

THE COUNTY COLLEGE OF MORRIS' AWARD-WINNING STUDENT NEWSPAPER

YOUNGTOWN EDITION

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Despite its negative impact on mental health, most CCM students continue to use social media

BY GARRETT JAMISON
News Editor

Social media was once a small part of life. But it has grown to become a major part of the social behavior of humans. This change in social behavior has bred other behaviors such as an increase in photography, but it also has a large effect on mental health. Despite this effect, most people continue to visit social media sites all the same. This rings true for many County College of Morris (CCM) students. Some CCM students say they would feel disconnected from the world if they stopped

using social media, while others say they would be fine without it, yet keep using it.

According to a Massachusetts Institute of Technology (MIT) study, at the inception of Facebook, the colleges that were allowed access to the website saw a 7% increase in "severe depression" and a 20% increase in "anxiety disorder." The cause of this depression and anxiety is due to "social comparison" or comparing your real life to the lives being posted on social media. This study and others like it have been published for as many years as social media has been public access, but usage

continues.

Kymani Dunbar is a liberal arts major at CCM. Dunbar said he uses social media about every other day. "I want to say sometimes, as an athlete, there's not really a lot of good criticism or good things to see on the internet, especially social media," Dunbar said. "People will always have their opinions on stuff that you may like or dislike, and people's opinion may affect your mental health or the way you act toward that subject."

Dunbar said that he believes people can post statements on social media that they otherwise wouldn't say in person due to

societal restrictions. "A majority of the population on earth uses social media, and they post stuff about what they're doing or what they're eating, so I feel like you'd mainly be disconnected from the world," Dunbar said about ending social media use.

Krishna Patel is a science major at CCM. Patel said she uses Instagram or Twitter daily.

"It is quite harmful to mental health," Patel said. Patel said that sometimes people overdo it when trying to make their lives look better than they are on social media. "I would not [feel disconnected] because I do like my own company," Patel said. "I

don't even have any followers; I usually just watch a few reels and that's it."

Damien Brito is an animation student at CCM. Brito said he uses TikTok every day.

"There are things on there that can affect you," Brito said about the effects of social media on mental health. Brito said that people can get themselves down by looking at other people's social media posts and feeling like they're not doing as well in life. "I just don't [follow family members]. None of my family members have it," Brito said. "Except for Facebook, but that's for old people."

COLUMN: My experience volunteering as an EMT

BY EMILY SULLIVAN
Staff Writer

As 2022 comes to an end, so does my seventh year on the Chester First Aid Squad (CFAS). This volunteer squad has a total of 57 members, including 35 active members that run the over 500 calls each year in Chester. I joined the squad and began the process to become an EMT at 16. Pursuing this certification and joining the squad was my first conscious step in my journey toward a career in medicine.

To become an EMT, you must complete a class that is about 200 hours of a mix of classroom and practical skills. This class was not easy, but the challenge was well worth it. After passing the state test, I felt ready to conquer whatever the town of Chester threw at me. My first call came in as male bleeding, something seemingly innocent. Upon arriving, the man's floor was covered in blood, and he was lying unconscious in the middle of a large puddle. I went cold. Pale. Could not think. Could not move. A senior member saw that I was struggling and sent me into the other room to get a medical history and a breather. On the way back from the hospital I tried to process what just happened. It



PHOTO COURTESY OF CHESTER FIRST AID SQUAD

made me question if I had made the right choice in becoming an EMT. However, I stuck with it, wanting to work to get better at applying and adapting what I had learned in the classroom to my real-life patients. Now, seven years later, I am very happy and grateful that I continued.

