

THE COUNTY COLLEGE OF MORRIS' AWARD-WINNING STUDENT NEWSPAPER

YOUNGTOWN EDITION

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How to make the best of your college experience

BY LEAH FACELLA
Editor-in-Chief

Are you a new student at CCM and worried that you're not going to make the best out of your college experience? Here are some tips to make a good start.

Be engaged. Being engaged in class ranges from participating in discussions, asking questions, and listening respectfully when others are talking. Make it a point to do all three. It surely doesn't include staring at your phone. Interacting with classmates and professors will help in the long run, allowing you to understand material better. According to Professor of Philosophy, Kenneth Souler, you should participate because "Professors do not want to hear themselves talk." Though it may be hard to muster the willpower to participate, especially if participation is not a part of your

grade, it can end up helping you out. If a professor sees you trying your best, participating, and asking questions, that can help at the end of the semester for them to be more accommodating to help you get from a B+ to an A or from an A to an A+.

Be on time. Learning time management is vital to success. As an athlete, I was taught "early is on time, on time is late, and late is unacceptable" which has helped me to be punctual in all regards. It is better to get somewhere early than to be late, so you should always allow yourself extra time. Traffic, construction, car accidents, and other factors can play a role in how long it takes to get to school, so allot extra time for some wiggle room. Not only will being on time show preparedness for class, but also getting to class early can help you make friends, since you can sit next to, and talk

to fellow students. Peers in similar classes to you are typically going to have similar majors, thus similar interests, so the stranger sitting next to you in your 8 am class very well can become your lifetime best friend.

Write everything down. It is important to listen to what a professor is saying, but just listening will only let you remember approximately 10 percent of the information, whereas physically writing, then rereading through your notes after a lecture will allow you to grasp 50 percent of this information. To increase this to 90 percent, try explaining or teaching the information to someone else will allow you to know the information like the back of your hand. Physically writing down notes is beneficial, but if you are too technologically obsessed, typing them is better than not taking notes at all.

2023's student discounts on technology

BY OLIVER KOENDERS
Staff Writer

College is expensive. As CCM students, we are acutely aware of this fact. Every year, we are given a card containing a list of various discounts available to us in nearby restaurants, stores, and services from the Office of Campus Life. This list, however, is not a complete one— after all, as long as a valid .edu email is used, students can gain access to an even wider array of discounts. These deals can vary from year to year, however some of the best deals continue to be found on technology— both hardware and software.

The way that students can take advantage of these discounts

varies based on the retailer, but generally there are a few common methods. Some require you to register with their educational program, others require you to sign up and verify with a third party, and still others simply send a verification email to your .edu email. For in-person vendors, they typically only require you to show your student ID at checkout. If you are unsure of what method a vendor uses, they will typically list how they verify your status on their website.

Additionally, some of these discounts are not exclusive to students: some vendors also offer discounts for teachers and for parents of students. These dis-

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"Let freedom read": Banned Book Week 2023

BY OLIVER KOENDERS
Staff Writer

One-thousand two-hundred and sixty-nine books were challenged in 2022, more than any other year on record, and nearly double the amount in 2021, the previous record. Every year, the American Library Association (ALA) tracks attempted bans and challenges against books and hosts Banned Book Week, a week dedicated to spreading awareness of and advocating against these censorship attempts and promoting the books that have been the most challenged.

The ALA also tracks what each book was challenged for, and perhaps more worrying than the sheer number of attempted bans last year was the content that was consistently targeted: out of the top thirteen most-banned books of 2022, ten include LG-BTQ+ content, and seven of those ten were specifically targeted for their inclusion of it, with others simply being targeted for being

"sexually explicit."

These attempted bans are not exclusive to certain states: according to the ALA's data, in New Jersey alone, there have been thirteen attempted bans targeting twenty-eight books. This number may even be far higher, as some bans result in books being quietly removed from libraries without news coverage or public discourse. We even see this happening in our own county and in nearby counties: Roxbury's Board of Education voted in May to review eleven books from their high school's library. Parents in the West Morris Regional School District attempted to ban Alison Bechdel's *Fun Home* from their senior English classes in March, and Sparta's Board of Education voted in February to remove Becky Albertalli's *The Upside of Unrequited* from their schools' libraries. Thankfully, these attempted bans all drew news attention and pushback from local communities, although not without difficulty. After all, the Rox-

bury High School librarian ended up suing four parents from the district for harming her professional reputation after they published online that she was distributing "pornograph[ic], obscen[e], [and] pervasively vulgar" materials.

While some of the most publicized are ban attempts in schools (both in K-12 and higher education), 48% of all bans occur in regular public libraries. These bans are intended to not only stop all the potentially "impressionable youths" from reading content banners disagree with, but also to stop anyone in their local communities from reading them. Many groups that target schools specifically cite that they are advocating for "parental choice" in school materials; however, they fail to see the hypocrisy of their statements. While they may be exercising their choice for their own children, in initiating these bans they are also imposing their will on other people's children, rather than letting their actual

Top 13 Most Banned Books of 2022 (via ALA)

- Gender Queer: A Memoir by Maia Kobabe
- All Boys Aren't Blue by George M. Johnson
- The Bluest Eye by Toni Morrison
- Flamer by Mike Curato
- Looking for Alaska by John Green (tie)
- The Perks of Being a Wallflower by Stephen Chbosky (tie)
- Lawn Boy by Jonathan Evison
- The Absolute Diary of a Part-Time Indian by Sherman Alexie
- Out of Darkness by Ashley Hope Perez
- A Court of Mist and Fury by Sarah J. Maas (tie)
- Crank by Ellen Hopkins (tie)
- Me, Earl, and the Dying Girl by Jesse Andrews (tie)
- This Book is Gay by Juno Dawson (tie)

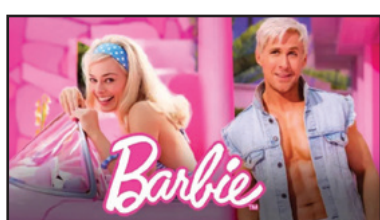
parents decide what is and is not appropriate.

In June, however, the New Jersey state senate introduced a bill (NJ S3907) that would attempt to prevent these bans from occurring. It would withhold state funding from any public library or school that went forward with the banning of materials to heavily discourage organizations from complying with these attempted bans. The bill, however, has still

only been introduced to the state Senate and has not seen any activity since then.

In the meantime, however, I implore everyone reading to follow the advice of Stephen King when he was asked in 1992 about book bans: "Hustle down to your public library, where these frightened people's reach must fall short in a democracy, or to your local bookstore, and get a copy of what has been banned."

