

# Helpful Resources

*Last Updated July 2018*

*The following are resources that have been compiled (by county) in order to assist those who are in need of the following:*

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*These resources below are not endorsed by the County College of Morris or the Office of Counseling & Student Success, rather they are community resources compiled for your convenience. If you find any of the resources below are outdated or if you need additional informational resources that may not appear on this list, please contact:*

**Ariella Panek in Counseling Services:  
apanek@ccm.edu, (973) 328-5140**

# Abuse Support

State-wide | [Morris County](#) | [Bergen County](#) | [Essex County](#) | [Passaic County](#) | [Sussex County](#) | [Warren County](#)

## NEW JERSEY

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### **Dating Violence Hotline/Referrals**

(800) 572-7233

### **List of Rape Care Programs in New Jersey**

<http://www.njdcj.org/releases/2005/rape-care.pdf>

### **Male Survivor**

*Assists boys and men overcome sexual victimization*

<http://www.malesurvivor.org>

### **National Domestic Violence Hotline (24 hour hotline):**

*Offers crisis intervention, referrals to shelters and information about working through the criminal justice system*

(800) 799-7233

<http://www.thehotline.org>

### **National Sexual Assault Hotline**

*Run under RAINN (Rape, Abuse & Incest National Network) connects callers to sexual assault service providers that are free and confidential*

(800) 656-4673 (HOPE)

<https://www.rainn.org/about-rainn>

### **New Jersey Coalition Against Sexual Assault**

*Offers information, resources, and programs pertaining to sexual assault. Represents the twenty-one county-based rape crisis centers, and the Rutgers University Office of Violence Prevention and Victim Assistance by changing the mindset and cultural norms that promote "rape culture."*

(800) 601-7200

<http://njcasa.org/find-help>

### **NJ Victims of Crime Compensation Agency**

*Provides compensation to innocent victims of a violent crime*

(800) 242-0804

[www.nj.gov/oag/njvictims](http://www.nj.gov/oag/njvictims)

### **RAINN (Rape, Abuse & Incest National Network)**

*Largest anti-sexual violence organization and gives resources, information and programs to help with prevention*

<https://www.rainn.org>

### **Sexual assault resources and information**

[www.notalone.gov](http://www.notalone.gov)

## MORRIS COUNTY

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### **Jersey Battered Women's Services, Inc.**

P.O. Box 1437  
Morristown, NJ 07962  
Administrative: 973-267-7520  
24-Hour Helpline: 973-267-4763  
[www.jbws.org](http://www.jbws.org)

### **Morris Cares (Formerly Known as Morris County Sexual Assault Center)**

*Through Morristown Medical- provides support for victims of sexual assault through individual counseling, advocacy services, support groups, and community education*

95 Mt. Kemble Ave.  
Morristown, NJ 07962  
(973) 971-4754  
<http://www.atlantichealth.org/morristown/our+services/behavioral+health/sexual+assault+program>

### **Sexual Assault Response Team (SART) - Through Morris Cares**

*"An advocate, certified forensic nurse and specially-trained law enforcement investigators address the medical, emotional and legal needs of survivors 13 years of age and up who are in acute crisis and have been sexually assaulted within a five-day period." Services are available through Morris Cares.*

95 Mt. Kemble Ave.  
Morristown, NJ 07962  
Sexual Assault Program Hotline: (973) 829-0587  
<http://www.atlantichealth.org/morristown/our+services/behavioral+health/sexual+assault+program>

## BERGEN COUNTY

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### **YWCA of Bergen County Rape Crisis Center**

*Survival of Sexual Abuse and Rape Support Group  
Men's Support Group for Survivors of Sexual Violence*

2 University Place  
Suite 208  
Hackensack, NJ 07601  
(201) 881- 1750  
<http://www.ywcabergencounty.org/programs/healingspace/healingspace-services>

## **ESSEX COUNTY**

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### **Rape Crisis Services**

204 Claremont Avenue  
Montclair, NJ 07042  
(973) 746-0800  
Hotline: (877) 733-2273

## **PASSAIC COUNTY**

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### **Rape Crisis Service Center**

*Passaic County Women's Center*

P.O. Box 244  
Patterson, NJ 07513  
(973) 881-0725  
Hotline: (973) 881-1450

## **SUSSEX COUNTY**

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### **Sexual Trauma Resource Center**

PO Box 3032  
Newton, NJ 07860  
(973) 300-5609  
Hotline: (973) 875-1211

## **WARREN COUNTY**

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### **Rape Crisis Services**

*Domestic Abuse and Rape Crisis Center*

(908) 453-4121  
Hotline: (866) 623-7273

# Alcohol and Substance Abuse

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State-wide | [Morris County](#) | [Bergen County](#) | [Essex County](#) | [Sussex County](#) | [Warren County](#)

## NEW JERSEY

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### **Addiction Resource**

*Website that provides information to better educate and support the community about substance abuse. It offers resources to those who are looking to get more information about treatment, and for those who are in recovery. Hotlines and self-assessments are also available.*

<https://addictionresource.com>

### **Al-Anon Alateen Information Services of NJ**

*Support group for those who are affected by other's drinking*

(973) 744-8686

[www.nj-al-anon.org](http://www.nj-al-anon.org)

### **Alcoholics Anonymous Groups of NJ**

(908) 687-8566

(800) 245-1377

[www.usrecovery.info/AA/New-Jersey.htm](http://www.usrecovery.info/AA/New-Jersey.htm)

### **Recovery.org**

*Website that provides information about treatment centers dedicated to Behavioral Health, Addiction, or Co-Occurring Disorders in New Jersey.*

<http://www.recovery.org/browse/new-jersey/>

### **Start Your Recovery**

*Website that provides information about addiction, how to recognize a problem, and resources that are available. Information specifically for college students is also presented.*

<https://startyourrecovery.org/who/college>

## MORRIS COUNTY

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### **Saint Clare's Behavioral Health**

*Alcohol Chemical Dependency Unit (ACDU): Inpatient*

*Alcohol and Chemical Dependency Services (ACDS): Outpatient*

130 Powerville Road

Boonton, NJ 07005

General Info: (973) 316-1800 or (888) 626-2111

<http://www.saintclares.com/Our-Locations/Saint-Clare-s-Behavioral-Health-Services/Substance-Abuse-Outpatient-Care.aspx>

**Morristown Medical Center:**

*Chemical Dependency Services: Assists with overcoming a drug or alcohol addiction*

(888) 247-1400

100 Madison Avenue

Morristown, NJ 07960

<http://www.atlantichealth.org/morristown/our+services/behavioral+health/chemical+dependency+services>

**High Focus**

*Adult substance abuse programs and adolescent substance abuse programs: Intensive outpatient treatment program*

1-800- 877-3628

[www.highfocuscenters.com](http://www.highfocuscenters.com)

**Morris County Area**

1259 Route 46 E, Parsippany, NJ 07054

(973) 299-9919

**Sussex County Area**

70 Sparta Ave., Sparta, NJ 07871

(973) 726-8161

**Bergen County Area**

40 Eisenhower Dr., Paramus, NJ 07652

(201) 291-0055

**Union County Area**

16 Commerce Drive, Cranford, NJ 07016

(908) 272-2474

**Hope House**

*Adolescent substance abuse services*

19-21 Belmont Ave.