I have worked on my skills to feel confident and capable when running calls and am a weekly duty team leader and various committees member. Chester does have its fair share of serious calls, but often more laid-back 911 calls. However, no matter the dispatch, I try to provide the type of care I would want another EMT

to give my friends and family. To anyone interested in pursuing any kind of role in healthcare, but does not know where to start, I always recommend joining a first aid squad. They are great organizations to not only gain experience in healthcare but also to serve your community. There are many ways to join these squads if you do not have the full time that the EMT course requires. You can be an EMR, driver, or crew member who assists the EMTs on calls. One of the reasons I have made sure to stay active and keep my EMT certification is because of the difference a volunteer

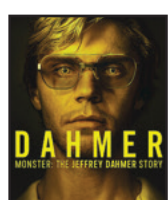
squad makes to a community. As a volunteer squad, we do not charge for our services, so people do not have to worry about a costly ambulance drive when faced with an emergency. This role motivated me to work toward pursuing a career in medicine. It gave me confidence in people and patient skills to pursue other clinical experiences, motivated me through my rigorous pre-med college classes, and kept me determined when running calls during the pandemic. I have made great friends and found wonderful mentors and role models that have helped me along my journey, and I can

only thank the Chester Volunteer Squad for these people and these experiences.

I have volunteered 25 hours a week as an EMT while taking courses at CCM. I have been a transient student at CCM since 2018. I have taken summer classes at my degree at the University of Georgia. Since graduating in May, 2021 I have been doing 3 CCM classes for fun and to expand my way of thinking.

Interested students can email info@chesterfirstaid.org for Ginny, or go to the join us page on the website <http://www.chesterfirstaid.org/join-us>

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REVIEW: 'Night on Earth' explores the mundane and humorous

BY JOHN RONCA
Entertainment Editor

There are few connections as unique and uncomfortable as the one a passenger builds with their taxi driver. They often see you at your most vulnerable state, cold, alone, or inebriated. Yet the driver rarely builds a genuine connection outside of the short period of time they spend with you inside of their 4-door yellow cab. It's a strange connection, one many like to shove aside and forget the moment their body stumbles off of the heavily scented leather seats, ones that squeak when you shift your bodyweight, and still have the dent of another lost body impressed on them. It's not strange to assume most would wish to avoid mention of their experiences with drivers outside of short anecdotal yarns they can weave ever so carefully so that it avoids the awkward silences, the uncomfortable pauses.

Yet, this is exactly the bond which Jim Jarmusch explores in

his 1991 film *Night On Earth*. The film is primarily focused on five vignettes around the world, all given about 30 minutes to delve into the mundane lives and idiosyncrasies of each city's respective taxi cab. Alongside this, each cabbie is given a similarly, if not more vibrant and strange passenger, with whom they either bond or clash with. Through this, the movie explores simultaneously, the oddities of graveyard shift work, the ease of human interaction, and the boredom of knowing a city so well you drive in every corner for a living.

The movie is immediately singular from the first moments the camera lands on the first taxi driver, Corky (Winona Ryder). Corky's passenger, portrayed by Gena Rowlands, is a high level casting agent who has recently finished casting for a role in a massive Hollywood movie. While this could easily devolve into a milquetoast portrayal of a boring Taxi ride through LA, Jarmusch's writing and direction

add layer upon layer of feeling into the ride. The camera tilts ever so slightly so the audience always has an eye on both the driver and the passenger. This entails seeing the drivers' antics unfold. In this case, Corky's wry humor and less than savory habits, like sticking gum on her car door or smoking constantly, are interplayed with the Victoria Snellings (Rowlands) inquisitive nature and relaxed discomfort. This dynamic plays through in every vignette, whether it be a long conversation, overly curious conversation between a parisian cabbie (Issach de Bankole) and the blind woman who somehow sees everything (Beatrice Dalle), or YoYo, portrayed by Giancarlo Esposito, taking over the cab for a new driver, just to get back to Brooklyn. The movie is shot in mostly quick cuts inside of each cabbie's car, allowing the cab to become a sort of set in and of itself. However, the cities are no less important to setting the scene of each vignette.

