

Dear Students –

Hope you are all doing well during this very challenging time. Feel free to reach out to Health Services via email with any health-related questions and/or concerns you may have. I want to reassure you that we are working to be sure you are presented with the most accurate and updated information in reference to COVID 19. I strongly encourage you to visit the college's main webpage on a regular basis and click on the COVID 19 Information link.

Although we must function virtually for the most part, there are some basic needs we may be able to help you with. You can start by emailing Health Services at healthservices@ccm.edu.

Titan's Table will not be available as long as the college is closed but below is a message from Nourish, NJ. This is the generous organization that has kept Titans Tables stocked since September 2019. Reach out to them if you need food assistance.

If you are experiencing difficulties with housing, medical bills, transportation, etc., you can visit Family Promise of Morris County. Emergency assistance is available, just ask.

Health Services is dedicated to putting your health and safety at the core of its mission. We will still be available for such things as medical questions, health insurance sign-ups, immunization needs, tobacco cessation and general health education. Visit Health Services webpage for updates!

Please reach out and let me know how I can help.

Stay safe and healthy.

Liz

Liz Hoban MSN, RNC, ACCE

CCM Coordinator of Health Services



Making sure our neighbors in need have food and resources is and always will be our first priority. In light of recent circumstances, we will be taking certain measures to protect them.

We will never allow our guests to go without food. However, there are going to be some changes. Until March 30, we will be suspending sit-down meals and free farmer's markets. Instead, we will have bagged lunches free to pick-up for anyone who needs it. These will be distributed from 11:30-1 at the Church of the Redeemer every day except Saturdays, when they will be distributed at St. Peter's. Canned goods and other non-perishables will also be available. We have been asked by our host Churches to limit the number of people in their buildings, and we have been advised by Health Officials that we should control the number of people handling the food we offer our guests, so during this time, we will not have any volunteers.

The good news is we've had a lot of practice weathering crises. Through blizzards, hurricanes, floods and more, we have never closed. We're good at this! We promise we will never leave our community in need.

For those who have asked how to help: Thank you! The best way to assist us at this time is by **making a donation through our website**. The situation is evolving quickly, and we're responding in real time, so it's impossible for us to anticipate what we'll need. Financial donations will allow us to get the food and supplies we need, when we need them, and get them to our guests as quickly as possible. We are so grateful for your continued support.

Stay healthy and stay safe.

[Make a donation to help us get the supplies we need](#)