



Looking Ahead to Latinx – Latino/a Heritage Month September 15 through October 15

The college's Latinx – Latino/a Heritage Team is dedicated to organizing and coordinating a series of college-wide events that celebrate and honor the vibrant Latinx culture during Latinx Heritage Month. The group's mission is to create an inclusive and engaging environment that fosters cultural appreciation, promotes diversity and encourages unity among students, faculty, staff and the wider community.

Calendar of Events:

Library Display, LRC, side-by-side and dual language books, which include English classics in both English and Spanish, as well as works by Latinx authors.

Scientist Display, SCC, a collection of posters highlighting remarkable achievements and groundbreaking discoveries by Latinx – Latino/a scientists.

Flag Display, SCC, Friday, September 15 is the anniversary of independence for five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. In addition, Mexico declared its independence on September 16 and Chile on September 18.

Artists Exhibit, Art Gallery, join the grand opening reception of the new exhibit reflecting both cultural and artistic diversity on Friday, September 15, 7:00 p.m. to 9:00 p.m. Meet local artists, enjoy live music, food and drink. The exhibit runs through October 15.

Empanadas, Music and Conversation! CH 211, on September 18, 5:00 p.m. to 6:30 p.m. hosted by the EOF Program. Savor the popular Latino food, empanadas, groove to Latin music like Salsa, Merengue and Reggaeton and engage in meaningful conversation about the Latinx - Latino/a experience. Join us for a memorable evening celebrating our culture and shared stories.

Cultura Latina Instagram Exchange, every Tuesday, September 19 and 26, October 3 and 10, 12:00 p.m. Join the Virtual Campus on Instagram for engaging discussions, fun facts and memorable experiences every week. Follow @ccm_vclearning to be part of the conversation.

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September 8, 2023
Volume 2023/716

CCM EVENTS

PLANETARIUM SHOW

TUES., 9/12; 12:30 P.M.

COHEN HALL 207

CELL-EBRATION DAY

TUES., 9/12; 12:30 – 1:45 P.M.

LRC 121

EXERCISE CLASS

MON. AND THURS.; 5-6 P.M.

HPE 120

FRIDAY, 5-6 P.M. - REMOTE WEBEX



[Public Safety Visitor's Registration Link](#)

HR CORNER

RETIREMENT CONSULTATIONS WITH NEW JERSEY STATE APPROVED VENDORS

Save for retirement –

Receive free, no-pressure retirement counseling sessions. Make your appointment today. You do not need to be a member to speak with the representatives.

Corebridge Financial (formerly AIG/VALIC) representative MaryAnn Bradford is available for individual appointments. [Click here to schedule a virtual meeting or phone appointment](#)

Empower (formerly MassMutual/Hartford) representative Kenneth Quarnaccio is available for individual appointments, contact him at 848-248-4313 or by email at kquarnaccio@gittermanwealth.com.

Empower (formerly Prudential) representative Raymond Allocco is available for individual appointments for the ABP or the DCRP plans, contact him at 973-908-9619 or by email at Raymond.allocco@empower.com.

Equitable representative Marc Sheridan is available for individual appointments, contact him at 908-230-2042 or by email at Marc.Sheridan@equitable.com.

MetLife/Brighthouse representative David Sharpe is available for individual appointments, contact him at 973-575-3254 or by email at dsharpe@financialguide.com.

Contact the TIAA Individual Advisory Center to schedule an appointment with a TIAA representative at 855-728-8422 or www.tiaa.org/schedulenow.

Voya Financial Services representative John Murray is available for individual appointments, contact him at 609-234-3369 or by email johnhmurray@voyafa.com.

Cell-ebriation Day



BIOLOGY & CHEMISTRY
Cell-ebriation DAY
TUESDAY,
SEPTEMBER 12
12:30-1:45 p.m.
LRC 121
Contact biochem@ccm.edu
or 973-328-5360 with any questions.

Clubs
Internship Information
Virtual Reality
Giveaways
Food
Photobooth and fun!
OPEN TO EVERYONE AT CCM!