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REVIEW: Beach House's 'Once Twice Melody'

BY OLIVIA KING
Staff Writer

It is easy to produce music of lower quality after releasing many projects. However, even after releasing their eighth album, Alex Scally and Victoria Legrand do not fail to transcend the dazzling sound that is dream-pop.

A Baltimore duo, Beach House, released their album in a four-chapter format. The first two chapters of the album were released in November and December 2021 with chapters three and four released just weeks later. The entirety of the album sounds atmospheric and whimsical. Beach House incorporates ambient drones and experiments with hypnotic techno that gives their music a celestial feel, especially in this album. Their previous work, such as "Depression Cherry," containing the crowd favorite "Space Song," is not too different from their latest release.

However, after several listens, it is easy to tell that the two are heavily focused on creating a sound that is otherworldly. From Legrand's lush vocals to the dreamy and ethereal melodies, their recent project "Once Twice Melody," released in 2022, can be considered a sublime masterpiece.

Songs like "New Romance" and "Pink Funeral" put you into a beautiful haze. The build up of haunting synth and that explodes into heavenly fervor creates a sound that is absolutely stunning. Recurring themes include; starry skies, scenic views, and romantic bliss. The album is essentially a love narrative, making several references to a relationship. New Romance begins with a twinkly synth that ruptures into beautiful atmospheric drones, followed by Legrand's singing: "Last night, I'm messing up / Now I feel like dressing up / ILYSFM." The track delves into the feelings one



experiences after meeting a new lover, which is complemented by Legrand's light airy voice, which eventually cascades into blissful high notes by the end of the song; "My love drips in red/ out of my mind at the edge of the sky." Another favorite track of mine,

"Pink Funeral," is a bit more intensified, as the entire track is a build up to extraordinary electric guitar riffs that almost mirror the ferocity of Legrand's vocals. Do not be fooled, the song is still spell-binding and alluring just like the rest of the tracks, but the lyrics are dark and give the song a more hazy feel: "Blue skies turn black / Behind our back /" which then flows into the next verse, "Once was a fairytale / Then it all went to hell." Despite the gloominess of the song, Beach House still manages to make it sound beautiful with Legrand's mesmerizing vocals and Scally's enchanting guitar.

Beach House can be compared to Mazzy Star, Tame Impala, and Slowdive. However, their sound remains unique due to their ability to intertwine electronic, pop, and indie all into one. If you are an avid shoegaze listener, Beach House is definitely worth a listen.

DISCOUNTS

CONTINUED FROM PAGE 1

counts generally differ from students' discounts, either offering different products or different discount amounts. The exceptions to this are Microsoft and Samsung, which offer equivalent discounts for all groups.

As for the deals themselves, for those looking to upgrade their devices this year, Apple is offering several discounts on their Mac and iPad lines on top of giving out gift cards and discounted extended warranties on their devices. If Apple isn't your style, though, Microsoft, Dell, Acer, Lenovo, and Razer are all offering discounts ranging from 5% off to 40% off, depending on the

vendor. Samsung is also offering discounts up to 30% off on non-traditional devices like smart refrigerators and TVs in addition to their usual phones and tablets.

For those looking for new accessories (such as headphones, keyboards, and webcams), Logitech and JBL are offering discounts of up to 25% and 20% off respectively. Best Buy also offers student discounts on vari-

ous devices, accessories, and appliances.

And for those looking to change their phone data plans, both Verizon and AT&T are offering \$10 discounts per phone line of their respective 5G Unlimited plans.

If you are not looking to upgrade your hardware, but instead looking for new software, there are several options, especially on notoriously expensive software. Notably among these is Adobe, which is offering their Creative Cloud Suite for \$20 per month for the first year and \$30 per month each subsequent year. Microsoft's Office 365 Education edition is free to all students, while their Personal edition is only \$2.99 per month for students. Security software from McAfee, Norton, and Malwarebytes have also been discounted for students.

For anyone interested in learning to program or who wants discounts on programming software, GitHub offers several

bundles in different specialties, ranging from web development to data science and machine learning. These bundles include both discounted or free software and resources to help students learn how to use these tools.

And while not software in the traditional sense, streaming services have also been discounted for students. For music subscriptions, both Apple Music and Spotify offer 50% off their premium subscriptions. For TV and movies, Hulu Premium, YouTube Premium, and Peacock Premium are all offering discounts of \$3 or \$6 off their monthly subscription price. Amazon Prime also has an extended free trial for students and a half-price subscription after the trial ends.

As prices continue to rise, all these discounts can be invaluable to students and educators alike. So now, go forth and save on any technology that you need so you can have the best upcoming year possible.

Workshops
*Students, Faculty, and Staff welcome to attend!

Puff Puff Pass - Cannabis 101
Think you know everything about Marijuana? Come to this presentation to learn about the basics of marijuana/cannabis use including information about marijuana products, marijuana and brain development, the pro's and cons of using, and the influence of peer pressure. Presented by Prevention Is Key - substance use organization of Morris County

Oct 10 @ 12:30 p.m.
Cohen Hall 104

CULTURAL CROSSROADS: Unraveling Immigrant Experiences and Generational Guilt
Those impacted by migration experience an intricate journey of navigating a new identity and culture. This presentation will examine the diverse narratives that emerge from the immigrant experience and the influence of cultural adaptation, family expectations, and identity development. Participants are welcome to share their own experiences to enrich the conversation around the intricate interplay of heritage, identity, and the enduring legacy of immigrant guilt.

Tuesday, Oct 24 @ 12:30 p.m.
Cohen Hall 104

ABC's of ASD
This presentation will give you insight into better understanding Autism Spectrum Disorder (ASD). Whether you are on the spectrum or just want to learn more about ASD, this presentation is for you. Join us as we discuss and celebrate all things ASD!

Wednesday, Nov 15 @ 2 p.m.
Cohen Hall 104

SAY THE "F" WORD: How to Handle Failure
Failing feels bad. Many people will go to great lengths to avoid failing so they don't have to feel painful emotions. Learn how to cope with and handle failure in a healthy way so you can bounce back better than before.

Thurs, Nov 2 @ 12:30 p.m.
Cohen Hall 104

Events
*Students, Faculty, and Staff welcome to attend!

National Coming Out Day
National Coming Out Day (NOCOD) celebrates all who have come out as LGBTQ+ and honors this courageous act. Whether you are part of the LGBTQ+ community or an ally, celebrate with us on this important day.