Dover, NJ 07801

[http://www.catholiccharities.org/index.php?option=com\\_content&view=article&id=173&Itemid=198](http://www.catholiccharities.org/index.php?option=com_content&view=article&id=173&Itemid=198)

(973) 361-5555

Contact person: Michael DeMassi Ext. 132

*Adult substance abuse services*

Contact person: Maryann Folco Ext. 134 for English

Contact person: Rudolph Santiago Ext. 127 for Spanish

**Carolee A. Kallmann, MA, LPC, LACDC**

43 Maple Ave, 3rd Floor

Morristown, NJ 07960

(973) 993-3193

**Morris County Aftercare Center:**

Outpatient/Drug Free and Methadone Treatment Center

*“Provides comprehensive and medically monitored treatment services to adults with opioid dependent disorders in Morris County”*

1574 Sussex Turnpike

Randolph, NJ 07869

(973) 927-6641

[www.mcaftercare.org](http://www.mcaftercare.org)

**NewBridge Services, Inc.**

*Addiction Outpatient*

1259 Route 46 East

Building 2, Suite 100A

Parsippany, NJ 07054

(973) 316-9333

<http://newbridge.org/services-for-adults/addiction-services>

**Strength for Change Counseling & Self Development Center**

21 Howard Blvd.  
Suite 101  
Mt. Arlington, NJ, 07856  
(973) 770-7600  
[www.strengthforchange.com](http://www.strengthforchange.com)

**Summit Behavioral Health**

Columbia Turnpike Suite 100N  
Florham Park, NJ 07932  
(844) 643-3869  
<https://www.summitbehavioralhealth.com/locations/outpatient-florham-park>

**BERGEN COUNTY**

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**Bergen Regional Medical Center**

230 East Ridgewood Ave.  
Paramus, NJ 07652  
(201) 967-4000  
<http://www.bergenregional.com/Evergreen/index.html>

**Care Plus, NJ, Inc.**

610 Valley Health Plaza  
Paramus, NJ 07652  
(201) 986-5000  
<http://www.careplusnj.org/substance-abuse-programs>

**See Morris County High Focus for Bergen County Info.**

**ESSEX COUNTY**

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**GenPsych**

*Offers variety of mental health programs*

5 Regent Street, Suite 518  
Livingston, NJ 07039  
855-436-7792  
<http://genpsych.com>

**Summit Oaks Hospital**

*Provides drug, and alcohol rehab along with psychiatric treatment*

19 Prospect St.  
Summit, NJ 07902  
(980)522-7000  
[www.summitoakshospital.com](http://www.summitoakshospital.com)

## SUSSEX COUNTY

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### **Center for Prevention and Counseling**

61 Spring St.  
Newton, NJ 07860  
(973) 383-4787

[www.centerforprevention.org](http://www.centerforprevention.org)

### **High Focus**

*Adult substance abuse programs and adolescent substance abuse programs: Intensive outpatient treatment program*

70 Sparta Ave.  
Sparta, New Jersey 07871  
(973) 726-8161  
1-800- 877-3628

[www.highfocuscenters.com](http://www.highfocuscenters.com)

### **Newton Medical Center**

*Chemical Dependency Services*

175 High Street  
Newton, NJ 07860  
(888) 247-1400

<http://www.atlantichealth.org/newton/our+services/behavioral+health/chemical+dependency+services>

### **Sunrise House**

37 Sunset Inn Road  
Lafayette, NJ 07848  
(973) 383-6300  
(800) 538-5483 (LET LIVE)

[www.sunrisehouse.com](http://www.sunrisehouse.com)

## WARREN COUNTY

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### **Family Guidance Center of Warren County**

492 Rt. 57 West  
Washington, NJ 07882  
(908)689-1000

and

128 Maple Ave.  
Hackettstown, NJ 07840  
(908) 852-0333

and

370 Memorial Parkway  
Phillipsburg, NJ 08865  
(908)454-4470

[www.familyguidancecenterofwc.org](http://www.familyguidancecenterofwc.org)

# ***Eating Disorder Treatment***

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Bergen County | [Essex County](#) | [Mercer County](#) | [Somerset County](#)

## **BERGEN COUNTY**

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### **Renfrew Center of New Jersey**

174 Union St.  
Ridgewood, NJ 07450  
(800) 736-3739  
[www.renfrewcenter.com](http://www.renfrewcenter.com)

### **The Kotch Center**

40 North Van Brunt St.  
Englewood, NJ 07631  
(201) 670-6450  
<http://www.thekochcenter.com>

## **ESSEX COUNTY**

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### **Center for the Treatment of Eating Disorders**

570 West Mount Pleasant Ave.  
Suite 108  
Livingston NJ 07039  
(973) 740-1262

### **GenPsych**

For consultation please call: (855) 436-7792  
[www.genpsych.com](http://www.genpsych.com)

### **Essex County**

5 Regent St. Suite 518  
Livingston, NJ 07039

### **Mercer County**

3635 Quakerbridge Rd Suite 3  
Hamilton, NJ 08619  
and  
31 East Darrah Lane  
Lawrenceville, NJ, 08648

### **Ocean County**

1610 Route 88, Suite 202  
Brick, NJ 08723

### **Somerset County**

981 Route 22 West, Second Floor  
Bridgewater, NJ 08807

**Overlook Hospital**

*Ages 12-21*

99 Beauvoir Ave.

Summit, NJ 07902

(908) 522-5757

Hotline: (973) 540-0100

[www.atlantichealth.org](http://www.atlantichealth.org)

**MERCER COUNTY**

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**Center for Eating Disorders Care**

University Medical Center of Princeton at Plainsboro

1 Plainsboro Road

Plainsboro, NJ 08536

(609) 853-7575

(877) 932-8935

<http://www.princetonhcs.org/phcs-home/what-we-do/university-medical-center-of-princeton-at-plainsboro/what-we-do/clinical-centers-for-care/center-for-eating-disorders-care/contact-us.aspx>

**SOMERSET COUNTY**

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**Robert Wood Johnson Hospital (Formerly Somerset Medical Center)**

110 Rehill Ave.

Somerville, NJ 08876

(800) 914-9444

<http://www.rwjuh.edu/rwjuh/EatingDisordersProgram.aspx>

# Entitlements

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State-wide | [Morris County](#) | [Sussex County](#)

## NEW JERSEY

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### Board of Social Services for all Counties in New Jersey

<http://www.state.nj.us/humanservices/dfd/programs/njsnap/cwa>

### Low Cost Prescriptions

*Directory of pharmaceutical assistance programs*

Partnership for Prescription Asst.

