



GS-LSAMP/NNJ-B2B CROSS-CAMPUS PEER MENTORING (CCPM) PROGRAM

About the Program

The GS-LSAMP Cross Campus Peer Mentoring Program was designed to help community college students make a smooth and successful transition from their two year colleges to the 4-year academic institution of their choice. As a mentee, you are expected to:

Mentee Responsibilities

- Read this Mentee Information Packet
- Sign and return the **Mentee Contract** and **Appropriate Conduct Statement** (back pages)
- Attend the Annual GS-LSAMP/NNJ-B2B STEM Research Conference on October 11, 2019, and meet with your mentor at the event
- Communicate with your mentor for a minimum of 30 minutes each week (by Skype, email, phone or text); if texting, you must use WhatsApp
- Verify the dates and times of interaction with your mentor
 - Your mentor will keep a record
- Complete and submit all requires surveys and/or evaluations
- Report any inappropriate behavior to your B2B Site Coordinator or the B2B Project Director, Thomas van Aken (973-684-4855, tvanaken@pccc.edu) immediately.

For your convenience, the CCPM Program is completely remote. You are only required to meet your mentor in-person at the research conference. After that, you do not have to meet your mentor in-person unless you want to; however, if you do meet, it must be in a public place (library, student center, coffe shop, etc.). You may communicate with your mentor via phone, text (must use WhatsApp), email, or Skype/Facetime/other VoIP.

To make the most of your conversations, try to prepare some questions before speaking with your mentor. A few are included here to get you started; however, the questions are limitless.

GOOD QUESTIONS TO ASK YOUR PEER MENTOR

- Who has mentored you? What impact has that relationship had on you?
- What was the biggest lesson you learned during college?
- What are some mistakes that you've made during college and what did you learn?
- If you were starting college all over again, what would you do differently and why? What do you wish you knew at my stage?
- What is your major in college? How does it relate to your future goals?
- What are your career goals? How did you figure out what you wanted to do with your life in terms of career?
- What is the most helpful piece of advice you've ever received?
- How can I obtain a faculty mentor? Are there any clubs you suggest I join? Is there anyone else you recommend I connect with?
- Who should I ask for a recommendation and how should I approach this person?
- What are you most proud of? What has been your most rewarding accomplishment?
- What does a typical day look like for you? What time management strategies do you use?
- What should I be doing now to prepare myself for four-year college?
- What personal, study, academic, or professional skills do you think I should work on developing? And what experiences might help me do that?
- What could I have done differently in this particular situation? What am I doing wrong? How can I work smarter?
- How would you handle this situation? "I'm having a difficult time with (Chemistry, Professor Peabody, Registrar, etc...). What would you do if you were me?"
- What are your thoughts on my college application? Would you mind looking at my resume or personal statement?
- What course should I take? What's the difference between Course A and Course B? When should I register for classes?

HOW TO GET THE MOST OUT OF MENTORING

- **Be curious.**
 - Step out of your comfort zone and be curious.
- **Be honest with your mentor.**
 - Your mentor is there to help you, and s/he truly has your best interests at heart. Be 100% honest and 100% open to feedback.
- **Respect each other.**
 - Respect goes both ways – you should respect your mentor and s/he should respect you.
- **Know exactly what you want to get out of the relationship.**
 - Before you get started, you and your mentor should set up some ground rules and establish a big picture goal and outcome for your sessions.
- **Give as well as get.**
 - You can learn from each other! Don't be afraid to share advice.
- **Remember, your mentor is there to help you succeed.**
 - This may mean that s/he has to give you some tough love or advice that's hard to hear. Be gracious and know that s/he is doing this to help you!
- **Establish communication methods and frequency of contact from the beginning.**
 - Talk with your mentor to determine the lines of communication that will work for both of you. Will you meet face to face or communicate mainly through e-mail and the telephone? Make sure you meet/talk enough to suit both of you.
- **Manage expectations and build trust.**
 - Mentoring takes time and implies sacrifices for both the person being mentored and the mentor. Be respectful of your mentor's time and the other priorities in her/his life
- **Express your gratitude.**
 - Your mentor is likely to give a lot more than you do in the relationship in terms of time and contacts. Be sure to express regularly that you value and appreciate your mentor's guidance.