# Helpful Resources

Last Updated July 2019

The following are resources that have been compiled (by county) in order to assist those who are in need of the following:

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These resources below are not endorsed by the County College of Morris or the Office of Counseling & Student Success, rather they are community resources compiled for your convenience. If you find any of the resources below are outdated or if you need additional informational resources that may not appear on this list, please contact:

Ariella Panek in Counseling Services: apanek@ccm.edu, (973) 328-5140

## Abuse Support

State-wide | Morris County | Bergen County | Essex County | Passaic County | Sussex County | Warren County

#### **NEW JERSEY**

### **Dating Violence Hotline/Referrals**

(800) 572-7233

#### List of Rape Care Programs in New Jersey

http://www.njdcj.org/releases/2005/rape-care.pdf

#### **Male Survivor**

Assists boys and men overcome sexual victimization

http://www.malesurvivor.org

#### National Domestic Violence Hotline (24 hour hotline):

Offers crisis intervention, referrals to shelters and information about working through the criminal justice system

(800) 799-7233

http://www.thehotline.org

#### **National Sexual Assault Hotline**

Run under RAINN (Rape, Abuse & Incest National Network) connects callers to sexual assault service providers that are free and confidential

(800) 656-4673 (HOPE)

https://www.rainn.org/about-rainn

#### **New Jersey Coalition Against Sexual Assault**

Offers information, resources, and programs pertaining to sexual assault. Represents the twenty-one county-based rape crisis centers, and the Rutgers University Office of Violence Prevention and Victim Assistance by changing the mindset and cultural norms that promote "rape culture."

(800) 601-7200

http://njcasa.org/find-help

#### **NJ Victims of Crime Compensation Agency**

Provides compensation to innocent victims of a violent crime

(800) 242-0804

www.nj.gov/oag/njvictims

#### RAINN (Rape, Abuse & Incest National Network)

Largest anti-sexual violence organization and gives resources, information and programs to help with prevention

https://www.rainn.org

## Sexual assault resources and information

www.notalone.gov

## **MORRIS COUNTY**

## Jersey Battered Women's Services, Inc.

P.O. Box 1437

Morristown, NJ 07962

Administrative: 973-267-7520 24-Hour Helpline: 973-267-4763

www.jbws.org

## Morris Cares (Formerly Known as Morris County Sexual Assault Center)

Through Morristown Medical- provides support for victims of sexual assault through individual counseling, advocacy services, support groups, and community education

95 Mt. Kemble Ave.

Morristown, NJ 07962

(973) 971-4754

http://www.atlantichealth.org/morristown/our+services/behavioral+health/sexual+assault+program

### Sexual Assault Response Team (SART) - Through Morris Cares

"An advocate, certified forensic nurse and specially-trained law enforcement investigators address the medical, emotional and legal needs of survivors 13 years of age and up who are in acute crisis and have been sexually assaulted within a five-day period." Services are available through Morris Cares.

95 Mt. Kemble Ave.

Morristown, NJ 07962

Sexual Assault Program Hotline: (973) 829-0587

http://www.atlantichealth.org/morristown/our+services/behavioral+health/sexual+assault+program

#### **BERGEN COUNTY**

## YWCA of Bergen County Rape Crisis Center

Survival of Sexual Abuse and Rape Support Group Men's Support Group for Survivors of Sexual Violence

2 University Place

Suite 208

Hackensack, NJ 07601

(201) 881-1750

http://www.ywcabergencounty.org/programs/healingspace/healingspace-services

## **ESSEX COUNTY**

## **Rape Crisis Services**

204 Claremont Avenue Montclair, NJ 07042 (973) 746-0800

Hotline: (877) 733-2273

## **PASSAIC COUNTY**

## Rape Crisis Service Center

Passaic County Women's Center P.O. Box 244 Patterson, NJ 07513 (973) 881-0725

Hotline: (973) 881-1450

## SUSSEX COUNTY

#### Sexual Trauma Resource Center

PO Box 3032 Newton, NJ 07860 (973) 300-5609

Hotline: (973) 875-1211

## WARREN COUNTY

#### **Rape Crisis Services**

Domestic Abuse and Rape Crisis Center (908) 453-4121

Hotline: (866) 623-7273

## Alcohol and Substance Abuse

State-wide | Morris County | Bergen County | Essex County | Sussex County | Warren County

#### **NEW JERSEY**

#### **Addiction Resource**

Website that provides information to better educate and support the community about substance abuse. It offers resources to those who are looking to get more information about treatment, and for those who are in recovery. Hotlines and self-assessments are also available. <a href="https://addictionresource.com">https://addictionresource.com</a>

#### Al-Anon Alateen Information Services of NJ

Support group for those who are affected by other's drinking (973) 744-8686
<a href="https://www.nj-al-anon.org">www.nj-al-anon.org</a>

## **Alcoholics Anonymous Groups of NJ**

(908) 687-8566 or (800) 245-1377 www.usrecovery.info/AA/New-Jersey.htm

#### Recovery.org

Website that provides information about treatment centers dedicated to Behavioral Health, Addiction, or Co-Occurring Disorders in New Jersey.

http://www.recovery.org/browse/new-jersey/

## **Start Your Recovery**

Website that provides information about addiction, how to recognize a problem, and resources that are available. Information specifically for college students is also presented.

https://startyourrecovery.org/who/college

## **MORRIS COUNTY**

#### Saint Clare's Behavioral Health

Alcohol Chemical Dependency Unit (ACDU): Inpatient

Alcohol and Chemical Dependency Services (ACDS): Outpatient

130 Powerville Road, Boonton, NJ 07005

General Info: (973) 316-1800 or (888) 626-2111

http://www.saintclares.com/Our-Locations/Saint-Clare-s-Behavioral-Health-Services/Substance-Abuse-Outpatient-Care.aspx

#### **Morristown Medical Center:**

Chemical Dependency Services: Assists with overcoming a drug or alcohol addiction (888) 247-1400

100 Madison Avenue, Morristown, NJ 07960

http://www.atlantichealth.org/morristown/our+services/behavioral+health/chemical+dependency+services

## **High Focus**

Adult substance abuse programs and adolescent substance abuse programs: Intensive outpatient treatment program

