

PUBLIC HEALTH
#2156
Suggested Sequence by Semester

*This suggested sequence does not include any required developmental courses.
Degree completion time may vary depending upon the number of credits taken each semester.*

SEMESTER I			SEMESTER II		
		CREDITS			CREDITS
Principles of Public Health	PBH 101	3	Personal & Family Nutrition	HED 115	3
English Composition I	ENG 111	3	English Composition II	ENG 112	3
Statistics	MAT 124	3	Human Biology OR	BIO 133	4
General Psychology OR	PSY 113	3	Anatomy & Phys. I	BIO 101	
Principles of Sociology	SOC 120		General Education Elec.		3
History Elective		<u>3</u>	Public Health Rest. Elec.		<u>3</u>
TOTAL		15	TOTAL		16
SEMESTER III			SEMESTER IV		
Introductory Chemistry Lect. &	CHM/117	3	First Aid & Emergency Care	HED 295	3
Introductory Chemistry Lab OR	CHM 118	1	Public Health Rest. Elec.		3
General Chemistry Lect. &	CHM 125		Free Elective		3
General Chemistry Lab	CHM 126		Free Elective		3
Personal Health & Wellness	HED 286	3	Health & Ex. Sci. Internship		<u>1</u>
Public Health Rest. Elec.		3			
General Education Elec.		3			
Social Science/Humanities Elec.		<u>3</u>			
TOTAL		16	TOTAL		13

HUMANITIES/HISTORY ELECTIVE: Choose a history course from the Humanities General Education Course List.

PUBLIC HEALTH RESTRICTED ELECTIVES:

Choose **9 credits** from any of the following electives (work with your advisor and consider your transfer plan):

- **SCIENCE:** BIO 102 (4CR) Anatomy & Physiology, BIO 127 (4CR) Bio of Environmental Concerns, ENV 108/109 (3/1CR) Introduction to Sustainability Lecture & Lab
- **HEALTH EDUCATION:** HED 132 (1CR) Stress Management, HED 112 (3CR) Drugs Society and Human Behavior
- **PSYCHOLOGY:** PSY 117 (3CR) Health Psychology, PSY 218 (3CR) Cross Cultural Psychology, PSY 219 (3CR) Developmental Psychology, PSY 224 (3CR) Abnormal Psychology, PSY 229 (3CR) Community & Mental Health,
- **SOCIOLOGY:** SOC 110 (3CR) Sociology of Health & Illness, SOC 202 (3CR) Contemporary Social Issues, SOC 214 (3CR) Cultural Diversity in America, SOC 216 (3CR) Cultural Anthropology
- **OTHER AREAS:** ISA 110 (3CR) Intercultural Communication NUR 106 (3CR) Medical Terminology
- **ONLY 1 CR of the following is permitted:** HED 132 Stress Management (1CR) **OR** HES 125 Stretch & Strength (1CR) **OR** HES 126 (1CR) Personal Fitness **OR** HES 127 (1CR) Weight Training **OR** HES 128 (1CR) Yoga

GENERAL EDUCATION (6CR) & SOCIAL SCIENCE/HUMANITIES (3CR) ELECTIVES:

- Work with your advisor and consider your transfer plan.
- Some four-year colleges/universities require a 6CR language sequence
- If you pass the Technology Competency Placement exam you are not required to take a Technology course (although you may do so if you choose). If you do not pass the Technology exam, use a portion of your general education elective credits to complete a technology course from the approved list.
- [Click here for the most recent General Education course list.](#)

FREE ELECTIVES: Choose **6 credits** from any course discipline (work with your advisor and consider your transfer plan). Students interested in Healthcare Administration are recommended to take ACC 111 (3CR) Accounting I.

HONORS COURSES: You may be eligible to take honors courses. Discuss this option with your Academic Advisor.

TRANSFER NOTE: Articulation Agreements are in place for this degree with William Paterson University, RutgersBloustein, and The College of New Jersey. Please work closely with your Academic Advisor to choose proper courses.