

The CCMemo

County College of Morris
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Employee Newsletter
March 13, 2015

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CCM Cyber Defense Team Advances to Regional Finals



their first appearance at the Mid-Atlantic Collegiate Cyber Defense Competition (MACCDC), County College of Morris (CCM) students have moved on to the regional finals.

Calling themselves the CCM Cyber Centurions, the students, who are members of the college's Cyber Security Club, placed in the top 10 after the virtual qualifier round, advancing to the regional finals at Johns Hopkins University Applied Physics Lab in Maryland at the end of March.

Not only is this the first time CCM is competing, but the college's team was the only group from any New Jersey college or university to enter the competition.

"The success of this team is a testament to the quality of our Information Security curriculum, faculty and students," says Nancy Binowski, chair of the Information Technologies program at CCM. "I congratulate the CCM Cyber Centurions on their significant accomplishment and wish them

SCHEDULED EVENTS

Where applicable, click event title for more information

[Space Extreme](#)

March 13, 7 p.m.

Longo Planetarium

[Shapes in the Sky](#)

March 14, 1 p.m.

Longo Planetarium

[Tour of the Planets](#)

February 14, 3 p.m.

Longo Planetarium

["Little Women" - Musical](#)

April 8-11, 7:30 p.m., April 11, 2 p.m.

Student Community Center, Dragonetti Auditorium

["The Devils" - Drama](#)

April 30- May 2, 7:30 p.m.

Student Community Center, Dragonetti Auditorium

[Spring Professional Days](#)

May 13-14

FRIENDLY REMINDERS

[2015-16 Advising Cadre Application](#)

Requests to serve on the 2015-16 Advising Cadre are now being accepted. Interested full-time faculty should review the 2015-16 Advising Cadre Guidelines and send their request to serve to Margaret Shepard (mshepard@ccm.edu) no later than Monday, April 6. Applicants will be notified of their selection by email after April. To read the guidelines, go to <http://tinyurl.com/kf3guke>.

[Counseling and Student Success](#)

[Workshops](#)

The CCM Office of Counseling and Student Success is hosting multiple upcoming workshops that are designed to help students in a number of important areas. A full schedule of Spring Semester workshops can be found at <http://tinyurl.com/nw46tdr>. The following is a description the next event.

Effective Communication Strategies
Wednesday, March 25, 11 a.m., in Cohen Hall, Room 161

Communication is a vital part of our everyday

continued success as they represent County College of Morris and the state of New Jersey in the regional finals in Maryland.”

The winner of the MACCDC will represent the region at the national Cyber Defense Competition in San Antonio, Texas, in April.

The Cyber Centurions’ accomplishment is even more meaningful as the team only began practicing in February. In order to prepare in such a short period of time, the students met regularly at the home of Professors Patricia and Joseph Tamburelli, who coach the team. Practices took place late into the night during the week and on weekends. To create a welcoming environment, the Tamburellis cooked the team meals and even increased their home Internet speed to allow students to practice in an ideal environment. The CCM Information Systems department also helped by providing switches and fast cables for the team to use.

“I truly believe that because of this journey, the team has become a family and it greatly improved their chances to succeed,” Binowski says.

Read more at <http://tinyurl.com/pgu6vxa>.

Employee to Carry Lead Banner at St. Patrick’s Day Parade



Every year, a committee made up of members from co-sponsoring organizations the Friendly Sons of St. Patrick (FSSP) and the Irish American Association of Northwest Jersey (IAANWJ) selects one member from each organization to carry the lead banner for the annual Morris County St. Patrick’s Day Parade in Morristown.

This year, the committee has selected Laurie Quinn of CCM’s Disability Services department, a member of IAANWJ, and her husband Michael Quinn (pictured), a member of FSSP, for the honor of carrying the banner. The parade steps off at noon this Saturday, March 14.

According to the parade’s official website, “the parade is fully self-funded and receives no public funds for parade expenses. It is funded solely by generous donations from corporate and individual sponsors. There is no

lives. In this workshop, participants learn effective non-verbal communication strategies that will allow for trust, respect and create an environment where problem solving can thrive. By learning these strategies, participants will be able to better connect with others.

The Writing Institute II

Because of everyone’s reaction to the last Writing Institute workshop in December, Professor Ken Souler, philosophy, will continue to deemphasize the mechanics of selling writing and emphasize the principles of good writing. Writing Institute II meetings are 12:30 p.m. in the CTE office on April 7 and April 28. Register for the Writing Institute workshops on the CTE website at <http://www.ccm.edu/cte/workshops.aspx>.

