



September 24, 2021  
Volume 2021/625

## CCM EVENTS

[The Flavor of Giving](#)

Wednesday, October 6

7:30 p.m.

## STUDENT SERVICES

Counseling & Wellness Center Fall Workshops

For more information, click [here](#).

The Library

[In-Person and Remote Service](#)

Online Tutoring Center

More information, click [here](#).



## CCM Photography Students Presented with \$5,000 Scholarships *Generosity of a Friend Helps Aspiring Artists to Excel*

Jim Del Giudice, a well-respected photographer and historian who taught at CCM for more than 30 years, has left a legacy of enhancing the lives of others through his creativity and extensive knowledge of Morris County. Two photography majors at the college are now benefiting from that legacy as the first recipients of scholarships totaling \$5,000 each. These scholarships were funded through the generosity of Del Giudice's lifelong friend David Scinto, of Florida.

The recipients of the Jim Del Giudice Memorial Scholarship are Isoline Grant, of Flanders, and Sydney Thumser, of Roxbury, both Photography Technology majors. On Wednesday, September 22, they were able to meet with Scinto at a ceremony held at the college.

Scinto is establishing a \$100,000 scholarship fund with the CCM Foundation that will provide two full-time photography students with \$5,000 scholarships or part-time photography students with \$2,500 scholarships each year.

"Sydney and Isoline are two hardworking students within the photography program here at CCM," notes Nicole Schwartz, professor of photography. "Both engage with the medium of photography beyond the surface, bringing thoughtful perspectives into classroom discussions and within the photographic work they create."

Grant's ongoing project Link has been dedicated to photographing her family. She has explored themes of immigration, family and community since her first semester at CCM. Grant and her family immigrated to the United States from Honduras almost five years ago. Within her work, she documents their pride and togetherness as a family.

Thumser's most recent photographic project was dedicated to conceptual aspects within the medium of photography. She created abstract images by placing a window screen in front of her camera lens. The resulting photographs are hazy and soft focus, documenting fragments of her home and natural surroundings. The images connect viewers to the idea of nostalgia and memory, a theme that Thumser explores. She explains, "I wanted to create images that viewers could identify with, but still not entirely understand what is happening. To me, this is how a memory feels. You can remember the main idea, but the details themselves are blurry."

Del Giudice was a highly respected professional photographer with a vast collection of photo essays based on historical subjects and landscapes of New Jersey. He also was a talented writer with many published articles and several locally performed plays. Del Giudice additionally was known for giving of his time to present informative and entertaining lectures to audiences at senior centers, assisted living facilities, public libraries and other venues. He passed away in September 2020.

"I am confident that both students will use their scholarship to push their creative practices during their final year here at CCM," says Hrvoje Slovinc, Photography Program coordinator. "This is such a significant gift that is certain to make a lasting impact on their lives."

Donations to the Del Giudice Memorial Scholarship Fund can be made online at <https://www.ccm.edu/foundation/> or by calling ext. 5060.



Adjunct Professor **Julian Cosa**, Business, recently co-authored the book *What They Know: Reflections of Vietnam*. The book is an anthology of essays written by Vietnamese refugees, originally curated by his late mentor, Dr. Rebecca Dean. Cosa also worked with a Pace University student, Gabriel Da Silva, on the publication design. Here is a [link](#) to the book on Amazon.



## COVID-Testing Option

Here's a quick update for employees who will be using the weekly COVID-19 testing option. The college is in final negotiations with a firm which will provide free COVID-19 testing on campus. Currently this service will be available to come to campus on Tuesdays from 9 a.m. – 2 p.m. and on Wednesdays from 2 – 7 p.m.

CCM employees and students will be given a priority. The college is discussing a trial run on October 12 and 13, the week prior to when the first test results are due. Once all the arrangements are confirmed, HR will send a message with instructions for signing up for testing. The company providing COVID-19 testing is a lab. Both nasal and saliva tests will be offered. Saliva tests may take slightly longer for a specimen collection than the average three to five minutes needed to collect a nasal specimen. Days for testing are subject to change during college closings for holidays, inclement weather, etc. With this option, employees would not have to submit their test result to Human Resources ([HRCOVID@ccm.edu](mailto:HRCOVID@ccm.edu)). The lab will notify both the employee and HR by Fridays before noon.

A reminder that Community Health facilities also offer free testing. The link to find locations is below. With this option you would have to send your test results to [HRCOVID@ccm.edu](mailto:HRCOVID@ccm.edu) before noon on Fridays starting October 22.

