COUNTY COLLEGE OF MORRIS CURRICULUM CHECK SHEET

Requirements for Graduation Certificate of Achievement

#0950 PERSONAL TRAINER **Certificate of Achievement**

Name:		
ID	Total Transfer Credits	

FALL 2022

COURSE	CODE	CR	GR	TR	NOTES:			
Intro to Exercise Science	HES 111	3			This is an unofficial do			
Personal & Family Nutrition	HED 115	3			used for academic plan students are required to Advisors each semester			
Personal Fitness	HES 126	1			their selection of course Due to continual progr by accrediting agencie			
Weight Training	HES 127	1			mandated requirement consult their academic courses. If you need the name of advisor, contact 973-32			
Program Design & Implementation	HES 107	3						
First Aid & Emergency Care	HED 295	3			The Personal Trainer Crequires no Math or En			
CPR	HED 283	1			Students who complete of 2.0 or higher, will be Students who receive a			
Exercise Science Internship	HES 227	1			must re-take the course(higher grade.			
	TOTAL	16			To obtain the certificate the #0950 curriculum of			
	TOTAL	16			academic record. Dual a Associate degree is pern may also select the certi			
					educational goal. Upon completion of the			
					student is eligible for gr Certificate in Personal T			
					may also sit for a Nation Certification Exam. The affords the student more			
					opportunities. Due to continual progra			
					accrediting agencies and mandated requirements,			
					their academic advisor w *HES 111 is a prerequis			
					_			
					†			

cument and should be ning purposes only. All see their Academic to discuss and approve before they register. am revisions mandated and/or changes in state s, students should advisor when selecting

f your academic 28-5328.

rtificate of Achievement lish pre-requisites. all 16 credits with a GPA awarded the certificate. D grade in any course(s) s) and achieve a C or

all students musthave signation on their dmittance with an nitted, however students ficate as a stand-alone

required credits, the aduation with a raining from CCM and al Personal Training completed certificate employment

m revisions mandated by or changes in state students should consult hen selecting courses.

site for HES 107.

PERSONAL TRAINER #0950 Suggested Sequence by Semester

SEMESTER I		CREDITS	SEMESTER II		CREDITS
Intro to Exercise Science	HES 111	3	Program Design & Implementation	HES 107	3
Personal & Family Nutrition	HED 115	3	First Aid & Emergency Care	HED 295	3
Weight Training	HES 127	1	CPR	HED 283	1
Personal Fitness	HES 126	1	Exercise Science Internship	HES 227	1
	TOTAL	8		TOTAL	8

The CPR course is available through the division of Corporate and Community Programs. Students must present a valid American Heart Association CPR card (BLS for Healthcare Provider CPR) to the HES Department along with a valid student ID in order to receive one transfer credit for HED 283.