The cold, desolate environment of Helsinki and low light environment of Rome in the fourth vignette are prime examples of how Jarmusch's direction influences the humorous, emotional style of the film. In the fourth vignette, the story follows a moronic and hedonistic jokester of a cabbie, named Gino (Roberto Benigni) who drives around in a reckless deluge, driving the wrong way on one way roads and having fake conversations with his ham radio. The low light of Rome simultaneously shows the audience what the driver is actually seeing, adding to the wry comedy of a taxi driver wearing sunglasses at 3:00 in the morning, but also shows the audience his world. The camera lets us into this world of depravity, and welcomes it to humor. The vignette after does the exact opposite, using the cold environment of Helsinki to show Mika's isolation and inability to connect with the world because of his strange job which forces

him to drive constantly. In a poignant and humorous scene, Mika loops around a statue in the middle of the city as a dispatcher begs anyone to take the next job. He avoids picking up over and over until he's completely forced to pick up. This scene is an example of both the film's incredible dry humor, which relies heavily on the often dry and quiet delivery of ironic and sardonic lines involving city life. It also shows the film's ability to tell a sensitive and honest story without losing its pace or its tone.

Night On Earth is, while a small film in the vein of Jarmusch's other ventures, a hilarious romp through city life. It especially finds its merits in its portrayal of graveyard shifts and how each cabbie deals with their own worlds, as the cities and roads slowly empty out to leave them to their thoughts. If you're looking at HBO Max over the next few weeks, *Night On Earth* is completely worth the two-hour watch time.

Charles Dickens **A CHRISTMAS CAROL**
 Thursday-Saturday
DECEMBER 8-10

CCM Presents: A Christmas Carol

Delighting Audiences with a Timeless Classic

Don't pay Broadway prices to enjoy a timeless classic about transformation when you can enrich your holiday season with a Christmas Carol at CCM as presented by the Department of Music, Performing Arts & Music Technologies.

"The show is an adaptation of the story of Ebenezer Scrooge's journey from an embittered, ungenerous creature into a giving, caring human being at the hands of three spirits, who, one Christmas Eve, show him what life means," explains Professor and Director Michael Donahue. "This richly textured play brings the full spirit of the book, as well as those of Christmases Past, Present and Yet To Come, to life on the stage."

Show dates are Thursday – Saturday, December 8 – 10, at 7:30 p.m. at the Dragonetti Auditorium in the Student Community Center on CCM's campus, 214 Center Grove Road, Randolph. General Admission is \$15 and \$10 for CCM students, alumni, children under 12 and seniors 62 and over. To purchase tickets, go to <https://bookstore.ccm.edu/christmas-carol-general-admission>.

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THE YOUNGTOWN EDITION

The Student Newspaper of the County College of Morris

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All students are welcome to contribute articles to The Youngtown Edition either in person or via e-mail. However, students cannot receive a byline if they belong to the organization on which they are reporting. The deadline for articles is the Monday prior to a production.

OPINION: Freedom of speech - where to draw the line

BY ROY BERKOWITZ

Editor-in-Chief

At what point does speech cross the line from free expression to harmful antagonism? While always a point of debate, this question has only become more pertinent in the age of social media. But freedom of speech isn't just a matter of online debate—it has real world implications. For students and staff, this means on campus right here at CCM.

As many have been made aware, a preacher is seeking to evangelize students and staff on campus. He has been present all throughout the Fall 2022 Semester. This in itself is not wrong; historically, students have celebrated freedom of expression as it pertains to religion on campus.

Christian clubs have passed out Bibles, students have come to class in religious attire, and office spaces have been repurposed as prayer rooms. These are all healthy exercises of religious liberties that cultivate an atmosphere of inclusivity on campus. However, shouting and using discriminatory language in the name of religion is a whole different story.

