

We're here for **U**  
when you need  
someone to talk to

**Uwill**

Student Mental Health & Wellness



Students receive

# **FREE IMMEDIATE ACCESS TO A THERAPIST**

Choose a therapist based on your preferences  
*gender, language, ethnicity, focus area*

at a time that fits your schedule  
*day, night, weekend availability  
by video, phone, chat, or message*

*Scan QR code to get started.*

Experiencing a mental health crisis?  
Help is available 24/7/365

**833.646.1526**

*If you are experiencing a medical emergency call 911.*



**Private. Secure. Confidential.**