1-800-877-3628

www.highfocuscenters.com

## **Morris County Area**

1259 Route 46 E, Parsippany, NJ 07054 (973) 299-9919

## **Sussex County Area**

70 Sparta Ave., Sparta, NJ 07871 (973) 726-8161

## **Bergen County Area**

40 Eisenhower Dr., Paramus, NJ 07652 (201) 291-0055

## **Union County Area**

16 Commerce Drive, Cranford, NJ 07016 (908) 272-2474

## **Hope House**

Adolescent substance abuse services

19-21 Belmont Ave. Dover, NJ 07801

http://www.catholicharities.org/index.php?option=com\_content&view=article&id=173&Ite mid=198

(973) 361-5555

Contact person: Michael DeMassi Ext. 132

Adult substance abuse services

Contact person: Maryann Folco Ext. 134 for English Contact person: Rudolph Santiago Ext. 127 for Spanish

## Carolee A. Kallmann, MA, LPC, LACDC

43 Maple Ave, 3rd Floor Morristown, NJ 07960 (973) 993-3193

#### **Morris County Aftercare Center:**

Outpatient/Drug Free and Methadone Treatment Center

"Provides comprehensive and medically monitored treatment services to adults with opioid dependent disorders in Morris County"

1574 Sussex Turnpike Randolph, NJ 07869 (973) 927-6641 www.mcaftercare.org

## NewBridge Services, Inc.

Addiction Outpatient
1259 Route 46 East
Building 2, Suite 100A
Parsippany, NJ 07054
(973) 316-9333

http://newbridge.org/services-for-adults/addiction-services

## Strength for Change Counseling & Self Development Center

21 Howard Blvd. Suite 101 Mt. Arlington, NJ, 07856 (973) 770-7600 www.strengthforchange.com

#### Summit Behavioral Health

Columbia Turnpike Suite 100N Florham Park, NJ 07932 (844) 643-3869

https://www.summitbehavioralhealth.com/locations/outpatient-florham-park

## **BERGEN COUNTY**

## Bergen Regional Medical Center

230 East Ridgewood Ave.
Paramus, NJ 07652
(201) 967-4000
http://www.bergenregional.com/Evergreen/index.html

### Care Plus, NJ, Inc.

610 Valley Health Plaza
Paramus, NJ 07652
(201) 986-5000
<a href="http://www.careplusnj.org/substance-abuse-programs">http://www.careplusnj.org/substance-abuse-programs</a>

See Morris County High Focus for Bergen County Info.

#### **ESSEX COUNTY**

#### GenPsych

Offers variety of mental health programs
5 Regent Street, Suite 518
Livingston, NJ 07039
855-436-7792
http://genpsych.com

#### **Summit Oaks Hospital**

Provides drug, and alcohol rehab along with psychiatric treatment 19 Prospect St. Summit, NJ 07902 (980)522-7000 www.summitoakshospital.com

## SUSSEX COUNTY

## Center for Prevention and Counseling

61 Spring St.
Newton, NJ 07860
(973) 383-4787
www.centerforprevention.org

#### **High Focus**

Adult substance abuse programs and adolescent substance abuse programs: Intensive outpatient treatment program

70 Sparta Ave. Sparta, New Jersey 07871 (973) 726-8161 1-800- 877-3628 www.highfocuscenters.com

#### **Newton Medical Center**

Chemical Dependency Services 175 High Street Newton, NJ 07860 (888) 247-1400

http://www.atlantichealth.org/newton/our+services/behavioral+health/chemical+dependency+services

#### **Sunrise House**

37 Sunset Inn Road Lafayette, NJ 07848 (973) 383-6300 (800) 538-5483 (LET LIVE) www.sunrisehouse.com

## WARREN COUNTY

## Family Guidance Center of Warren County

492 Rt. 57 West
Washington, NJ 07882
(908)689-1000
and
128 Maple Ave.
Hackettstown, NJ 07840
(908) 852-0333
and
370 Memorial Parkway
Phillipsburg, NJ 08865
(908)454-4470
www.familyguidancecenterofwc.org

## Eating Disorder Treatment

Bergen County | Essex County | Mercer County | Somerset County

## BERGEN COUNTY

## **Renfrew Center of New Jersey**

174 Union St. Ridgewood, NJ 07450 (800) 736-3739 www.renfrewcenter.com

#### The Kotch Center

40 North Van Brunt St. Englewood, NJ 07631 (201) 670-6450 http://www.thekochcenter.com

#### ESSEX COUNTY

## Center for the Treatment of Eating Disorders

570 West Mount Pleasant Ave. Suite 108 Livingston NJ 07039 (973) 740-1262

#### GenPsych

For consultation please call: (855) 436-7792 www.genpsych.com

## **Essex County**

5 Regent St. Suite 518 Livingston, NJ 07039

#### **Mercer County**

3635 Quakerbridge Rd Suite 3 Hamilton, NJ 08619 and 31 East Darrah Lane Lawrenceville, NJ, 08648

#### **Ocean County**

1610 Route 88, Suite 202 Brick, NJ 08723

#### **Somerset County**

981 Route 22 West, Second Floor Bridgewater, NJ 08807

### **Overlook Hospital**

Ages 12-21

99 Beauvoir Ave. Summit, NJ 07902 (908) 522-5757

Hotline: (973) 540-0100 www.atlantichealth.org

#### MERCER COUNTY

#### Center for Eating Disorders Care

University Medical Center of Princeton at Plainsboro

1 Plainsboro Road Plainsboro, NJ 08536 (609) 853-7575 (877) 932-8935

http://www.princetonhcs.org/phcs-home/what-we-do/university-medical-center-of-princeton-at-plainsboro/what-we-do/clinical-centers-for-care/center-for-eating-disorders-care/contact-us.aspx

## SOMERSET COUNTY

## Robert Wood Johnson Hospital (Formerly Somerset Medical Center)

110 Rehill Ave. Somerville, NJ 08876 (800) 914-9444

http://www.rwjuh.edu/rwjuh/EatingDisordersProgram.aspx

## **Entitlements**

State-wide | Morris County | Sussex County

#### **NEW JERSEY**

## \*\*Board of Social Services for all Counties in New Jersey\*\*

http://www.state.nj.us/humanservices/dfd/programs/njsnap/cwa

01

https://www.nj.gov/humanservices/njsnap/home/cbss.shtml

## **Low Cost Prescriptions**

Directory of pharmaceutical assistance programs Partnership for Prescription Asst.

