

# The CCMemo

County College of Morris  
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Employee Newsletter  
September 18, 2015

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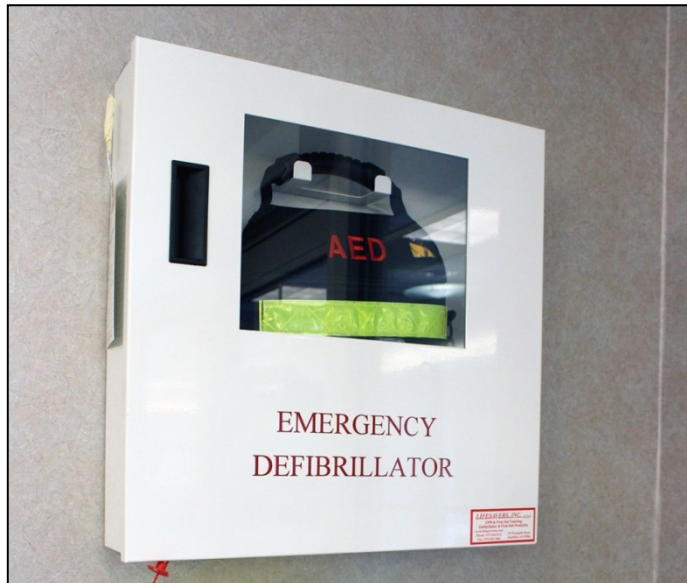
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## Wellness Newsletter: AEDs Mounted Throughout Campus



In an effort to improve emergency response and preparedness on campus, County College of Morris (CCM) has invested in more accessible automatic external defibrillators (AED), which are now mounted in all buildings. As a response to members of the campus community expressing a desire to become CPR/AED certified in order to feel more comfortable responding in a medical emergency, Liz Hoban, Health Services coordinator, will be holding classes on campus. Classes will be held on October 2, 9, 16 and 23 from 10 a.m. to 1 p.m. in either the Student Community Center or Sheffield Hall, Room 200. To sign up for a class or for more information, email [ehoban@ccm.edu](mailto:ehoban@ccm.edu).

## **SCHEDULED EVENTS**

Where applicable, click event title for more information

### Jazz Coffee House

September 18, 7:30 p.m.

Cohen Hall, Room 200

### Regional College Fair

September 20, noon – 3 p.m.

Student Community Center,  
Health and Physical Education Building

### Foundation Scholarship Golf Outing

September 28

Rockaway River Country Club

### Space Extreme

October 9, 7 p.m.

Longo Planetarium

### Shapes in the Sky

October 10, 3 p.m.

Longo Planetarium

### Tour of the Planets

October 10, 5 p.m.

Longo Planetarium

### Legacy Project

October 15, 12:30 p.m.

Student Community Center, Davidson Rooms

### Fall Open House

October 17

Student Community Center

## **SAVE THE DATES**

### **Professional Day and Adjunct Faculty Orientation/Dinner**

January 14, 2016

### **Professional Days**

May 18-19, 2016

## **FRIENDLY REMINDERS**

### Library Book Group

The CCM Library Book Group will be discussing short stories by Oscar Wilde, including "The Nightingale and the Rose" and "The Canterville Ghost" on Wednesday,

Information about the CPR/AED program, as well as other health related topics, can be found in the September-October Workplace Wellness Newsletter at <http://tinyurl.com/njycwc6>.

### **Professors to Present Series During Hispanic Heritage Month**

Dr. Marcia Picallo and Dr. Stuart Siegelman, professors in CCM's Languages and ESL Department, and the Morris Museum will be presenting the series "Latino Americans: 500 Years of History" at the museum. The series will discuss topics of relevance to the Latino community during Hispanic Heritage Month. You can find more information at <http://www.morrismuseum.org/lectures/>.

### **Fall Job Fair Coming to CCM**



The Fall 2015 Job Fair will be held on Wednesday, October 21, from 9:30 a.m. to 12:30 p.m. in the Student Community Center, Davidson Rooms. The event is sponsored by the Office of Career Services and Cooperative Education. A list of job openings and attending employers, which currently includes AFLAC, NJ Transit, State Farm Insurance and Robert Wood Johnson University Hospital, can be found at <http://tinyurl.com/pev6szw>.

### **Adjunct Professor to Present at Conference**

Denis Sheeran, adjunct professor of statistics at CCM, has been invited to present and preside over a session at the American Mathematical Association of Two-Year Colleges Annual Conference in New Orleans, to be held November 19 – 22. Sheeran will be giving the talk "Unanswerable Questions: The Key to Building Statistical Thinkers." Information on the conference can be found at <http://www.amatyc.org/?2015ConfHome>.

### **Last Call: Volunteers Needed at Festival**



September 30, at 12:30 p.m. and all employees are welcome to attend. Free eTexts of these stories, and others by Wilde, may be found at the Project Gutenberg website at

<http://www.gutenberg.org/ebooks/14522> and <http://www.gutenberg.org/ebooks/902>

The club typically meets the last Wednesday of the month in the library conference room. Those with questions can contact ext. 5278.

### **CCM Foundation Golf Outing**

The CCM Foundation Scholarship Golf Outing this year will be held at Rockaway River Country Club in Denville on Monday, September 28. As always, the event helps to raise funds for our scholarship program. Enjoy an exclusive course, lunch and dinner, golfer gifts and the chance to win both golf and raffle prizes.

