	Advanced Imaging	Denise Vill'Neuve	FRI	10:00-11:50	DH 111
RTH-204	21031	Cardiopul Evaluation	Gracielle Fong	TUE	10:00-11:50	DH 157
RTH-204	21032	Cardiopul Evaluation	Gracielle Fong	TUE	10:00-11:50	DH 157
RTH-204	21033	Cardiopul Evaluation	Gracielle Fong	TUE	10:00-11:50	DH 157
RTH-205	21034	Cardiopul Pathophysiology	John Rutkowski	WED	8:00-9:50	CH 259
RTH-206	21035	Mechanical Ventilation	John Rutkowski	FRI	2:00-3:50	CH 269
RTH-206	21036	Mechanical Ventilation	John Rutkowski	FRI	2:00-3:50	CH 271
RTH-206	21037	Mechanical Ventilation	John Rutkowski	FRI	2:00-3:50	CH 271
SCI-106	21039	Intro to Astronomy	Christopher Fenwick	TUE	12:00-1:50	CH 263
SCI-118	21042	General Astronomy	Robert Duffin	TUE	10:00-11:50	CH 261
SCI-118	21043	General Astronomy	Albert Messano	TUE	2:00-3:50	CH 267
SOC-108	21041	Cultural Geography	Jill Schennum	WED	8:00-9:50	DH 159
SOC-120	21040	Principles of Sociology	John O'Hara	WED	12:00-1:50	DH 110
SOC-120	21045	Principles of Sociology	Jabou McCoy		PROJECT EXAM	
SOC-120	21046	Principles of Sociology	Jabou McCoy		PROJECT EXAM	
SOC-120	21047	Principles of Sociology	Charles Selengut	WED	12:00-1:50	CH 269
SOC-120	21049	Principles of Sociology	John Pinkard	WED	12:00-1:50	CH 255
SOC-120	21050	Principles of Sociology	John O'Hara	WED	12:00-1:50	DH 110
SOC-120	21051	Principles of Sociology	Bader Qarmout	WED	12:00-1:50	SH 100
SOC-120	21052	Principles of Sociology	Bader Qarmout	WED	12:00-1:50	SH 100
SOC-120	21053	Principles of Sociology	Jabou McCoy		PROJECT EXAM	
SOC-120	21054	Principles of Sociology	Richard Reinschmidt	WED	12:00-1:50	DH 163
SOC-120	21055	Principles of Sociology	Jill Schennum	WED	12:00-1:50	DH 159
SOC-120	21056	Principles of Sociology	Karen Danna	WED	12:00-1:50	DH 161
SOC-120	21058	Principles of Sociology	Gianmarco Savio		PROJECT EXAM	
SOC-120	21060	Principles of Sociology	Jabou McCoy		PROJECT EXAM	
SOC-120	21063	Principles of Sociology	Gianmarco Savio		PROJECT EXAM	
SOC-120	21065	Principles of Sociology	Gianmarco Savio		PROJECT EXAM	
SOC-120	21425	Principles of Sociology	John Pinkard	WED	12:00-1:50	CH 257
SOC-120	26561	Principles of Sociology	Charles Selengut	WED	12:00-1:50	CH 271
SOC-202	21059	Contemporary Social Issues	Lina Caswell	WED	2:00-3:50	DH 161
SOC-202	21062	Contemporary Social Issues	Gianmarco Savio		PROJECT EXAM	
SOC-209	21070	The Family	Karen Danna		PROJECT EXAM	
SOC-214	21066	Cultural Diversity in America	Jabou McCoy		PROJECT EXAM	
SOC-214	21067	Cultural Diversity in America	John Pinkard	WED	8:00-9:50	CH 261
SOC-214	21068	Cultural Diversity in America	Charles Selengut		PROJECT EXAM	
SOC-215	21071	Physical Anthropology	Jill Schennum	WED	10:00-11:50	DH 159
SOC-216	21072	Cult Anthropology	Jill Schennum	WED	2:00-3:50	DH 159
SOC-221	21069	Sociology of Gender	Karen Danna		PROJECT EXAM	
SOC-221	21313	Sociology of Gender - Honors	Karen Danna		PROJECT EXAM	
SOC-222	21073	Deviant Behavior	Gianmarco Savio		PROJECT EXAM	
SOC-222	21074	Deviant Behavior	Nafisa Khalid	WED	10:00-11:50	CH 269
SOC-224	21075	Social Psychology	Karen Danna		PROJECT EXAM	
SOC-224	21314	Social Psychology - Honors	Karen Danna		PROJECT EXAM	
SPN-111	21077	Elementary Spanish I	Megan Biondi	FRI	10:00-11:50	DH 204
SPN-111	21078	Elementary Spanish I	Maria Picouto	FRI	10:00-11:50	DH 208
SPN-111	21080	Elementary Spanish I	Vita Morales	FRI	10:00-11:50	DH 165
SPN-111	21081	Elementary Spanish I	Valerie Russell	FRI	10:00-11:50	CH 267
SPN-111	21082	Elementary Spanish I	Marcia Picallo	FRI	10:00-11:50	HH 113
SPN-111	21083	Elementary Spanish I	Marcia Picallo	FRI	10:00-11:50	HH 113
SPN-111	26595	Elementary Spanish I	Mirna Rosende	FRI	10:00-11:50	EH 210
SPN-112	21086	Elementary Spanish II	Marcia Picallo	FRI	12:00-1:50	CH 151
SPN-112	21088	Elementary Spanish II	Vita Morales	FRI	12:00-1:50	DH 165
SPN-112	21090	Elementary Spanish II	Valerie Russell	FRI	12:00-1:50	CH 255
SPN-112	21091	Elementary Spanish II	Valerie Russell	FRI	12:00-1:50	CH 257
SPN-211	21093	Intermediate Spanish I	Mirna Rosende	FRI	2:00-3:50	EH 210
SPN-212	21092	Intermediate Spanish II	Marcia Picallo	FRI	8:00-9:50	CH 260
TEL-107	21095	Computers and Data Networks	Dawn Rywalt	TUE	12:00-1:50	EH 210
TEL-107	21096	Computers and Data Networks	Igor Nachevnik	TUE	12:00-1:50	EH 211
TEL-110	21097	Routing I (CISCO)	Venancio Fuentes	TUE	8:00-9:50	SH 155