888-477-2669

[www.pparx.org](http://www.pparx.org)

### Rx4NJ

888-793-6765

[www.rx4nj.org](http://www.rx4nj.org)

### NJ Snap (Formerly Food Stamps)

(800) 792-9773

<http://www.nj.gov/humanservices/dfd/programs/njsnap>

### PAAD (Pharmaceutical Assistance for the Aged and Disabled)

(800) 792-9745

<http://www.state.nj.us/humanservices/doas/services/paad>

### Utility Assistance

*Financial help to eligible persons*

NJ Weatherization & Home Energy Asst. Program

1-800-510-3102

<http://www.state.nj.us/dca/divisions/dhcr/offices/eap.html>

### U.S. Social Security Administration

(800) 772-1213

<https://www.ssa.gov>

## MORRIS COUNTY

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### NJ State Medicaid District Office

10 Park Place

4<sup>th</sup> Floor

Morristown, NJ 07960

(973) 631-6440

<http://www.state.nj.us/humanservices/dmahs/clients/medicaid>

**Office of Temporary Assistance**

340 West Hanover

P.O. Box 900

Morristown, NJ 07963

(973) 326-7800

<http://www.morrishumanservices.org/ota>

**SUSSEX COUNTY**

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**Sussex County Social Services Office**

*Assists with obtaining benefits such as Medicaid and Medicare*

83 Spring Street – Suite 203

P.O. Box 218

Newton, NJ 07860

(973) 383-3600

<http://www.sussex.nj.us/Cit-e-Access/webpage.cfm?TID=7&TPID=994>

# ***Financial Services***

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## **NEW JERSEY**

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### **Consumer Credit Counseling Services**

*Referrals to credit counseling services in NJ*

888-726-3260

[www.cccsnj.org](http://www.cccsnj.org)

### **State and Federal Modification Programs**

*State and federal foreclosure prevention programs*

<http://www.njhousing.gov/foreclosure/mortgage>

### **Low Cost Prescriptions**

*Directory of pharmaceutical assistance programs*

Partnership for Prescription Asst.

1-888-477-2669

[www.pparx.org](http://www.pparx.org)

### **Rx4NJ**

(888) 793-6765

[www.rx4nj.org](http://www.rx4nj.org)

### **Utility Assistance (Financial help to eligible persons)**

**NJ Weatherization & Home Energy Asst. Prog.**

(800) 510-3102

<http://www.state.nj.us/dca/divisions/dhcr/offices/eap.html>

# Health Care

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State-wide | [Morris County](#) | [Bergen County](#) | [Essex County](#) | [Sussex County](#)

## NEW JERSEY

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### New Jersey Poison Control

(800) 222-1222

<http://www.njpies.org>

## MORRIS COUNTY

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### Saint Clare's Health

All Services: (866) 782-5273

Emergency: (973) 625-6000

Psychiatric Emergency Services: (973) 625-6150

Psychiatric Emergency Services Crisis/Suicide Hotline: (973) 625-6160

[www.saintclares.org](http://www.saintclares.org)

### Morristown Medical Center

All services: (973) 971-5000

Emergency: (973) 971-5044

Crisis Stabilization Services: (973) 540-0100

[www.atlantichealth.org/Morristown](http://www.atlantichealth.org/Morristown)

### Planned Parenthood

196 Speedwell Ave.

Morristown, NJ 07960

(973) 539-1364

and

30 N Morris St.

Dover, NJ 07005

(973) 361-6006

[www.plannedparenthood.org](http://www.plannedparenthood.org)

## BERGEN COUNTY

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### Bergen Regional Medical Center

230 East Ridgewood Ave.

Paramus, NJ 07652

(201) 967-4000

[www.bergenregional.com](http://www.bergenregional.com)

**Hackensack University Medical Center**

30 Prospect Ave.

Hackensack, NJ 07601

(855) 424-9355 (WELL)

<http://www.hackensackumc.org>

**ESSEX COUNTY**

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**Saint Barnabas Health Care System**

95 Old Short Hills Rd.

West Orange, NJ 07052

(888) 724-7123

[www.saintbarnabas.com](http://www.saintbarnabas.com)

**SUSSEX COUNTY**

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**Newton Medical Center**

(973) 383-2121

Emergency: (973) 383-0973

Mental Health: (973) 383-1533

<http://www.atlantichealth.org/newton>

**Planned Parenthood**

8 Moran St.

Newton, NJ 07860

(973) 383-5218

[www.plannedparenthood.org](http://www.plannedparenthood.org)

# Hot Lines/Websites

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## **2<sup>nd</sup> Floor**

*“A confidential and anonymous helpline for New Jersey's youth and young adults. We are here to help you find solutions to the problems that you face at home, at school or at play”*

(888) 222-2228

[www.2ndfloor.org](http://www.2ndfloor.org)

## **Bring change 2 mind**

*Goal is to end stigma and discrimination that is surrounding mental illness, through various educational programs, public service announcements, and stories*

<http://bringchange2mind.org/about-us/our-mission>

## **Emotion Technology**

*A resource that assists people in reporting those who are verbalizing suicidal thoughts or exhibiting uncharacteristic behavior on a social media or any other website*

<http://www.emotiontechnology.com/concerned-for-someone-online>

## **Half of Us**

*Specifically for college students- discusses common feelings and mental health concerns, provides resources on and off college campus, and lists information on how to help yourself or a friend who may be struggling*

<http://www.halfofus.com>

## **Jed Foundation**

*“Mission is to promote emotional health and prevent suicide at colleges and universities”*

<http://www.jedfoundation.org/about/mission>

## **Mental Health Cares**

*Behavioral health information referral service*

(866) 202-HELP (4357)

<http://www.njmentalhealthcares.org>

## **MHA Hot/Warm (before crisis) Line 5-10 pm:**

*Assists those who need support*

(877) 760-4987

## **National Suicide Prevention Lifeline**

*“A network of crisis centers committed to suicide prevention that are located in communities across the country. People in emotional distress or suicidal crisis can call anytime from anywhere in the nation and speak to a trained worker who will listen to and assist callers with getting the help they need.”*

(800) 273-TALK (8255)

<http://www.suicidepreventionlifeline.org>

**NJ 211 (Dial 2-1-1 to access by phone 24 hour hotline)**

*Connects people with social services & community programs*

(877) 652-1148

[www.nj211.org](http://www.nj211.org)

