



# NEWSLETTER

September – December 2015

## Does Your Job Search Need a Self-Confidence Boost?

The **Women's Center at County College of Morris** has announced its fourth semester offering of **Empowerment!** Are you looking for...

- A coaching model with accountability?
- Rediscovering strengths you didn't know you had?
- A methodology for positive thinking?
- Finding energy and the power within you through group interactions?
- A way to feel comfortable presenting ideas, opinions and insights when speaking to others?
- A way to consistently set and achieve purposeful goals?
- A way to tap into your self- leadership skills?

**Empowerment!** is a 12 week program of interactive and engaging techniques and exercises designed to address these life enhancing skills and empower women in a supportive group environment. Created and facilitated by **Jeanne Rohach, Certified Women's Empowerment Coach & Consultant**, an **Information Session** will be held **Tuesday, September 8, from 10-11** at the CCM Campus in Randolph. The course, for which admission is by selection and is limited to 20 women, will begin with an **Orientation Session** on **Thursday, September 24** and continue on successive **Tuesdays from 10-12** through **December 15**. The course is free for those selected for program admission.

The Women's Center can help you with your job search. The straining economy has challenged many, in particular women of all socioeconomic backgrounds, ages and ethnicities. Many women who have been stay at home moms and caregivers for years need to re-enter the workforce for a variety of reasons. Financial strain has led to the need to address emotional, stress and life coping issues and in some cases, to insure "job-readiness".



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## Access to Justice

Many New Jerseyans find themselves in a "Catch-22", they earn too much to qualify for no cost legal assistance, yet not enough to hire an attorney at current market rates of \$250 an hour and higher. Last year, Rutgers Law School in Newark, launched the **Rutgers Law Associates Fellowship Program**. Directing the program is Associate Dean of the Rutgers Law School, attorney Andrew Rothman. It provides an alternative that offers affordable legal representation at below market rates; typically at about \$50 per hour.

Modeled after a traditional medical residency program, the Rutgers Law Fellowship provides recent law school graduates who have also passed the NJ Bar Exam, a post-doctorate opportunity to practice law under the supervision and guidance of attorneys with 20+ years' experience, while at the same time learning best practices in the legal profession. Participating fellows have full responsibility for their caseload under the direction of an experienced practitioner/educator who conducts daily "rounds" to educate and ensure a high level of quality representation.

The arrangement provides a "win-win" for new attorneys and the community; opportunity to practice law and opportunity for access to otherwise unaffordable legal representation.

Areas of practice include:

- Landlord/Tenant Disputes
- Criminal Defense
- Divorce, Custody and other Family Law Issues
- Immigration/Visa Issues
- Mental Health-Related Legal Matters
- Consumer Fraud
- Veteran's Issues
- Social Security Benefits Appeals
- Special Education Litigation

For more information, contact Rutgers Law Associates at: 973-353-2564.



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In 2014, we served over 1000 women with daily one-on-one career counseling and assessment, daily computer training in Microsoft Office programs and QuickBooks, bi-weekly Job Clubs with guest speakers and networking, resume and cover letter writing assistance, interviewing techniques, one-on-one legal education clinics and workshops, support groups, financial mentoring and special interest topic workshops, all free of charge.

Please contact The Women’s Center at County College of Morris 973-328-5025 or [womenscenter@ccm.edu](mailto:womenscenter@ccm.edu) for more information about course admission and other services that might be of assistance to you.

*By Melissa Elias, Director, at the Women’s Center at CCM.*

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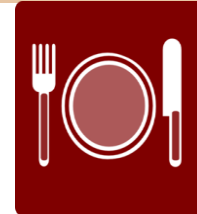
While the **Morris County Ombudsman Office & Court User Resource Center** does not offer legal advice or assistance, it provides users with procedural assistance regarding dealing with the courts; for example, providing information on what requirements are necessary in filing motions or having cases considered by the court and guidance on completing court forms. The Court User Resource Center is located within the Morris County Courthouse, Room 152 and is open M-F, 8:30AM-4:30PM. For further information contact: Jennifer Shultis at 973-656-3969.

Free half-hour private legal consultations on matters pertaining to family law issues are held the first three Wednesday evenings of each month at the **Women’s Center at the County College of Morris**. Participants have the opportunity to speak with a family attorney and get legal advice about their specific family law issue or obtain guidance with completing court forms. To arrange an appointment, contact the Women’s Center at 973-328-5025.

*By Tricia Spitale, Programs Administrator, at the Women’s Center at CCM*

Please join the Women’s Center at CCM for

**Make a Difference Mondays**



**Gourmet Cafe'**  
Italian Restaurant

**As part of its Make a Difference Mondays campaign, Gourmet Café has generously agreed to donate 10% of its sales to the Women’s Center at CCM.**

Located at:

136 Baldwin Rd, Parsippany-Troy Hills, NJ 07054  
<http://njgourmetcafe.com/>

Hours: 11:30 am to 2:30 pm (Lunch) and 5:00 – 8:00 pm (Dinner)

This applies to Lunch, Dinner, Take-Out and Gift Certificates

**WC Newsletter**

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SCC 115, Randolph, NJ 07869

**973-328-5025**

[womenscenter@ccm.edu](mailto:womenscenter@ccm.edu)  
[www.ccm.edu/womenscenter](http://www.ccm.edu/womenscenter)

**Mission Statement:**  
*To serve the varied needs of women in their quest for economic self-sufficiency.*

**Staff**

Director	Melissa Elias
Career Counselor	Eileen Fee
Career Counselor	Maureen Haggerty
Job Placement	Michele Coneys
Program Administrator	Patricia Spitnale

The Women’s Center at CCM is a nonprofit organization serving displaced homemakers, single mothers, and other women. It is sponsored by the **County College of Morris**. The program is funded by the **NJ Division on Women** and the **United Way of Northern New Jersey**. The legal education services are funded by a grant from the **IOLTA Fund of the NJ Bar Foundation**.

