



August 6, 2021
Volume 2021/617



CCM EVENTS

Save the Date
Virtual Professional Day
Tuesday, September 7
9 a.m. to 4 p.m.

STUDENT SERVICES

The Library
[In-Person and Remote Service](#)

Online Tutoring Center
More information, click [here](#)

HR CORNER

RETIREMENT CONSULTATIONS WITH NEW JERSEY STATE APPROVED VENDORS
Save for retirement –
Receive free, no pressure retirement counseling sessions. Make your appointment today. You do not need to be a member to speak with the representatives.

AIG (formerly VALIC) representative MaryAnn Bradford is available for individual appointments.

Call 732-832-5346 or email Maryann.bradford@aig.com

Schedule a virtual meeting or phone call:
<https://my.valic.com/seminarregistration/availableseminars.aspx?regcode=5296NEW11AA>

Equitable representative Mark Sheridan is available at all 908-230-2042 or email Marc.Sheridan@equitable.com

Access Marc's calendar to schedule an appointment:
<https://app.zynbit.com/zyncal/schedule/marc-sheridan>

MassMutual (formerly Hartford) representative Kenneth Quarnaccio is available at 848-248-4313 or email kquarnaccio@gittermanwealth.com.

MetLife/Brighthouse representative David Sharpe is available at 973-575-3254 or email dsharpe@financialguide.com.

Prudential
Call 732-428-2314 or email alicia.smith@prudential.com to make an individual appointment to discuss ABP or DCRP investments.

Contact TIAA's National Contact Center at 800-842-2252 for questions and counseling.

Voya representative, John Murray is available to help you with your retirement account. To schedule an appointment call (609) 234-3369 or email johnhmurray@voyafa.com

Return to Campus Date Change

As we come closer to our full return to campus date of August 9, we do have an adjustment to communicate. Acknowledging that some employees have worked on campus throughout the pandemic and others have already returned, we are delaying the full staff return until we receive further guidance from public health and state officials. This delay is out of an abundance of caution for the health and well-being of our employees as we wait to receive greater clarification from public health officials and state offices about appropriate protocols. The college remains committed to providing a safe environment for our CCM community.

All Staff members are to return to campus beginning Tuesday, August 17, 2021. This will allow for a more phased return as we hear from experts. As we learn more, we will send out communication as quickly as possible.

A reminder: CCM encourages every employee and student to receive the COVID-19 vaccination. While the vaccine does not offer a 100-percent guarantee that you will not contract the virus, studies have shown it offers individuals substantial protection that results in preventing infection altogether or minimizing the severity. Naturally, every individual's health status is different and, as such, responses to infection and vaccination can differ but, collectively, vaccination has proven highly effective.

Please contact Human Resources if you have any questions. All employees should continue to monitor their emails and the CCMemo for continued communication on updates and protocols.

Titan TVs

Submitting print posters to Campus Life are now a thing of the past. CCM is changing the way events and services are promoted throughout campus. Campus Life bulletin boards have been replaced with digital signage. Any department within the college may display their information on the digital monitors. Email an electronic file to campuslife@ccm.edu. The file should be in landscape format and 1080 pixels high by 1920 pixels wide. Please also include the start date and end date of your ad. If you have any questions, email the Office of Campus Life at campuslife@ccm.edu.

Workforce Development Releases its Fall Schedule of Classes



Help to get the word out about the wide selection of courses CCM's Center for Workforce Development (WFD) will be offering this fall. WFD is now accepting new students for its fall classes and also invites companies looking for a professional partner to develop their employees.

As labor demands continue to change and the demand for certification grows, WFD has continued its focus on industry recognized credentials. Its programs include MS Office, QuickBooks, Project Management, Data Analytics and Visualization, Custom Business Training, English Language Learning and more.

A leader in apprenticeship opportunities, WFD has expanded its offerings to include [Pharmacy Technician](#) and Certified Nurse Aid apprenticeships, adding to its extensive selection of Career Pathway Healthcare programs. The Advanced Manufacturing and Engineering Center at CCM also has [Advanced Manufacturing Apprenticeships](#) available this fall.

