

# EMPOWERMENT!

## The Women's Center at County College of Morris Workshop Series

Empowerment!, a six-week interactive program designed to energize your personal and professional growth through dynamic and supportive group interaction. Created and facilitated by Jeanne Rohach, Certified Women's Empowerment Coach & Consultant.

DO YOUR PERSONAL AND PROFESSIONAL GOALS NEED A REBOOT?

Are you looking for...

- Ways to navigate life challenges or transitions
- Insights into internal barriers that hold you back
- Pathways to identify your strengths
- A way to consistently set & achieve purposeful goals
- Techniques to erode self-defeating thoughts
- Supportive connections that motivate & inspire

PROGRAM DATES:                   MAY 2, 9, 16, 23, 30, JUNE 6

TIME:                                 10:00 AM—2:00 PM

LOCATION:                           County College of Morris  
214 Center Grove Road  
Randolph, NJ 07869

### CONTACT

The Women's Center at County College of Morris, 973-328-5025 or [womenscenter@ccm.edu](mailto:womenscenter@ccm.edu) for more information on course admission and other services.

Program admission is through a scholarship funded by the Women's Center at CCM, and is limited to 20 women. Attendance at all sessions is mandatory.

Prior to applying for the scholarship, please consider your current circumstances and time restraints in order to determine that you can meet and commit to the requirement of mandatory attendance at all sessions.

**Apply for the scholarship at <http://www3.ccm.edu/womenscenter/empowerment.asp>**



The Women's Center is a program of the County College of Morris, and receives funding for its programs from the NJ Division on Women. Donations can be made through the County College of Morris Foundation, a 501(c)(3) non-profit organization, designated for the Women's Center can be mailed to 214 Center Grove Road, SCC 115, Randolph, NJ 07869.