**Peer Recovery Warm Line**

*Talk line for those who need support from other peers*

(877) 292-5588

**Quit Smoking Hot Line**

*“A single access point to the National Network of Tobacco Cessation Quitlines. Callers are automatically routed to a state-run quitline”*

(800) 784-8669

<http://quitsmoking.pharmacydiscountrx.com/support.html>

**Recovery.org**

*Website that provides information and services for psychological and mental disorders, specializing in co-occurring disorders (mental illness and substance use).*

<http://www.recovery.org/topics/psychological-and-mental-disorders>

**Sleep Guide for College Students**

*This website provides information about the importance of sleep related to being a college student, and how to set a routine that can help students feel more balanced. There are also facts explaining how sleep can affect many things in one’s life including health, anxiety, energy, and overall mood.*

<http://mattresshelp.org/guide-college-sleep/> and <http://mattresshelp.org/anxiety-sleep/>

**Social Security Disability Benefits Guide**

*“Understand how Social Security disability works and how to calculate your benefits”*

<http://www.thesimpledollar.com/disability-benefits-guide/>

**Student Mental Health: A Guide to Identifying Disorders & Promoting Wellness**

*“Learn about the various mental health challenges facing college students, the support and counseling resources available to them, and practical measures and coping strategies to help students overcome behavioral, emotional, and psychological obstacles”*

<http://www.affordablecollegesonline.org/college-student-mental-health>

**The Top Mental Health Challenges Facing Students**

*“This guide helps to identify the sign and symptoms of common mental health issues for college students and where and when to seek help”*

<http://www.bestcolleges.com/resources/top-5-mental-health-problems-facing-college-students>

**ULifeline**

*Online resource that gives information on college mental health, wellness, and offers a confidential self-evaluator that identifies problems that can be impacting thoughts, feelings, and behaviors*

[www.ulifeline.org](http://www.ulifeline.org)

**Warm Line (before crisis):**

*Assists those who need support*

(908) 232-2880

# Housing

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State-wide | [Morris County](#)

## NEW JERSEY

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### **Housing Assistance (Division of Housing in New Jersey)**

*Assists with homelessness prevention, section 8 vouchers, state rental assistance program, family self-sufficiency, and etc.*

(609) 292-4080

<http://www.state.nj.us/dca/divisions/dhcr/offices/ha.html>

## MORRIS COUNTY

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### **Housing Authority of:**

*Boonton:* (973) 335-0846

*Dover:* (973) 361-9444

*Madison:* (973) 377-0258

*Morris County:* (973) 540-0389

*Morristown:* (973) 538-2975

<http://www.morrishousingauthority.org>

### **Housing Partnership for Morris County**

*Educates homeowners and homebuyers and assist them is successfully buying and keeping a home. Also offers matched savings club and down payment assistance programs.*

2 East Blackwell Street

Dover, NJ 07801

(973) 659-9222

<http://housingpartnershipnj.org>

### **Urban League of Morris County Fair Housing Council**

*“Their mission is to ensure that anyone, regardless of race, creed, color, national origin, nationality, ancestry, sex, marital status, familial status, mental or physical handicap and sexual orientation could obtain suitable housing without discrimination.”*

(973) 538-2975

<http://www.ulmcnj.org/housing2.ivnu>

# ***Legal Services***

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## **MORRIS COUNTY**

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### **Legal Services of NJ (LSNJ)**

*Assists with legal information and advice for low-income people (must be financially eligible)*

30 Schuyler Pl.

2<sup>nd</sup> Floor

Morristown, NJ 07963

Hotline: (888) 576-5529

<http://www.lsnj.org/index.aspx>

**For other counties please visit: <http://www.lsnj.org/lsnwj>**

# **LGBT (Lesbian, Gay, Bisexual, Trans-Gender) Resources**

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State-wide | [Morris County](#)

## **NEW JERSEY**

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### **The Pride Center of New Jersey**

*Provide information on NJ support groups for LGBT community*

[www.pridecenter.org](http://www.pridecenter.org)

### **Look Different**

*Provide education and resources for the LGBT community.*

*MTV's "Look Different" Campaign is here to help you erase hidden racial, gender, and anti-LGBT bias all around. They help people unlearn biases, open up conversations with family and friends and give specific things that can be done to help make things better.*

[www.lookdifferent.org](http://www.lookdifferent.org)

### **The Trevor Project**

*24-hour toll-free confidential crisis and suicide prevention helpline for lesbian, gay, bisexual, transgender and questioning youth*

1-866-488-7386

[www.thetrevorproject.org](http://www.thetrevorproject.org)

## **MORRIS COUNTY**

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### **Gay Activist Alliance in Morris County**

*Provides social, educational, and outreach programs*

P.O. Box 137

Convent Station, NJ 07961

(973) 285-1595

[www.gaamc.org](http://www.gaamc.org)

### **Morris County Unitarian Fellowship**

*Invitee all backgrounds to attend service*

21 Normandy Heights Rd.

Morristown, NJ 07960

(973) 540-1177

[www.muuf.org](http://www.muuf.org)

# ***Mental Health & Counseling Services***

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State-wide | [Morris County](#) | [Bergen County](#) | [Essex County](#) | [Passaic County](#) | [Somerset County](#) | [Sussex County](#)  
[Warren County](#)

## **NEW JERSEY**

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### **Crisis/Psychiatric screening centers for all counties in New Jersey**

*Assists people who need immediate psychiatric care*

[http://www.state.nj.us/humanservices/dmhas/home/hotlines/MH\\_Screening\\_Centers.pdf](http://www.state.nj.us/humanservices/dmhas/home/hotlines/MH_Screening_Centers.pdf)

## **MORRIS COUNTY**

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### **Saint Clare's Behavioral Health**

Main Number: (888) 626-2111

Psychiatric Emergency Services: (973) 625-6150

Psychiatric Emergency Services Crisis/Suicide Hotline: (973) 625-6160

Boonton: (973) 316-1800

Budd Lake: (973) 347-4300

Cedar Knolls: (973) 401-2121

Denville: (973) 625-7009

<http://www.saintclares.org/behavioral-health-services>

### **Saint Clare's Wellness and Recovery Center**

*Crisis intervention program to assist individuals at risk to help prevent hospitalization*

4 Pocono Road

Denville, NJ 07834

(973) 625-0096

(888) 476-2660

<http://www.saintclares.org/behavioral-health-services>

### **Morristown Medical Center**

95 Mt. Kemble Ave. Morristown, NJ 07960

(888) 247-1400

Crisis Stabilization and Intervention Services

(973) 540-0100

<http://www.atlantichealth.org/overlook/our+services/behavioral+health/>

**Family Intervention Services**

*Specializes with child and adolescent outpatient counseling, family counseling and crisis, parent support program, pre and post adoption counseling, in-home treatment, DCPD referrals etc.*