This behavior has become upsetting to individuals here on campus. Many students report feeling uncomfortable after encountering this type of language. Izzy Petrucci, a student here at CCM, shared her thoughts on free speech concerning this controversy: "I think that free speech is extremely important in this country, and we should be proud to be able to have the

ability to speak our minds. Though anybody can say anything they want, there are certain properties whose owners can make rules and regulations."

She continued on to say, "I like to believe that CCM has rules and regulations set for its students' safety, especially students who are in marginalized groups, such as the LGBT community. Our campus values its ability to let others speak freely, but at the same time, has regulations so that students can feel safe to be themselves on campus. When something goes against regulations, it should not be a shock that there should be consequences, especially after multiple warnings."

Izzy's statement begs the question: at what point should the First Amendment stop protecting

certain speech? For many people from marginalized communities, the answer is uncomplicated. Discriminatory language in public spaces fosters an unwelcoming, and even unsafe, environment, and is therefore unprotected. Abortion rights and marriage equality are far more meaningful than abstract talking points—they are serious matters that yield ramifications for those impacted. Theoretical debate doesn't feel so theoretical anymore when it comes to questioning people's liberties—and college life is no longer something to look forward to when students fear they will be told they are going to hell on their morning walk to class for their identity.

This sentiment has impacts on all types of people. What about those who already experience

setbacks in their daily life? Folks with developmental disabilities face enough challenges at college as it is; is it not damaging to add even more difficulty to their lives as students? It is one thing for speech to offend—it is another for speech to actively distress.

Look, freedom of speech is a vital pillar of a free nation. We may not agree with what people have to say, but that does not mean they should be prohibited from saying it. Without freedom of expression, progress is impossible. That said, offensive speech escalates into harmful territory when it alienates those from oppressed groups. As members of this country who value and respect the safety of our fellow humans, we should evaluate what type of speech we deem appropriate for particular public spaces.

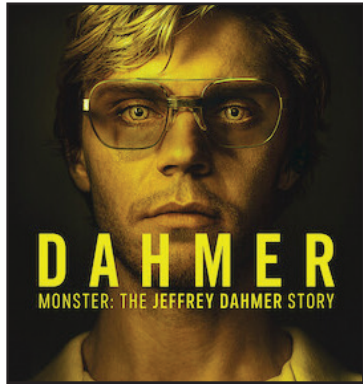
OPINION: 'Dahmer': The controversy over the new drama

BY NICOLE RIKER

Features Editor

While many had heard the name Jeffery Dahmer before Netflix released their new drama telling his story, he certainly wasn't considered a household name. Now, with the series bearing his name considered the second-best Netflix series of all time (in the English language), it seems everybody knows about the gruesome Milwaukee serial-killer who ate his victims' flesh.

It is not without ethical consequences that this series succeeds, however. Since the release of the series, the families of the victims have come out to speak to how harmful this series is for them. Due to the nature of his crimes, Jeffery Dahmer got himself a lot of press attention throughout



the years, and the families have received a lot of harassment, and as a result, a complete lack of peace. He has been the subject of a myriad of documentaries and books, but none have received attention at the level that *Monster: The Jeffrey Dahmer Story* has.

Written by Ryan Murphy, and starring American Horror Story actor Evan Peters as Dahmer,

the 10-part series was intended to emulate the story from the experience of Dahmer's victims. However, those who knew his victims say this attempt failed. Jeffery Dahmer's serial-killing spree took place between the years 1978 and 1991. Throughout that time, he targeted mostly the Black and gay communities, killing and cannibalizing 17 young men. Eventually, Dahmer was sentenced to 15 consecutive life terms, but he was killed in prison 1994.

It seems from the moment it released, the series was a disappointment for representation. To start, Netflix had labeled the series under its L.G.B.T.Q. category when the series premiered on Sept. 21. After immediate pushback on Twitter, the label was removed. Also, being released in the short time before Halloween,

the families say this did not help either.