Cannabis: the good, the bad, the legal?

BY ADAM GENTILE
Managing Editor

Marijuana usage has long been stigmatized as an activity done by slackers, delinquents, and the gateway to harder drugs, despite this factor the drug has been gaining support in the United States. According to the Pew Research Center, in 1969, 12 percent of Americans have approved of marijuana legalization. This has risen to 62 percent. April is national Cannabis awareness month Registrar at National Day Calendar, with a focus on educating people about the potentials of the Cannabis plant.

According to the Encyclopedia of Britannica, cannabis is a plant that has its origins in Central Asia, but is now being cultivated globally for a variety of purposes, from the creation of hemp products like plastics, paper, hemp fiber boards, and hemp jewelry, to its usage as a psychedelic drug.

“A tall canelike variety is raised for the production of hemp fiber,” said Kara Rodgers, Senior Editor for the Encyclopedia of Britannica, “While the female plant of a short branchier variety is prized as the more abundant source of the psychoactive substance tetrahydrocannabinol (THC), the active ingredient of marijuana.”

Despite the plurality of the

American people supporting the legalization of Marijuana with the passage of the Controlled Substance Act of 1970, the U.S government has classified marijuana as a schedule-1 drug. This means that the government has classified the substance as having no medical use, high risk of abuse, and severe safety concerns. Marijuana shares it’s schedule-1 status with cocaine, LSD, and heroin.

Although legally marijuana is said to have no medical benefits, 33 states, including New Jersey, have passed laws that legalize medical marijuana that can be prescribed to citizens that are afflicted with certain medical ailments. Peter Grinspoon, M.D and contributing editor at Harvard Health Publishing, wrote in an article titled “Medical Marijuana,” that the medical marijuana is used as an alternative to addictive opioid drugs when it comes to treating pain relief.

“While marijuana isn’t strong enough for severe pain (for example, post-surgical pain or a broken bone),” Grinspoon said. “it is quite effective for the chronic pain that plagues millions of Americans, especially as they age. Part of its allure is that it is clearly safer than opiates (it is impossible to overdose on and far less addictive) and it can take the place of NSAIDs (Nonsteroidal anti-inflammatory drug) such as Advil or Aleve if people

can’t take them due to problems with their kidneys or ulcers or GERD.”

Grinspoon also mentions that medical marijuana has been showing positive research results when it comes to treating military veterans with Post Traumatic Stress Disorder.

“A highly promising area of research is its use for PTSD in veterans who are returning from combat zones,” Grinspoon said. “Many veterans and their therapists report drastic improvement and clamor for more studies, and for a loosening of governmental restrictions on its study.”

