



January 14, 2022
Volume 2022/637

CCM EVENTS

[Martin Luther King Day](#)
January 17
College Closed

[2022 Spring Professional Day](#)
January 18

OPENING SESSION 9 – 9:50 a.m.

Welcome – President Iacono

The Arts Across the Curriculum – John Marlin

Reaffirming our Promise – Pam Marcenaro

For the schedule of breakout sessions, click [here](#).

Link: <https://ccm-edu.zoom.us/j/93558455568>

Meeting ID: 935 5845 5568

Passcode: ProDay

Phone#: +13017158592, 93558455568# or +13126266799, 93558455568#

[Data Integrity & Ethics Training](#)

Through March 23

Password: 10073Rec121821

[Public Safety Visitor's Registration Link](#)



CCM Rated the Best for Transfer Students in New Jersey *Easing the Process for Those Seeking to Earn a Bachelor's Degree*

Adding to its growing list of national and state accolades, attesting to the exceptional higher education students receive at CCM, the college is now rated as the Best for Transfer Students in New Jersey.

According to Intelligent, the college provides the best opportunities for students who start at CCM and then plan to transfer to a four-year institution to earn a bachelor's degree. The rating is based on the transfer agreements CCM holds with colleges and universities across the state and nation. CCM has more than 170 [transfer agreements](#) to ease the process for students who want to earn an associate then a bachelor's degree. More than 70 percent of CCM graduates transfer to earn their bachelor's degree within three years of graduation – enrolling in schools from the Ivy League to New Jersey's top colleges and universities.

“CCM has worked diligently over the last several years to increase the number of transfer agreements it holds with other institutions to ensure our students can seamlessly continue with their higher education,” noted Dr. Bette Simmons, vice president of Student Development & Enrollment Management. “We are proud to have received this recognition as additional proof of the high-quality and supportive education students obtain at CCM so they can meet their educational and life goals.

Besides its success at transferring students to other colleges, CCM also enrolls a large number of students each year who began at another institution and then decided the community college was a better fit for starting their higher education. Over the past three years, students have transferred to CCM from more than 500 other schools.

Along with this latest distinction from Intelligent, the college earned more than a dozen national and state rankings in 2021. Included among those, CCM is ranked #1 for Associate Degrees by Intelligent, in the top 1.8 percent of the Best Community Colleges in the nation by Academic Influence, #1 in Alumni Salaries by Payscale and #1 Most Popular Online Business Administration & Management Associate Degree School in New Jersey by Business Degree Central.



In December, shortly before the start of the Holiday Break, the college celebrated the latest **graduates from the Culinary Opportunity (COP) and Horticultural Opportunity (HOP) programs.**

COP prepares students for entry-level positions in food production or packaging in a grocery, supermarket, convenience store or food market. Students in the program also are prepared to obtain Serv-Safe certification and provided with resume preparation and interviewing skills, along with the opportunity to meet potential employers.

Students in HOP gain hands-on experience in horticultural practices ranging from greenhouse production, to landscape maintenance, to floriculture. Students learn about the safe use of tools, soil preparation and seeding, transplanting techniques, caring for houseplants and more. As with COP, students learn how to put together a resume and interviewing skills and have the opportunity to meet with potential employers.

Eight students received Certificates of Accomplishment for completing COP, marking the fifth graduating class for that program, and four students received certificates for completing HOP as the first graduating class for that program.



CCM Honors celebrates the success of its Fall Semester. CCM Honors offered inaugural student gatherings for increased comradery for students in Honors classes. This included an information session on CCM's library services run by Lynee Richel and a CV workshop hosted by the Honors co-directors. Honors also held its first Student Showcase on November 30. Over 30 students successfully presented on the projects they completed in their Honors courses at this interdisciplinary event. Co-directors Professor Samantha Gigliotti and Dr. Michelle Iden thank the Honors Committee and all who attended for creating and engaging in such a dynamic event. Honors ended the semester similar to how it began it, with a gathering celebrating the students in Honors courses.



Looking forward to the Spring Semester Honors gatherings with new workshops offered on career and transfer services. Also be sure to save the date for the next Student Showcase: Tuesday, April 19, 12:30-1:45 p.m. in LRC Room 121."

