

**COUNTY COLLEGE OF MORRIS**  
**CURRICULUM CHECK SHEET**  
**Requirements for Graduation**  
**A.S. DEGREE**

**#2156**  
**PUBLIC HEALTH**

Name: \_\_\_\_\_  
 ID: \_\_\_\_\_ Total Transfer Credits \_\_\_\_\_

**FALL 2021**

COURSE	CODE	CR	GR	TR
<b>General Education Foundation (31 CR)</b>				
COMMUNICATION (6 CR)				
English Composition I	ENG 111	3		
English Composition II	ENG 112	3		
MATH/SCIENCE/TECHNOLOGY (10 CR)				
Statistics	MAT 124	3		
Computer Concepts with Applications	CMP 135	3		
Introductory Chemistry Lecture	CHM 117	3		
Introductory Chemistry Lab	CHM 118	1		
SOCIAL SCIENCE (3 CR)				
General Psychology	PSY 113	3		
HUMANITIES (3 CR)				
History Elective*		3		
GENERAL EDUCATION ELECTIVES (9 CR)				
Speech Fundamentals	COM 109	3		
Ethics	PHL 114	3		
Principles of Sociology	SOC 120	3		
<b>PUBLIC HEALTH CORE (29 CR)</b>				
Personal and Family Nutrition	HED 115	3		
Anatomy & Physiology I**	BIO 101	4		
Anatomy & Physiology II	BIO 102	4		
Personal Health & Wellness <b>OR</b>	HED 286	3		
Drugs, Society & Human Behavior	HED 112			
First Aid & Emergency Care	HED 295	3		
Exercise Science Restricted Elective*		1		
Medical Terminology	NUR 106	2		
Principles of Public Health	PBH 101	3		
Language Sequence I <b>AND</b>		3		
Language Sequence II		3		
<b>OR</b>				
Diversity Elective* <b>AND</b>		3		
Free Elective*		3		
<b>TOTAL</b>		<b>60</b>		

**NOTES:**

**This is an unofficial document and should be used for academic planning purposes only.** All students are required to see their Academic Advisors each semester to discuss and approve their selection of courses before they register. Due to continual program revisions mandated by accrediting agencies and/or changes in state mandated requirements, students should consult their academic advisor when selecting courses. If you need the name of your academic advisor, contact **(HES Department @ 973-328-5328, HPE 225).**

To determine the transferability of your courses to participating NJ Colleges & Universities, visit the NJ Transfer site at [www.njtransfer.org](http://www.njtransfer.org).

**Science courses completed prior to entering the program must be less than seven years old. If the science courses exceed the seven-year limit, students must prove their competency by testing, or they must retake the courses. This includes the Exercise Science core courses as well.**

\*See reverse side for more information and choices.

\*\*Note: All developmental Math and English courses (including ESL) must be completed before enrolling in the core science courses.

**PUBLIC HEALTH**  
**#2156**  
**Suggested Sequence by Semester**

*This suggested sequence does not include any required developmental courses.  
Degree completion time may vary depending upon the number of credits taken each semester.*

<b>SEMESTER I</b>			<b>SEMESTER II</b>		
<b>CREDITS</b>			<b>CREDITS</b>		
Principles of Public Health	PBH 101	3	Anatomy & Physiology I	BIO 101	4
English Composition I	ENG 111	3	English Composition II	ENG 112	3
Statistics	MAT 124	3	History Elective		3
General Psychology	PSY 113	3	Computer Concepts with Applications	CMP 135	3
Exercise Science Restricted Elective		<u>1</u>	Principles of Sociology	SOC 120	<u>3</u>
	<b>TOTAL</b>	<b>13</b>		<b>TOTAL</b>	<b>16</b>
<b>SEMESTER III</b>			<b>SEMESTER IV</b>		
Personal Health & Wellness <b>OR</b>	HED 286	3	Ethics	PHL 114	3
Drugs, Society & Human Behavior	HED 112		Personal & Family Nutrition	HED 115	3
Diversity Elective <b>OR</b>		3	First Aid & Emergency Care	HED 295	3
Foreign Language Sequence I			Free Elective <b>OR</b>		3
Speech Fundamentals	COM 109	3	Foreign Language Sequence II		3
Anatomy & Physiology II	BIO 102	4	Introductory Chemistry Lecture	CHM 117	3
Medical Terminology	NUR 106	<u>2</u>	Introductory Chemistry Lab	CHM 118	<u>1</u>
	<b>TOTAL</b>	<b>15</b>		<b>TOTAL</b>	<b>16</b>

**HUMANITIES/HISTORY ELECTIVE:** Choose one course from the History General Education Course List.

**EXERCISE SCIENCE RESTRICTED ELECTIVES:** HED 132 Stress Management, HED 133 Weight Management, HES 132 Cardio Conditioning, HES 125 Stretch & Strength, HES 126 Personal Fitness, HES 127 Weight Training, HES 128 Yoga, HES 130 Tai Chi, HES 131 Pilates, HES 141 Personal Challenge I, or ONE aquatics course.

**LANGUAGE:** If you choose to complete the language sequence, choose from the following:

American Sign Language: ASL	Arabic: ARA	Chinese: CHI	French: FRE	German: GER
Hebrew: HBR	Italian: ITL	Japanese: JPN	Latin: LAT	Portuguese: PTG
Spanish: SPN	Russian: RUS			

**DIVERSITY ELECTIVE:** Select any three-credit course from the Diversity General Education Course List.

**FREE ELECTIVE:** Choose any course totaling the required credits.

**HONORS COURSES:** You may be eligible to take honors courses. Discuss this option with your Academic Advisor.

**GENERAL EDUCATION:** [Click here for the more recent General Education course list.](#)

**TRANSFER NOTE:** Articulation Agreements are in place for this degree with William Paterson University and Rutgers Bloustein. Please work closely with your Academic Advisor in order to choose proper courses.