Chartwells Survey

Let Chartwells know how they are doing by taking their dining survey at <http://tinyurl.com/pokq6op>. In return for your time and feedback, a coupon will be emailed to you for a free small fountain or hot beverage.

United Way Holding Free Tax Preparation on Campus

The United Way, in partnership with a number of other organizations, is holding a free tax preparation event on Campus on Monday, March 16. It is open to the public, but appointments are necessary. Learn more, including how to make an appointment, at <http://tinyurl.com/majjwgx>.

Library Novella Book Club

The CCM Library Novella Book Club will be discussing “39 Steps” by John Buchan on Wednesday, March 25, from noon to 1 p.m. and all employees are welcome to attend. The club typically meets the last Wednesday of the month in the library conference room. Those with questions can contact ext. 5278.

HR CORNER

Managing Stress Instantly

The college’s new Employee Assistance Provider, Barnabas Health, will be hosting a lunch-and-learn session on Managing Stress Instantly on Thursday, March 26, from noon to 1 p.m. in the Learning Resource Center, Room 122.

Robert Friedman will present techniques and strategies from his book, “How to Relax in 60 Seconds or Less.” Participants will learn how

public money involved so there is no cost to tax payers.”

The parade will also feature CCM graduate Matthew Wood on bagpipes and Professor Nial McCabe, who will be driving a buggy built by CCM MET Lab students. Read more about Wood and McCabe at <http://tinyurl.com/ptbp29h>.

Find out more about the parade at <http://paradeday.com/>.

Books on CD for Your Commute Available at the Library

Have a long commute and want to fill your time? Or do you just enjoy listening to audio books? The CCM Library has a great selection available to you. The audio CDs may be checked out for one week. Head to <http://tinyurl.com/le57f4k> for a list of available books on CD.

EOF Tricky Tray Coming Up

The eighth annual Educational Opportunity Fund Tricky Tray is scheduled for Thursday, April 23, from 10 a.m. – 4 p.m. in the Student Community Center lobby. Tickets are one for \$1, six for \$5 and 15 for \$10. Winners will be contacted on April 27 and need not be present. For more information, see the flyer at <http://tinyurl.com/n56pteg>.

Campus Life Update

The latest edition of CLU: Campus Life Update is available at <http://tinyurl.com/o4wqjlo>. Highlights include the Asian Student Association’s upcoming Asian Festival, the Gay Straight Alliance’s Masquerade Ball, and information on upcoming performing arts events.

Commencement to Take Place May 22

CCM’s 46th Commencement Exercises will take place on Friday, May 22, at 10 a.m. Regalia order forms have been sent to faculty and administration through campus mail. All faculty and administrators who need to order regalia should complete and return the forms to the Campus Store by today.

There will be no charge to the participants for the rental of graduation regalia. However, orders received in the Campus Store after March 9 will have a \$20 late fee for special handling and shipping. The fee will be charged to the participant’s department. Any questions should be directed to Dolores Schepisi at the Campus Store at ext. 5151 or dschepisi@ccm.edu.

to create instant relaxation and develop an effective buffer zone between their stressors and their health. Space is limited, so please RSVP to Rita in Human Resources at ext. 5041 or rragany-bayer@ccm.edu if you would like to attend.

Barclays Center Special Offers

The Human Resources department is pleased to extend Barclays Center special offers to CCM employees, family and friends. Receive discounted prices to Brooklyn Nets games, as well as other events such as the Atlantic 10 basketball tournament and Golden Gloves boxing. See the flyer at <http://tinyurl.com/pxohsdb> for more information.

Retirement Consultations

One-on-one counseling sessions are available as follows with state-approved representatives:

TIAA-CREF representative Helena Gaffney will be on campus on Wednesday, April 1, from 9 a.m. – 4 p.m. in Henderson Hall, Room 107. Call 800-732-8353 to make an appointment.

MetLife representative David Sharpe will be on campus on Tuesday, March 17, from 10 a.m. – 2 p.m. in Henderson Hall, Room 107. Email dsharpe2@metlife.com to make an appointment. He will also be on campus April 23, May 7 and June 12.

AXA Equitable representative Marc Sheridan will be on campus Tuesday, April 14, from 10 a.m. – 2 p.m. in Henderson Hall, Room 107. Call 908-230-2042 to make an appointment.