According to the Addiction Center, although marijuana withdrawal symptoms does not have the same physical side effects as heroin and cocaine, the psychological effects of marijuana withdrawal lead the user to behavioral disorders.

Possible symptoms of marijuana withdrawal could include anxiety, trouble sleeping, and irritability. More severe behavioral disorders include depression, insomnia, and reduced appetite and weight.

Also according to the addiction center, in 2012, 950,000 people have received some form of treatment for marijuana use. Marijuana treatment centers focus on having support group therapies and cognitive behavioral therapy for patients who suffer from the more serious psy-

chological effects of the drug.

Andreas Loizou, a digital media major, has read up on the subject of marijuana which has shown that there are benefits to the drug.

“I don’t personally use it,” Loizou said. “But I’ve read up on it and think there are some good things about it, there are things that are legal now that I feel are much more dangerous than marijuana.”

Loizou mentions that he is unsure about how accurate the current stigma of marijuana is.

“I don’t know really know how true they are I don’t like generalizing,” Loizou said. “One of the stigmas of alcohol is that it makes people more aggressive and I think that’s somewhat accurate, so maybe in some cases they (stigmas) are true.”

Recently the N.J. State Legislature failed to get a vote on a bill that would legalize recreational marijuana usage in N.J. due to lack of Democratic support for it.

New Jersey’s full legal recreational marijuana bill would be the second in the nation behind Vermont to try and pass it legislatively as opposed to a public referendum like California, Massachusetts, and Colorado.

Recreational marijuana refers to using marijuana to intentionally change one’s state of mind in order to change emotion, perception, and feelings. According to the state of Oregon’s page on recreational marijuana, the difference between recreational grade marijuana and medicinal grade marijuana is that the levels of THC are higher in medicinal.

“Medical grade means marijuana items that have a higher THC concentration limit compared to items sold to recreational customers,” according to oregon.gov. “For example a recreational customer can buy a package of edibles that contains

up to 50 mg of THC and each serving size in that package can be up to 5mg of THC. A medical grade edible sold to an OMMP (Oregon Medical Marijuana Program) registered patient can contain up to 100 mg of THC per package and there is no maximum serving size for medical grade edibles.”

In his recent budget, New Jersey Gov. Phil Murphy is expecting the revenue from the recreational marijuana industry to reach over \$80,000,000 between the sale of recreational and medicinal marijuana, Murphy’s budget is assuming a tax of \$42 per ounce of recreational marijuana.

Murphy addressed that he would not sign a legalization bill unless the bill expunges non-violent drug possession charges from criminal records during his March 5 budget address.

“I will only sign this if it expunges the records of those who have been put through our criminal justice system for prior marijuana offenses,” Murphy said.

Cameron Hogan, a liberal arts major, agrees with having recreational marijuana be legalized.

“I mean treat it like alcohol, right,” Hogan said. “Make sure the person is 21-years-old, properly regulate the stuff so that way people are not mixing it with harmful chemicals and products.”

Hogan also said that teaching people how to use the drug and to warn them of the dangers should be advocated for.

“It’s like a psychedelic if you aren’t used to it or completely ignorant to the change of mind,” Hogan said. “Everyone who is willing to take any drug should know the consequences of taking said drug, I hope that’s the lesson that we learned from the past when we were told that cigarettes were fun-sticks.”

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At CCM Library, ask a Librarian to show you current and credible e-resources in your field.

Librarians can show you best search terms and best search strategies.

In the meantime, explore some of these yourself:

- At www.ccm.edu/library, click Articles & Databases.
- Click “All Subjects (upper left) and select your field.
- Open a database and search for a topic of interest.
- (Log in with your CCM login as prompted.)
- Read about current issues in your field - especially before any interview.

Add these database-searching skills to your resume to show employers that you are capable and interested in finding current and credible information in your field.

And of course, use these skills to find excellent information and excel in class assignments!



TITAN WEEKEND



COUNTY COLLEGE of MORRIS

50th Anniversary Celebration

TITUS THE TITAN'S BIRTHDAY PARTY

Saturday, MAY 4, 11 a.m. to 2 p.m.

A free family fun festival including cupcake decorating, a barbeque, live music, planetarium shows, academic showcases and plenty of birthday activities for the young at heart

TITAN TROT 5K

Sunday, MAY 5, starting at 9 a.m.

Join us in Titan Country for a 5K run and walk – certified USATF

Both events take place on the CCM campus,
214 Center Grove Road, Randolph, NJ 07869

For more information, visit www.ccm.edu/titan-weekend

