

COUNTY COLLEGE OF MORRIS
CURRICULUM CHECK SHEET
Requirements for Graduation
A.S. DEGREE

#2156
PUBLIC HEALTH

FALL 2025

COURSE	CODE	CR	GR	TR
General Education Foundation (31 CR)				
COMMUNICATION (6 CR)				
English Composition I	ENG 111	3		
English Composition II	ENG 112	3		
MATH/SCIENCE/TECHNOLOGY (10 CR)				
Statistics	MAT 124	3		
Computer Concepts with Applications	CMP 135	3		
Introductory Chemistry Lecture	CHM 117	3		
Introductory Chemistry Lab	CHM 118	1		
SOCIAL SCIENCE (3 CR)				
General Psychology	PSY 113	3		
HUMANITIES (3 CR)				
History Elective*		3		
SOCIAL SCIENCE/HUMANITIES (3 CR)				
Principles of Sociology	SOC 120	3		
GENERAL EDUCATION ELECTIVES (6 CR)				
Speech Fundamentals	COM 109	3		
Ethics	PHL 114	3		
PUBLIC HEALTH CORE (29 CR)				
Personal and Family Nutrition	HED 115	3		
Anatomy & Physiology I**	BIO 101	4		
Anatomy & Physiology II	BIO 102	4		
Personal Health & Wellness OR	HED 286	3		
Drugs, Society & Human Behavior	HED 112			
First Aid & Emergency Care	HED 295	3		
Exercise Science Restricted Elective*		1		
Medical Terminology	NUR 106	2		
Principles of Public Health	PBH 101	3		
Language Sequence I AND				
Language Sequence II		3		
OR				
Diversity Elective* AND		3		
Free Elective*		3		
TOTAL				
		60		

NOTES:

This is an unofficial document and should be used for academic planning purposes only. All students are required to see their Academic Advisor each semester to discuss and approve their selection of courses before they register.

Due to continual program revisions mandated by accrediting agencies and/or changes in state mandated requirements, students should consult their academic advisor when selecting courses.

If you need the name of your academic advisor, contact **the HES Department, 973-328-5328, HPE 225.**

To determine the transferability of your courses to participating NJ Colleges & Universities, visit the NJ Transfer site at www.njtransfer.org.

Science courses completed prior to entering the program must be less than seven years old. If the science courses exceed the seven-year limit, students must prove their competency by testing, or they must retake the courses. This includes the Exercise Science core courses as well.

The A.S. in Public Health is a transfer degree leading to a B.S. or higher in Public Health and Public Health Education. Public Health occupations include: Health Educators, Epidemiologists, Environmental Science and Protection Technicians, Medical and Health Service Managers, Environmental Scientists and Specialists, and Occupational Health and Safety Specialists.

*See reverse side for more information and choices.

****Note:** All developmental Math (and ESL) courses must be completed before enrolling in the core science courses. Check the Titans Direct catalog for any other needed pre or co-requisites.

Suggested Sequence by Semester

Degree completion time may vary depending upon the number of credits taken each semester.

SEMESTER I			CREDITS	SEMESTER II			CREDITS
Principles of Public Health	PBH 101	3		Anatomy & Physiology I	BIO 101	4	
English Composition I	ENG 111	3		English Composition II	ENG 112	3	
Statistics	MAT 124	3		History Elective		3	
General Psychology	PSY 113	3		Computer Concepts with Applications	CMP 135	3	
Exercise Science Restricted Elective		<u>1</u>		Principles of Sociology	SOC 120	<u>3</u>	
	TOTAL	13			TOTAL	16	
SEMESTER III				SEMESTER IV			
Personal Health & Wellness OR	HED 286	3		Ethics	PHL 114	3	
Drugs, Society & Human Behavior	HED 112			Personal & Family Nutrition	HED 115	3	
Diversity Elective OR		3		First Aid & Emergency Care	HED 295	3	
Foreign Language Sequence I				Free Elective OR		3	
Speech Fundamentals	COM 109	3		Foreign Language Sequence II		3	
Anatomy & Physiology II	BIO 102	4		Introductory Chemistry Lecture	CHM 117	3	
Medical Terminology	NUR 106	<u>2</u>		Introductory Chemistry Lab	CHM 118	<u>1</u>	
	TOTAL	15			TOTAL	16	

HUMANITIES/HISTORY ELECTIVE: Choose one course from the History General Education Course List.

EXERCISE SCIENCE RESTRICTED ELECTIVES: HED 132 Stress Management, HES 125 Stretch & Strength, HES 126 Personal Fitness, HES 127 Weight Training, HES 128 Yoga or HES 227 Exercise Science Internship.

LANGUAGE: If you choose to complete the language sequence, choose from the following:

Spanish: SPN

DIVERSITY ELECTIVE: Select any three-credit course from the Diversity General Education Course List.

FREE ELECTIVE: Choose any course totaling the required credits.

HONORS COURSES: You may be eligible to take honors courses. Discuss this option with your Academic Advisor.

GENERAL EDUCATION: [Click here](#) for the most recent General Education course list.

TRANSFER NOTE: Articulation Agreements are in place for this degree with William Paterson University, Rutgers Bloustein, and The College of New Jersey. Please work closely with your Academic Advisor to choose proper courses.