888-477-2669 www.pparx.org

WWW.ppa

Rx4NJ

888-793-6765 www.rx4nj.org

## **NJ Snap (Formerly Food Stamps)**

(800) 792-9773

http://www.nj.gov/humanservices/dfd/programs/njsnap

## PAAD (Pharmaceutical Assistance for the Aged and Disabled)

(800) 792-9745

http://www.state.nj.us/humanservices/doas/services/paad

## **Utility Assistance**

Financial help to eligible persons

NJ Weatherization & Home Energy Asst. Program

1-800-510-3102

http://www.state.nj.us/dca/divisions/dhcr/offices/eap.html

## U.S. Social Security Administration

(800) 772-1213

https://www.ssa.gov

### **MORRIS COUNTY**

#### **NJ State Medicaid District Office**

10 Park Place 4th Floor

Morristown, NJ 07960

(973) 631-6440

http://www.state.nj.us/humanservices/dmahs/clients/medicaid

## Office of Temporary Assistance

340 West Hanover
P.O. Box 900
Morristown, NJ 07963
(973) 326-7800
<a href="http://www.morrishumanservices.org/ota">http://www.morrishumanservices.org/ota</a>

## BERGEN COUNTY

#### **Bergen County Board of Social Services**

Assists with obtaining benefits such as Medicaid and Medicare
218 Route 17 North
17 Park Office Center
Rochelle Park, NJ 07662
(201) 368-4200
https://bcbss.com/

#### **ESSEX COUNTY**

## **Essex County Department of Citizen Services**

Assists with obtaining benefits such as Medicaid and Medicare
18 Rector Street- 9th Floor
Newark, NJ 07102
(973) 733-3000
https://essexcountynj.org/welfare/

## PASSAIC COUNTY

#### **Passaic County Board of Social Services**

Assists with obtaining benefits such as Medicaid and Medicare 80 Hamilton Street
Paterson, NJ 07505
(973) 881-0100
<a href="http://www.pcbss.org/">http://www.pcbss.org/</a>

#### SUSSEX COUNTY

#### **Sussex County Social Services Office**

Assists with obtaining benefits such as Medicaid and Medicare
83 Spring Street – Suite 203
P.O. Box 218
Newton, NJ 07860
(973) 383-3600
http://www.sussex.nj.us/Cit-e-Access/webpage.cfm?TID=7&TPID=994

## UNION COUNTY\_

## **Union County Division of Social Services**

Assists with obtaining benefits such as Medicaid and Medicare
343 Westminster Ave.
Elizabeth, NJ 07207
(908) 965-2700
<a href="https://ucnj.org/departments/human-services/social-services/">https://ucnj.org/departments/human-services/social-services/</a>

## WARREN COUNTY\_

## Warren County Division of Temporary Assistance and Social Services

 $Assists\ with\ obtaining\ benefits\ such\ as\ Medicaid\ and\ Medicare$ 

1 Shotwell Dr.

Belvidere, NJ 07823 (908) 475-6301

http://www.co.warren.nj.us/humanservices/tasshome.html

## Financial Services

#### **NEW JERSEY**

## **Consumer Credit Counseling Services**

Referrals to credit counseling services in NJ 888-726-3260 www.cccsnj.org

## **State and Federal Modification Programs**

State and federal foreclosure prevention programs

http://www.njhousing.gov/foreclosure/mortgage

## **Low Cost Prescriptions**

Directory of pharmaceutical assistance programs
Partnership for Prescription Asst.
1-888-477-2669
www.pparx.org

#### Rx4NJ

(888) 793-6765 www.rx4nj.org

# Utility Assistance (Financial help to eligible persons) NJ Weatherization & Home Energy Asst. Prog.

(800) 510-3102

http://www.state.nj.us/dca/divisions/dhcr/offices/eap.html

## **Health Care**

State-wide | Morris County | Bergen County | Essex County | Sussex County

#### **NEW JERSEY**

## **New Jersey Poison Control**

(800) 222-1222

http://www.njpies.org

#### **MORRIS COUNTY**

#### Saint Clare's Health

All Services: (866) 782-5273 Emergency: (973) 625-6000

Psychiatric Emergency Services: (973) 625-6150

Psychiatric Emergency Services Crisis/Suicide Hotline: (973) 625-6160

www.saintclares.org

#### **Morristown Medical Center**

All services: (973) 971-5000 Emergency: (973) 971-5044

Crisis Stabilization Services: (973) 540-0100

www.atlantichealth.org/Morristown

#### **Planned Parenthood**

196 Speedwell Ave.
Morristown, NJ 07960
(973) 539-1364
and
30 N Morris St.
Dover, NJ 07005
(973) 361-6006
www.plannedparenthood.org

#### **BERGEN COUNTY**

## Bergen Regional Medical Center

230 East Ridgewood Ave. Paramus, NJ 07652 (201) 967-4000 www.bergenregional.com

## **Hackensack University Medical Center**

30 Prospect Ave. Hackensack, NJ 07601 (855) 424-9355 (WELL) http://www.hackensackumc.org

## **ESSEX COUNTY**

## Saint Barnabas Health Care System

95 Old Short Hills Rd. West Orange, NJ 07052 (888) 724-7123 www.saintbarnabas.com

#### SUSSEX COUNTY

#### **Newton Medical Center**

(973) 383-2121

Emergency: (973) 383-0973 Mental Health: (973) 383-1533

http://www.atlantichealth.org/newton

#### **Planned Parenthood**

8 Moran St. Newton, NJ 07860 (973) 383-5218 www.plannedparenthood.org

## Hot Lines/Websites

#### 2nd Floor

"A confidential and anonymous helpline for New Jersey's youth and young adults. We are here to help you find solutions to the problems that you face at home, at school or at play" (888) 222-2228

www.2ndfloor.org

### Bring change 2 mind

Goal is to end stigma and discrimination that is surrounding mental illness, through various educational programs, public service announcements, and stories

http://bringchange2mind.org/about-us/our-mission

## **Emotion Technology**

A resource that assists people in reporting those who are verbalizing suicidal thoughts or exhibiting uncharacteristic behavior on a social media or any other website

http://www.emotiontechnology.com/concerned-for-someone-online

#### Half of Us

Specifically for college students- discusses common feelings and mental health concerns, provides resources on and off college campus, and lists information on how to help yourself or a friend who may be struggling

http://www.halfofus.com

#### Jed Foundation

"Mission is to promote emotional health and prevent suicide at colleges and universities" http://www.jedfoundation.org/about/mission