Instead of focusing on the victims and their experiences, as was supposedly intended, the families of the victims and some critics have pointed out that the series instead focuses on Jeffery Dahmer and his experience. One victim, out of 17, Tony Hughes, a Deaf man, was given the time for a full episode dedicated to his story.

In an essay for Insider, Rita Isbell, whose brother was murdered by Dahmer, described watching the drama series' portrayal of her victim's statement at Dahmer's trial. She stated she is "reliving it all over again" and said that she was never contacted about the show. Other families have recalled the same experience. Relatives to Isbell stated that the series was, "Retraumatizing...and for what?"

Even if released with the best intentions, this show has unfortunately perpetuated a lot of harm. Netflix has not commented on the matter publicly. While true crime documentaries are very popular, there is an extent to which they always fail the victims. In the case of *Monster: The Jeffrey Dahmer Story*, it appears that Netflix has a total lack of consideration for the victim's families, and this should bring into question the ethical choices that the streaming service is making. If they're willing to push ethical boundaries to this extent publicly, it's a wonder what unethical practices are going on behind closed doors. Society shouldn't forget the victims and their stories, but the victims deserve more justice as to how their stories are told.

Inclusive Access comes to CCM

Sandra Riano Fernandez
Assistant Director of Auxiliary Enterprises

The participating sections and prices are listed below:

ACC-111 26652 Publisher direct price: \$158.20 Your price: \$125.00, savings of \$33.20

BUS-112 26651 Publisher direct price: \$107.33 Your price: \$85.00, savings of \$22.73

MKT-113 26363, 26397 Publisher direct price: \$141.75 Your price: \$112.00, savings of \$29.75

MKT-114 26653 Publisher direct price: \$141.75 Your price: \$112.00, savings of \$29.75

Because of the rising cost of education and textbooks, the CCM Campus Store has been working on a program that will automate the textbook process while saving students money. "Inclusive Access" is a program that has been widely used by colleges and universities to send digital course materials to students directly through a learning management system like Blackboard. The cost of the

materials would be included in the cost of the course and would be paid for at the time of registration as an "IA Fee". Waiting in line at the bookstore on the first day of class and hours upon hours of comparison shopping could now be a thing of the past!

Inclusive access allows the bookstore to negotiate with the publisher to offer an unbeatable price on required digital courseware like MyMathLab, Connect Access, and MyITLab to name a few.

The CCM Bookstore is testing out a pilot of this program for select Late Start Spring 2023 courses in the Business Department before expanding to other courses in future semesters. Some courses in Business, Accounting, and Marketing will be the first to try out the program.

As an example of the potential savings students enrolled can experience, in the late start section of ACC-111 in Spring 2023 students are required to use the Connect Access for Financial & Managerial Accounting courseware which has a cost in the bookstore of \$184 for the access card or \$253 if students want a looseleaf edition of the book as well as the access card. As part of the Inclusive Access program, students in the late start course would be charged \$125 at the time of registration and would have access to the course materials immediately on the first day of classes through Blackboard.

Students who are enrolled in the Spring pilot classes will each save an estimated \$30 per course on their courseware if they choose to remain "opted in" to the program. Students still have the option to "Opt Out" before a certain deadline and that will trigger a refund of the IA fee. According to VitalSource, the company that facilitates the program, only a small percentage of students, 1%-2% choose to opt out of the program.

One substantial reason for the push towards Inclusive Access is to provide equity to students who use financial aid for their course materials. The CCM Bookstore has been struggling to compete with publisher direct pricing which often means the bookstore pricing is higher than it is for students who shop directly from the publisher. Students who have financial aid have no choice but to use their aid money inside the bookstore and are paying the premium price for materials that their classmates are getting elsewhere for cheaper. Inclusive access removes that barrier and offers the same discounted price to all students and still allows students with financial aid to use their aid to pay for their materials when they pay for their courses at the time of registration.

This pilot program will be the first step towards creating equity and lowering costs for students across campus. Keep an eye out for more information within the next few months as the bookstore begins to roll this program out to more departments over the course of the next few semesters.