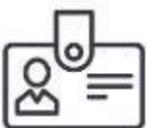
<https://covid19.nj.gov/faqs/nj-information/testing-and-treatment/where-can-i-get-free-public-covid-19-testing-or-treatment>

Fridays at noon will be a hard deadline for receiving test results. At noon, HR will begin reviewing the test results. HR will be contacting supervisors to let them know who is not cleared to return to campus the following week. Employees testing positive for COVID-19 will be instructed on quarantine requirements.

Your test results are considered confidential medical information and will be stored securely in HR. HR must, however, notify supervisors that an employee will be absent the following week for work coverage purposes.

If you haven't already, remember HR needs to hear from you by today whether you are vaccinated or plan to submit weekly PCR test results. Employees not selecting any of the options listed below should discuss their situation with their supervisor and HR before October 26. Employees should not assume they will default to remote status or that they may change their on-campus schedule because of non-compliance.

### ID Card Reminder



ID cards must be worn on campus and must be visible above the waist. ID cards with the maroon background may be used until October 26.

- All employees will be required to receive a new ID card by October 26. ID cards are prepared by Campus Life. Contact [campuslife@ccm.edu](mailto:campuslife@ccm.edu) for how to obtain your new ID card.
- New ID cards may be picked up in HR Monday through Thursday from 10 a.m. – 4 p.m. For those who cannot pick up their ID during those times, arrangements may be made to pick it up at Public Safety. Contact [HRCOVID@ccm.edu](mailto:HRCOVID@ccm.edu) to make arrangements to pick up your I.D.



CCM celebrates National Hispanic Heritage Month and the important contributions of Hispanic Americans throughout the US and within our college.

## Well-Being at Work Conference

The Higher Education Recruitment Consortium is inviting you to take part in Michigan State University's Well-Being at Work Conference.

Thursday, October 21, 2021  
9 – 11 a.m.

This is a free virtual conference with expert presenters for each session.

Well-being is important for individuals and work groups no matter the season or workplace location.

Whether you're working with others in-person or remotely this year, the conference is here to help you:

- Discover new tools
- Learn from experts
- Connect with colleagues
- Set goals to improve your well-being at work
- Explore questions that have surfaced in the ranks of faculty and staff
- Focus on how to create and maintain healthier, more productive workspaces and teams

Sessions include the keynote plus a breakout session of your choice.\* The keynote speaker is Nancy Costikyan, MSW, LICSW, director of the Office of Work/Life at Harvard University, who will provide an overview of what well-being at work is, its importance, and how having a well workforce leads to success.

### Sessions

#### Supporting Your Employees As They Manage Their Accountabilities in the Evolving Workplace

This session offers tips that will be useful for both employees and bosses to utilize to (re)structure work, prioritize work and manage competing demands in a way that is conducive to both the productivity and the long-term wellbeing of employees.

Presenter: Angela Hall, PhD, JD - Associate Professor, MSU School of Human Resources & Labor Relations

#### A Nature Boost: Forest Bathing

Forest therapy, also known as shinrin yoku, (Japanese for 'forest bathing') improves physical and mental health through awakening the senses by foraging mindfulness in nature.

Presenter: Maureen Stine - Certified Heritage Interpreter

#### Well-Being at Work: The Guide

The goal of this guide is to provide evidence-based best practices to recruit and retain high-quality candidates and create healthier workplaces and teams, as we take care of our well-being and the well-being of each other.

Presenter: Jaimie Hutchison, MA, LPC - Deputy Director, MSU WorkLife Office

Presenter: Megan Lee, MHRLR Candidate, May 2023 - Employee Relations & Project Lead, MSU WorkLife Office

#### Learn more at

[worklife.msu.edu/events/2021conference](http://worklife.msu.edu/events/2021conference)

## HR CORNER

RETIREMENT CONSULTATIONS WITH NEW JERSEY STATE APPROVED VENDORS

Save for retirement –

Receive free, no pressure retirement counseling sessions. Make your appointment today. You do not need to be a member to speak with the representatives.

AIG (formerly VALIC) representative MaryAnn Bradford is available for individual appointments.