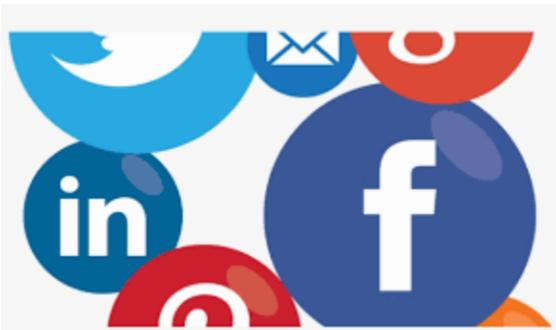
WFD will be holding several Virtual Open Houses for those interested in learning more. The Open Houses take place September 8, 9 and 10, from 7 – 8:45 p.m. WFD also will be hosting "Focus on the Workforce," a live, on-campus event on Saturday, September 18, from 9 a.m. to noon in the Davidson Conference Rooms in the Student Community Center. For more information and to register, go to www.ccm.edu/workforce/.

EOF Students Arrive on Campus



The campus this week started buzzing with activity as the Education Opportunity Fund (EOF) Pre-Freshman College Readiness & Success Summer Orientation program introduced incoming students to the program and the services it provides.

During the session, a panel led by alumni and second-year students offered tips on navigating college, shared their experiences of success and their career aspirations. Andrea Argueta recently graduated CCM and is heading to Montclair State University to study marketing, while Michael Dimitriou is working in the hospitality field, which is what he studied at CCM. Carlos Vazquez has one more semester to go and plans on working in music recording, while Sebastian Lombana will be completing his second year at CCM. EOF helped them stay on track by affording them such support services as tutoring, academic advising, counseling and transfer assistance.



Update Your Existing College Social Media Accounts with CCM's New Brand

If your department has an existing social media account and you have not already done so, please update with CCM's new colors and logo. Anyone who has participated in the Brand Asset Training can access the style guidelines and logo in the Brand Asset folder on OneDrive. If you have not taken part in that training and would like to do so, please contact Gina Garcia at ggarcia@ccm.edu.

Securely Using the Cloud

The August's edition of OUCH! Focuses on "Securely Using the Cloud." What exactly is the Cloud, how can you select which Cloud providers to use at home and what steps should you take when using the Cloud. This month's issues covers in plain language what the Cloud is and how to make the most of it safely and securely. Led by Guest Editor Tameika Reed, download and share OUCH! with family, friends and co-workers. As always, it is translated into over 25 languages.

Securely Using the Cloud: sans.org/august2021-ouch

OUCH! Archives: sans.org/ouch



Getting a new school year off to a good start can influence your child's attitude, confidence and performance both socially and academically. After the ups and downs of remote learning over the past school year, it might take some extra adjusting this time around. Even children who are eager to return must adapt to the greater levels of activity, structure and for some, pressures associated with school life.

As a parent, you can help your child manage the increased pace by planning ahead, being realistic and maintaining a positive attitude. Here are a few tips from New Directions, CCM's employee assistance provider (EAP), to help ease the transition and promote a successful school experience:

Clear your own schedule. If possible, postpone business trips, volunteer meetings and extra projects so you can be free to help your child acclimate to the school routine.

Set alarm clocks early. Praise your child for a prompt response to morning schedules and bus pickups. Make sure your child has plenty of time to get up, eat breakfast and get to school.

Review your child's schoolbooks. Talk about what your child will be learning during the year. Share your enthusiasm for the subjects and your confidence in your child's ability to master the content.

Meet your child's teacher(s). Be sure to attend back-to-school night and introduce yourself to their teachers. Find out how they like to communicate with parents (e.g., through notes, email or phone calls) and show that you want to partner with them to enhance your child's learning experience.

Rely on your EAP to make things easier. Your free EAP benefit can help you with things like counseling for your child who is hesitant about transitioning back to school, work/life balance resources, finding child care in your area and more.

A new school year can be scary – for children and parents alike – but it doesn't have to be. Lean on your support system (including your EAP) to help you and your family make the most of this year.

To take full advantage of your EAP this month, go online to register for this month's free webinars:

[Emotional well-being for parents](#)
[Manager as a coach](#)

Eat the Foods You Love and Lose Weight

Want to lose weight? Have you gained the COVID-15? Do you know you can eat the foods you love and lose weight? If you are enrolled in any of the SEHBP Horizon plans, you can participate in the Wondr digital weight loss program for free. Visit wondrhealth.com/NJ-SHBP-SEHBP for additional information, restrictions and to apply.

NOTICES FOR CCMEMO

Email material to both Kathleen Brunet at kbrunet@ccm.edu and Theresa Gehring at tgehring@ccm.edu.

Submissions must be received by 3 p.m. Wednesday.

Looking for past issues of the CCMemo?
[Find them here.](#)

SOCIAL MEDIA

Help us communicate all of the good things happening at CCM by liking, sharing or commenting on the college's social media posts and pages.