STUDENT SERVICES

The Library
[In-Person and Remote Service](#)

Online Tutoring Center
 For more information, click [here](#).

HR CORNER

RETIREMENT CONSULTATIONS WITH NEW JERSEY STATE APPROVED VENDORS

Save for retirement –
 Receive free, no pressure retirement counseling sessions. Make your appointment today. You do not need to be a member to speak with the representatives.

AIG (formerly VALIC) representative MaryAnn Bradford is available for individual appointments.

Call 732-832-5346 or email Maryann.bradford@aig.com
 Schedule a virtual meeting or phone call:
<https://my.valic.com/seminarregistration/availableseminars.aspx?regcode=5296NEW11AA>

Equitable representative Mark Sheridan is available at all 908-230-2042 or email Marc.Sheridan@equitable.com

Access Marc's calendar to schedule an appointment:
<https://app.zynbit.com/zyncal/schedule/marc-sheridan>

MassMutual (formerly Hartford) representative Kenneth Quarnaccio is available at 848-248-4313 or email kquarnaccio@gittermanwealth.com.

MetLife/BrightHouse representative David Sharpe is available at 973-575-3254 or email dsharpe@financialguide.com.

Prudential
 Call 732-428-2314 or email alicia.smith@prudential.com to make an individual appointment to discuss ABP or DCRP investments.

Contact TIAA's National Contact Center at 800-842-2252 for questions and counseling.

Voya representative, John Murray is available to help you with your retirement account. To schedule an appointment call (609) 234-3369 or email johnmurray@voyafa.com

NOTICES FOR CCMEMO

Email material to Kathleen Brunet at kbrunet@ccm.edu.

Submissions must be received by 3 p.m. Wednesday.

Looking for past issues of the CCMemo?
[Find them here.](#)

CCM Partners on \$5 Million Grant for Students to Pursue STEM Careers



With its strong and highly recognized degree programs for students interested in studying for a STEM career, CCM now is making it even easier – and more affordable – for students to reach for their dreams.

As a partner on a \$5 million National Science Foundation grant with East Stroudsburg University (ESU), CCM will be

able to position students to receive a scholarship of up to \$10,400 to attend the community college and then up to \$20,000 to earn their bachelor's degree in a STEM field from ESU.

[Read more.](#)

Pictured above are (l) Kari Hawkins, coordinator of Transfer Services & University Partnerships and (r) Professor Samantha Gigliotti at a press conference held at ESU announcing the award of the \$5 million grant.

Updates to the College's Pandemic Response Plan

Based on recommendations from the latest CDC guidelines and with additional guidance of public health officials, CCM has made some updates and changes to its operations. It is important that all employees review the college's updated [Pandemic Response Plan](#) in its entirety. Highlighted below are some of the changes you will find within the plan:

- State health officials recommend that masks be worn regardless of vaccination status. CCM is following those guidelines and requiring everyone to wear a well-fitting mask while indoors.
- Masks must be worn to enter all buildings and in all indoor settings. Masks may only be removed while indoors when a person is working in their office space alone and must be worn when another person enters that space. Masks are strongly encouraged when outdoors unless social distancing (6 feet apart) is possible. Mask breaks are encouraged outside when social distancing is possible.
- All campus meetings (except instructional settings) are to be held via web conference platforms when three or more people are required for the meeting and the meeting duration is greater than 10 minutes. If an in-

Vaccine and Booster Shot Clinic on Campus



Registration is open for the Vaccine and Booster Shot Clinic Atlantic Health System will hold on campus, Wednesday, January 19, from 2 - 7 p.m. Atlantic Health System is offering online scheduling for eligible individuals to receive their first dose, second dose or their booster shot. Moderna, Pfizer-BioNTech and Johnson & Johnson (Janssen) vaccines are available. COVID-19 vaccine scheduling is available for those ages 5 and up. To register, go to www.atlantichealth.org/conditions-treatments/coronavirus-covid-19/covid-vaccine/schedule.html/.

While the new COVID-19 variant is more contagious, fully vaccinated persons with a booster shot are less likely to experience severe symptoms and are less likely to require hospitalization if infected. The college strongly recommends that you get the vaccine if:

1. You have not been vaccinated.
2. It has been six months or longer since you received the Moderna or Pfizer vaccine.
3. It has been two months or longer since you received the Johnson & Johnson vaccine.