#### **Mental Health Cares**

Behavioral health information referral service (866) 202-HELP (4357)

http://www.njmentalhealthcares.org

## MHA Hot/Warm (before crisis) Line 5-10 pm:

Assists those who need support (877) 760-4987

#### **National Suicide Prevention Lifeline**

"A network of crisis centers committed to suicide prevention that are located in communities across the country. People in emotional distress or suicidal crisis can call anytime from anywhere in the nation and speak to a trained worker who will listen to and assist callers with getting the help they need."

(800) 273-TALK (8255)

http://www.suicidepreventionlifeline.org

## NJ 211 (Dial 2-1-1 to access by phone 24 hour hotline)

Connects people with social services & community programs (877) 652-1148
www.nj211.org

## Peer Recovery Warm Line

Talk line for those who need support from other peers (877) 292-5588

## **Quit Smoking Hot Line**

"A single access point to the National Network of Tobacco Cessation Quitlines. Callers are automatically routed to a state-run quitline"

(800) 784-8669

http://quitsmoking.pharmacydiscountrx.com/support.html

#### Recovery.org

Website that provides information and services for psychological and mental disorders, specializing in co-occurring disorders (mental illness and substance use).

http://www.recovery.org/topics/psychological-and-mental-disorders

## Sleep Guide for College Students

This website provides information about the importance of sleep related to being a college student, and how to set a routine that can help students feel more balanced. There are also facts explaining how sleep can affect many things is one's life including health, anxiety, energy, and overall mood.

http://mattresshelp.org/guide-college-sleep/ and http://mattresshelp.org/anxiety-sleep/

## Social Security Disability Benefits Guide

"Understand how Social Security disability works and how to calculate your benefits" <a href="http://www.thesimpledollar.com/disability-benefits-guide/">http://www.thesimpledollar.com/disability-benefits-guide/</a>

## Student Mental Health: A Guide to Identifying Disorders & Promoting Wellness

"Learn about the various mental health challenges facing college students, the support and counseling resources available to them, and practical measures and coping strategies to help students overcome behavioral, emotional, and psychological obstacles"

http://www.affordablecollegesonline.org/college-student-mental-health

## The Top Mental Health Challenges Facing Students

"This guide helps to identify the sign and symptoms of common mental health issues for college students and where and when to seek help"

 $\underline{http://www.best colleges.com/resources/top-5-mental-health-problems-facing-college-students}$ 

#### **ULifeline**

Online resource that gives information on college mental health, wellness, and offers a confidential self-evaluator that identifies problems that can be impacting thoughts, feelings, and behaviors

www.ulifeline.org

## Warm Line (before crisis):

Assists those who need support (908) 232-2880

## Housing

State-wide | Morris County

#### **NEW JERSEY**

## Housing Assistance (Division of Housing in New Jersey)

Assists with homelessness prevention, section 8 vouchers, state rental assistance program, family self-sufficiency, and etc.

(609) 292-4080

http://www.state.nj.us/dca/divisions/dhcr/offices/ha.html

## **MORRIS COUNTY**

## **Housing Authority of:**

Boonton: (973) 335-0846 Dover: (973) 361-9444 Madison: (973) 377-0258

Morris County: (973) 540-0389 Morristown: (973) 538-2975

http://www.morrishousingauthority.org

## Housing Partnership for Morris County

Educates homeowners and homebuyers and assist them is successfully buying and keeping a home. Also offers matched savings club and down payment assistance programs.

2 East Blackwell Street Dover, NJ 07801

(973) 659-9222

http://housingpartnershipnj.org

## Urban League of Morris County Fair Housing Council

"Their mission is to ensure that anyone, regardless of race, creed, color, national origin, nationality, ancestry, sex, marital status, familial status, mental or physical handicap and sexual orientation could obtain suitable housing without discrimination."

(973) 538-2975

http://www.ulmcnj.org/housing2.ivnu

## Legal Services

## MORRIS COUNTY

## Legal Services of NJ (LSNJ)

Assists with legal information and advice for low-income people (must be financially eligible) 30 Schuyler Pl.

 $2^{\rm nd}$  Floor

Morristown, NJ 07963 Hotline: (888) 576-5529

http://www.lsnj.org/index.aspx

For other counties please visit: http://www.lsnj.org/lsnwj

## LGBT (Lesbian, Gay, Bisexual, Trans-Gender) Resources

State-wide | Morris County

## **NEW JERSEY**

### The Pride Center of New Jersey

Provide information on NJ support groups for LGBT community www.pridecenter.org

#### **Look Different**

Provide education and resources for the LGBT community.

MTV's "Look Different" Campaign is here to help you erase hidden racial, gender, and anti-LGBT bias all around. They help people unlearn biases, open up conversations with family and friends and give specific things that can be done to help make things better.

www.lookdifferent.org

## The Trevor Project

24-hour toll-free confidential crisis and suicide prevention helpline for lesbian, gay, bisexual, transgender and questioning youth

1-866-488-7386

www.thetrevorproject.org

#### **MORRIS COUNTY**

## Gay Activist Alliance in Morris County

Provides social, educational, and outreach programs
P.O. Box 137
Convent Station, NJ
07961 (973) 285-1595
www.gaamc.org

#### Morris County Unitarian Fellowship

Invitee all backgrounds to attend service 21 Normandy Heights Rd. Morristown, NJ 07960 (973) 540-1177 www.muuf.org

## Mental Health & Counseling Services

State-wide | Morris County | Bergen County | Essex County | Passaic County | Somerset County | Sussex County Warren County

