

CLU: Campus Life Update

CCM Office of Campus Life

Volume 21 Issue 2 — September 4, 2019

WELCOME BASH & ORGANIZATION FAIR



CLU HIGHLIGHTS

Page 1: Welcome Bash / Titans Table / SAPB Events / Student Luncheon

Page 2: Performing Arts: Sweeney Todd/ Fall Job Fair / Fitness Center / Hispanic Heritage Month / Planetarium / Labor Day

Page 3: Campus Life Services / College Survival Skills / De-Stress Fest Week / Suicide Prevention Month / Validate Your ID /

Page 4: Campus Life Calendar / CCM Athletic Schedule / Rent a DVD from Campus Life

CCM's **Welcome Bash & Student Organization Fair** is your opportunity to find out about all the wonderful things our clubs and organizations do. The **Bash & Fair** will take place on **Tuesday, September 24, outside the Student Community Center** from **11:00 a.m. to 2:00 p.m.** There will be free refreshments, music, and more. So, join your fellow students and stop by the **Bash**, grab a bite to eat, have some fun and pick up some helpful information on the many extracurricular opportunities available at County College of Morris. There are over fifty student clubs at CCM. **Sponsored by:** The Student Activities Programming Board.

CCM does not want students to have to choose between food and tuition. After a year of planning we are happy to introduce **TITANS TABLE**. Just look for offices with the **TITANS TABLE** logo. Food and CCM water bottles are available in the following offices: Health Services (CH 266), Athletics (HPE – 1st floor – Trainer's office), Accessibility Services (LRC 1st floor), EOF (CH 211), LRC (2nd floor/reference desk, evening students only after 5pm – must show ID card). Simply stop by one of these offices, mention **TITANS TABLE** and a staff member will assist you in choosing from an assortment of non-perishable food items. Visit Health Services office if you have questions about affordable health care, affordable housing, medical/dental assistance, and transportation. We look forward to helping you succeed at CCM by providing food for the day, to those in need.

Student Activities Programming Board (SAPB) will be hosting a bunch of events this semester. **Save these dates** and mark your calendars so you can attend!

Welcome Bash - Tuesday, September 24

SAPB's "Open Mic" - October 8

SAPB's Halloween Bash - October 31

SAPB's Annual Holiday Party - December 3

The Office of Campus Life sponsors the **Fall 2019 Student Luncheon**: student organization leaders will come together to share their club's plans for the fall semester, and to learn about the resources of the office of Campus Life. This year's luncheon will take place on **Thursday, October 3, 12:00 p.m. Learning Resource Center Room 121**

PERFORMING ARTS



The Youngtown Edition

Publishes every other Wednesday during the academic year.

The award-winning student newspaper is distributed free of charge throughout the CCM campus and online.

First Issue:

Wednesday, September 11

CCM Fall Musical: **Bright Star**. Audition dates: Tuesday, September 5 & Thursday, September 10, at 6:30 p.m., SCC Dragonetti Auditorium. Callbacks on Thursday September 12 at 6:30 p.m.

CCM Fall Semester Drama: **Miracle on 34th Street** - Audition date: Monday, September 9, at 6:30 p.m. SCC Dragonetti Auditorium. Callbacks are being done same night.

The **Fitness Center** is open 9:00 a. m. - 4:00 p.m. Monday - Friday during the semester. Students are permitted to continue to work out while a class is in session, but the class has first priority on all equipment. We ask that students continue to work out but be respectful to the class in session by conducting themselves accordingly. Students must have **valid** CCM ID, dress appropriately and clean up after themselves. The Athletic Department reserves the right to close the facility as needed or if students do not follow the procedure as outlined.

Wednesday, October 16, 10:00 a.m. - 1:00 p.m. Student Center Davidson Rooms. Fall Semester Job Fair. CCM students: need a job? Need a better job? Then come to CCM Job Fair. Employers will be there with full-time and part-time positions. **Sponsored by:** Career Services and Cooperative Education.

HISPANIC HERITAGE MONTH

Hispanic Heritage Month begins on **Saturday, September 15**, the anniversary of independence for five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. In addition, Mexico declared its independence on September 16 and Chile on September 18. Hispanic Heritage Month continues through October 15. CCM's **Hispanic Heritage Month Country Flags** will be **displayed** in the **Student Community Cen-**

THE LONGO PLANETARIUM



Visit the spectacular planetarium shows at CCM's **Longo Planetarium**.