What to Do if You, a Fellow Employee or Student Tests Positive

If you receive a positive PCR test or experience any COVID-19 symptoms at any point in time, it is imperative you report your symptoms to the college:

EMPLOYEES must notify Human Resources via email at HRCOVID@ccm.edu and their supervisor immediately, whether working on-campus or remotely. If employees are uncertain about any protocols or COVID-19 exposures or symptoms, contact HRCOVID@ccm.edu.

STUDENTS must always notify their professor and the Office of Student Development & Enrollment Management at dsd@ccm.edu any time they experience symptoms, whether learning on-campus or online. The Office of Student Development & Enrollment Management is responsible for communicating with the student – and any other students – about the next steps and updates.

person meeting is necessary, masks must be worn, social distancing (6 feet apart) must be maintained, and the meeting must be less than 10 minutes.

- Faculty office hours are to be held remotely when possible.
- Remote operations for any employee must be cleared by your vice president or executive director.
- Employees required to quarantine must discuss their health status with their supervisor and Human Resources before working remotely.
- Some food and dining options will be open for grab and go food distribution in the Cohen Café. Limited seating will be available. Due to the changing conditions and rapid spread, times spent in dining areas are to be limited to dining only and not a space utilized for studying and socializing.
- People with COVID-19 should isolate for five days and if they are asymptomatic or their symptoms have subsided, follow that by five days of wearing a mask when around others.
- Anyone who is exposed to COVID-19 will be asked to comply with the following protocols:
 - If unvaccinated or are more than 6 months beyond your full COVID vaccination series and not yet boosted, individuals should isolate for 5 days followed by strict mask usage for an additional 5 days.
 - Individuals who have received their completed series of Pfizer or Moderna vaccine within the last 6 months, completed the primary series of J & J vaccine within the last 2 months, or have received their booster shot do not need to quarantine following exposure but should wear a mask for 10 days after exposure.
 - It is recommended that any individual who has been exposed to COVID-19 should get a COVID PCR test 5 days after exposure.

Stronger Together: Changing Lives and Strengthening Communities



While CCM and the world continued to be challenged by the ongoing pandemic, the college during Academic Year 2020-21 was able to move forward on a number of fronts, launching new academic programs, strengthening student success services, and partnering with businesses and community organizations to improve

the lives of others. As noted by President Tony Iacono, "County College of Morris has proven that enriching the lives of students and strengthening the communities it serves happen when we work together." You can read about the successes of the past academic year in this year's [Annual Report](#).



CCM Trustee Jeffrey Advokat Presented with Trustee Spotlight Award

A long-time and highly influential member of the Board of Trustees at CCM, Jeffrey M. Advokat, Esq. was recently presented with a Trustee Spotlight Award from the New Jersey Council of County Colleges (NJCCC) for his expansive service on behalf of the state's and nation's community colleges.

Inscribed on the glass award, Advokat is commended for being, "A True Advocate Nationally and in New Jersey – Supporting the Mission of Community Colleges."



"The New Jersey Council of County Colleges was honored to present the Trustee Spotlight Award to Jeff Advokat in recognition of his tireless service and strong leadership as a trustee of County College of Morris," said Aaron Fichtner, president of the NJCCC. "Jeff is an active member of the Council of County Colleges, helping to guide the work of the state's network of community colleges. Jeff is an innovative thinker who is committed to improving the lives of students and strengthening our communities and is incredibly deserving of statewide recognition."

"Jeff's service to County College of Morris and community colleges nationwide has been expansive and profound," noted Dr. Anthony J. Iacono, president of CCM. "CCM is now a nationally recognized college, which Jeff helped us to obtain through his guidance, commitment and direction, as he also has assisted trustees across the United States with his knowledge and passion. The CCM community takes great pride in the contributions Jeff has made to strengthen not only CCM but also community colleges across the country."

"I am honored and deeply moved to have been presented with this award," said Advokat. "I am a strong believer in the power of community colleges to transform lives and it is an honor and privilege to serve CCM and assist other trustees."

[Read more.](#)

Health and Safety Is Everyone's Concern



CCM places a high priority on the health and safety of its employees and students. Toward that end, the college has a Safety Committee. Anyone with a concern or suggestion can reach out to Co-Chairs [Frank Pietropollo](#) or [Maureen Stivala](#) or any member of the committee.