#### **NEW JERSEY**

#### Crisis/Psychiatric screening centers for all counties in New Jersey

Assists people who need immediate psychiatric care

http://www.state.nj.us/humanservices/dmhas/home/hotlines/MH Screening Centers.pdf

## **MORRIS COUNTY**

#### Saint Clare's Behavioral Health

Main Number: (888) 626-2111

Psychiatric Emergency Services: (973) 625-6150

Psychiatric Emergency Services Crisis/Suicide Hotline: (973) 625-6160

Boonton: (973) 316-1800 Budd Lake: (973) 347-4300 Cedar Knolls: (973) 401-2121 Denville: (973) 625-7009

http://www.saintclares.org/behavioral-health-services

#### Saint Clare's Wellness and Recovery Center

Crisis intervention program to assist individuals at risk to help prevent hospitalization

4 Pocono Road

Denville, NJ 07834

(973) 625-0096

(888) 476-2660

http://www.saintclares.org/behavioral-health-services

#### **Morristown Medical Center**

95 Mt. Kemble Ave. Morristown, NJ 07960

(888) 247-1400

Crisis Stabilization and Intervention Services

(973) 540-0100

http://www.atlantichealth.org/overlook/our+services/behavioral+health/

#### **Family Intervention Services**

Specializes with child and adolescent outpatient counseling, family counseling and crisis, parent support program, pre and post adoption counseling, in-home treatment, DCPP referrals etc.

20 Vanderhuff Ave. Rockaway, NJ 07866 (973) 586-5243 www.fisnj.org

## **Hope House**

Offers sliding scale: addresses early identification, prevention, advocacy, anger management groups, HIV/AIDS services, senior services, bi-lingual/bi-cultural services, and substance abuse services

19-21 Belmont Ave. Dover, NJ 07801 (973) 361-5555

http://www.catholicharities.org/index.php?option=com\_content&view=article&id=17 3&Ite mid=198

## **Immediate Care Psychiatric Center**

Offers counseling, psychiatry, and various adult and child/adolescent programming 22-28 Hill Rd.

Parsippany, NJ 07054 (973) 335-9909

http://www.njpsychcenter.com

## Jewish Family Services

Provides services to individuals and families throughout all stages of life, and takes Medicare, Medicaid, and offers a subsidized sliding scale

256 Columbia Turnpike, Suite 105 Florham Park, NJ 07932 (973) 740-1233 www.jfsmetrowest.org

## NewBridge Services, Inc.

1259 Route 46 East Building 2, Suite 100A Parsippany, NJ 07054 (973) 316-9333 OR 420 Boulevard Mountain Lakes, NJ 07046 (973) 794-6401 http://newbridge.org

#### **Zufall Health Center**

Offers sliding scale: Delivers medical, behavioral health, and dental care for the underserved to patients in Morris, Sussex, Hunterdon, Warren, Somerset, and Essex counties

18 West Blackwell Street Dover, NJ 07801 973.328.3344

www.zufallhealth.org (full listing of treatment facilities on website)

#### **BERGEN COUNTY**

## Bergen Regional Medical Center

230 East Ridgewood Ave.

Paramus, NJ 07652

24/7 Mental Health and Substance Abuse Services: (800) 730-2762

General Number: (201) 967-4000

http://www.bergenregional.com/BehavioralHealth/index.html

#### Care Plus, NJ, Inc.

610 Valley Health Plaza Paramus, NJ 07652 (201) 986-5000

http://www.careplusnj.org/adult-services

## Comprehensive Behavioral Healthcare Inc.

Offers counseling services, adolescent services, rehabilitation services, residential, and intensive family support services

516 Valley Brook Ave. 395 Main Street

Lyndhurst, NJ 07071 and Hackensack, NJ07601

(201) 935-3322 (201) 646-0333

http://www.cbhcare.com

## Comprehensive Behavioral Healthcare Inc. Wellness and Support Center

Crisis intervention program to assist individuals at risk to help prevent hospitalization

569 Broadway

Westwood, NJ, 07675 NJ (201) 957-1800

http://www.cbhcare.com/early-intervention-programs-0

## **Hackensack University Medical Center**

87 Rt. 17 N

Maywood, NJ 07607

Behavioral Health: (551) 996-4450 General Number: (551)996-2000

http://www.hackensackumc.org/wellness

#### **ESSEX COUNTY**

## GenPsych

Offers variety of substance abuse programs
5 Regent Street, Suite 518
Livingston, NJ 07039
855-436-7792
http://genpsych.com

## Jewish Family Services

Provides services to individuals and families throughout all stages of life, and takes Medicare, Medicaid, and offers a subsidized sliding scale

570 W. Mt. Pleasant Avenue, Suite 106 Livingston, NJ 07039 (973) 740-1233 www.jfsmetrowest.org

## Summit Oaks Hospital

19 Prospect St.
Summit, NJ 07902
(908) 522-7000- main hospital number
(800) 753-5223- for 24 hr. confidential assessments
http://www.summitoakshospital.com/inpatient/psychiatric.php

#### PASSAIC COUNTY

#### NewBridge Services Inc.

1069 Ringwood Avenue Suite 301 Haskell, NJ 07420 (973)831-0613 http://newbridge.org

## Saint Joseph's Hospital

Behavioral Health 703 Main St, Paterson, NJ 07503 (973) 754-2000

https://www.stjosephshealth.org/clinical-focuses/behavioral-health-services/item/1332-outpatient-mental-health-clinic

## Saint Joseph's Hospital

Psychiatric Emergency Screening Unit 646 Broadway Paterson, NJ 07514 HOTLINE: (973)754-2230 www.stjosephshealth.org

24

## Saint Mary's General Hospital

Offers a variety of behavioral health services for adults, adolescents, and children

350 Boulevard

Passaic, NJ 07055

(973) 470-3056

http://www.smh-nj.org/Our-Services/Areas-of-Excellence/Behavioral-Health.aspx

#### SOMERSET COUNTY

#### **Carrier Clinic**

Inpatient facility
252 Rt. 601
Bell Mead, NJ 08502
(800) 933- 3579

www.carrierclinic.org

## Richard Hall Community Mental Health Center

500 North Bridge Street Bridgewater, NJ 08807 908-725-2800 or (800) 744-4417

https://www.co.somerset.nj.us/hservices/rhmhc

## Robert Wood Johnson Hospital (Formerly Somerset Medical Center)

110 Rehill Ave. Somerville, NJ 08876

(908) 865-2200

http://www.rwjuh.edu/rwjuh/behavioralhealth.aspx

## SUSSEX COUNTY

#### **Hope House**

Offers HIV/AIDS services (no fee) in Sussex County

19-21 Belmont Ave.