Department of Biology & Chemistry invite the CCM community to Cell-ebriation Day, on Tuesday, September 12, from 12:30 – 1:45 p.m. in LRC 121.

September Celebrations

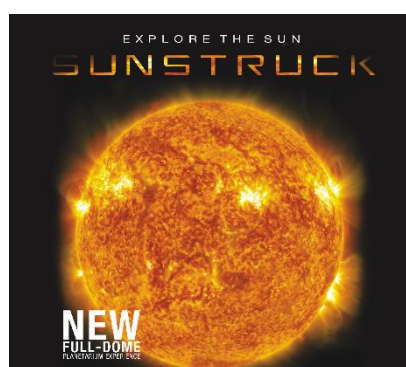
With the start of a new semester, September is a time for renewal and observations.

Sunday, September 10, National Grandparents Day

Monday, September 11, "Never Forget"

Friday, September 15, Rosh Hashannah, "Have a Good Sweet Year"

Free Planetarium Shows



The Longo Planetarium, CH 207, is once again offering free shows to students and staff on the second Tuesday of the month at 12:30 p.m.

The new show, "Sunstruck," is the feature for Tuesday, September 12 and Tuesday, October 10. Sunstruck explores the wonders of our magnificent sun. Its incredible energy has supported life on Earth for millennia, but it can also threaten our technology and way of life. Explore its structure, energy source and how solar activity can create the beautiful Northern Lights. Then travel to the distant future to discover our sun's connection to the universe's cosmic cycle of life and death! After the show we will explore upcoming solar eclipses.

For general information about the Planetarium's schedule, shows, prices, etc. visit: <https://www.ccm.edu/planetarium/>.

September is National Yoga Month: Free Faculty and Staff Exercise Classes



Adjunct Professor Trayer Run-Kowzun, Health & Exercise Science, is again offering a free Yoga /Light Cardio/ Strengthening and Stretching Class in person and online.

In Person

Where: HPE Room 120

When: Monday and Thursday, 5-6 p.m. from September 7 through December 14

Online

Where: Remote Webex (CCM email needed to join the class. To obtain the meeting link, email trunkowzun@ccm.edu)

When: Friday, 5-6 p.m. from September 8 through December 15

Free Tickets to CCM Performances

The Department of Music, Performing Arts and Music Technologies has launched a new initiative where staff and faculty can receive one free ticket to each of the performing arts performances, including the musical, drama and dance.



The fall performances are:

Musical: The Light in the Piazza, November 1-4, 7:30 p.m., Dragonetti Auditorium

Dance Theatre First Look, December 4-5, 7:30 p.m., Performance Lab (MTC 105)

Drama: CLUE, December 7-9, 7:30 p.m., Dragonetti Auditorium

To receive the free ticket, staff and faculty will have to show their CCM ID at the box office. See you at the performances!

Construction Update

Academic Complex Elevators and Third Floor Walkway

In the next coming weeks, the focus will be exterior work on the columns, elevator pits and enclosing the third-floor walkway. There will still be intermittent noise and minor odors throughout the next coming months. We have discovered some hidden conduits under, and within, the first-floor slabs that were not visible in the penetrating radar scans. When this happens, we might temporarily lose power or HVAC control in certain areas unexpectedly. As you would normally do, please reach out to Plant & Maintenance ext. 5500 if you find you have a partial loss of power, or the HVAC system is not acting as you would normally expect. We have been able to restore systems relatively

New Office Hours for The Women's Center

The Women's Center is happy to announce that they will now be open on Fridays. Their office hours will be Monday - Friday, 9:00 a.m. - 3:00 p.m.