Nursing Pinning Video

On Wednesday, the latest class of nurses took part in their pinning ceremony. You can view the video [here](#).

Become Your Best Self



Are you looking to grow personally and professionally? CCM's employee assistance provider, New Directions, offers quick, cost-free webinars designed to help you become your best self at work and home. Pre-recorded and live webinars are available at eap.ndbh.com. Use company code **ccm** and start growing today. New webinars are available the first day of each month. Here are the upcoming webinars.

Pre-Recorded

JANUARY | Achieving Harmony: How to Maintain a Healthy Work/Life Balance

In an effort to “have and do it all,” many people feel stressed by the demands of home and work and feel challenged to maintain balance. Higher stress levels lead to compromised physical and emotional wellbeing, as well as lost time at work and lower productivity. By raising our awareness and consistently utilizing simple strategies, a better balance is possible! In this webinar, you will learn how to recognize the signs of poor work/life balance, create manageable work and personal goals, plan your time productively and determine when you need support and how to get it.

FEBRUARY | Family Ties

In this day and age when everyone is plugged in, how are family members, especially the children, being affected? Connecting as a family on all levels is key to how children behave in social settings and later in life. Communication skills, dealing with life issues and how they conduct themselves is a learned behavior from parents and other family members.

MARCH | Riding the Waves of Change

Change is inevitable. While we can't always control what happens, we can control how we respond. What we tell ourselves about change has a large impact on our feelings and behaviors. During this webinar, we'll demonstrate techniques for successfully navigating change and using it as an opportunity for learning and growth.

Live

JANUARY 19 | Tuning out Technology

Technology has made its way into nearly every aspect of our lives, and many of us spend our entire day staring at screens. In this session, learn more about the effects of screen time and how to develop better digital hygiene.

FEBRUARY 16 | Communicating Effectively

Communication can be difficult and messy. We forget that our feelings play a part in how messages are delivered, received and processed. Learn more about how to ensure that what you say is what others hear.

MARCH 16 | Post-Pandemic Mental Health

The COVID-19 pandemic has tremendously impacted our mental health and for many, these mental effects will likely outlast the virus itself. In this session, learn more about long-term effects and ways to manage them.

What to Know about Employee Benefit Deductions

All employee benefit deductions (ABP, PERS, voluntary retirement, dental, FSA, etc.) are taken from the first two pays each month (24 times for those paid over 12 months and 20 times for those paid over 10 months); **except for the health benefit deductions** which are taken from every pay period (26 or 22 times). Beginning this year, the college will be changing the health benefit premium deductions to match all benefit deductions. Therefore, any month when there are three paychecks, only the first two will have benefit deductions.

- The change will be implemented with the first pay of 2022
- No action is required on your part
- Benefit deductions will be split evenly over the first two bi-weekly paychecks each month
- If there is a third check in a month, that will be the “freebie” – no benefit deductions taken resulting in a larger net amount

If you have any questions, contact Karyn Norberg at knorberg@ccm.edu.

KUDOS

Dr. Maryam Alikhani learned in December that she had been selected as a finalist in THE ARTISTS FORUM Spoken Word Competition 2021 Juried Art Competition for her joint project with David Dephy "[Poetry Orchestra - Idealists.](#)"

How to Spot Messaging Attacks

In January's edition of OUCH!, learn how to “**Spot and Stop Messaging Attacks.**” Smishing (a combination of SMS and phishing) are attacks that occur when cyber attackers use SMS, texting or similar messaging technologies to send you a message that fools you into doing something you should not do, such as providing your credit card details, getting you to call a phone number to obtain your banking information, or convincing you to fill out an online survey to harvest your personal information. These simple attacks have exploded in the past 12 months because they are so effective.

Led by Guest Editor Jeff Lomas, this month's newsletter will help you spot the most common clues and stop messaging attacks. Download and share OUCH! with family, friends and co-workers. As always, it is translated into over 20 languages.

Spot and Stop Messaging Attacks: sans.org/jan2022-ouch

OUCH! Archives: sans.org/ouch

SOCIAL MEDIA

Help us communicate all of the good things happening at CCM by liking, sharing or commenting on the college's social media posts and pages.

