



## EOF SPRING WORKSHOPS 2024



<b>TUES, JAN. 30</b> 12:30-2:00 PM	<b>EOF WELCOME BACK RECEPTION &amp; Alliance Kick Off!</b>	EOF Office Refreshments
	<b>TIME MANAGEMENT</b> <i>Several dates/times-see below:</i>	<b>All dates in CH 162</b>
<b>Feb. 6, 12:30 pm</b>	<b>March 4, 2:00 pm</b>	<b>April 10, 11:00 am</b>
	<b>STUDY &amp; TESTING STRATEGIES</b> <i>Several dates/times- see below:</i>	<b>All dates in HH 111</b>
<b>Feb. 29, 12:30 pm</b>	<b>March 27, 11:00 am</b>	<b>April 15, 2:00 pm</b>
<b>April 24, 1:00 pm</b>	<b>DE-STRESS &amp; PREP FOR FINALS</b>	<b>CH 102</b>
<b>April 1, 2:00 pm</b>	<b>STRENGTHEN YOUR EQ</b>	<b>CH 102</b>
<b>March 7, 11:00 am</b>	<b>HOW TO MOVE PAST PROCRASTINATION &amp; PERFECTIONISM</b>	<b>HH 204</b>
<b>April 4, 12:30</b>	<b>DISABLED STUDENT EXPERIENCE</b>	<b>TBA</b>
<b>March 7, 12:00-2:00 pm</b> <b>April 16, 12:00-2:00 pm</b>	<b>THERAPY DOGS!</b>	<b>BOTH DATES: SCC LOBBY</b>
<b>TUESDAYS AT 11:00 AM ON THESE DATES:</b>	<b>EOF STUDENT ALLIANCE MEETINGS</b>	<b>ALL DATES- MEET IN EOF</b>
<b>FEB. 27, 11:00 AM</b>	<b>MARCH 12, MARCH 26 (Wrap baskets)</b>	<b>APRIL 9, APRIL 23 (Spring Picnic)</b>
<b>MAY 7, 11:00-12:30</b>	<b>ALLIANCE END OF SEMESTER LUNCHEON</b>	<b>TBA</b>
<b>WED, APRIL 17</b> 6:00-8:00 pm	<b>EOF AWARDS RECOGNITION!</b> Bring two guests! Many awards!	<b>SCC Davidson Rooms</b>

**"Like us" on Facebook for workshop credit!**

Also, **ONLINE WORKSHOPS** are available on the 'EOF Online & Resources' Blackboard course. Look up 'Raise My GPA Now' or 'Online Workshops.' View content and submit evaluation form for workshop credit.

**\*\*\*Use the back of this form to verify workshop attendance. Submit this form by the end of the spring semester.**