For more information visit this link: <https://bookstore.ccm.edu/inclusive-access> or email bookstore@ccm.edu.

Fun times at the Rock as Devils start strong

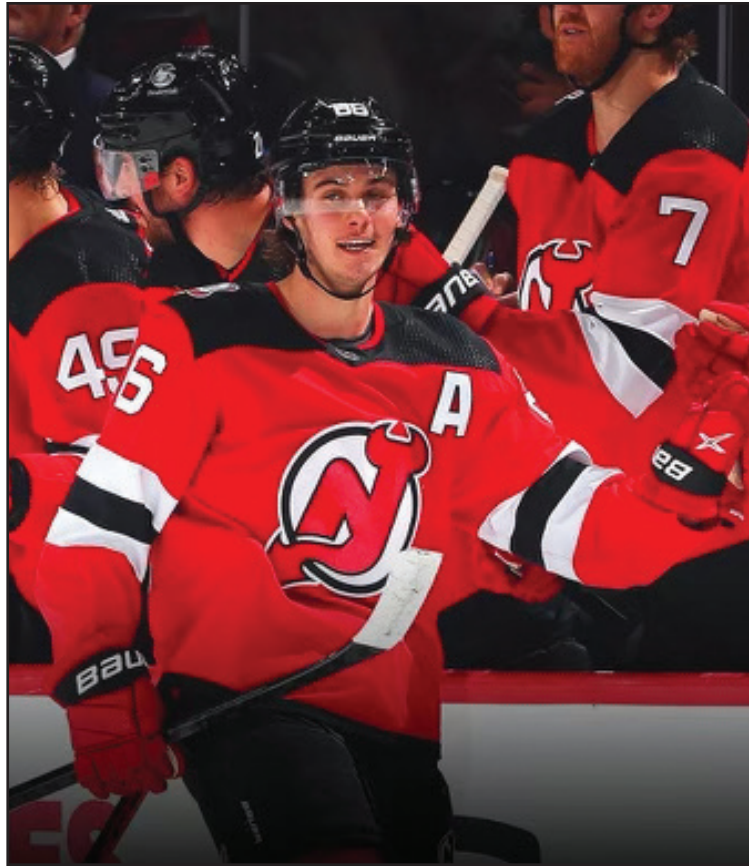
BY TYLER KARPMAN
Sports Editor

At the end of the 2021-2022 NHL season, the New Jersey Devils finished with just 27 wins and 63 points through their entire 82-game season. Just 23 games into the 2022-2023 season, the Devils have already won 19 games, including 13 in a row. Fueled by that streak, the team's 38 points lead not only the Metropolitan Division, but all of the NHL.

This has been a turnaround the team has been building towards ever since 2018, the last time the Devils made the Stanley Cup Playoffs. In those four years, the team has brought in numerous young and talented players to build one of the strongest young cores in the league.

Leading the way is none other than Jack Hughes, the first overall selection from the 2019 NHL Draft. The young center had some growing pains through his first two seasons, scoring just 18 goals total. However, Hughes seemed to come into his own in year three, putting 26 pucks in the back of the net in a 44-game season that was unfortunately cut short by injury. Now, in year four, Hughes has kept up the stellar play, having already recorded 12 goals to pair with 14 assists to help lead the way for the Devils offense.