Three automobiles will also be on the course that day and could be yours for a hole-in-one. CCM faculty and staff are able to enjoy the day for a single golfer price of \$185. For the internal invitation, head to <http://tinyurl.com/qab8fnk>.

### **Volunteers Needed for De-Stress Fest**

The CCM Office of Counseling and Student Success will be presenting its annual De-Stress Fest on Tuesday, October 20, at 11 a.m. to 2 p.m. in the Student Community Center, Davidson Rooms. Volunteers are needed to help ensure that this year's event is as successful as last year's program, which greatly benefited from those who were able to donate their time and talents. Attendees of De-Stress Fest will learn about the eight dimensions of wellness – physical, social, emotional, intellectual, occupational, spiritual, financial and environmental wellness – by participating in interactive activities related to each dimension. Volunteers are needed at each dimension to ensure that the student completes the activity and then places the sticker on the student's treasure map once he/she has succeeded. Volunteers to check in attendees are also needed, as well as anyone who would like to donate their talent (fitness class, etc.).

Those interested in helping in any way are asked to email Ariella Panek at [apanek@ccm.edu](mailto:apanek@ccm.edu), and the department will work around your schedule.

CCM is in need of volunteers, as the college will once again join in the festivities at the Festival on the Green in Morristown on Sunday, September 27. CCM will have two tables at the festival to promote the college – one at the Main Stage and one by the Green. Volunteers are needed to help spread the word about all CCM has to offer.

If you are able to help staff the table by the Main Stage for an hour or two between the hours of noon and 5 p.m., please contact Rick Burchfield at ext. 5050 or [rburchfield@ccm.edu](mailto:rburchfield@ccm.edu). The festival promises to be a great time, with CCM's own Professor Joe Bilotti continuing the tradition of performing on the Main Stage with his Heart of Gold Band.

### **Nearby Repaving Projects and Impact**

A reminder that the Randolph Police Department has alerted CCM about some additional repaving projects that will impact traffic to and from the college. For a full list of projects, dates, impacts and detours, please see <http://tinyurl.com/phd7964>.

### **Fall Student Workshops**

The CCM Office of Counseling and Student Success is hosting multiple upcoming workshops that are designed to help students in a number of important areas. A full schedule of Fall Semester workshops can be found at <http://tinyurl.com/nlbqlyv>. The following is a description of the event taking place next week.

#### **Introduction to Career Planning Using FOCUS 2**

**Thursday, September 24, 12:30 p.m. in Cohen Hall, Room 157**

Start here to clarify your career planning needs and learn about resources that can help you choose a major and achieve your career goals. This workshop will introduce you to FOCUS 2, an online career planning tool that will help give you a better understanding about which careers/majors match your personality, interests, values and abilities.

### **Campus Life Update Offers Info on Fall Semester Happenings**



The latest edition of CLU: Campus Life Update is available at <http://tinyurl.com/pmzh5jv>. Highlights include information about the Welcome Back Bash (Tuesday, September 22), the Fall Broadway Bus Trip and upcoming performing arts productions.

### **EOF Hosting Workshop**

The CCM Educational Opportunity Fund will host a workshop on how to use art to exercise, de-stress, reduce tension and relax your mind. No art talent is necessary and the materials will be supplied for you. The workshop is open to the entire campus community and takes place on Wednesday, October 7, from 2-3 p.m. in the Learning Resource Center Conference Room, Room 122.

### **HR CORNER**

#### **This Weekend: Oktoberfest Discount**

CCM employees have the opportunity to purchase discounted Oktoberfest at Mountain Creek tickets for this weekend. The event, in its 30th year, takes place on Saturday and Sunday. Information can be found at <http://tinyurl.com/on5ky8o>.

#### **Retirement Consultations**

One-on-one counseling sessions are available as follows with state-approved representatives:

**MetLife** representative David Sharpe will be on campus on Thursday, October 15, from 10 a.m. – 2 p.m. in Henderson Hall, Room 107. Email [dsharpe2@metlife.com](mailto:dsharpe2@metlife.com) to make an appointment. He will also be on campus on November 10 and December 7.

**TIAA-CREF** representative Zhee Sarabia will be on campus on Friday, October 16, from 9 a.m. – 4 p.m. in Henderson Hall, Room 107. Call 800-732-8353 to make an appointment. She will also be on campus on November 11 and December 16.

**Prudential** representative Lily Lau will be on campus on Tuesday, September 29, from 10 a.m. – 4 p.m. in Henderson Hall, Room 107. Call 732-236-6782 to make an appointment. She will also be on campus November 17 and December 9 (appointments starting at 9 a.m.).

**Voya** (formerly ING) representative Brandon Zisa will be on campus on Wednesday, September 30, from 10 a.m. – 3 p.m. in Henderson Hall, Room 107. Call 732-326-5625 or email [brandon.zisa@voyafa.com](mailto:brandon.zisa@voyafa.com) to make an appointment. He will also be on campus October 14, November 12 and December 8.

#### **Notification of PERS Board Nominations**

Members of the Public Employees'

Retirement System (PERS) are asked to be aware that nominations are being accepted to fill the position of one elected state and one elected municipal position to the PERS Board of Trustees for terms from July 1, 2016, to June 30, 2019. More information can be found at <http://tinyurl.com/q86c5jt>.