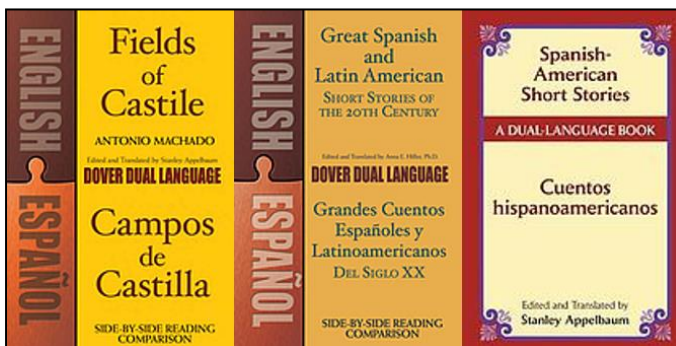
If you or someone you know suddenly finds themselves as financial head of household due to separation, divorce, disability or death of a spouse or partner, The Women's Center can help. They assist individuals of all genders in working towards financial self-sufficiency.

The Women's Center is located in SCC 115 and can be reached at Ext. 5025 or by email at womenscenter@ccm.edu.

New Location for the AV Department

The AV Department has relocated to the Media Center (LRC-215). To request AV support for any campus event, please send a calendar invite with your event location, time, and specific tech needs to AVDept@ccm.edu to get it on the AV Calendar and insure support. They will follow up as needed.

Collection Grows at the Library



In conjunction with Latinx – Latino/a Heritage Month, check out the growing collection of dual-language English / Spanish titles at the library. Visit [here](#) for the complete list and click on a book title for details.

Love Bananas Foster?



Professor Mark Cosgrove, chair of the Department of Hospitality Management and Culinary Arts, recently recorded an instructional how-to video for Bananas Foster, which is surprisingly easy to make. Check it out [here](#).

NOTICES FOR CCMEMO

Email material to Stacy Maldonado at smaldonado@ccm.edu.

Submissions must be received by 3 p.m. Wednesday.

Looking for past issues of the CCMemo? [Find them here.](#)

quickly, but the sooner Plant knows the sooner they can get things restored.

Public Safety and Plant are continuing to work daily on updating caution and detour signage as the work shifts within the buildings. If you have any concerns, please call Business & Finance ext. 5012 and they will direct the questions or concerns to the correct department/person.

We again thank the campus community for your assistance with preparing for the construction schedule. As communicated over the last few years, the completed project will provide much-needed accessibility (ADA) access to the third floors of Cohen, Sheffield, and DeMare halls with larger elevator cabs and a connection between the buildings' third floors. The third-floor connections will improve circulation and provide additional options for emergency egress. The old elevators and equipment rooms will be converted to fully ADA-compliant gender-neutral (all gender) single-stall restrooms and additional building storage. This project is funded through the college's Chapter 12 appropriation and was approved by Morris County.

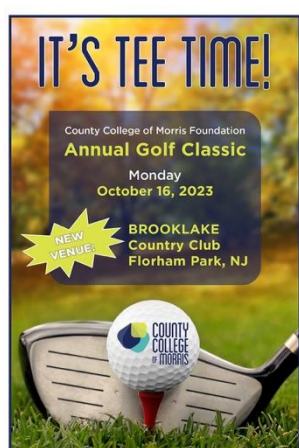
Morris County Vocational School Career Technical Education Center

In the next coming weeks, trucks will be moving soil off campus utilizing the Dover Chester entrance and construction only entrance/exit in Parking Lot 9. The section of Parking Lot 9 near the Tennis Court stairs will remain open for parking and entry/exit. Parking lots 7 and 8 will also be available for parking by students, faculty and staff. The sidewalk near the fence heading towards the AMEC building from Parking Lot 9 will remain open for use. The new facility will focus on workforce development learning opportunities and will operate on a share-time model for high school juniors and seniors. The project expands and supports the partnership between the Morris County Vocational School District and CCM. This project is funded through the Securing Our Children's Future Bond Act.

Existing Sewer Lift Station (Randolph Township) at the Plant Maintenance Building

This work provides a new sewer lift station, generator, landscaping, and a new set of lines to and from Route 10. The lift station serves CCM and a few buildings to the west along Route 10. CCM is the main beneficiary of the construction. The project will be completed in phases. Phase I will include constructing the new sewer lift station with an anticipated completion of September 2023. Phase II will include the installation of the new generator which has a longer lead time with an anticipated completion of spring 2024. This project is funded through the Township of Randolph.

