

# The CCMemo

County College of Morris  
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Employee Newsletter  
November 8, 2013

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### **Respiratory Society Recognizes CCM Faculty**



Professor **John Rutkowski**, director of the respiratory therapy program at County College of Morris (CCM), and Professor **Michele DaSilva**, director of clinical education for the program, were both recognized with awards at the annual New Jersey Society for Respiratory Care (NJSRC) Annual Shore Conference in October. Rutkowski was named the 2013 recipient of the A. Gerald Shapiro Award. The award recognizes an individual of national prominence whose excellence and achievements have promoted respiratory care.



DaSilva was recognized with the President's Award for outstanding and dedicated service to the NJSRC. The recognitions were presented during the keynote assembly at the NJSRC annual conference, held this year at the Tropicana Hotel and Casino in Atlantic City, October 16 – 18. The conference informs members of new and innovative updates on various aspects of respiratory care. Read more at

<http://tinyurl.com/khwv2ff>.

### **Make Public Safety Your First Call**

In the event where someone comes across an individual on campus who appears to need immediate medical attention, he or she should immediately contact the Public Safety Department at ext. 5550. The initial call to Public Safety allows the department to assess if the individual should be transported to the Health Services office or if the Randolph Rescue Squad needs to be contacted.

## **SCHEDULED EVENTS**

Where applicable, click event title for more information

### **Les Misérables**

November 8-9 at 7:30 p.m.  
November 9, 2 p.m. matinée, Dragonetti Auditorium

### **Space Extreme**

November 8 at 7 p.m., Longo Planetarium

### **Shapes in the Sky**

November 9 at 1 p.m., Longo Planetarium

### **Tour of the Planets**

November 9 at 3 p.m., Longo Planetarium

## **SAVE THE DATES**

### **Professional Day**

January 9, 2014

## **KUDOS**

### **CCM Walking Team Big Winners**

CCM team Making Strides won the grand prize drawing in the Walk this Way Challenge, hosted by TransOptions. The contest took place during the month of October, with participants logging their daily walking trips and miles. Individual contestants were chosen for prize packages randomly each week, and Making Strides was randomly chosen for the grand prize. Each team member will receive a \$100 bank card, iPod Shuffle, Camelback water bottle and reflective walking accessories to promote safe walking.

The group, led by Gina Garcia, included Mary Nasse, Doreen DeMarco, Joanne Goffredo, Sheri Ventura, Concetta Cantelmo, Louise Massoni, Sheila Pra Sisto, Barbara Capsouras and Kathy Avola. The team placed third out of 38 overall with 1,056.4 miles reported. The top CCM walker was Mary Nasse with 200 miles. Making Strides was also joined by a second CCM team, Campus People. Team members Joanne Metro and Kathleen Brunet Eagan were weekly winners during the contest. Congratulations!

## **FRIENDLY REMINDERS**

### **Healthcare Presentation**

The CCM Student Nursing Association is

Public Safety should also be the first contact if faculty, staff or students come across individuals who they believe should not be present on campus, such as solicitors. Please note that the Randolph Police Department usually contacts Public Safety if 911 is dialed from campus, so it is best to contact Public Safety first in all cases.

### **It's Official – CCM Has Gone Solar**



Even on a cloudy rainy day, the solar panels at CCM are generating quite a bit of energy, according to a recently installed kiosk at the college that measures the panels' impact and energy savings. Located outside the B Café in Sheffield Hall, the kiosk this Thursday showed that the solar panels to date have generated the energy equivalent to that provided by 441 60 watt light bulbs kept lit eight hours a day over the course of a year, provided a carbon dioxide offset equivalent to that offered by 1,391 trees, and reduced carbon dioxide emissions by 55 tons. The college was officially granted permission to operate the panels on Thursday. The panels are expected to meet up to 45 percent of the college's energy needs.

### **Faculty and Staff Market Place**

The CCM Faculty and Staff Market Place will take place on Tuesday, December 3, from 11 a.m. to 2 p.m. in the Student Community Center lounge. The event provides CCM employees the opportunity to sell their crafts, gifts and wares to fellow faculty, staff and students. If you are interested in participating, contact Campus Life at ext. 5217. A registration form, which is due to the Campus Life office by November 22, can be found at <http://tinyurl.com/kkqtvjij>.

### **Plant and Maintenance Procedural Briefing**

A procedural briefing for Plant Operations will be held on Wednesday, November 20, at 2 p.m. in Sheffield Hall, Room 101. If you or your staff process work orders or fixed asset transfers for your department, it would be helpful to attend this meeting. Other topics to be discussed will be vehicle maintenance and use and the recycling program.

### **Sign up for Chartwells Menus**

Chartwells is offering the CCM community the opportunity receive weekly menus for the cafeterias in the Student Community Center and the B Café. Those interested should email [Chartwells@ccm.edu](mailto:Chartwells@ccm.edu) with a request and your email address will be added to the weekly distribution list to receive menus, specials and other weekly happenings. You can always check out what's happening at the cafeterias by heading to [www.dineoncampus.com/ccm](http://www.dineoncampus.com/ccm).

hosting a presentation by Dr. Winthrop Dillaway III, who will speak on the topic of universal healthcare, on Monday, November 11, at 11 a.m. in Davidson Rooms A and B in the Student Community Center. A discussion regarding healthcare reform will follow the presentation.