Wednesday, October 11 @ 12 p.m. - 2 p.m.
Student Community Center (SCC) Lobby

THERAPY DOGS
The pups are back! Take some time off from studying for your midterms and finals and come relax and play with the therapy dogs.

Thursday, Oct 12 - outside the SCC building
Tuesday, Nov 28 - SCC Lobby

Academic Skill Building Workshops

TIME MANAGEMENT
There are 24 hours in a day, yet that doesn't feel like it's enough. Join this workshop to learn how to make time work for you, combat procrastination, and increase motivation.

Meeting Dates:
Thurs, Sept 7 @ 12:30 p.m. Cohen Hall 271
Wed, Oct 4 @ 11 a.m. Cohen Hall 271
Tues, Nov 7 @ 2 p.m. Cohen Hall 271
Mon, Dec 4 @ 10 a.m. Cohen Hall 271

STUDY & TEST TAKING STRATEGIES
Staring at your notes and freaking out? Join this workshop to learn about different learning styles, different strategies to incorporate into your study habits, and learn ways to better prepare for your exams.

Meeting Dates:
Wed, Sept 21 @ 11 a.m. DeMare Hall 100
Mon, Oct 16 @ 2 p.m. Cohen Hall 162
Tues, Nov 16 @ 12:30 p.m. Cohen Hall 162
Tue, Dec 5 @ 2 p.m. Cohen Hall 162

THE YOUNGTOWN EDITION

The Student Newspaper of the County College of Morris

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All students are welcome to contribute articles to The Youngtown Edition either in person or via e-mail. However, students cannot receive a byline if they belong to the organization on which they are reporting. The deadline for articles is the Monday prior to a production.

REVIEW: 'Barbie' movie: Embrace your inner child

BY LEAH FACELLA
Editor-in-Chief

One of the most popular toys for children age three and up, Barbie dolls, manufactured by Mattel. Ruth Handler, an American businesswoman, debuted her famous toy on March 9, 1959, in the New York Toy Fair, where people instantly fell in love with the doll. With hundreds of different career options for Barbie - from fields of medicine, business, transportation, and military - she has inspired young girls around the world to become anything they want when they grow up.

Was the movie 'Kenough'?

Different television shows and songs have been released, but not until July 21, 2023 was a movie created for Barbie. From a classic household toy to a movie, I was skeptical if it was going to be good, but to my surprise, I was hooked by the cinematic display from the very beginning. As the theater became dark, screen rolling, I was immediately brought into Barbieland myself. Many fans showed up decked out in hot pink apparel as a way to set the mood for the movie. Starring Margot Robbie as Barbie and Ryan Gosling as Ken, the movie became a must-see summer blockbuster. Margot Robbie's portrayal of the most popular Barbie in Barbieland who has to travel to the human world in order to find her true self, alongside Ken whose sole purpose and well-being comes from Barbie giving him attention. In the human world, both Barbie and Ken were able to learn more about themselves and meet new friends. Captivating songs throughout the movie allowed the audience to want to dance and sing along in their seats. Nothing but pure excitement and staying on the edge of your seat for the full hour and fifty-four minutes. Getting an eighty-eight percent liking through Rotten Tomatoes, can



say in itself that it was fantastic.

How does Barbie show women's empowerment?

Barbieland was created as a society where women rule the world, so when Ken learned about the human world - with men being in charge - he had new plans for Barbieland, creating Ken-dom, where the men ruled the world instead. In the end, Barbie and all the other Barbies were able to get Barbieland back to their own societal standards. This is encouraging to all women to get jobs where they are higher ranked than men.

Barbie had to find her rightful owner, and to her surprise, Gloria, a middle-aged mother, was the one playing with Barbie. Against most beliefs, adults need time to go back to their childhood happy places, and for Gloria, playing with Barbie was just that. There is no reason to be ashamed of doing 'childlike' activities, rather you should embrace your inner child.

“Did you know?”

Ruth Handler, creator of Barbie, named Barbie after her daughter Barbara and Ken after her son Kenneth, who joined the toy industry in 1961.

The first Barbie doll sold for \$3.00.

Standing upright, Barbie is 11.5 inches. Barbie Pink is her signature color.

The Totally Hair Barbie doll was the best seller, created in 1992, with its hair reaching the floor.

Off-Campus Community Agency Visits

HOPE ONE

HOPE ONE is a mobile support agency that helps individuals dealing with addiction and mental health concerns. HOPE ONE provides several different resources like meal vouchers, Narcan kits, linkage to services including treatment, recovery support, behavioral health and much more. Services include:

- *Access to Detox
- *Access to Rehab
- *Access to Mental Health Services
- *Access to Recovery Services
- *Information & Support
- *Free Narcan Training

HOPE ONE will be on campus on the following dates:

- Monday, September 18, 11 a.m. to 2 p.m. - Student Community Center Lobby
- Tuesday, October 17, 11 a.m. to 2 p.m. - Student Community Center Lobby
- Wednesday, November 15, 11 a.m. to 2 p.m. - Student Community Center Lobby
- Thursday, December 7, 11 a.m. to 2 p.m. - Sheffield Hall Alcove

NAVIGATING HOPE

NAVIGATING HOPE is a mobile outreach initiative designed to provide social services to individuals in need. NAVIGATING HOPE offers on-site benefits eligibility screenings and application assistance, as well as linkage to other community services. Services include linkage to:

- *SNAP (Supplemental Nutrition Assistance Program)
- *Medicaid
- *General Assistance (Cash)
- *TANF (Temporary Assistance for Needy Families)
- *Utility Assistance
- *Housing Assistance

NAVIGATING HOPE will be on campus on the following dates:

- Thursday, September 14, 11 a.m. to 2 p.m. - Student Community Center Lobby
- Tuesday, October 3, 11 a.m. to 2 p.m. - Student Community Center Lobby
- Wednesday, November 8, 11 a.m. to 2 p.m. - Student Community Center Lobby
- Tuesday, December 5, 11 a.m. to 2 p.m. - Cohen Hall Alcove

Women's World Cup: An overview and dispute against penalty kicks

BY LEAH FACELLA
Editor-in-Chief

The ever-growing sport of soccer, sometimes referred to as fútbol, has become tradition as thirty two countries compete against each other in the World Cup.