Dover, NJ 07801

(973) 361-5555 or (800) 213-4967

http://www.catholicharities.org/index.php?option=com\_content&view=article&id=173&Itemid=198

## NewBridge Services Inc.

70 Sparta Avenue Sparta NJ 07871 973-726-0697

http://newbridge.org

#### **Newton Medical Center**

175 High St.

Newton, NJ 07860

(973) 383-1533

http://www.atlantichealth.org/newton/our+services/behavioral+health

## WARREN COUNTY

## Family Guidance Center of Warren County

492 Rt. 57 West
Washington, NJ 07882
(908)689-1000
And
128 Maple Ave.
Hackettstown, NJ 07840
(908) 852-0333
And
370 Memorial Parkway
Phillipsburg, NJ 08865
(908)454-4470
www.familyguidancecenterofwc.org

## **Hope House**

Offers HIV/AIDS services (no fee) in Warren County

19-21 Belmont Ave.

Dover, NJ 07801

 $\frac{\text{http://www.catholicharities.org/index.php?option=com\_content&view=article&id=17}}{3\&\text{Itemid=198}}$ 

## **Private Therapeutic Practices**

State-wide | Morris County | Essex County | Sussex County | Warren County

#### **MORRIS COUNTY**

## A Center for Change

177 Route 206
Flanders, NJ
07836 And
59 E. Mill Road
Long Valley
07853
12 79 Route 46
Building C
Parsippany, NJ
07054
(800) 870-8790

144 // 5790

http://www.acenterforchange.com

## Ana Du Bois, Ph.D

Marriage and family therapist (bi-lingual in Spanish)
1201 Sussex Turnpike
Suite 104 B
Randolph, NJ 07869
(973) 895-9955

## Carolee A. Kallmann, MA, LPC, LCDAC

Specializes in substance abuse 43 Maple Ave, 3<sup>rd</sup> Floor Morristown, NJ 07960 (973) 993-3193

## Christine Schloesser Psy.D.

1 Cattano Avenue Morristown, NJ 07960 (973) 532-2102 info@drschloesser.com

## Community Mental Health Associates, LLC

Psychologists, LPC's, and LCSW's on clinical staff 3599 US Highway 46 Parsippany, NJ 0054 (973) 263-8070

#### **Family Services of Morris County**

Uses sliding scale
62 Elm St.
Morristown, NJ 07960
(973) 538-5260
www.fsmc.org

#### JAU Counseling, LLC

147 Columbia Turnpike Florham Park, NJ 07932 (201) 702-1551 www.jaucounseling.com

#### Jessica Wright, MA, LPC

Specializes in eating disorders and crisis intervention

230 US Highway 206 Building #3, Suite 301 Flanders, NJ 07836 (973) 252-1657

https://therapists.psychologytoday.com/rms/name/Jessica+M.+Wright,+LPC,+LCADC,+ACS\_Flanders\_New+Jersey\_150362

#### Dr. Karen J. Lazar, Ph. D

261 James St., Suite 3G Morristown, NJ 07960 (973) 317-8223

https://therapists.psychologytoday.com/rms/name/Karen\_J\_Lazar\_PhD,NCPsyA,AC S\_Livingston\_New+Jersey\_59742

#### Kenneth Albiston, LCSW

Specializes in child, adolescent, individual & family therapy

19 Sunset Rd.

Morris Plains, NJ 07950

(973) 538-9724

https://therapists.psychologytoday.com/rms/name/Kenneth\_Albiston\_LCSW\_Morris+Plains\_New+Jersey\_57353

#### Dr. Nancy Nelson, Ph.D

58 Maple Ave. Morristown, NJ 07960 (973) 538-5855

## Dr. Paul Rosenberg (psychiatry)

930 Mount Kemble Ave. Morristown, NJ 07960 (973) 425-1022

## **Psychiatric Consultants of Morris**

Provides psychiatric and mental health counseling

261 James St.

Suite 3G

Morristown, NJ 07960

(973) 540-9492

http://www.psychiatricconsultantsofmorris.com

## **Psychiatric Services of New Jersey**

Provides psychiatric and mental health counseling

55 Madison Avenue.

Suite 400

Morristown, NJ 07960

(908) 350-7034

http://www.psychiatricservicesofnewjersey.com

#### Dr. Renate Safrin, Ph.D

Specializes in children psychology

7 Hamilton Rd.

Morristown, NJ 07960

(973) 644-0626

## Strength for Change Counseling & Self Development Center

22 Howard Blvd.

Suite 101

Mt. Arlington, NJ, 07856

(973) 770-7600

www.strengthforchange.com

## Dr. Stuart Leeds, Psy.D.

50 Cherry Hill Rd.

Suite 305

Parsippany, NJ 07054

(973) 257-9000

http://www.morrispsych.com

#### Susan O'Connor, MA, LPC, NCC

Specializes in body image, eating disorders, and self-esteem

368 Main Street

Chatham, NJ 07928

(973) 241-5367

https://therapists.psychologytoday.com/rms/name/Susan\_O'Connor\_MA,LPC,NCC\_Chatham\_New+Jersey\_130177

## Dr. Susan Neigher, Ph.D

1201 Sussex Turnpike Suite 104-C Randolph, NJ 07869 (973) 895-4422 http://www.drsusanneigher.com

## **ESSEX COUNTY**

## Michele Ryan, MSW, LCSW

28 Beechwood Rd. Summit, NJ 07901 (917) 297-0070 www.MicheleRyanTherapy.com

## **North Jersey Consultation Center**

301 South Livingston Ave. 2<sup>nd</sup> Floor Livingston, NJ 07039 www.njccenter.org

## **Summit Psychological Services**

86 Summit Ave.
Summit, NJ 07901
(908) 273-5558
Also located at:
466 Pompton Ave.
Summit, NJ 07009
(973) 857-8857
http://www.summitpsychologicalservices.com/staff