20 Vanderhuff Ave.  
Rockaway, NJ 07866  
(973) 586-5243  
[www.fisnj.org](http://www.fisnj.org)

**Hope House**

*Offers sliding scale: addresses early identification, prevention, advocacy, anger management groups, HIV/AIDS services, senior services, bi-lingual/bi-cultural services, and substance abuse services*

19-21 Belmont Ave.  
Dover, NJ 07801  
(973) 361-5555  
[http://www.catholiccharities.org/index.php?option=com\\_content&view=article&id=173&Itemid=198](http://www.catholiccharities.org/index.php?option=com_content&view=article&id=173&Itemid=198)

**Immediate Care Psychiatric Center**

*Offers counseling, psychiatry, and various adult and child/adolescent programming*

22-28 Hill Rd.  
Parsippany, NJ 07054  
(973) 335-9909  
<http://www.njpsychcenter.com>

**Jewish Family Services**

*Provides services to individuals and families throughout all stages of life, and takes Medicare, Medicaid, and offers a subsidized sliding scale*

256 Columbia Turnpike, Suite 105  
Florham Park, NJ 07932  
(973) 740-1233  
[www.jfsmetrowest.org](http://www.jfsmetrowest.org)

**NewBridge Services, Inc.**

1259 Route 46 East  
Building 2, Suite 100A  
Parsippany, NJ 07054  
(973) 316-9333  
OR  
420 Boulevard  
Mountain Lakes, NJ 07046  
(973) 794-6401  
<http://newbridge.org>

**Zufall Health Center**

*Offers sliding scale: Delivers medical, behavioral health, and dental care for the underserved to patients in Morris, Sussex, Hunterdon, Warren, Somerset, and Essex counties*

18 West Blackwell Street

Dover, NJ 07801

973.328.3344

[www.zufallhealth.org](http://www.zufallhealth.org) (full listing of treatment facilities on website)

**BERGEN COUNTY**

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**Bergen Regional Medical Center**

230 East Ridgewood Ave.

Paramus, NJ 07652

24/7 Mental Health and Substance Abuse Services: (800) 730-2762

General Number: (201) 967-4000

<http://www.bergenregional.com/BehavioralHealth/index.html>

**Care Plus, NJ, Inc.**

610 Valley Health Plaza

Paramus, NJ 07652

(201) 986-5000

<http://www.careplusnj.org/adult-services>

**Comprehensive Behavioral Healthcare Inc.**

*Offers counseling services, adolescent services, rehabilitation services, residential, and intensive family support services*

516 Valley Brook Ave.

Lyndhurst, NJ 07071

(201) 935-3322

And

395 Main Street

Hackensack, NJ 07601

(201) 646-0333

<http://www.cbhcare.com>

**Comprehensive Behavioral Healthcare Inc. Wellness and Support Center**

*Crisis intervention program to assist individuals at risk to help prevent hospitalization*

569 Broadway

Westwood, NJ, 07675 NJ

(201) 957-1800

<http://www.cbhcare.com/early-intervention-programs-0>

**Hackensack University Medical Center**

87 Rt. 17 N

Maywood, NJ 07607

Behavioral Health: (551) 996-4450

General Number: (551)996-2000

<http://www.hackensackumc.org/wellness>

## **ESSEX COUNTY**

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### **GenPsych**

*Offers variety of substance abuse programs*

5 Regent Street, Suite 518

Livingston, NJ 07039

855-436-7792

<http://genpsych.com>

### **Jewish Family Services**

*Provides services to individuals and families throughout all stages of life, and takes Medicare, Medicaid, and offers a subsidized sliding scale*

570 W. Mt. Pleasant Avenue, Suite 106

Livingston, NJ 07039

(973) 740-1233

[www.jfsmetrowest.org](http://www.jfsmetrowest.org)

### **Summit Oaks Hospital**

19 Prospect St.

Summit, NJ 07902

(908) 522-7000- main hospital number

(800) 753-5223- for 24 hr. confidential assessments

<http://www.summitoakshospital.com/inpatient/psychiatric.php>

## **PASSAIC COUNTY**

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### **NewBridge Services Inc.**

1069 Ringwood Avenue

Suite 301

Haskell, NJ 07420

(973)831-0613

<http://newbridge.org>

### **Saint Joseph's Hospital**

Behavioral Health

703 Main St, Paterson, NJ 07503

(973) 754-2000

<https://www.stjosephshealth.org/clinical-focuses/behavioral-health-services/item/1332-outpatient-mental-health-clinic>

### **Saint Joseph's Hospital**

Psychiatric Emergency Screening Unit

646 Broadway

Paterson, NJ 07514

HOTLINE: (973)754-2230

[www.stjosephshealth.org](http://www.stjosephshealth.org)

### **Saint Mary's General Hospital**

*Offers a variety of behavioral health services for adults, adolescents, and children*

350 Boulevard  
Passaic, NJ 07055  
(973) 470-3056

<http://www.smh-nj.org/Our-Services/Areas-of-Excellence/Behavioral-Health.aspx>

## **SOMERSET COUNTY**

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### **Carrier Clinic**

*Inpatient facility*

252 Rt. 601  
Bell Mead, NJ 08502  
(800) 933- 3579

[www.carrierclinic.org](http://www.carrierclinic.org)

### **Richard Hall Community Mental Health Center**

500 North Bridge Street  
Bridgewater, NJ 08807  
908-725-2800 or (800) 744-4417

<https://www.co.somerset.nj.us/hservices/rhmhc>

### **Robert Wood Johnson Hospital (Formerly Somerset Medical Center)**

110 Rehill Ave.  
Somerville, NJ 08876  
(908) 865-2200

<http://www.rwjuh.edu/rwjuh/behavioralhealth.aspx>

## **SUSSEX COUNTY**

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### **Hope House**

*Offers HIV/AIDS services (no fee) in Sussex County*

19-21 Belmont Ave.  
Dover, NJ 07801  
(973) 361-5555 or (800) 213-4967

[http://www.catholiccharities.org/index.php?option=com\\_content&view=article&id=173&Itemid=198](http://www.catholiccharities.org/index.php?option=com_content&view=article&id=173&Itemid=198)

### **NewBridge Services Inc.**

70 Sparta Avenue Sparta  
NJ 07871  
973-726-0697

<http://newbridge.org>

### **Newton Medical Center**

175 High St.  
Newton, NJ 07860  
(973) 383-1533

<http://www.atlantichealth.org/newton/our+services/behavioral+health>

## **WARREN COUNTY**

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### **Family Guidance Center of Warren County**

492 Rt. 57 West

Washington, NJ 07882

(908)689-1000

And

128 Maple Ave.

Hackettstown, NJ 07840

(908) 852-0333

And

370 Memorial Parkway

Phillipsburg, NJ 08865

(908)454-4470

[www.familyguidancecenterofwc.org](http://www.familyguidancecenterofwc.org)

### **Hope House**

*Offers HIV/AIDS services (no fee) in Warren County*

19-21 Belmont Ave.