Every four years, the World Cup occurs, this year being hosted by Australia. This can make it difficult for US fans to watch because of the time difference, 14 hours ahead of Eastern Time, but with the performance of the USA team, it was not a disappointment not being able to watch them. The past two World Cups, the USA team had won it all, and were hoping to get their third title in a row, but they fell short of their unrealistic dream. From poor performance, the USA team did not deserve to win this year. In group stages, the US team beat Vietnam 3 - 0, tied the Netherlands 1 - 1, and tied Portugal with nil (zero) points scored. Many fans were disappointed with these ties, believing the team should have performed better. Retired player Carli Lloyd was dumbfounded when she found out that US' forward, Megan Rapinoe and captain, Alex Morgan, who plays striker, were dancing on the field, celebrating the tied game, stating "Just seeing these images for the first time, I've never witnessed something like that. There's a difference between being respectful of the fans, saying hello to your family, but to be dancing, to be smiling? The player of the match was that post. You're lucky not to be going home right now."



Alyssa Naehar diving in attempts of saving Lina Hurtig's penalty shot.

Lloyd was right to be upset with their performance because even though there were tied games, the on target shot differential against the Netherlands was a whopping 42 - 5, Netherlands advantage. Instead of celebrating the miracle of advancing, they should have been on the field trying to improve their game for the next round. Instead, they can blame injuries for their loss, but another culprit can be the lack of new team chemistry and overall wrong strategies, resulting in the USA loss in the Round of 16 to Sweden with a final score of 5 - 4 in the penalty shootout. Alyssa Naehar tried arguing with the referees that Netherland's Lina Hurtig's shot was saved, but after deliberation, it was ruled to have gone

over the line. This was the earliest round for the USA team to be eliminated.

For those who are unfamiliar with the tournament, the World Cup consists of group stages, where teams are divided into eight groups (A-H), playing against each other with a point system, three points for a win, one point for a draw, and zero points for a loss. Each team plays three games, meaning they can have a high score of nine or a low score of zero. At the end of the group stage, the top two teams of each group advanced to the knockout stage. If there is a tie, the team with the highest goal differential moves on.

The knockout stage has the teams who advanced from the group stage partake in matches,

but one loss, and that team is immediately eliminated. The teams are divided into a bracket where the Round of 16 is played, followed by Quarterfinals, Semifinals, and Finals. The team that advances without losing during the knockout stage becomes victorious. With forty five minute halves, by the end of the ninety minutes, if the teams are tied, overtime occurs, but if it still ends in a tie, a penalty shootout determines the winner. Should penalty shots be the final determination for games? As a goalkeeper throughout my life, I do not feel penalty shots are a fair way to determine a winner. A mere eleven percent of penalty shots are saved, and it is mainly luck. With a ball being kicked at you from twelve yards away, you

do not have much reaction time, so it is recommended to just choose a side you will dive to and hope for the best. The pure luck of saving a penalty shot should not be the way to determine a life changing game, such as the World Cup. The question remains: what is a better way to choose the winner? At a certain point, you can not continue doing overtime, so there needs to be a simple way to choose. I believe that a better fit would be to look at possession. During the game, possession percentages are calculated, so whichever team was able to hold possession longer should win. Teams with higher possession percentages will have greater ball control and chemistry. The odds of this rule changing are slim to none, but I believe it would be an ideal way to determine outcomes rather than pure luck of penalty shots.

The entirety of the World Cup is only one month, starting group stages on July 20, 2023, and finishing on August 20, 2023. On August 20, 2023, Spain and England played their final match, with Spain winning 1 - 0, with Olga Carmona scoring in the twenty-ninth minute. With the young Spanish team, averaging age of 25.3 years old, these young, female athletes were able to beat their competition with flying colors. Surprisingly, Spain was the only team out of the quarter finalists that did not win their group stage. Their first ever World Cup victory overjoyed the team. Can they win two World Cups in a row? The only way to find out is watching the following World Cup in 2027.

Library celebrates National Hispanic Heritage Month

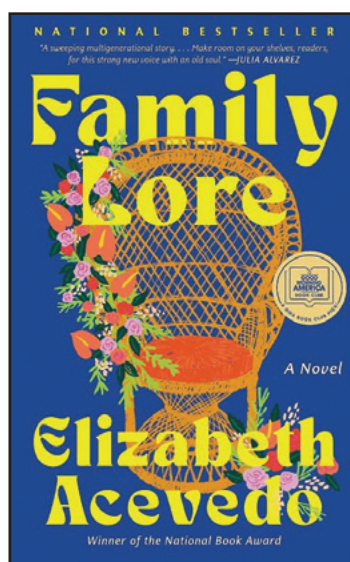
BY LIA CARRUTHERS
CCM Reference Librarian

In celebration of National Hispanic Heritage Month (September 15 - October 15), the Library has created a display of Hispanic and Latinx authors. This year, the CCM Library has purchased a number of new bilingual books, including poetry, novels, and short stories that offer Spanish and English together on double-page spreads. These books can assist readers who are learning Spanish or English as they explore popular works such as "Residencia en la Tierra" (Residence on Earth) by Pablo Neruda, "La Vida es Sueño" (Life is a Dream) by Pedro Calderón de la Barca, "La Forma de la Espada" (The Shape of the Sword) by Jorge Luis Borges (in Spanish Stories), "Antonia" by Ignacio M. Altamirano (in Mexican Short Stories), "San Antonito" (Little Saint Anthony) by Tomás Carrasquilla (in Spanish-American Short Stories), and more.

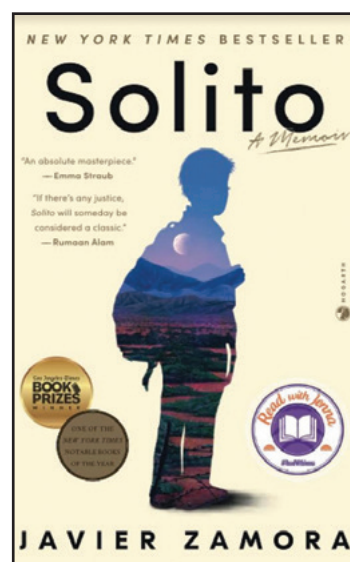
Additionally, the library has



collected some contemporary fiction and nonfiction by Hispanic and Latinx authors, such as "Promises of Gold" by Jose Olivarez, "Family Lore" by Elizabeth Acevedo, "Solito" by Javier Zamora, and "The House in the Pines" by Ana Reyes. In "Promises of Gold", longlisted for the 2023 National Book Award, poet Jose Olivarez explores different kinds of love through poetry and



addresses the idea of the American Dream. Flip the book over for Spanish - all poems in the book are included in English and Spanish. In "Family Lore" by Elizabeth Acevedo, a Dominican American family awaits a wake, but no one has died yet. Flor can predict the day someone will die and calls for them to gather to be prepared. Author Javier Zamora takes the reader with his nine-



year-old self on a 3,000-mile trip from El Salvador to the United States to meet his family. "La Vida es Sueño" by Pedro Calderon de la Barca is one of our dual-language books and tells the story of a Polish prince who is imprisoned because his father thinks he will overthrow him. Dual language books have both Spanish and English translations included. The Dover Dual Lan-



guage books have Spanish on one side of the book and the accompanying English translation on the other side of the book. For a full list of books on display, click here: <https://ccm.on.worldcat.org/443/list/20000331>

The CCM Library encourages the CCM community to stop by and check out these new titles. We look forward to seeing you.

