



January 28, 2022
Volume 2021/639

CCM EVENTS

[Data Integrity & Ethics Training](#)
Through March 23
Password: 10073Rec121821

[Public Safety Visitor's Registration Link](#)



CCM #1 for Fifth Year for Alumni Who Earn the Best Salaries *PayScale Places the College First in New Jersey 2017 – 2021*

For the fifth consecutive year, CCM has been ranked number one in New Jersey by PayScale for associate degree holders who earn the highest salaries.

PayScale's 2021 "Best Community Colleges in New Jersey by Salary Potential" placed CCM first among 24 institutions of higher education in New Jersey that award associate degrees. Nationally, the college placed in the top 5 percent of the best paid associate degree holders.

The PayScale report looked only at those who possess an associate and no higher degree. PayScale's 2017, 2018, 2019 and 2020 reports also placed CCM first in the state based on the earnings of its associate degree graduates.

Along with earning top salaries, CCM alumni speak highly of their experience, with 99 percent traditionally rating the college good to excellent as reported by the Office of Career Services & Student Employment. Comments from alumni during its annual Graduate Survey completed last year included:

"I will forever be grateful to CCM because I truly believe I wouldn't be where I am today without it."

"Great first step of my journey toward biochemistry, medical school and beyond."

"As a full-time worker, I was able to find all the classes that I needed, offered in the evenings. Very important for the 'adult' learner."

Share the Warmth: Donate to the Dover College Promise Clothing and Blanket Drive



Join in to help mothers and their children ages 3 and under who are at risk of homelessness stay warm this winter. Dover College Promise (DCP) is holding a Clothing

Your W-2 for 2021

Payroll is pleased to offer electronic delivery of your W-2 for 2021. Your W-2 now is available for viewing and downloading in PDF format by logging into [Titans Direct](#). If you have any questions or concerns, reach out to the Payroll team at payroll@ccm.edu.

College Council

If you missed this week's College Council meeting on Thursday, you can view it [here](#).



Standard Mileage Rate

For 2022, the standard mileage rate for business use of a vehicle is 58.5 cents per mile.

and Blanket Drive and is looking for the support of the CCM community.

DCP is a grant-funded educational partnership with CCM, the Dover School District and The Educational Center in Dover. DCP provides motivated low-income middle and high school students in Dover with college readiness training, including tutoring, mentoring and field trips, along with scholarships to attend CCM after earning their diploma. The students also take part in community-based service projects, such as the Clothing and Blanket Drive.

“The purpose is to provide warm clothing as well as baby blankets to those who are less fortunate,” says Eduardo Lopez, EOF program counselor and DCP coordinator. “The students are seeking gently used and new clothing for babies ranging in sizes from newborns to 3-year-old. They are targeting 100 families.”

The DCP drive runs through Friday, February 25. Please bring all donations to the EOF Office in Cohen Hall, Room 211.

Specific donations include jackets, warm shirts and pants, socks, beanies and hats, plus baby blankets. DCP is collaborating the collection efforts with North Porch Women and Infants’ Centers. Cynthia Moricz deTecsco, director of North Porch, was invited to talk to DCP students about the services her agency offers and about the issue of homelessness. After learning about homelessness in the Dover community, the students decided to organize the clothing drive.

“They specialize in helping single women with children and serve over 400 kids in the town of Dover,” said Lopez. “North Porch will help guide our efforts and identify the women and children with needs.”

Students at Primer Paso Preschool of Dover also are helping with the clothing drive by asking their parents to donate clothing. “In addition, Dick’s Sporting Goods store from Rockaway made a generous donation of \$250 to the students to help support their project,” said Lopez.



Free Yoga Class

Adjunct Professor Trayer Run-Kowzun, Health & Exercise Science, once again is offering free yoga classes for employees, both in-person and online.

In-Person

HPE Room 120, Mondays, 5 – 6 p.m.

Remote Webex

Fridays, 5 – 6 p.m.

Email trunkowzun@ccm.edu to join the class.

Become Your Best Self



Are you looking to grow personally and professionally? CCM’s employee assistance provider, New Directions, offers quick, cost-free webinars designed to help you become your best self at work and home. Pre-recorded and live webinars are available at eap.ndbh.com. Use company code **ccm** and start growing today. New webinars are available the first day of each month. Here are the upcoming webinars.

Pre-Recorded

JANUARY | Achieving Harmony: How to Maintain a Healthy Work/Life Balance

In an effort to “have and do it all,” many people feel stressed by the demands of home and work and feel challenged to maintain balance. Higher stress levels lead to compromised physical and emotional wellbeing, as well as lost time at work and lower productivity. By raising our awareness and consistently utilizing simple strategies, a better balance is possible! In this webinar, you will learn how to recognize the signs of poor work/life balance, create manageable work and personal goals, plan your time productively and determine when you need support and how to get it.

FEBRUARY | Family Ties

In this day and age when everyone is plugged in, how are family members, especially the children, being affected? Connecting as a family on all levels is key to how children behave in social settings and later in life. Communication skills, dealing with life issues and how they conduct themselves is a learned behavior from parents and other family members.

MARCH | Riding the Waves of Change

Change is inevitable. While we can’t always control what happens, we can control how we respond. What we tell ourselves about change has a large impact on our feelings and behaviors. During this webinar, we’ll demonstrate techniques for successfully navigating change and using it as an opportunity for learning and growth.

Live

FEBRUARY 16 | Communicating Effectively

Communication can be difficult and messy. We forget that our feelings play a part in how messages are delivered, received and processed. Learn more about how to ensure that what you say is what others hear.

MARCH 16 | Post-Pandemic Mental Health

The COVID-19 pandemic has tremendously impacted our mental health and for many, these mental effects will likely outlast the virus itself. In this session, learn more about long-term effects and ways to manage them.

STUDENT SERVICES

The Library

[In-Person and Remote Service](#)

Online Tutoring Center

For more information, click [here](#).

HR CORNER

RETIREMENT CONSULTATIONS WITH NEW JERSEY STATE APPROVED VENDORS

Save for retirement –

Receive free, no pressure retirement counseling sessions. Make your appointment today. You do not need to be a member to speak with the representatives.

AIG (formerly VALIC) representatives MaryAnn Bradford and Tom Napier are available for individual appointments.

Select this link for contact information [County College of Morris Quick Links](#)

[Click here to schedule a virtual meeting or phone appointment](#)

Equitable representative Marc Sheridan is available at all 908-230-2042 or email

Marc.Sheridan@equitable.com

Access Marc’s calendar to schedule an appointment:

<https://app.zynbit.com/zyncal/schedule/marc-sheridan>

MassMutual (formerly Hartford)

representative Kenneth Quarnaccio is available at 848-248-4313 or email

kquarnaccio@gittermanwealth.com.

MetLife/Brighthouse representative David Sharpe is available at

973-575-3254 or email

dsharpe@financialguide.com.

Prudential

Call 732-428-2314 or email

alicia.smith@prudential.com to make an individual appointment to discuss ABP or DCRP investments.

Contact TIAA’s National Contact Center at 800-842-2252 for questions and counseling.

Voya representative, John Murray is available

to help you with your retirement account. To schedule an appointment call (609) 234-3369

or email johnmurray@voyafa.com

NOTICES FOR CCMEMO

Email material to Kathleen Brunet at kbrunet@ccm.edu.

Submissions must be received by 3 p.m. Wednesday.

Looking for past issues of the CCMemo?

[Find them here.](#)

SOCIAL MEDIA

Help us communicate all of the good things happening at CCM by liking, sharing or commenting on the college’s social media posts and pages.