## SUSSEX COUNTY/WARREN COUNTY

## A Center for Change

21 Main St. Sparta, NJ 07871 (800) 870-8790 http://www.acenterforchange.com

#### Center for Prevention and Counseling

61 Spring St.
Newton, NJ 07860
(973) 383-4787
www.centerforprevention.org

## Dana De Kleine, MA, LPC

486 Schooleys Mountain Rd. Hackettstown, NJ 07840 (908) 850-4552

## Family Guidance Center of Warren County

128 Maple Ave. Hackettstown, NJ 07840 (908) 852-0333 http://www.familyguidancecenterofwc.org

## Melinda Strangeway, LCSW

46 Main Street Suite 401, Sparta, NJ 07871 (201) 213-0120

## Paula Bortnichak (psychiatry)

28 Rose Lane Sparta, NJ 0781 (973) 729-1807

## Shelters and Food Banks

#### Soup Kitchens:

#### Community Soup Kitchen of Morristown

Serves breakfast and lunch 365 days per year, offers Healthy Choices Market, and provides various resources including assistance with access to community resources, and educational programs

35 South Street
Morristown, NJ 07960
(973) 267- 0709
http://www.cskmorristown.org/default.asp

## Faith Kitchen- Trinity Lutheran Church

Operates Monday-Saturday 11:30 a.m. to 12:30 p.m. 123 East Blackwell Street Dover, NJ 07801 (973) 366-2821 http://www.tlcnj.org/faith-kitchen

## **Interfaith Food Pantry**

Allows people who register for the program to pick out food items of their choice (Amount of each item a person can take depends on the family size), provides nutritional counseling, linkage and referral to community resources, etc.

2 Executive Drive Morris Plains, NJ 07950 (973) 538-8049 http://www.mcifp.org

The following information has been obtained from:

http://portal.hud.gov/hudportal/HUD?src=/states/new\_jersey/homeless/shelters/morris

## Housing/Shelters:

## **Home Sharing**

Matches people who have homes and who are looking to rent out a room for reduced fees or for free in exchange for help with household chores. Serves Morris, Union, Somerset, Hunterdon, and Essex Counties

Located at the PeopleCare Center
120 Fiderne Ave.
Bridgewater, NJ 08807
(908) 526-4663
http://www.homesharing.org/?page\_id=6

#### Homeless Solutions, Inc.

Provides four separate Shelter Programs, a Transitional Housing Program, and The Mt. Kemble Home- a program for elderly women of limited means. Assists with job search, counseling, medical care, and childcare

540 East Hanover Avenue, Suite 100 Morristown, NJ 07960-0282 (973) 993-0833 https://www.homelesssolutions.org

#### **Market Street Mission**

Nine Market Street Morristown, NJ 07960 (973) 538-0431 http://www.marketstreet.org

#### **Salvation Army**

95 Spring Street Morristown, NJ 07960 (973) 539-2700

#### Transitional Housing:

#### **Eric Johnson House**

Offers various residential programs for those who living with HIV/Aids, their families, and the community

44 South Street
Morristown, NJ 07960
(973) 285-0006
http://www.njas-inc.org/ourprograms.html

#### Family Shelter:

# Family Promise of Morris County (formerly Interfaith Council for Homeless Families of Morris County)

P.O. Box 1494 Morristown, NJ 07962 (973) 998-0820 http://www.familypromisemorris.org

#### Domestic Violence Shelter:

## Jersey Battered Women's Service (JBWS)

P.O. Box 1437 Morristown, NJ 07962 (973) 267-7520 http://www.jbws.org

## Runaway Youth Shelter:

## **Morris County Youth Shelter**

320 West Hanover Avenue Parsippany, NJ 07054 (973) 285-2970 http://www.morrishumanservices.org/youth

## To obtain information on additional counties please see:

http://portal.hud.gov/hudportal/HUD?src=/states/new\_jersey/homeless/shelters

## **Support Services**

State-wide | Morris County | Bergen County | Sussex County

#### **NEW JERSEY**

#### NJ 211

Connects people with social services & community programs
Dial 2-1-1 to access by phone 24 hour hotline
(877) 652-1148
www.nj211.org

#### MORRIS COUNTY

## Career Services of Saint Clare's Health System

Offers two programs- Supported Education and Supported Employment. Supported Education assists people in acclimating back into a post- secondary educational setting and Supported Employment assists job seekers in choosing, getting, and keeping competitive employment. In order to be eligible must have a psychiatric disability.

50 Morris Ave.
Denville, NJ 07834
(973) 625-7045
www.saintclares.org/behavorial-health-career-services

## **Community Hope**

Offers various housing for those diagnosed with a psychiatric disability as well as the veteran community

199 Pomeroy Rd.
Parsippany, NJ 07054
(973) 463-9600
www.communityhope-nj.org

## Cornerstone Family Programs (formerly Family Service of Morris County)

Offers GED preparation, English for speakers of other languages, Pathways to Work program, support for veterans and their families, and substance abuse prevention programs, etc.

62 Elm Street Morristown, NJ 07960 248 West Main Street Rockaway, NJ 07866 (800) 984-1414

http://www.cornerstonefamilyprograms.org

#### Division of Vocational Rehabilitation (DVR)

Assists those with disabilities prepare for and obtain work as well as assist in achieving occupational goal(s).