Hungry for a World Record?

Team USA won 12 gold medals, more than any country that competed. Noah Lyles earned 3 of them.

BY RYAN BORINSKI
Staff Writer

The sport of track often goes unviewed by the average sporting fan. More exciting team sports such as football, soccer, and baseball cast shadows over running except during world championship and Olympic cycles. This is true for all sports that are typically dominated by individuals such as Usain Bolt, Michael Phelps, Eliud Kipchoge, and Serena Williams to name just a few examples. Recognize these athletes? I sure hope you do. Why else would you have started to read this article...

Noah Lyles boldly stated that he would run 19.10 seconds in the 200 meter dash and a

9.65 in the 100. These are quite ambitious times for the young American sprinter as they would set national, and world records. Many have called him absurd, perhaps a madman, for setting these seemingly unreachable marks. Interestingly, Noah Lyles walked away from the Budapest World Track and Field Championships with gold around his neck for the 100, 200, and 4 by 100 meter relay. Team USA went home with twelve gold medals, more than any country that competed. Lyles earned three of them.

As Doc Hudson from Disney Pixar's hit film "Lightning McQueen" might say, Noah Lyles sure can float like a butterfly, and sting like a bee with his impressive times in the 100 meters



PHOTO COURTESY OF WIKIPEDIA

Noah Lyles at the 2022 Eugene, Oregon World Track and Field Championships.

and "Tow Hundred Meters" (200 meters). Lyles's personal bests are currently 9.83 seconds in the 100m (slow for how fast he is) and 19.31 seconds in the 200m (a national record and the third fastest all-time). He clearly holds the talent to run fast in the 200m, but he lacks something - the world record speed, acceleration, or tech-

nique - required of him to break these long standing times. Or does he? I believe Lyles is more than capable of running fast. While I understand there is no joke in how extraordinarily fast professional sprinters are, I hope this next generation of sprinters rise above and beyond, continuing on to the monumental path set

first by the great athletes of yesterday and all days before.

Usain Bolt's world records have the potential to be challenged. Many track enthusiasts are excited about the Paris 2024 Olympic Games. The highest caliber track athletes and their coaches orient their training goals so they peak at the perfect moment

for the race they want to run their fastest in. For most, the Olympic Games describe that summit. Follow along to see who will make it through the next grueling months, including indoor season starting as early as November, with the outdoor season starting as early as March, and the Paris Games starting next July 2024.



Giveaways!



For the list of employers go to www.ccm.edu/career-services/job-fairs/





Find your next job here!

Part-time jobs, full-time jobs, and internships



COUNTY COLLEGE OF MORRIS FALL 2023

Job Fair

WEDNESDAY, OCTOBER 18
10:00 AM - 1:00 PM

Student Community Center, Davidson Rooms

FOR MORE INFORMATION



Visit our website to see who's attending, how to prepare for a job fair and what to expect while you're there.

Presented through a collaboration between the Office of Career Services and the Center for Workforce Development.

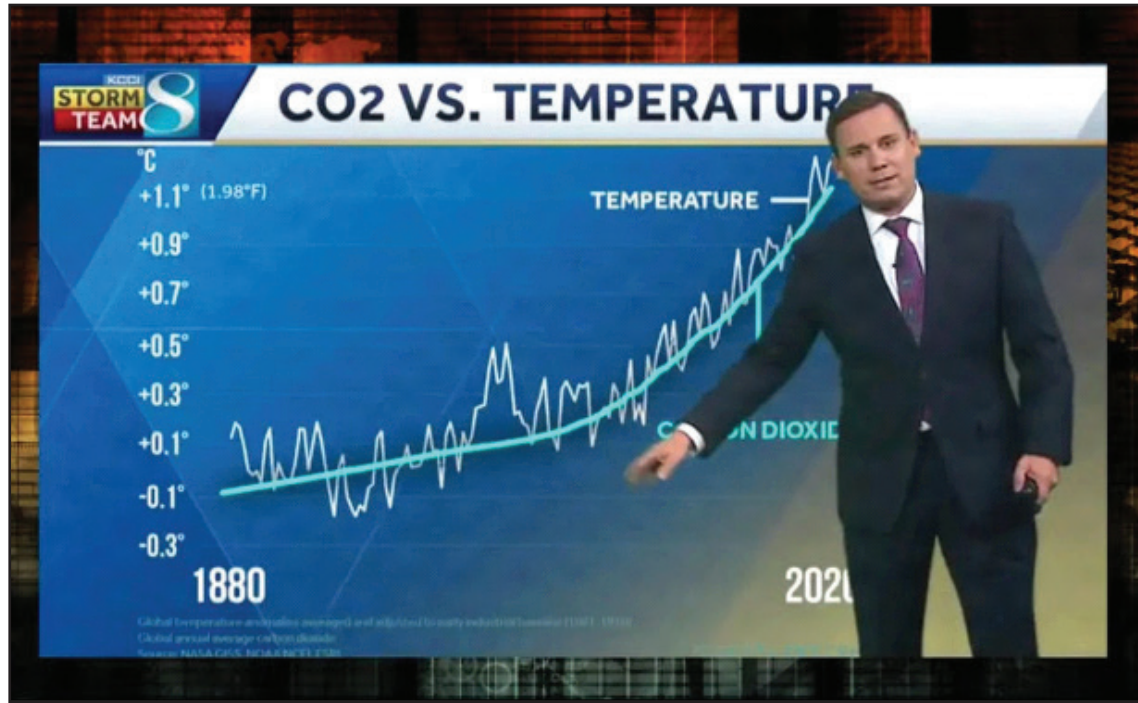
The Iowa weatherman who received death threats

BY PROFESSOR
KENNETH A. SHOULER
Moderator for the Youngtown Edition

You may have learned that scientists confirmed that July 4th was one of the hottest days on Earth in 125,000 years. On Thursday, July 6th the Earth set an unofficial record, the third such record in a week. The Earth's planetary average surpassed the 62.9 degree mark that day, reaching 63.01. On Monday, July 3rd, the 62.6 planetary average had surpassed all temperatures in the 44 years since such records were kept.