Dover, NJ 07801

[http://www.catholicharities.org/index.php?option=com\\_content&view=article&id=173&Itemid=198](http://www.catholicharities.org/index.php?option=com_content&view=article&id=173&Itemid=198)

# ***Private Therapeutic Practices***

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State-wide | Morris County | [Essex County](#) | [Sussex County](#) | [Warren County](#)

## **MORRIS COUNTY**

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### **A Center for Change**

177 Route 206  
Flanders, NJ 07836  
And  
59 E. Mill Road  
Long Valley 07853  
12 79 Route 46  
Building C  
Parsippany, NJ 07054  
(800) 870-8790  
<http://www.acenterforchange.com>

### **Ana Du Bois, Ph.D**

*Marriage and family therapist (bi-lingual in Spanish)*

1201 Sussex Turnpike  
Suite 104 B  
Randolph, NJ 07869  
(973) 895-9955

### **Carolee A. Kallmann, MA, LPC, LCDAC**

*Specializes in substance abuse*

43 Maple Ave,  
3<sup>rd</sup> Floor  
Morristown, NJ 07960  
(973) 993-3193

### **Christine Schloesser Psy.D.**

1 Cattano Avenue  
Morristown, NJ 07960  
(973) 532-2102  
[info@drschoessler.com](mailto:info@drschoessler.com)

### **Community Mental Health Associates, LLC**

*Psychologists, LPC's, and LCSW's on clinical staff*

3599 US Highway 46  
Parsippany, NJ 0054  
(973) 263-8070

**Family Services of Morris County**

*Uses sliding scale*

62 Elm St.  
Morristown, NJ 07960  
(973) 538-5260  
[www.fsmc.org](http://www.fsmc.org)

**JAU Counseling, LLC**

147 Columbia Turnpike  
Florham Park, NJ 07932  
(201) 702-1551  
[www.jaucounseling.com](http://www.jaucounseling.com)

**Jessica Wright, MA, LPC**

*Specializes in eating disorders and crisis intervention*

230 US Highway 206  
Building #3, Suite 301  
Flanders, NJ 07836  
(973) 252-1657  
[https://therapists.psychologytoday.com/rms/name/Jessica+M.+Wright,+LPC,+LCADC,+ACS\\_S\\_Flanders\\_New+Jersey\\_150362](https://therapists.psychologytoday.com/rms/name/Jessica+M.+Wright,+LPC,+LCADC,+ACS_S_Flanders_New+Jersey_150362)

**Dr. Karen J. Lazar, Ph. D**

261 James St.  
Suite 3G  
Morristown, NJ 07960  
(973) 317-8223  
[https://therapists.psychologytoday.com/rms/name/Karen\\_J\\_Lazar\\_PhD,NCPsyA,ACS\\_Livingston\\_New+Jersey\\_59742](https://therapists.psychologytoday.com/rms/name/Karen_J_Lazar_PhD,NCPsyA,ACS_Livingston_New+Jersey_59742)

**Kenneth Albiston, LCSW**

*Specializes in child, adolescent, individual & family therapy*

19 Sunset Rd.  
Morris Plains, NJ 07950  
(973) 538-9724  
[https://therapists.psychologytoday.com/rms/name/Kenneth\\_Albiston\\_LCSW\\_Morris+Plains\\_New+Jersey\\_57353](https://therapists.psychologytoday.com/rms/name/Kenneth_Albiston_LCSW_Morris+Plains_New+Jersey_57353)

**Dr. Nancy Nelson, Ph.D**

58 Maple Ave.  
Morristown, NJ 07960  
(973) 538-5855

**Dr. Paul Rosenberg (psychiatry)**

930 Mount Kemble Ave.  
Morristown, NJ 07960  
(973) 425-1022

**Psychiatric Consultants of Morris**

*Provides psychiatric and mental health counseling*

261 James St.

Suite 3G

Morristown, NJ 07960

(973) 540-9492

<http://www.psychiatricconsultantsofmorris.com>

**Psychiatric Services of New Jersey**

*Provides psychiatric and mental health counseling*

55 Madison Avenue,

Suite 400

Morristown, NJ 07960

(908) 350-7034

<http://www.psychiatricsofnewjersey.com>

**Dr. Renate Safrin, Ph.D**

*Specializes in children psychology*

7 Hamilton Rd.

Morristown, NJ 07960

(973) 644-0626

**Strength for Change Counseling & Self Development Center**

22 Howard Blvd.

Suite 101

Mt. Arlington, NJ, 07856

(973) 770-7600

[www.strengthforchange.com](http://www.strengthforchange.com)

**Dr. Stuart Leeds, Psy.D.**

50 Cherry Hill Rd.

Suite 305

Parsippany, NJ 07054

(973) 257-9000

<http://www.morrispsych.com>

**Susan O'Connor, MA, LPC, NCC**

*Specializes in body image, eating disorders, and self-esteem*

368 Main Street

Chatham, NJ 07928

(973) 241-5367

[https://therapists.psychologytoday.com/rms/name/Susan\\_O'Connor\\_MA,LPC,NCC\\_Chatham\\_New+Jersey\\_130177](https://therapists.psychologytoday.com/rms/name/Susan_O'Connor_MA,LPC,NCC_Chatham_New+Jersey_130177)

**Dr. Susan Neigher, Ph.D**

1201 Sussex Turnpike  
Suite 104-C  
Randolph, NJ 07869  
(973) 895-4422  
<http://www.drsusanneigher.com>

**ESSEX COUNTY**

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**Michele Ryan, MSW, LCSW**

28 Beechwood Rd.  
Summit, NJ 07901  
(917) 297-0070  
[www.MicheleRyanTherapy.com](http://www.MicheleRyanTherapy.com)

**North Jersey Consultation Center**

301 South Livingston Ave.  
2<sup>nd</sup> Floor  
Livingston, NJ 07039  
[www.njccenter.org](http://www.njccenter.org)

**Summit Psychological Services**

86 Summit Ave.  
Summit, NJ 07901  
(908) 273-5558  
*Also located at:*  
466 Pompton Ave.  
Summit, NJ 07009  
(973) 857-8857  
<http://www.summitpsychologicalservices.com/staff>