### **Children's Book Drive**

The CCM Educational Opportunity Fund (EOF) is promoting children's literacy now through Friday, December 20, by participating in the Cops N' Kids Children's Book Drive.

Employees can donate new or gently-used children's books at the EOF office at Cohen Hall, Room 211, and the Campus Life office at the Student Community Center, Room 226. Also being accepted are \$1 donations for book labels. To date, the program has distributed 27,000 books and has engaged in partnership with the justice system, working with children of incarcerated parents who are about to leave prison to rejoin their families. Meeting with the families in reading rooms to select and read books together is part of the re-entry transition that is helpful to the children and parents.

### **Library Novella Book Club**

The CCM Library Novella Book Club will be discussing William Faulkner's "The Bear" on Wednesday, November 27, from noon to 1 p.m. and all employees are welcome to attend. The club meets the last Wednesday of the month in the lunch room of 675 Route 10 East. Those with questions can contact ext. 5278.

### **Career Week Workshops**

Two career-oriented workshops are taking place this month. On Monday, November 18, Angela Kubisky, executive vice president of membership and marketing with the Morris County Chamber of Commerce, will be presenting "Networking: The Key to Success in Jobs and Life" at 12:30 p.m. in Davidson Room A in the Student Community Center. That will be followed up on Tuesday, November 19, at 9:30 a.m. in the same location with "What are Your True Colors," a workshop designed to help individuals discover their personality types and careers that are best suited to them.

## **HR CORNER**

### **New Work Authorization Request Form**

Employees should begin using the new Work Authorization Request form immediately. The form can be found on the CCM website

## EOF Relaxation Workshop

The CCM Education Opportunity Fund will be hosting a relaxation techniques workshop on Tuesday, November 26, from 12:30 to 1:45 p.m. in Davidson Room C in the Student Community Center. The workshop will teach ways to relax, reduce stress and enhance self-esteem.

## November Issue of OUCH!

The newest issue of OUCH!, led by guest editor Lenny Zeltser, takes a look at how to shop online securely, something many people do this time of year. Find the English version at <http://tinyurl.com/oad5o9f> and translations at <http://tinyurl.com/c3em8bp>.

## Newest Edition of the Youngtown

The November 6 issue of *The Youngtown Edition*, CCM's award-winning student newspaper, can be found at <http://tinyurl.com/lumxohz>.

**THE YOUNGTOWN EDITION**  
VOL. 91, NO. 5 WEDNESDAY, NOVEMBER 6, 2013 RANDOLPH, N.J.  
DUM Medalist, 2013 Columbia Scholastic Press Association • First Place Layout & Design 2013-2014 NJPA  
"Nothing in the world is more dangerous than sincere ignorance and conscientious stupidity." - Martin Luther King Jr.

### CCM soccer team finishes off strong

BY GIOVANNA ROMAZINI  
Student News Editor

The men's soccer team of County College of Morris took a strong start to the fall season of the New Jersey State Athletic Club League Men's Soccer Program, the team completed its regular 15 and Charles State Athletic Club League, making it to the playoffs. The team lost against Stevens County Community College by a score of 1-1.

With an overall rate of success and strong teamwork, CCM's first defender Jack Chalmer said the team was in great shape.

"CCM soccer's success team has a lot of success for many reasons," Chalmer said. "We have a very strong team that has a lot of enthusiasm, experience, which gives us the opportunity to succeed every year."

"It is great to be able to represent the school," Chalmer said. "I don't play soccer, I would love to be in a good of shape as I can have to give a good way to relax stress and meet new people."

15-year-old Chalmer, a first-year student at CCM, played for that season, on the soccer team and is still enjoying his opportunities at the school.

"I personally took all morning classes, so I have a gap between class and practice every day when I can study homework and study," Chalmer said.

The thought of possibly studying for nationals was exciting for Chalmer, who has some experience with it comes to competing at nationals.

Faculty and Staff page, and the direct link is <http://tinyurl.com/m88ez28>. Old forms that are in progress will be accepted through November 29. All other requests must be made using the new form immediately.

## Open Enrollment

The 2014 health benefit open enrollment period, which has been extended, ends today, November 8. A flyer with full details can be found at <http://tinyurl.com/ofn6atd>.

## Retirement Consultations

VALIC representative Julio Leaty will be on campus for consultations in the Student Center lobby, located next to the Campus Life office, on Wednesday, November 20, from 10 a.m. to 2 p.m. If you are unable to attend, you can contact Leaty at 1-800-892-5558, ext. 89758 (office), 201-577-1686 (cell) and at [Julio.leafy@valic.com](mailto:Julio.leafy@valic.com).

MetLife representative David Sharpe will be on campus for one-on-one consultations in Henderson Hall, Room 107, on November 12 and December 10, from 10 a.m. to 2 p.m. Appointments can be made by emailing [dsharpe2@metlife.com](mailto:dsharpe2@metlife.com).

TIAA-CREF representative Zhee Moon will be on campus for one-on-one consultations in Henderson Hall, Room 107, on November 13 and December 12, from 9 a.m. to 5 p.m. Appointments are required by phone at 866-843-5640.