

# The CCMemo

County College of Morris Employee Newsletter



## CCM EVENTS

There are no college events scheduled on campus at this time.



## ASSISTANCE THROUGH THE CCM VIRTUAL CAREER CENTER

The COVID-19 pandemic has disrupted the lives of our students in so many ways. Career Services recognizes that many have lost their jobs and need employment. During the campus closure, the Career Services staff will continue to provide job search support and assistance through virtual programs and services. Please visit [Virtual Career Center](#) and let Career Services staff know if there is anything more they can do to support you and your students.

## HR CORNER

### RETIREMENT CONSULTATIONS WITH NEW JERSEY STATE APPROVED VENDORS

Save for retirement – Receive free, no pressure retirement counseling sessions. Make your appointment today. You do not need to be a member to speak with the representatives.

**Equitable** representative Mark Sheridan is available at all 908-230-2042 or email [marc.sheridan@axa-advisors.com](mailto:marc.sheridan@axa-advisors.com).

**MassMutual (formerly Hartford)** representative Kenneth Quarnaccio is available at 848-248-4313 or email [kquarnaccio@gittermanwealth.com](mailto:kquarnaccio@gittermanwealth.com).

**MetLife/Brighthouse** representative David Sharpe is available at 973-575-3254 or email [dsharpe@financialguide.com](mailto:dsharpe@financialguide.com).

**Prudential** Call 732-428-2314 or email [alicia.smith@prudential.com](mailto:alicia.smith@prudential.com) to make an individual appointment to discuss ABP or DCRP investments.

**TIAA** representative Tatiana Novozhilova is available at 800-732-8353 or visit [www.TIAA.org/schedulenow](http://www.TIAA.org/schedulenow) to make an appointment.

### Important update regarding TIAA counseling days:

TIAA is taking steps to ensure the safety of our clients, your employees and our associates. In light of the impacts of the coronavirus, we will be converting any in-person counseling sessions to phone counseling.

### For participants converting to phone counseling:

Your TIAA Financial Consultant will call you directly on your originally scheduled date and time using the phone number on file at TIAA.

**VALIC** representative MaryAnn Bradford is available for individual appointments. Call 908-470-4114 or email [Maryann.bradford@valic.com](mailto:Maryann.bradford@valic.com)

**VOYA** representative John Murray is available for individual appointments. To make an appointment email [johnmurray@voyafa.com](mailto:johnmurray@voyafa.com) or call 609-234-3369.



## VIRTUAL C&C MEETINGS SCHEDULE

Additional meetings have been scheduled for President Iacono and members of the Administrative Cabinet to share information, hear from you and answer any questions you may have as we remain online. Below is the schedule of meetings available to you as appropriate. The meeting connection will be sent in the morning on the day of the meeting.

Department Chair Virtual Meeting  
Friday, May 1, at 11 a.m.

Faculty Virtual Meetings  
Friday, May 1, at 3 p.m.  
Tuesday, May 5, at 2 p.m.

College Council  
Tuesday, May 12, at 10 a.m. (Tentative)

## TECHNOLOGY RESOURCES

In its continuing efforts to provide technology resources online and remotely, Information Systems has made the following software available to you. Use the links to sign up and register today.

[Adobe Creative Cloud](#) is a set of applications and services from Adobe Inc. that provides access to a collection of software used for graphic design, video editing, web development and photography, along with a set of mobile applications and also some optional cloud services.

[Office 365](#) provides the office software you use regularly, Word, Excel, PowerPoint, One Note, Access, Publisher and others, that are accessible anywhere and on any device.

[WebEx](#) is the leading enterprise solution for video conferencing, online meetings, screen share and webinars.

As always, if you need support for these or other technology, contact the Solution Center at 973-328-5600 or [solutioncenter@ccm.edu](mailto:solutioncenter@ccm.edu).



## ORDER ONLINE FROM THE GOURMET CAFÉ AND SUPPORT THE TITAN EMERGENCY FUND

The Gourmet Cafe will be holding a "Make a Difference Monday" on Monday, May 18, to support the Titan Emergency Fund. The café will be doing take-out orders for dinner. They will also have gift cards for sale. All curbside pickup, no delivery. The café will donate 10 percent of the day's proceeds to the Titan Emergency Fund. That fund provides students facing a variety of issues, from food insecurity to car problems, with assistance so they continue to move forward with their college education. The Gourmet Café is located at 136 Baldwin Road, Parsippany-Troy Hills and can be reached at 973-316-0088. The café is owned by CCM graduate Matthew Pierone '89.

## BEWARE OF PHISHING ATTEMPTS



Information Systems (IS) has been seeing a dramatic uptick in the number of phishing messages coming into the college, and the number of people being

deceived by these messages. Please be extremely vigilant when clicking on a link you receive in an email message, even if the message was sent by someone at CCM.

When you put your mouse over a link in an email message, the real destination will appear. If it doesn't match what the link says, it most likely is a phishing attempt. If you suspect a message is a phishing attempt, please click the Phish Alert button in the message that will immediately forward the message to IS for review.