13 Emery Ave. Randolph, NJ 07869 (862) 397-5600 (option 3)

For additional counties please visit:

 $\underline{http://jobs4jersey.com/jobs4jersey/documents/DVRS/DVRSFieldOfficeContactListWithBackups.pdf}$ 

## **Intensive Family Support Services**

Supports and educates family members and/or caregivers of those diagnosed with a mental illness

(973) 625-709550 Morris Ave.Denville, NJ 07834

http://saintclares.org/intensive-family-support-services-2

## Literacy Volunteers of Morris County (LVMC)

Provides free tutoring from volunteers for those who struggle in English, for those where English is a second language, or for those who have difficulty in basic mathematics

(973) 984-1998 10 Pine St #1 Morristown, NJ 07960 www.lvamorris.org

For additional counties please visit: <a href="www.literacynj.org/programs">www.literacynj.org/programs</a>

## Mental Health Association (MHA) of Morris County

"Educates on mental illness as well as provides linkages within the county to assist people with mental illness in recovery. Empowers and promotes mental wellness to the public as well as the community"

100 Rt 46 E Bldg C Mountain Lakes, NJ 07046 (973) 334- 3496 www.mhamorris.org

## Mental Health Association of New Jersey

88 Pompton Ave. Verona, NJ 07044 (800) 367-8850 www.mhanj.org

## **Morris County One Stop**

Provides a full range of assistance for job seekers

13 Emery Ave.

Randolph, NJ 07869

(862) 397-5600

http://jobs4jersey.com/jobs4jersey/jobseekers/oscc/morrisrandolph\_oscc.html

And

30 Schuyler Pl.

Morristown, NJ 07960

(973) 631-6321

www.jobs4jersey.com/jobs4jersey/jobseekers/oscc/morrismorristown\_oscc.html

#### National Alliance of Mental Illness (NAMI) of Morris County

Provides education, support, and awareness pertaining to mental illness

East Hanover

NJ 07936

(908) 879-5687/ (973) 386-1845

http://www.naminj.org/?s=morris+county.org

## **New Jersey Wins**

Assists with educating people about social security benefits

322 US Hwy 46 West

Suite 220

Parsippany, NJ 07054

(866) 946-7465

To obtain information about other counties please visit:

www.njwins.org

## Prevention is Key

A grant funded program that provides prevention education and advocacy for children, teens, parents, senior citizens, and the community on many problem topics that are dealt with today

25 West Main St. Rockaway, NJ 07866

(973) 625-1998

www.mcpik.org

## Self Help Clearing House

Provides a list of various support groups in NJ

(800) 367-6274

www.njgroups.org

#### Streetsmart Outreach

"Services northern and central NJ: Provides services to those ages 13-21 who may be homeless or living in unsafe environments. Street Smart counselors provide- food, clothing, blankets, easy access to shelter, crisis intervention counseling, referrals to health care and social service programs, help obtaining vital documents, rape crisis information, help finding jobs and housing, etc."

175 Washington Street Morristown, NJ 07960 (973) 644-4666

www.morrissussexresourcenet.org/news-events/news/street-smart-outreach-for-runaway-and-homeless-youth

The following are free and confidential services to help pregnant women in maintaining pregnancy: pregnancy testing, shelter, referral to physician, transportation to and from physician, counseling, legal assistance, clothing, etc.:

## Birthright of Dover

Belmont & Trenton Streets Dover, NJ 07901 973-361-6665

Hotline: (800) 550-4900 http://www.birthright.org

#### First Choice Women's Resource Center

82 Speedwell Avenue, P.O. Box 1491 Morristown, NJ 07960 973-538-0967 1-888-3-CHOOSE http://www.1stchoice.org

SUSSEX COUNTY

#### Birth Haven

Provides support, shelter, and education for homeless, pregnant, women and girls

4 Academy Street
Newton, New Jersey 07860
(973) 579-7979
www.birthhaven.org

#### Division of Vocational Rehabilitation (DVR)

Assists those with disabilities prepare for and obtain work as well as assist in achieving occupational goal(s).

223 W Stiger St. #A Hackettstown, NJ 07840 (908) 852-4110

For additional counties please visit:

 $\underline{http://jobs4jersey.com/jobs4jersey/documents/DVRS/DVRSFieldOfficeContactListWithBackups.pdf}$ 

## **Project Self-Sufficiency**

Non-profit, community based program that assists low-income families 127 Mill Street
Newton, NJ 07860
(973) 940-3400
http://www.projectselfsufficiency.org

## Today's Choice

Provides education, free ultrasound and pregnancy tests for those in need 100b Main
Street Box 873
Newton, NJ, 07860
(973) 440-9974
www.todayschoice.org

## **BERGEN COUNTY**

## Care Plus, NJ, Inc.

"Offers a wide-array of programs and services to provide a holistic, comprehensive approach to aid in recovery from mental illness and substance abuse"

610 Valley Health Plaza Paramus, NJ 07652 (201) 986-5000 (201) 986-5000 www.careplusnj.org

## **Veteran Supports**

State-wide | Morris County

#### **NEW JERSEY**

#### **New Jersey Veteran Benefits Hotline**

"Assistance with educational costs, medical care, vocational guidance, rehabilitation, and specially adapted housing" (888) 865-8387

www.state.nj.us/military/veterans

## Vet 2 Vet: New Jersey Veteran Counseling Hotline

Confidential service run by veterans who counsel callers and direct them to a wide range of services including obtaining education or disability benefits to relationship issues to readjusting to life at home

(866) 838-7654 (24 hr. hotline)

http://www.state.nj.us/military/veterans/hotline.html

#### **Veteran Crisis Line**

(800) 273-8255

https://www.veteranscrisisline.net

## **MORRIS COUNTY**

#### **Community Hope**

"Hope for Veterans is a program that works with veterans and their families overcome mental illness, addiction, homelessness and poverty by providing housing and support services"

199 Pomeroy Rd.

Parsippany, NJ 07054

(973) 463-9600

http://www.communityhope-nj.org/veterans-programs-hope-for-veterans-home.php

## Cornerstone Family Programs (formerly Family Service of Morris County)

Confidential counseling for combat veterans and their families, money management, and female veteran program

62 Elm Street

Morristown, NJ 07960

and

248 West Main

Street Rockaway,

NJ 07866

(800) 984-1414

http://www.cornerstonefamilyprograms.org/Services-and-Programs/Family-Programs/Confidential-Counseling-for-Combat-Veterans-and-th.html

## **Morris County Veterans' Service**

(973) 285-6866

http://morrishumanservices.org/adv/veterans.asp

## Veteran Outpatient Health Care Clinic

340 West Hanover Avenue Morristown, NJ 07960 (973) 539-9791

To obtain additional information and resources for veterans, please view:  $\underline{\text{http://www.va.gov}}$