Golf Classic



Enjoy a day out on the links on one of the area's premier golf courses with the CCM Foundation and help support students with fulfilling their dreams for a rewarding and satisfying life.

This year's Golf Classic takes place on Monday, October 16, at the Brooklake Country Club in Florham Park.

Latinx – Latino/a Heritage Month continued...

New York Red Bulls vs. Austin FC, Redbull Arena in Harrison, on Wednesday, September 20, 7:30 p.m. Be a part of NOCHE LATINA celebrating Latinos' significant contributions to soccer in New York and New Jersey. Tickets will be available in the Campus Life Office, SCC, and [online](#).

The 200% Cultural Experience Group, CH 104, on September 28 and October 12, 12:30 p.m. Explore identity, culture, language and the diverse backgrounds on our campus. We want to shift the perspective on multiculturalism, highlighting that there are individuals who embody a rich blend of cultures, the "200%ers." This group encourages students to bring up topics and concerns while celebrating their unique backgrounds together, making our community more inclusive.

¡AQUÍ ESTAMOS! – WE ARE HERE! Community Arts Showcase, Dragonetti Auditorium, on Saturday, September 30, 7:00 p.m. Hosted by the CCM Foundation and IDEA Cultural this event showcases community pride, passion and talent through beautiful artwork that reflects the rich culture. Proceeds will support the Dover College Promise Program. Tickets will be available in the Campus Life Office, SCC, and [online](#). For more information call 201-400-6587.

Latinas/os in Mental Health Panel, SH100, on Tuesday, October 3, 12:30 p.m. Join a group of inspiring mental health professionals as they share their personal journeys and strategies for success in the field. This engaging panel will delve into current mental health trends, with a particular focus on young adults. Gain valuable insights and perspectives that can make a difference in our community's well-being in this thought-provoking discussion.

Cafecito y Postres (Coffee and dessert), HH 211, on Wednesday, October 4, 2:30 p.m. hosted by MPR and Enrollment Management. This is an opportunity for staff and faculty to drop by, connect and enjoy some tasty Latin American desserts and coffee/tea.

Movie screening of "Frida," starring Salma Hayek, Dragonetti Auditorium on Friday, October 6th, 7:30 p.m. The film beautifully captures Frida Kahlo's unique style of painting, known for its surrealism and symbolic self-portraits that reflect her physical and emotional experiences. After the screening, let's have a conversation about the film and Frida Kahlo's significant artistic contributions.

Help Kids Be Safe Online



Our kids' lives are online today more than ever, from socializing with friends and gaming, to online learning and education. So how can we help our kids make the most of online technology, safely and securely? Access tips and more online in the September issue of [Ouch!](#)

The full day of golfing begins with registration at 11 a.m. followed by a BBQ lunch and a shotgun start at 12:30 p.m. The cocktail reception, with open bar, followed by dinner and the awards program, starts at 5 p.m. All participants will receive a special Golfer Gift. Raffle prizes will also be given out during the evening program.

The special internal cost is \$300 per player. The cost for only the cocktail reception, dinner and program is \$150. The outing raises funds for the college's scholarship programs and this year is focusing on supporting student-athletes and the college's athletic programs.

For more information, call ext. 5060. To register go to <https://bit.ly/CCMFoundationGolf>, scroll down to "Would you like to make an additional donation," and click on the \$300 button to get the internal pricing.

CCM Tech Alert

The Department of Information Systems has created a "Tech Alert" template using the Titan Alert system, in the event that we need to communicate an adverse technology event that doesn't allow us to communicate with you via other means.

((TechAlert))

These alerts will be prefaced with the words "Tech Alert" instead of "Titan Alert" in the event we need to send one out in the future.

Submissions for CCMemo

With the retirement of Kathleen Brunet submissions for the CCMemo should now be emailed to Stacy Maldonado, Communications Specialist, at SMaldonado@ccm.edu no later than Wednesday at 3 p.m.

SOCIAL MEDIA

Help us communicate all of the good things happening at CCM by liking, sharing or commenting on the college's social media posts and pages.