On Monday, August 2, officials at The National Aeronautics and Space Administration (NASA) and the National Oceanic and Atmospheric Administration (NOAA) brought forth new data indicating that Earth in 2023 did indeed see its warmest July since temperature record-keeping began 174 years ago. This data followed a similar report released early in August by the Copernicus Climate Change Service, a branch of the European Union's space program. The Copernicus report also identified July 2023 as Earth's hottest month on record.

These are facts, not to be confused with alternate facts, an unfortunate yet revealing term coined by Kellyanne Conway, United States Counselor to former President Trump. She uttered that gem during a "Meet



Former Iowa weatherman Chris Gloninger.

the Press" interview on January 22, 2017, in which she defended White House Press Secretary, Sean Spicer's, false statement about the attendance numbers of Trump's inauguration being the highest ever. In addition, the oceans are warmer and sea levels in Antarctica are dropping to an unparalleled level. All of this is unsurprising. It's what scientists have warned of for decades.

One of those scientists is Chris Gloninger, formerly the chief meteorologist for the CBS affiliate in Des Moines, Iowa. Gloninger had been warning his viewers for two decades

that the severe weather incidents we've seen are linked to the climate crisis. In April, he warned his viewers that "we have reached our 529 consecutive months with temperatures globally above that twenty-first century average." By July, that number climbed to 533 months. No wonder that Gloninger told National Public Radio (NPR) news that "[Climate Change] remains the existential crisis of our lifetime."

But Gloninger quit his 18-year career in July after a series of death threats from one person and his resulting post-traumatic stress disorder. "Stop spreading

a liberal conspiracy theory on the weather," the threat began. "Climate change always has, always will, pushing nothing but a Biden hoax. Go back to where you came from."

After leaving television, he joined the Woods Hole Group as a senior scientist. On an appearance with Jeff Goodell (an environmental author) on Joy Reid's show on MSNBC, Gloninger said he had started in Boston where he began the country's first weekly series on climate change. News directors wanted to bring him to the Midwest, where people are more at the mercy of mother nature. "Eleven percent of the GDP in Iowa is agriculture," Gloninger noted. "We produce 64 percent wind power--true renewable energy." The man issuing the death threats was given a \$150 fine.

Gloninger notes the change in the cultural milieu that makes such remarks more likely. "The tipping point was 2016, where people thought they were entitled to just unleash hate," he surmised. "And that is what we saw as journalists and scientists. You had always gotten those responses--the climate is always changing," Gloninger surmised. "You have to laugh at those responses. Just talking about data. We worked wild hours, three to 11 pm, my wife was home alone, and those thoughts were in the back of my mind."

Why is there such an emotional resistance to believing the climate crisis is real? "The climate crisis affects everything," Jeff Goodell says. "People don't want to think that their actions, what they are doing, can have this kind of profound impact on the world we live in. Deniers will often say there is such a small percentage of CO2 in the atmosphere, how can that have such an impact? This is some kind of conspiracy with Bill Gates and we're all profiting off this. This is some kind of scam and it connects with the anti-vax stuff. So, it plays into this partisan warfare we're observing. In real time it's playing out even faster than the most alarmist kind of climate scientist were even talking about a decade ago."

Indeed, when it comes to climate change, we witness the most abject stupidity. "I'm not going to politicize the weather," said Ron DeSantis, the towering intellect and current governor of Florida. The reporter might have asked follow-ups: which of the given numbers is political? The daily temperature? The monthly average? The all-time highs?

If truth is your highest concern, consider Phoenix. Phoenix just endured a record of 31 consecutive days above 110 degrees, which obliterated a previous record of 18 straight in June 1974. Averages for Phoenix in July fell between 106 and 107 degrees, but 17 days went above 115 for this city of 1.6 million residents.

The misery index extended far beyond Phoenix. Globally, the surface temperature in July was 2.02 degrees Fahrenheit greater than the 20th century's average temperature, which was 60.4 degrees Fahrenheit. It marked the first July in recorded history where the temperature exceeded 1.8 degrees above the long-term average, according to NOAA, which added the latest temperature record was .36 degrees warmer than the previous July record, set in 2021. Indeed, July was officially the hottest month on record around the globe — not just for 2023, but for all of recorded history. Its average global temperature of around 62.5°F broke the previous record for hottest month set just four years ago in July of 2019. In short, more than 6.5 billion people faced temperatures exacerbated by climate change.

Thus, in July more than 6.5 billion people, or 81 percent of the human population, experienced heat that was at least three times more likely in a world with climate change than without it, the researchers found. The recent return of El Niño, a natural climate phenomenon that temporarily raises global average temperatures, is also having an effect, some scientists say. But humans are warming the climate so fast that this year's elevated temperatures could soon return even without El Niño.

Not alternate facts, just facts. Let's give a renowned scientist the last word. "Objective truths of science are not founded in belief systems," writes astrophysicist Neil deGrass Tyson in his book *Starry Messenger: Cosmic Perspectives on Civilization*. "They are not established by the authority of leaders or the power of persuasion. Nor are they learned from repetition or gleaned from magical thinking. To deny objective truths is to be scientifically illiterate, not to be ideologically principled."

Take that.

Philosophy and science merge at the junction known as the pursuit of truth. Not to be confused with the denial of truth now so prevalent in the culture.

Open Mic Night

And

Speed Friendship

On Thurs, Oct 5th
from 6-8pm
In the SCC Lobby
Free Drinks and pizza!!!

come out and show your talent
and make friends!!





Student and stand-up comedian tries out some material

BY LUKE TELLONI
Contributor

I'm a standup comic and an aspiring comedy writer. I'm looking to try and find an outlet for some CCM anecdotes/jokes I've been writing and the Youngtown Edition might be an outlet to share them. Here goes.

Anecdote #1

Six months after I failed out of the previous College I attended, I walked on CCM's

campus for the first time and I noticed the Titan Statue standing outside of the Student

Community Center. I wondered to myself "Why is CCM nicknamed the Titans?" Upon further research, I discovered two definitions of Titans. A Titan is

"a person or thing of very great intellect, strength or importance." Now that I attend CCM I would consider myself a Titan, but my 1.6 GPA at my previous institution would contradict the "very great intellect" portion of the Titan definition.

The second definition of a Titan includes the Titans of Greek Mythology who ruled over Earth long before our existence. Although the Titans were truly beings of great strength and prowess, they did date within their "titan family." So the next time you think about socializing with one of your fellow "titans" just remember you are following in the footsteps of great, powerful mythological beings. As for me, I may have a 1.6 GPA but I'd never kiss my

sister.