Of course, Hughes has not been the only player blossoming for the Devils. Jesper Bratt, a sixth-round pick from 2016, has helped spread the puck around the ice, leading the team



PHOTOS COURTESY OF TWITTER

Center Jack Hughes (left) and goaltender Vitek Vanecek (right) have helped the Devils to the top of the NHL this season.

with 18 assists. Nico Hischier, the first overall pick from the 2017 draft, has also performed to that pedigree this season, adding a strong component to the offense with 10 goals and 15 assists. Combined with notable contributions from the likes of Yegor Sharangovich (8 goals), Dougie Hamilton (6 goals), Tomas Tatar (6 goals), and Miles Wood (6 goals), the Devils' offense has roared out of the gate, leading to the NHL's second-best offense in both total goals scored and goals per game. The offense has not been the

only part of the formula that has been working well for the Devils. Through their first 23 games, the Devils have allowed just 51 total goals to be scored. That checks out to an average of 2.17 goals per game, which is the best in the NHL. This stems mostly from two of their defensive pairings: the combination of Jonas Siegenhalter and Dougie Hamilton as well as the duo of Brendan Smith and Damon Severson. Both defensive pairings rank in the top 10 in the entire league when it comes to xGA, or Expected Goals

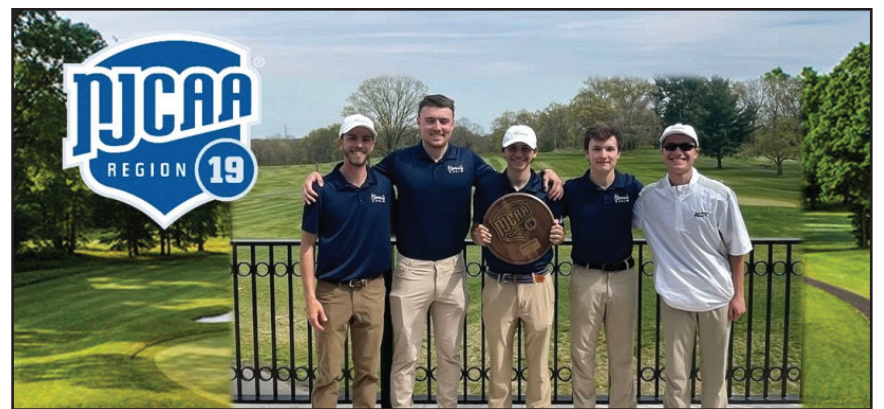
Against, a stat that measures how many goals a player or group of players can be expected to allow to be scored against them per game. Last year for the Devils, goaltending was one of their biggest struggles, as the team finished in the bottom five for total goals allowed throughout the season. This year, however, the team seems to have corrected course in this regard. Vitek Vanecek, an offseason acquisition for the team, has taken the reins in net and has performed extremely well.

Through his first fifteen starts, Vanecek has allowed an average of just 2.12 goals per game, the second best mark in the league among goalies with at least 10 starts. Sometimes, the wait for a team to emerge can be a long and arduous process, especially as a fan. But just as often, the reward for that wait can make it all worth it. And this year, the New Jersey Devils seem to be doing just that. If the team is able to stay strong and play as they have been, it seems like very little can slow them down.

BE A PART OF SOMETHING SPECIAL

THE CCM GOLF TEAM IS READY TO ROLL INTO SPRING 2023 TO DEFEND THEIR CONFERENCE AND REGION CHAMPIONSHIPS! SEASON STARTS IN FEBRUARY AND ENDS THE FIRST WEEK OF JUNE!

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Go Titans!

Let's Support Our Students this Season.

2022-23 Men's Basketball Schedule

- Date, Opponent, Time
- Dec. 8, Sussex, 7pm
- Dec. 10, Essex, 2pm
- Jan. 17, Orange, 7pm
- Jan. 24, Prestige Pre, 7pm
- Feb. 4, RVCC, 2pm
- Feb. 9, Mercer, 7pm
- Feb. 14, Del Tech, 7pm
- Feb. 21, Lackawanna, 7pm



2022-23 Women's Basketball Schedule

- Date, Opponent, Time
- Dec. 6, Brookdale, 5pm
- Dec. 8, Sussex, 5pm
- Dec. 10, Essex, noon
- Jan. 19, Monroe JV, 6pm
- Feb. 4, RVCC, noon
- Feb. 11, Union (WBB), noon
- Feb. 21, Lackawanna, 5pm