

Pandemics, Protests, and Peer **SUPPORT GROUP**

Drop In During
College Hour!



This program is brought to you through the New Jersey Hope and Healing Crisis Counseling Program (CCP). The CCP is provided by Mental Health Association of Essex and Morris, Inc. in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, and is funded through a FEMA/SAMHSA grant.

LET'S CONNECT

Through the office of Counseling & Student Success, MHA of Essex and Morris is proud to offer a safe and open space to process and discuss these uncertain times. Join us as we destress about all things COVID-19 related.

**Beginning Weekly on
Tuesday January 26th
12:30PM - 1:45PM**

To register, email:
counseling@ccm.edu

