



**WELCOME TO CCM's FALL 2020 SEMESTER FROM HEALTH SERVICES!**  
The office will be open Monday -Thursday 9am-5pm. We will operate remotely on Fridays.

**Due to COVID 19, CCM has put in place a re-open plan to keep you safe and healthy every day. Here are helpful tips for the start of the 2020 semester:**

- **Be sure to give yourself extra time everyday because you cannot enter a building without a temperature scan. Running and anxiety will only raise your temperature. There will only be one unlocked entrance to each building where the scanning will take place – CCM's webpage lists each building and the scanning entrance door so check it out ahead of time. Anticipate potential lines as we all are, students and employees alike.**
- **Do NOT forget, you must wear your CCM ID at all times and cannot be scanned without it.**
- **Wear your mask – if you forget a mask, CCM will provide you with one. A sleeve over your mouth or shirt over your head won't do. Every office in Student Development has masks.**
- **Remove your coat and/ or hat a few minutes prior to scan.**
- **Do not vape or smoke at least 30 minutes prior to scan.**
- **Avoid foods and beverages, hot or cold, for at least 15 minutes**
- **All the above is for a more accurate temperature reading and less chance of needing to wait 20 minutes for a second test.**
- **If you are late for class because you require a second scan, Health Services will give you a note.**

- **With a second positive scan, you will need to leave campus and the college nurse will be available to give you complete one-on-one guidance in the privacy of the Health Services office. Certainly not because you have COVID. Most likely you do not, but fever being the number one symptom, we want to get you checked as soon as possible. We will guide you through the simple free COVID testing process.**

**We certainly apologize in advance for this inconvenience but take heart in knowing each and every one of us must be scanned including the nurse, every employee and every professor, even the college president. Stay safe and healthy throughout the semester. If you have any concerns, please contact CCM Health Services 973-328-5162 or [ehoban@ccm.edu](mailto:ehoban@ccm.edu).**

**More updates to come.**