**SUSSEX COUNTY/WARREN COUNTY**

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**A Center for Change**

21 Main St.  
Sparta, NJ 07871  
(800) 870-8790  
<http://www.acenterforchange.com>

**Center for Prevention and Counseling**

61 Spring St.  
Newton, NJ 07860  
(973) 383-4787  
[www.centerforprevention.org](http://www.centerforprevention.org)

**Dana De Kleine, MA, LPC**  
486 Schooleys Mountain Rd.  
Hackettstown, NJ 07840  
(908) 850-4552

**Family Guidance Center of Warren County**  
128 Maple Ave.  
Hackettstown, NJ 07840  
(908) 852-0333  
<http://www.familyguidancecenterofwc.org>

**Melinda Strangeway, LCSW**  
46 Main Street  
Suite 401,  
Sparta, NJ 07871  
(201) 213-0120

**Paula Bortnichak (*psychiatry*)**  
28 Rose Lane  
Sparta, NJ 0781  
(973) 729-1807

# ***Shelters and Food Banks***

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## ***Soup Kitchens:***

### **Community Soup Kitchen of Morristown**

*Serves breakfast and lunch 365 days per year, offers Healthy Choices Market, and provides various resources including assistance with access to community resources, and educational programs*

35 South Street

Morristown, NJ 07960

(973) 267- 0709

<http://www.cskmorristown.org/default.asp>

### **Faith Kitchen- Trinity Lutheran Church**

*Operates Monday-Saturday 11:30 a.m. to 12:30 p.m.*

123 East Blackwell Street

Dover, NJ 07801

(973) 366-2821

<http://www.tlcnj.org/faith-kitchen>

### **Interfaith Food Pantry**

*Allows people who register for the program to pick out food items of their choice (Amount of each item a person can take depends on the family size), provides nutritional counseling, linkage and referral to community resources, etc.*

2 Executive Drive

Morris Plains, NJ 07950

(973) 538-8049

<http://www.mcifp.org>

*The following information has been obtained from:*

[http://portal.hud.gov/hudportal/HUD?src=/states/new\\_jersey/homeless/shelters/morris](http://portal.hud.gov/hudportal/HUD?src=/states/new_jersey/homeless/shelters/morris)

## ***Housing/Shelters:***

### **Home Sharing**

*Matches people who have homes and who are looking to rent out a room for reduced fees or for free in exchange for help with household chores. Serves Morris, Union, Somerset, Hunterdon, and Essex Counties*

*Located at the PeopleCare Center*

120 Fiderne Ave.

Bridgewater, NJ 08807

(908) 526-4663

[http://www.homesharing.org/?page\\_id=6](http://www.homesharing.org/?page_id=6)

**Homeless Solutions, Inc.**

*Provides four separate Shelter Programs, a Transitional Housing Program, and The Mt. Kemble Home- a program for elderly women of limited means. Assists with job search, counseling, medical care, and childcare*

540 East Hanover Avenue, Suite 100  
Morristown, NJ 07960-0282  
(973) 993-0833  
<https://www.homelessolutions.org>

**Market Street Mission**

Nine Market Street  
Morristown, NJ 07960  
(973) 538-0431  
<http://www.marketstreet.org>

**Salvation Army**

95 Spring Street  
Morristown, NJ 07960  
(973) 539-2700

***Transitional Housing:***

**Eric Johnson House**

*Offers various residential programs for those who living with HIV/Aids, their families, and the community*

44 South Street  
Morristown, NJ 07960  
(973) 285-0006  
<http://www.njas-inc.org/ourprograms.html>

***Family Shelter:***

**Family Promise of Morris County (formerly Interfaith Council for Homeless Families of Morris County)**

P.O. Box 1494  
Morristown, NJ 07962  
(973) 998-0820  
<http://www.familypromisemorris.org>

***Domestic Violence Shelter:***

**Jersey Battered Women's Service (JBWS)**

P.O. Box 1437  
Morristown, NJ 07962  
(973) 267-7520  
<http://www.jbws.org>

***Runaway Youth Shelter:***

**Morris County Youth Shelter**

320 West Hanover Avenue

Parsippany, NJ 07054

(973) 285-2970

<http://www.morrishumanservices.org/youth>

***To obtain information on additional counties please see:***

[http://portal.hud.gov/hudportal/HUD?src=/states/new\\_jersey/homeless/shelters](http://portal.hud.gov/hudportal/HUD?src=/states/new_jersey/homeless/shelters)

# Support Services

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State-wide | [Morris County](#) | [Bergen County](#) | [Sussex County](#)

## NEW JERSEY

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### **NJ 211**

*Connects people with social services & community programs*

Dial 2-1-1 to access by phone 24 hour hotline

(877) 652-1148

[www.nj211.org](http://www.nj211.org)

## MORRIS COUNTY

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### **Career Services of Saint Clare's Health System**

*Offers two programs- Supported Education and Supported Employment. Supported Education assists people in acclimating back into a post- secondary educational setting and Supported Employment assists job seekers in choosing, getting, and keeping competitive employment. In order to be eligible must have a psychiatric disability.*

50 Morris Ave.

Denville, NJ 07834

(973) 625-7045

[www.saintclares.org/behaviorial-health-career-services](http://www.saintclares.org/behaviorial-health-career-services)

### **Community Hope**

*Offers various housing for those diagnosed with a psychiatric disability as well as the veteran community*

199 Pomeroy Rd.

Parsippany, NJ 07054

(973) 463-9600

[www.communityhope-nj.org](http://www.communityhope-nj.org)

### **Cornerstone Family Programs (formerly Family Service of Morris County)**

*Offers GED preparation, English for speakers of other languages, Pathways to Work program, support for veterans and their families, and substance abuse prevention programs, etc.*

62 Elm Street

Morristown, NJ 07960

248 West Main Street

Rockaway, NJ 07866

(800) 984-1414

<http://www.cornerstonefamilyprograms.org>

**Division of Vocational Rehabilitation (DVR)**

*Assists those with disabilities prepare for and obtain work as well as assist in achieving occupational goal(s).*

13 Emery Ave.  
Randolph, NJ 07869  
(862) 397-5600 (option 3)

*For additional counties please visit:*

<http://jobs4jersey.com/jobs4jersey/documents/DVRS/DVRSFieldOfficeContactListWithBackups.pdf>

**Intensive Family Support Services**

*Supports and educates family members and/or caregivers of those diagnosed with a mental illness*

(973) 625-7095  
50 Morris Ave.  
Denville, NJ 07834

<http://saintclares.org/intensive-family-support-services-2>

**Literacy Volunteers of Morris County (LVMC)**

*Provides free tutoring from volunteers for those who struggle in English, for those where English is a second language, or for those who have difficulty in basic mathematics*

(973) 984-1998  
10 Pine St #1  
Morristown, NJ 07960

[www.lvamorris.org](http://www.lvamorris.org)

*For additional counties please visit:* [www.literacynj.org/programs](http://www.literacynj.org/programs)