Our Perilous Universe: Friday, September 20, at 7:00 p.m.

Shapes in the Sky: Saturday, September 21, at 3:00 p.m.

Tour of the Planets: Saturday, September 21 at 5:00 p.m.

Please visit bookstore.ccm.edu/longo-planetarium to purchase tickets

CAMPUS LIFE SERVICES

Campus Life Services Include:

- o Bus Service Schedules / Train Schedules
- o Discounts: Six Flags / Great Adventure / Area Businesses
- o Identification Cards and Re-validation Stickers
- o Lounges, Game Room and TV Lounge
- o Museum Membership Card: Metropolitan Museum of Art
- o Planetarium shows
- o Student Organization Offices
- o Ticket Purchases
- o DVD Movie Rentals

DE-STRESS WEEK, ANXIETY & STRESS SUPPORT, HEALTHY RELATIONSHIP SUPPORT, SUICIDE AWARENESS MONTH

all sponsored by:
**COUNSELING &
STUDENT SUCCESS**



Monday, October 28 - Thursday, October 31, De-Stress Fest Week. At Destress Fest Week, learn techniques to help work through everyday stressors. Destress week will include, Arts & Crafts, Meditation, Therapy Dogs, and Yoga. Common stressors that can affect your health and wellness will be explored and fun activities to learn about these strategies will be provided.

Anxiety & Stress Support Group will provide a safe and confidential place to talk, share stories and coping skills. This group will meet in De-Mare hall Room 251 at 11:00 a.m. on the following **Wednesday** dates: **September 18, October 9, 30, November 20, and December 4.**

Healthy Relationships Support Group will provide a safe and confidential place to discuss the components of healthy relationships. This group will meet in Cohen Hall Room 155 on the following **Tuesday** dates: **September 17, October 1, 15, 29, November 12, 26, and December 10.**

September is Suicide Awareness & Prevention Month. The purpose of this month is to raise awareness about suicide and educate the community on prevention and intervention. Visit the Counseling Website below for a list of events. <https://www.ccm.edu/student-life/campus-services/counseling-services-and-student-success/>

2019 FALL CCM STUDENTS

Validate your CCM identification card for the Fall 2019 semester at the Office of Campus Life Information Window in the Student Community Center.

CAMPUS ACTIVITIES CALENDAR



“CLU”less?
Submit items for inclusion in the next issue of **CLU: Campus Life Update**, by email to dphelps@ccm.edu before **Sept. 11**

DVD RENTALS

OLDIES BUT GOODIES

DVD movies are available for rent at the **Campus Life Information Window**, Rental fee is just **\$1** overnight and weekends (rent on Friday; return on Monday).
Come look and rent an oldie but goodie and have a fun, cheap weekend of fun!
Rent four and the fifth one is free.



Monday, September 2
Labor Day: CCM Closed

Friday, September 20
Planetarium Public Show: Our perilous Universe: 7:00 p.m.

Saturday, September 21
Planetarium Public Show: Shapes in the Sky: 3:00 p.m.
Planetarium Public Show: Tour of the Planets 5:00 p.m.

Friday, September 15 through Saturday, October 15
Hispanic Heritage Month Flag Display in the Student Center Lounge

Tuesday, September 24
Welcome Bash & Club Fair: 11:00 a.m. - 2:00 p.m. Outside SCC

Thursday, October 3
Student Leader Luncheon: 12:00 p.m.. - 2:00 p.m. LRC Room 121

Wednesday, October 16
Fall Semester Job Fair: 10:00 a.m. - 1:00 p.m. SCC Davidson Rooms

Monday, October 28 through Thursday, October 31
De-Stress Fest Week: SCC Davidson Rooms



ATHLETIC SCHEDULE

MENS SOCCER

Thursday, September 12	Bergen	A	4:00 p.m.
Saturday, September 14	RCGC	A	TBA

WOMENS SOCCER

Saturday, September 17	Essex	A	4:00 p.m.
Thursday, September 19	Ocean	A	4:00 p.m.

WOMENS VOLLEYBALL

Saturday, September 14	Del Tech/Terry	A	1:00 p.m.
Thursday, September 19	Bergen	H	7:00 p.m.