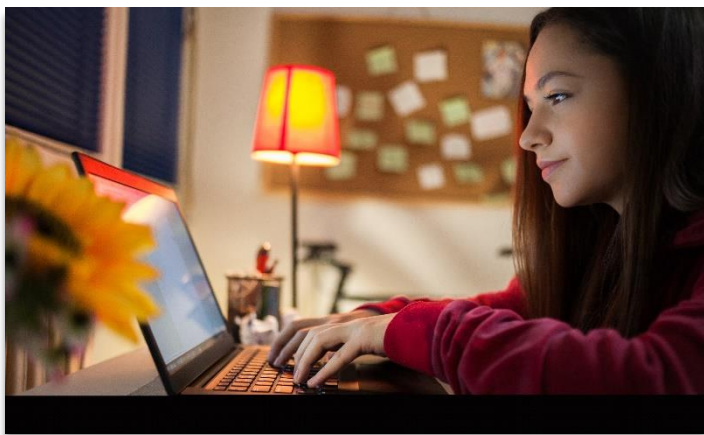
## HUMAN RESOURCES AND ONE SOURCE EAP OFFER PROGRAMS

In coordination with RWJBarnabas Health System, the One Source Employee Assistance Program (EAP) and Human Resources is offering all employees videoconference seminars on the following topics:

Managing Stress Instantly	Tuesday, May 8, at 1 p.m.
Building Self Esteem	Thursday, May 22, at 1:30 p.m.
Compassion Fatigue	Thursday, June 4, at 1 p.m.

If you are interested in participating in any or all of these one-hour seminars, please email Rita in HR at [rragany-bayer@ccm.edu](mailto:rragany-bayer@ccm.edu) and let her know the dates you plan to attend. Sign in instructions will be sent closer to the date of the session. Stay well!

EAP also has launched a series of brief, recorded videos called, "The Calm Collection," available to you and members of your family. In roughly two minutes, EAP promises to help you and your family feel better. How do they do that? With some stress management and a laugh or two. [www.onesourceeap.com/calm-collection.html](http://www.onesourceeap.com/calm-collection.html)



### Emergency Funds for Students

CARES Act funds are now available for CCM students. CARES provides emergency financial aid or grants to students to cover basic needs such as food, housing, course materials, technology, health care and childcare. To apply, go to [CCM CARES Student Emergency Grant Application](#).

### A MESSAGE FROM THE NEW JERSEY DIVISION OF PENSIONS & BENEFITS

The New Jersey Division of Pensions & Benefits (NJDPB) has created an online COVID-19 page that compiles all of the various resources available to its members during this time. Not only is there coverage information for Members of the School Employees' Health Benefits Program (SEHBP), but additional behavioral health resources (e.g., Joyable – a digital mental health solution available to members at no cost with one-on-one coaching and a personalized eight-week behavioral health program), wellness resources (e.g., Wellbeats – a complimentary membership to an at-home fitness video and other content), and other important information from carriers such as Horizon and the Pharmacy Benefit Manager (Optum). NJDPB will be onboarding additional behavioral health, wellness and telemedicine capabilities for its members and will be updating the website on a daily basis.

[www.state.nj.us/treasury/pensions/hb-covid-resources.shtml](http://www.state.nj.us/treasury/pensions/hb-covid-resources.shtml)



### PROFESSOR OFFERS HIS TOP 10 FANTASY STORIES READING LIST

This fall, Dr. Philip Chase's Fantasy Novels course (ENG 210) will not only feature some of the best and most impactful contemporary fantasy reads, but will also make use of a YouTube channel Chase created to supplement the course. The YouTube channel is a place outside the classroom where members of the class and others can engage in conversations about the readings and the fantasy genre in general. Anyone is welcome to check out the videos and join in the discussion.

[View the most recent video](#), a review of his top ten fantasy stories.



### Two CCM Students Named All- State Academic Team Members



Two CCM students, Emma Mendoza and Corey Anding, have been named as 2020 Phi Theta Kappa (PTK) New Jersey All-State Academic Team members for their academic excellence, leadership and community service.

Mendoza and Anding, along with several other students from across the state, have received this recognition from the New Jersey Council of County Colleges.

Mendoza has served as president of the Student Government Association, as a member of both the PTK and Alpha Mu Gamma honor societies, on the leadership team for the Student Activities Programming Board, Alpha Mu Gamma and as Student Representative to the College Council. Anding has served as president pro tempore of the Student Government Association, as a member of both the PTK and Alpha Mu Gamma honor societies, and as a student representative on the College Council and Student Affairs Committee.

### GET INTO THE CCM SPIRIT WITH TITAN TUESDAY

In the spirit of Titans Tuesday, the CCM community is encouraged to participate in coming up with some fun and engaging topics to share on the college's social media platforms. Along with sporting our CCM colors, let's add a fun twist to Titans Tuesday. Next Tuesday, snap a photo of yourself wearing your favorite sweatshirt and post on CCM's Facebook or Instagram accounts and tag #ccmstudies. Share your ideas and email them to [aognibene@ccm.edu](mailto:aognibene@ccm.edu).



### NOTICES FOR CCMEMO

Email material to Kathleen Brunet at [kbrunet@ccm.edu](mailto:kbrunet@ccm.edu) and Theresa Gehring at [tgehring@ccm.edu](mailto:tgehring@ccm.edu). Submissions must be received by 3 p.m. Wednesday.

Looking for past issues of the CCMemo? [Find them here.](#)

### SOCIAL MEDIA

Please continue to follow CCM on the college's Social Media accounts.