Call 732-832-5346 or email [Maryann.bradford@aig.com](mailto:Maryann.bradford@aig.com)

Schedule a virtual meeting or phone call: <https://my.valic.com/seminarregistration/availableseminars.aspx?regcode=5296NEW11AA>

Equitable representative Mark Sheridan is available at all 908-230-2042 or email [Marc.Sheridan@equitable.com](mailto:Marc.Sheridan@equitable.com)

Access Marc's calendar to schedule an appointment:

<https://app.zynbit.com/zyncal/schedule/marc-sheridan>

MassMutual (formerly Hartford) representative Kenneth Quarnaccio is available at 848-248-4313 or email [kquarnaccio@gittermanwealth.com](mailto:kquarnaccio@gittermanwealth.com).

MetLife/Brighthouse representative David Sharpe is available at 973-575-3254 or email [dsharpe@financialguide.com](mailto:dsharpe@financialguide.com).

Prudential

Call 732-428-2314 or email [alicia.smith@prudential.com](mailto:alicia.smith@prudential.com) to make an individual appointment to discuss ABP or DCRP investments.

Contact TIAA's National Contact Center at 800-842-2252 for questions and counseling.

Voya representative, John Murray is available to help you with your retirement account. To schedule an appointment call (609) 234-3369 or email [johnmurray@voyafa.com](mailto:johnmurray@voyafa.com)

## NOTICES FOR CCMEMO

Email material to Kathleen Brunet at [kbrunet@ccm.edu](mailto:kbrunet@ccm.edu).

Submissions must be received by 3 p.m. Wednesday.

Looking for past issues of the CCMemo? [Find them here.](#)

ID cards are issued after completing one of following options:

1. **OPTION ONE - Fully vaccinated employees** must send a copy of the front and back of their vaccination record by 4 p.m. on October 26 to [HRCOVID@ccm.edu](mailto:HRCOVID@ccm.edu). "Fully vaccinated" is defined as two weeks after receiving the second shot of the Moderna or Pfizer vaccine or after receiving the single Johnson & Johnson vaccine. To be fully vaccinated by October 27, employees must receive their final vaccination by October 13.
  
2. **OPTION TWO** - Employees may request an **exemption from the requirement for vaccination due to religious and/or medical reasons**. Send a request for an application **by September 24** to [HRCOVID@ccm.edu](mailto:HRCOVID@ccm.edu). If the exemption is granted, employees must agree to be tested weekly for COVID-19 on their own time and at their own expense. Either a nasal or saliva PCR test administered by an authorized testing facility or a physician will be accepted. **A new ID card will be issued to the employee once the exemption is approved and the employee has agreed to be tested weekly.**
  - a. Weekly Testing - **The first COVID-19 test result must be sent to [HRCOVID@ccm.edu](mailto:HRCOVID@ccm.edu) by noon on Friday, October 22, and by noon on Fridays thereafter.** Tests must be taken within the same week. Employees with negative PCR test results will be permitted on campus.
  - b. HR will notify supervisors by 5 p.m. on Fridays if their employee is not cleared to return to campus for the following week.
  
3. **OPTION THREE** - Employees who **decide not to be vaccinated for any reason** must notify HR by email to [HRCOVID@ccm.edu](mailto:HRCOVID@ccm.edu) **no later than September 24**. These employees must agree to be tested weekly for COVID-19 on their own time and at their own expense. Either a nasal or saliva PCR test administered by an authorized testing facility or a physician will be accepted. **A new ID card will be issued to the employee once the employee has agreed to be tested weekly.**
  - a. Weekly testing - **The first COVID-19 test result must be sent to [HRCOVID@ccm.edu](mailto:HRCOVID@ccm.edu) by noon on Friday, October 22, and by noon on Fridays thereafter.** Tests must be taken within the same week. Employees with negative PCR test results will be permitted on campus.
  - b. HR will notify supervisors by 5 p.m. on Fridays if their employee is not cleared to return to campus for the following week.

Any employee with COVID-19 symptoms and/or who tests positive for COVID-19 or who has been exposed to someone exhibiting symptoms or testing positive for COVID-19, must stay home or leave campus immediately after notifying their supervisor and HR. Quarantine time and PCR testing instructions will vary depending upon the employee's vaccination status. Human Resources will contact the employee and their supervisor with next steps depending upon the employee's unique situation.

Notifications will be sent to supervisors of employees who have not contacted HR by September 24.

### New People and Positions

CCM congratulates the following people on their new appointments, approved by the Board of Trustees at its September 21 meeting.

**Vickimara Arrieta**, Accounting Assistant Accounting

**Roberta Bibeault**, Assistant Professor, Radiography

Register now at

[msu.zoom.us/webinar/register/WN\\_L3FOUzryQUegmYqHB87Ufg](https://msu.zoom.us/webinar/register/WN_L3FOUzryQUegmYqHB87Ufg)

\*The confirmation email will contain breakout session information so you can select one of the three available sessions.