Anecdote #2

New Jersey has recently decided to include Central Jersey as a new tourism region. The age-old debate of whether Central Jersey exists has officially come to a close and everyone around the world is wondering... what does this mean for the County College of Morris? CCM, being a commuter campus, has many students traveling to and from campus, and with Central Jersey being an official region, students who live in the bordering counties of Somerset and Hunterdon will now be bringing their Central Jersey Culture to the majority of us who live in Morris County which is considered North Jersey. What is Central Jersey? Where is Cen-

tral Jersey? What's special about Central Jersey? In reality, none of these questions matter. I for one will welcome Central Jerseyans to North Jersey with open arms. And besides, it doesn't matter if you are from Central or North Jersey. All kids at CCM have one thing in common. We all still go to Community College.

Anecdote #3

I grew up in Mendham, NJ about fifteen minutes from CCM's campus. Mendham is one of those "college or bust" towns where every kid cries when Georgetown rejects half the student body by Spring because everyone wrote the same trauma essay about their parents' divorce and how having a trophy wife stepmom who hangs out at one of the surround-

ing luxurious country clubs affected their ability to trust people. Over the summer I got all sorts of reactions when I told people I was attending CCM after dropping out of my previous college. The "college or bust" reputation ran true, and I was at this point a "bust." I can't help but think about how absurd this assumption is. I may be a "bust" but I didn't spend hundreds of dollars visiting schools that would end up saying "meh" to my application. My application cost thirty dollars, the equivalent of one train ride to and from Penn Station from Morristown. If my college experience comes at the price of one trip to Penn Station that's fine, I'd consider the restrooms at CCM to be a lot nicer than the ones at Penn Station.

The January 6 Report: By the House January 6 Committee

BY PROFESSOR KENNETH A. SHOULER
Moderator for the Youngtown Edition

"They attempted a coup," Ari Melber writes. "That is the most important fact about what happened." Thus begins his foreword to the 752-page tome *The January 6 Report: By the House January 6 Committee* (Harper, 2022). Just as a bipartisan panel completed the The 9/11 Commission Report, so is The January 6 Report a compendium of the findings of a bipartisan congressional inquiry into the attempt to overthrow the 2020 election. A lawyer and MSNBC's Emmy-winning host, Melber proceeds to capture a singularly dark day in American history.

The *New York Times* called it "the most sought after manuscript in publishing." The House committee investigating the Jan. 6 attack released its exhaustive report on December 22, 2022. On December 29 HarperCollins had it in print.

Following an 18-month investigation, the Committee, on December 19, accused former President Donald J. Trump of four charges: inciting insurrection, conspiracy to defraud the United States, obstruction of an act of Congress, and one other federal crime, referring him to the Justice Department for potential prosecution.

This historical book is less about adjectives and more about nouns and facts. People who care about the continuation of their democracy would do well to read it. Why? As Melber writes, "Donald Trump led an effort to overthrow the lawful government of the United States. He lost an election, exhausted the legal options to challenge it, and then tried to stop the peaceful transfer of power to the incoming administration of the president-elect.

"The goal was illicit: stealing an election," Melber continued, "Trump's chosen methods were unlawful: trying to overcome his loss with fraud, obstruction, election meddling, abuse of power by government officials, and even planned to have the

military intercede. Trump himself did not always act. He often demanded other people break the law. Sometimes that worked, and he got people to commit crimes. Sometimes they refused."

The work is made better by Melber's seamless writing and analysis. He begins by reminding us "It may be easy to forget now that Congress impeached then President Trump for one thing: "incitement of insurrection" on January 6. As one Democratic impeachment manager summarized the case in the pivotal closing argument: When Trump took the stage on January 6, he knew exactly how combustible the situation was," with a crowd ready to "engage in violence," and "he aimed them straight here." The summation literally boiled down to: Convict Trump because he went on stage, gave a speech, and exhorted people to storm the Capitol."

Melber employs a skillful analogy to show that the investigation could not be limited to January 6 alone. "They couldn't just investigate the attack that day," he reasons. "That would be too narrow, for the range of plots and crimes revealed—and sometimes confessed—in the ensuing months. It would be like trying to investigate state-sponsored racism in the Jim Crow Era by probing only the May 7, 1965 attack on Selma protestors [marching across the Edmund Pettis Bridge]. The attack is significant, but it cannot be accurately, substantively split from the long path leading up to it."

Lose and Declare Victory

When he spoke to reporters on September 23, 2020, six weeks before the election, as early voting was underway, Trump said that if he lost he would not follow "a peaceful transition of power after the election." He vowed to continue in office no matter what. "There won't be a transfer, frankly, there will be a continuation." Even before, in May of 2020, he tweeted "It will be the greatest rigged election in history." In the early morning hours of Election Night, Trump

was trailing in the Electoral College and total vote. The election had not been called. He emerged and claimed what Steve Bannon had told him to say "We did win this election and we'll be going to the United States Supreme Court." Knowing that counting all the votes would confirm his loss, he said, "We want all voting to stop."

When the voting stopped and no winner had been declared, Trump began executing the plan to declare victory. This is incriminating, Melber argues, since

it shows the outcome never mattered to Trump. This undercuts a defense Trump allies proposed later: that he genuinely believed that he won or that he had somehow been cheated. It is impossible to genuinely believe anything before the results are in.

The violence and subsequent refusal by 147 Republican congressmen to certify the vote on January 6 delayed it till 3:40 am on January 7, a day later than the legally required vote date of January 6.

As we now await the out-

come of the Washington trial, which will start in March 2024 (and jury selection beginning on March 4), Melber warns that we are faced with a dire task. "So the United States, as a nation and government, is facing a test. It can assess the evidence that Trump led this conspiracy—or turn away. It can reach conclusions and confront them in public, to redress an authoritarian, anarchic attack on democracy with the best attempt at truth and justice—or it can devolve into a muddle of competing claims."

COUNSELING & WELLNESS CENTER FALL 2023 PRESENTATION SCHEDULE

Student Support Groups

NEURODIVERSITY GROUP

Do you consider yourself a part of the neurodivergent community? Are you looking for support and want to make friends on campus? The neurodiverse population can include individuals on the Autism Spectrum, ADHD, Tourette's syndrome, and Learning Disabilities. Join us to learn more about yourself and make new connections with your peers!

