

# Drop in During College Hour



Join us as we  
decompress about  
all things  
COVID-19  
related.



## LET'S CONNECT

Through the office of Counseling & Student Success, MHA of Essex and Morris is proud to offer a safe and open space to process and discuss these uncertain times.

**Beginning Weekly  
on Tuesday November 24th  
12:30PM - 1:45PM**

**To register, email  
[counseling@ccm.edu](mailto:counseling@ccm.edu) for  
instructions to join this meeting**



This program is brought to you through the New Jersey Hope and Healing Crisis Counseling Program (CCP). The CCP is provided by Mental Health Association of Essex and Morris, Inc. in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, and is funded through a FEMA/SAMHSA grant.