

The CCMemo

Volume 07-04

January 25, 2007

Calendar Listings

The Women's Center is offering a free workshop, "Transitioning to the Workplace" from 7 - 9 pm on Monday, January 29 in the Student Center lobby.

Planetarium: Shapes in the Sky 18
Saturday, February 10 -- 11am, 1 pm, 3pm
This is part of our series of programs dedicated especially for children ages 3 to 7, with fun for every age!

Performing Arts presents "Aida"

The Performing Arts Department will present "Aida," with music by Elton John and lyrics by Tim Rice. Performances are April 18, 19, and 20 at 7 p.m. A matinee performance will be held at 2 p.m. on Saturday, April 21. Tickets are \$12 for general admission and \$7 for students and those ages 18 and under. For more information, call 973-328-5427.

Weight Watchers comes to CCM

Weight Watchers (WW) will be holding sessions every Friday at CCM from 12:30 - 1:30 p.m. beginning Friday, February 2. The meeting location will be in Cohen Hall, B253. If you are interested in participating, please see fee schedule below and the Weight Watchers Information Sheet sent to everyone by e-mail on Friday, January 25. Call Health Services as soon as possible to register (ext. 5160).

The standard price for a 12-week series is \$156 (comes to \$13 per week). In January, they're offering a special promotion - 17 weeks for \$186 (comes to \$10.94 per week). A 3-par payment option is available. Members submit 3 checks, each for \$62, and WW will deposit one each month. They'll need at least 20 members for this option.

If you have already contacted Health Services and expressed an interest in participating, your name is on their list, so simply stop by their office with your payment. Feel free to call either Liz (ext. 5162) or Elsie (ext. 5160) with any questions or concerns. Thank you.

Women's Center offers workshop "Transitioning to the Workplace"

Entering the workplace from either the home or the classroom? Kate Morgan, HR Specialist, will discuss such topics as "First Day on the Job," "Getting Acquainted/Getting Started," "Being a Good Employee," "Potential Problems," and "Maximizing Your Work Experience."

To register for this workshop or to obtain more information, call ext. 5025.

The Women's Center is sponsored by the County College of Morris and supported through grants from NJ Division On Women, United Way of Morris, and private donations.

Swap and Shop

For Sale: Congoleum patio chairs. Outdoor weaved blue and white fabric. Originally \$150, asking \$15 each. I have 10 of them. Call Mirna (973) 729-9139 or X5792.

For Sale: Full size, custom, corner entertainment unit. Upper half of the unit has a TV opening for a 32" TV, plus a covered shelf for a DVD player and an open shelf. Lower portion of unit has two large shelves and a drawer for CDs and DVD's. This part of the unit is covered by doors. Unit is made from ash wood and stained in a warm honey finish. \$500. Call Lynne at 973-989-6996 for further information or to view the unit.

For Sale: Volkswagon Passat Wagan GLS, 2002, reflex silver, 42,300 miles, \$12,500 or best offer, black leather interior, sunroof, power and keyless, one owner, excellent condition. Call ext. 5369 for more information.

For Sale: Excellent condition, used, Igloo Animal Shelter, (insulated for use in all weather conditions) for 75lb. dog (medium to large). It has been cleaned and washed. \$30. Call Sue at ext. 5420.

Reminders...

- CCM will hold another Adult Open House on Thursday, March 1 from 5 – 7:30 p.m. If you have family, friends or neighbors who may be interested in attending CCM, please encourage them to come to the Open House. For more information, go to <http://www.ccm.edu/pdf/AdultOpenHouse.pdf>
- Representatives from **ING, a NJ State Division of Pensions** approved vendor, will present a seminar on February 1, on Financial Life Planning – How will you live in retirement? For additional information, open the attached PDF file (<http://www.ccm.edu/pdf/ING 2-1-07.pdf>) or call Karyn Norberg at ext. 5035 or e-mail at knorerg@ccm.edu. If interested in attending, RSVP directly to Mala Emera by phone at 973-326-5613 or by e-mail: Mala.Emera@us.ing.com. Light refreshments will be available.

C A F E T E R I A M E N U

Also on Spider at (<http://www.ccm.edu/spider/pdf/Weekly%20Menu.pdf>)

CCM Dining Services Week of January 29 - February 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Au Bon Pain	Chicken Florentine	Wild Mushroom Bisque	Chicken Noodle	Baked Potato	Clam Chowder
Soup	Italian Wedding	Beef Barley	Minestrone	Vegetarian Vegetable	
Baja Flats	Meatball Parm	Jerk Chicken	Chicken Wrap	Penne with Sauces	Chef's Choice
Mamma Leone's	Meat Lover's Pie	Veggie Pie	Assorted Pizzas	Personal Pizzas	Assorted Pizzas
Panini Fresca	Grilled Cheese & Bacon	Turkey & Swiss	Tuna Wrap	Wrap-it-Up	
B Café Grill	B.B.Q. Ribette Sandwich	Meatball Parm	Chicken Burger		