Every other Wednesday starting on Sept 13
2 p.m.
Cohen Hall 104

Group Meetings Dates:
Sept 13, 27
Oct 11, 25
Nov 8
Dec 6

The 200% CULTURAL EXPERIENCE GROUP

This group will be utilized to start the discussion on identity development and exploration, culture, language, and the similarities and differences amongst the diverse culture of our campus. Multiculturalism is often viewed as a detriment because their lives are viewed as "parts of" or "fragments from" a variety of backgrounds. This group hopes to raise awareness that the 200%ers do exist - the multicultural Americans that have an abundance of diversity and culture. We encourage students to bring relevant topics or concerns to discuss and explore while celebrating their roots.

Every other Thursday starting on Sept 14
12:30 p.m.
Cohen Hall 104

Group Meeting Dates:
Sept 14, 28
Oct 12, 26
Nov 9
Dec 7

LGBTQIA+ GROUP

This group provides a safe and confidential place for the CCM LGBTQIA+ community to chat, discuss relevant topics, and support each other.

Every other Tuesday starting on Sept 19
12:30 p.m.
Cohen Hall 102

Group Meetings Dates:
Sept 19
Oct 3, 17, 31
Nov 14, 28
Dec 12

STUDY UP ON YOUR MENTAL HEALTH: MENTAL HEALTH EDUCATION GROUP

With all the buzz words floating around about mental health disorders, it may become difficult to separate out the truth from the hype. Join us as we discuss what common mental health diagnoses truly are, how they manifest, and strategies to manage them.

Once a month starting Sept 21
3 p.m.
CH 104

Group Meeting Dates:
Sept 21
Oct 19
Nov 16
Dec 7



Professor's Purview: Dr. Stuart Siegelman

**BY PROFESSOR
KENNETH A. SHOULER**
Moderator for the Youngtown Edition

A new feature for the Youngtown Edition is "Professor's Purview," where professors share their thoughts about teaching, writing, retirement, and whatever strikes their fancy. Dr. Stuart Siegelman, who just retired from the Languages and ESL department, reflects on his 32 years at CCM and what he looks forward to about retirement.

Professor Siegelman taught for 32 years at the County College of Morris. He earned his B.A. in Spanish and French from the City College of New York in 1970. He then earned an M.A. in History from Hunter College (also part of the City University of New York) in 1976. He earned a second M.A. in English as a Second Language from Hunter College in 1983. Finally, he got his Ph.D. in English

Education (the Literature Option), from New York University, in 1991. His dissertation topic was "Poetics and Ambiguity in Selected Short Stories of Katherine Mansfield."

Kenneth Shouler: All of those schools are close to your home. Did you get to them by train?

Stuart Siegelman: When I was an undergraduate at City College, I lived in Queens; therefore, I'd take a long bus ride along Union Turnpike to the subway station on Queens Boulevard, then the E or F to Manhattan, change to the 2 or 3 and head up to 125th street in Harlem. When I was a graduate student at Hunter, I lived in



**PROFESSOR
KENNETH
SHOULER**

Greenwich Village, so I'd take the R train uptown to East 68th Street. When I was a doctoral student at New York University, I would just cross the street!

Ken Shouler: You must have mixed feelings about retiring from CCM.

Professor Stuart Siegelman: I had the great fortune over the past 32 years to teach two fields in one department at CCM, Languages and English as a Second Language (ESL). Languages gave me the opportunity to teach Spanish Literature and the Literature of Latin America; ESL gave me the gift of learning from the hundreds of international young people who showed me their world. I will miss the students and my colleagues, but I have no mixed feelings about retiring from CCM. I simply reached the end of my career.

KS: What are the first differ-

ences that come to mind between County College of Morris then and now?

SS: When I began to teach at CCM, we had a bustling exciting campus with a student population of more or less 11,000, and it seemed they were all in class at the same time! The proliferation of online courses only added to the diminishing population of young people in Morris County. When I first began to teach literature courses in Spanish, I had 15 to 18 students in a class. Over the last ten years, sometimes I had seven or eight; sometimes I had four or five. Where is the "college experience" if the halls and classrooms are empty?

KS: How have some of those changes made your job easier or more challenging?

SS: I loved the classroom and I always worked to the best of my ability, but empty classrooms were

more of a challenge to me. Just as I prefer a bustling campus, I prefer a bustling classroom: activities, discussion, laughs, and insight seemed always better with a larger group.

KS: What do you most like about languages?

SS: There are two foreign languages I learned and that I speak well: Spanish and French. I get great joy when I speak Spanish, and I have often thought that I am a better, happier person when I am in that language. If language is basic to culture, I guess I like Latinos!

KS: What do you like about teaching languages?

SS: Although many students don't realize it, languages are fun! I like to watch the students' repertoire grow so that they can say more and more over the course of the semester. I enjoy the laughs that students have over foibles and funny mistakes as they speak, and I laugh along with them. When we talk food in a classroom -- tacos, tamales, tapas, arepas, empanadas -- everyone gets hungry!

KS: What are the special challenges in teaching languages?

SS: Students start out with no knowledge of the language and we ask them to read, write, listen and speak right off the bat (yes, Ken, a baseball term). And each of these elements gets more complex as we go along. This may be daunting even to the most laid-back student! The challenge: how to get students to relax in the classroom and open themselves up to accepting errors as natural and normal and totally expected by the instructor and other students in the class.

KS: What will you miss most about teaching?

SS: I will miss the students and the classroom. Period.

KS: What else will you miss about the college?

SS: I will miss my colleagues from Languages and ESL and the very few remaining older professors with whom I became friends over the years. I will also miss several of the younger professors whom I've had the pleasure of knowing.

KS: What awaits you in retirement?

SS: I'm a fairly avid reader, so I expect to turbocharge my long backlog of novels. I intend to work on French and Italian and possibly join groups to practice speaking and listening. I will cook more meals and bake more cakes. I will travel in the Fall and Spring (first time in my life) and use the gym several times a week. I may also use my language skills in some sort of volunteer work.

KS: Will you have more time to watch the Mets?

SS: Season after season I have watched the Mets on TV or in sports bars or followed the games on my iPhone on MLB. There has always been time for the Mets, and there always will be!

JOIN A.S.A FOR AN

ICE CREAM SOCIAL

**OUTSIDE THE SCC LOBBY ON
THURS, OCTOBER 12TH
FROM
12:30PM-2:00PM**

FREE ENTRY

Come join us for this event! It's a chance to meet new people, learn about the Asian Student Association, our upcoming events, and enjoy some ice cream. Don't forget to bring your friends. If it rains, the event will be moved inside the SCC Lobby. We hope to see you there!