



September 30, 2022
Volume 2022/672

CCM EVENTS

Hope One

Mental Health, Recovery, Rehab Resources
Parking Lot 6
October 25
November 29
December 6
11 a.m. – 2 p.m.

Navigating Hope

Parking Lot 6 and SCC
SNAP, Utility and Housing Assistance
October 20
November 17
December 8
11 a.m. – 2 p.m.

[Public Safety Visitor's Registration Link](#)

STUDENT SERVICES

The Library

[In-Person and Remote Service](#)

Online Tutoring Center

For more information, click [here](#).

HR CORNER

RETIREMENT CONSULTATIONS WITH NEW JERSEY STATE APPROVED VENDORS

Save for retirement –
Receive free, no-pressure retirement counseling sessions. Make your appointment today. You do not need to be a member to speak with the representatives.

AIG (formerly VALIC) representative MaryAnn Bradford is available for individual appointments. Select this link to schedule an appointment [Click here to schedule a virtual meeting or phone appointment](#)

Empower (formerly MassMutual/Hartford) representative Kenneth Quarnaccio is available for individual appointments, contact him at 848-248-4313 or by email at kquarnaccio@gittermanwealth.com.

Empower (formerly Prudential) representative Raymond Allocco is available for individual appointments for the ABP or the DCRP plans, contact him at 973-908-9619 or by email at Raymond.allocco@empower.com.

Equitable representative Marc Sheridan is available for individual appointments, contact him at 908-230-2042 or by email at Marc.Sheridan@equitable.com

MetLife/Brighthouse representative David Sharpe is available for individual appointments, contact him at 973-575-3254 or by email at dsharpe@financialguide.com.

TIAA: Schedule a virtual appointment here www.tiaa.org/schedulenow or call 855-728-8422 to speak with an individual.

Voya representative John Murray is available for individual appointments, contact him at 609-234-3369 or by email johnmurray@voyafa.com.



An All-College Basketball Tournament: Students vs Faculty/Staff

The Student Government Association (SGA) will be holding an All-College Basketball Tournament: Students vs Faculty/Staff on Wednesday, October 5, from 12:30 to 2 p.m. Need a mid-week pick-me-up? Come out and play a round of basketball with CCM students. Games are 10 minutes in length.

Spectators are welcome as well for a small fee of \$5. Proceeds from ticket sales will be donated to the Breast Cancer Foundation. Individuals and teams can sign up at the Campus Life window in the Student Community Center. Show some CCM spirit and support our SGA.

Conversaciones: A Celebration of Hispanic Heritage Month



CCM's Languages & ESL Department presents Conversaciones: A Celebration of Hispanic Heritage Month on Thursday, October 13, 12:30 p.m.

The discussion takes place in Emeriti Hall, Room 119, and light snacks will be served.

Do you identify as Hispanic, Latino/a, or Latinx? Do you prefer to use your family's nationality? The United States celebrates Hispanic Heritage Month September 15 through October 15. What does this month mean to you personally? Join us as we explore, through a friendly conversation, what "Hispanic Heritage" means to Hispanics, Latinos/as, and Latinx students, faculty and staff.

All are welcome. To RSVP, email mpicallo@ccm.edu.

College Council

If you missed the College Council meeting on Thursday, September 22, you can watch it [here](#).

Employee Trip Reduction Program Carpooling Starts October 3



Reduce stress, save gas, lower your carbon footprint, WIN PRIZES and enjoy additional benefits by joining CCM's Employee Trip Reduction Program (ETRP).

Quarterly Prize Drawings: Gift Cards and Door Prizes
Employees earn one drawing entry for every five days of participation in the carpool program. (Participation is based upon carpooling into work only.) Gift card winnings are taxable income.

Safe Space Training

Safe Space Training: How to Be an Ally for the LGBTQ Community, presented by Garden State Equity and sponsored by the Counseling & Wellness Center and the Legacy Project, takes place Friday, October 14, at 3 p.m. Register in advance on ZOOM: <https://tinyurl.com/CCMsafespace>.

This presentation will provide a brief review of LGBTQ terminology and explain the foundations of being an ally. Statistics about the LGBTQ community and the disparities they face will be introduced. How to cultivate a safe space as an ally will be discussed and concrete strategies to help participants know how to interact, support and provide a safe environment also will be covered.

Share Your Titan Spirit

No one knows better than you what makes CCM a great choice for students! And one of the best ways for people to learn that is at one of our Open Houses where students can see for themselves all that CCM has to offer. Share the message below with your professional contacts who may be able to promote the event to those who would benefit from visiting our campus on October 22.

The CCM Fall Open House Is Right Around the Corner
Mark your calendar for October 22



Whether you are committed to learning the skills to compete in the workforce, challenging yourself during high school by taking college courses or earning a degree, County College of Morris is the place where you can Earn Big and Save Big!

[Register Today for CCM's Fall Open House](#)

Preferred Parking

Prime spaces have been assigned in Parking Lots 5 and 8, and each pair of carpooling employees will receive a permit for those spaces to be used on the days they carpool.

Ride-Matching Services

If you want to participate in the program, CCM ETRP Coordinator Christine Dimas can assist you with finding a partner.

Guaranteed Ride Home

Offered and paid for by Avenues in Motion, carpoolers are guaranteed two rides home per year in case of emergency. To take advantage of this service, employees must be registered with Avenues in Motion which is easily done by going to: [Emergency Ride Home](#).

Possible Car Insurance Savings

Employees should contact their automobile insurance carriers to inquire about possible discounts available for carpooling.

For more information or to join ETRP, call ext. 5014

Understanding Our Student Body Supporting Students Holistically

With more responsibilities to deal with daily, it may have become noticeable that students often struggle in class



due to factors external to the campus environment. Therefore, it is important to be aware of the difficulties students experience and how well-being can be associated with retention so support can be provided to increase student success. Dr. Ariella Panek will discuss her research conducted at CCM that examined student areas of difficulty and the relationship between well-being and college continuation for academically at-risk CCM students. Strategies to help faculty and staff promote student success and initiate a holistic concept of well-being within the CCM community will be provided. The Understanding Our Student Body: Supporting Students Holistically to Increase Student Success takes place Friday, September 30, 3 p.m. Register for the Zoom session [here](#).

NOTICES FOR CCMEMO

Email material to Kathleen Brunet at kbrunet@ccm.edu.

Submissions must be received by 3 p.m. Wednesday.

Looking for past issues of the CCMemo?
[Find them here.](#)

SOCIAL MEDIA

Help us communicate all of the good things happening at CCM by liking, sharing or commenting on the college's social media posts and pages.