**Mental Health Association (MHA) of Morris County**

*“Educates on mental illness as well as provides linkages within the county to assist people with mental illness in recovery. Empowers and promotes mental wellness to the public as well as the community”*

100 Rt 46 E  
Bldg C  
Mountain Lakes, NJ 07046  
(973) 334- 3496

[www.mhamorris.org](http://www.mhamorris.org)

**Mental Health Association of New Jersey**

88 Pompton Ave.  
Verona, NJ 07044  
(800) 367-8850

[www.mhanj.org](http://www.mhanj.org)

**Morris County One Stop**

*Provides a full range of assistance for job seekers*

13 Emery Ave.

Randolph, NJ 07869

(862) 397-5600

[http://jobs4jersey.com/jobs4jersey/jobseekers/oscc/morrisrandolph\\_oscc.html](http://jobs4jersey.com/jobs4jersey/jobseekers/oscc/morrisrandolph_oscc.html)

And

30 Schuyler Pl.

Morristown, NJ 07960

(973) 631-6321

[www.jobs4jersey.com/jobs4jersey/jobseekers/oscc/morrismorristown\\_oscc.html](http://www.jobs4jersey.com/jobs4jersey/jobseekers/oscc/morrismorristown_oscc.html)

**National Alliance of Mental Illness (NAMI) of Morris County**

*Provides education, support, and awareness pertaining to mental illness*

East Hanover

NJ 07936

(908) 879-5687/ (973) 386-1845

<http://www.naminj.org/?s=morris+county.org>

**New Jersey Wins**

*Assists with educating people about social security benefits*

322 US Hwy 46 West

Suite 220

Parsippany, NJ 07054

(866) 946-7465

*To obtain information about other counties please visit:*

[www.njwins.org](http://www.njwins.org)

**Prevention is Key**

*A grant funded program that provides prevention education and advocacy for children, teens, parents, senior citizens, and the community on many problem topics that are dealt with today*

25 West Main St.

Rockaway, NJ 07866

(973) 625-1998

[www.mcpik.org](http://www.mcpik.org)

**Self Help Clearing House**

*Provides a list of various support groups in NJ*

(800) 367-6274

[www.njgroups.org](http://www.njgroups.org)

### **Streetsmart Outreach**

*“Services northern and central NJ: Provides services to those ages 13-21 who may be homeless or living in unsafe environments. Street Smart counselors provide- food, clothing, blankets, easy access to shelter, crisis intervention counseling, referrals to health care and social service programs, help obtaining vital documents, rape crisis information, help finding jobs and housing, etc.”*

175 Washington Street  
Morristown, NJ 07960  
(973) 644-4666

[www.morrissussexresourcenet.org/news-events/news/street-smart-outreach-for-runaway-and-homeless-youth](http://www.morrissussexresourcenet.org/news-events/news/street-smart-outreach-for-runaway-and-homeless-youth)

*The following are free and confidential services to help pregnant women in maintaining pregnancy: pregnancy testing, shelter, referral to physician, transportation to and from physician, counseling, legal assistance, clothing, etc.:*

### **Birthright of Dover**

Belmont & Trenton Streets  
Dover, NJ 07901  
973-361-6665  
Hotline: (800) 550-4900

<http://www.birthright.org>

### **First Choice Women's Resource Center**

82 Speedwell Avenue, P.O. Box 1491  
Morristown, NJ 07960  
973-538-0967  
1-888-3-CHOOSE

<http://www.1stchoice.org>

## **SUSSEX COUNTY**

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### **Birth Haven**

*Provides support, shelter, and education for homeless, pregnant, women and girls*

4 Academy Street  
Newton, New Jersey 07860  
(973) 579-7979

[www.birthhaven.org](http://www.birthhaven.org)

### **Division of Vocational Rehabilitation (DVR)**

*Assists those with disabilities prepare for and obtain work as well as assist in achieving occupational goal(s).*

223 W Stiger St. #A  
Hackettstown, NJ 07840  
(908) 852-4110

*For additional counties please visit:*

<http://jobs4jersey.com/jobs4jersey/documents/DVRS/DVRSFieldOfficeContactListWithBackups.pdf>

**Project Self-Sufficiency**

*Non-profit, community based program that assists low-income families*

127 Mill Street  
Newton, NJ 07860  
(973) 940-3400

<http://www.projectsselfsufficiency.org>

**Today's Choice**

*Provides education, free ultrasound and pregnancy tests for those in need*

100b Main Street  
Box 873  
Newton, NJ, 07860  
(973) 440-9974

[www.todayschoice.org](http://www.todayschoice.org)

**BERGEN COUNTY**

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**Care Plus, NJ, Inc.**

*“Offers a wide-array of programs and services to provide a holistic, comprehensive approach to aid in recovery from mental illness and substance abuse”*

610 Valley Health Plaza  
Paramus, NJ 07652  
(201) 986-5000  
(201) 986-5000

[www.careplusnj.org](http://www.careplusnj.org)

# Veteran Supports

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State-wide | [Morris County](#)

## NEW JERSEY

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### **New Jersey Veteran Benefits Hotline**

“Assistance with educational costs, medical care, vocational guidance, rehabilitation, and specially adapted housing”

(888) 865-8387

[www.state.nj.us/military/veterans](http://www.state.nj.us/military/veterans)

### **Vet 2 Vet: New Jersey Veteran Counseling Hotline**

*Confidential service run by veterans who counsel callers and direct them to a wide range of services including obtaining education or disability benefits to relationship issues to readjusting to life at home*

(866) 838-7654 (24 hr. hotline)

<http://www.state.nj.us/military/veterans/hotline.html>

### **Veteran Crisis Line**

(800) 273-8255

<https://www.veteranscrisisline.net>

## MORRIS COUNTY

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### **Community Hope**

*“Hope for Veterans is a program that works with veterans and their families overcome mental illness, addiction, homelessness and poverty by providing housing and support services”*

199 Pomeroy Rd.

Parsippany, NJ 07054

(973) 463-9600

<http://www.communityhope-nj.org/veterans-programs-hope-for-veterans-home.php>

### **Cornerstone Family Programs (formerly Family Service of Morris County)**

*Confidential counseling for combat veterans and their families, money management, and female veteran program*

62 Elm Street

Morristown, NJ 07960

and

248 West Main Street

Rockaway, NJ 07866

(800) 984-1414

<http://www.cornerstonefamilyprograms.org/Services-and-Programs/Family-Programs/Confidential-Counseling-for-Combat-Veterans-and-th.html>

**Morris County Veterans' Service**

(973) 285-6866

<http://morrishumanservices.org/adv/veterans.asp>

**Veteran Outpatient Health Care Clinic**

340 West Hanover Avenue

Morristown, NJ 07960

(973) 539-9791

*To obtain additional information and resources for veterans, please view:*

<http://www.va.gov>