### Mindfulness Stress Reduction Course

The NorthEast Regional Computing Program (NERCOMP) is offering a six-week Mindfulness Based Stress Reduction course in partnership with Copper Beech Institute, at a deeply discounted price, exclusively for NERCOMP members. CCM employees are NERCOMP members.

When: Tuesdays: October 5, 12, 19 and November 2, 9, and 16

Time: 11 a.m. – noon

Where: Zoom

NERCOMP Member Price: \$150 (members save \$100)

Mindfulness is a way of learning to embrace the present moment. Oftentimes, we are caught up in our minds thinking of things that have occurred in the past or may occur in the future. In doing this, we miss the life that is unfolding right at the moment. Mindfulness helps us wake up to the moment that is right here, right now.

Mindfulness is a way of taking charge of your life, a way of doing something for yourself that no one else can do for you – consciously and systematically working with your own stress, pain, illness, and the challenges and demands of everyday life. Restoring within yourself a balanced sense of well-being requires increased awareness of all aspects of self, including body and mind, heart and soul. Mindfulness-based stress reduction is intended to ignite this inner capacity and infuse your life with awareness.

This course is adapted from the standard eight-week course and offers an opportunity for you to come together in community each week to practice and connect. The class consists of guided meditations, discussion and teachings on various topics such as stress, difficult communications, role of perception, pleasant and unpleasant events.

To view details and to register, visit [https://nercomp.org/learn-network/events/MBSR\\_1021/](https://nercomp.org/learn-network/events/MBSR_1021/).

### A Fine Dining Event to Support Dover Students



**Christine Dimas**, Executive Administrative Assistant, Business & Finance

**Janet Eggert**, Department Administrative Assistant, Plant & Maintenance

**Jason Fiore**, Seasonal Head Coach, Baseball

**Evelin Fischer**, Tutoring Center Administrative Assistant & Technical Support Specialist, Tutoring

**Alexandra Fulton**, Administrative Assistant, Health Professions and Natural Sciences

**Jo Hawk**, Seasonal Head Coach, Women's Basketball

**Zahra Khalkhali**, Assistant Professor, Engineering Technologies/Engineering Science

**Patrica Mattia**, Budget & Compliance Manager, Budget Office

**Victor Neil**, Coordinator, Bursar Services

**Victoria Pignatelli**, Campus Store Assistant, Campus Store

**Richard Reinschmidt**, Assistant Professor, Sociology

**Richard Vaccaro**, Seasonal Head Coach, Softball

**Ivette Wright**, Executive Administrative Assistant, Academic Affairs

The CCM Foundation brings the Flavor of Giving: Un Evento para recaudar fondos, a delightful virtual event with a selection of fine dining options to support Dover College Promise (DCP), an educational partnership between CCM and the Dover community. The mixologist from Sabor Latino, a highly regarded restaurant in Dover owned by Wilson and Maria Vasquez, will serve as guest speaker and offer recommendations for the fine art of making a signature sangria and margarita.

DCP is a grant funded collaborative project between CCM and The Educational Center (TEC) Inc. in Dover to provide low-income middle and high school students with college readiness training, mentoring and scholarships to attend CCM upon earning their diploma.

The Flavor of Giving, the second virtual dining event to be offered by the CCM Foundation, takes place Wednesday, October 6, starting at 7:30 p.m. Dining package options consist of Churrasco: Sirloin Steak, Cazuela De Mariscos: Seafood Casserole, and Pechuga Al Ajillo: Garlic Chicken Breast. A vegetarian option also is available. Included are starters and a dessert, and a carafe of Sabor Latino's Signature Sangria. A demonstration of how to prepare the restaurant's signature sangria and margarita also will be provided. Dining package pickup is from 4 – 6 p.m. the afternoon of the event. Cost for an individual meal is \$125, two meals is \$175, three is \$225 and four meals is \$275. Sponsorship opportunities are also available.

To purchase your dining package go to [www.ccm.edu/foundation/Flavor-of-giving](http://www.ccm.edu/foundation/Flavor-of-giving). Virtual program access will be sent to you prior to the event. For questions, please email [foundation@ccm.edu](mailto:foundation@ccm.edu).

## SOCIAL MEDIA

Help us communicate all of the good things happening at CCM by liking, sharing or commenting on the college's social media posts and pages.