**Career Corner . . . . .****Are You Still Learning?**

How can learning a new skill this fall help you in your job search?

- Potential employers will see you as a “doer,” a learner, someone interested in keeping up to date with skills.
- Joining a class often assists job searchers in building and expanding their network of contacts.
- A recent class or training experience is an excellent addition to a resume.
- Learning a new skill helps one feel more confident.

**Which new learning experience would be of interest to you?**

- A Women’s Center Computer Class: call 973-328-5025
- A class at your local or neighboring Adult School
- A training program at the Morris County Vocational School District in Denville (courses in office management, culinary arts, dental assisting, carpentry, etc., as well as preparation for the High School Equivalency Exam): [www.mcvtcs.org](http://www.mcvtcs.org).
- Meeting with a computer tutor at the Women’s Center: call 973-328-5025
- A college-credit course offered at the County College of Morris (CCM offers more than forty-five career-related Certificate Programs): [www.ccm.edu](http://www.ccm.edu).
- A Continuing Education course offered at CCM (many courses available): [www.ccm.edu/businesscommunity](http://www.ccm.edu/businesscommunity).
- Women’s Center Job Club sessions (meets twice a month on Fridays from 10:00 a.m. to 12:00 noon): [www.ccm.edu/womenscenter](http://www.ccm.edu/womenscenter).
- Free computer classes at Morris County Library: [www.gti.net/mocolib1/](http://www.gti.net/mocolib1/).



*Learning is a treasure that will follow its owner everywhere*  
-Chinese Proverb

**Upcoming Job Club Topics**

- 9/11 Let’s Improve Your Elevator Speech, with Career & Interview Coach, Alex Freund
- 9/25 How to Find a Job in the Google Age with Global HR Executive & SCORE Volunteer, Richard Bahner
- 10/2 Interview Workshop with, Morris County Chamber of Commerce Women in Business Committee
- 10/16 Assessments in the Hiring Process with Organizational Development Professional & Former CCM Women’s Center Career Counselor, Joanne Clifford
- 11/6 Communicating with Success: Watch Your Language with Certified Business Coach, Paul Hatak
- 11/20 Creating a LinkedIn Profile & Using LinkedIn With IT Consultant & Women’s Center Tutor, Prashant Maddipatla
- 12/11 Job Hunting on the Internet with CCM Librarian, Lynee Richel

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- Free computer classes at Morris County Library: [www.gti.net/mocolib1/](http://www.gti.net/mocolib1/).
- Volunteering to develop new skills; organizations train their volunteers: [www.volunteermatch.org](http://www.volunteermatch.org).
- An associate, bachelor’s, or advanced degree; the Women’s Center can help you develop financial options.

If you would like to discuss learning opportunities or career-related options, make a Career Counseling appointment at the Women’s Center: call 973-328-5025.

Still learning? There are so many opportunities!

*By Maureen Haggerty, Career Counselor, The Women’s Center at CCM*

**Knowledge is Power: Get Your Credit Report Safely & For Free**

Credit Karma offers free credit scores, reports and monitoring – without affecting your credit score. Plus, get personalized debt management recommendations, track & optimize your credit score & learn to make credit work for you, not against you. [www.creditkarma.com](http://www.creditkarma.com)

## Women’s Center at CCM Calendar of Activities



### September

- 1, 3, 8, 10 – Outlook Class
- 3, 10, 17 – Legal Clinic
- 8 – Empowerment! Information Session
- 11, 25 – Job Club
- 16, 18, 23, 25 – Excel 1 Class
- 24 – Empowerment! Orientation
- 28 – Give Back Monday Dining at Gourmet Cafe
- 29 – Empowerment! First Class
- 30 – Excel 2 Class
- Mon - Thurs – Computer Lab
- Mon - Thurs – Career Counseling appointments

### October

- 1, 8, 15, 22, 29 – Family Law Workshop
- 2, 7, 9 – Excel 2 Class
- 2, 16 – Job Club
- 6, 13, 20, 27 – Empowerment! Class
- 7 – Homeless Solutions Career Counseling Workshop
- 7, 14, 21 – Legal Clinic
- 13, 15, 20, 22 – Word 1 Class
- 27, 29 – Word 2 Class
- Mon – Thurs – Computer Lab
- Mon – Thurs – Career Counseling appointments

### November

- 3, 5 – Word 2 Class
- 3, 10, 17, 24 – Empowerment! Class
- 4, 11, 18 – Legal Clinic
- 5, 12 – Family Law Workshop
- 6, 20 – Job Club
- 10, 12, 17, 19 – PowerPoint Class
- Mon - Thurs – Computer Lab
- Mon - Thurs – Career Counseling appointments

### December

- 1, 3, 8, 10 – QuickBooks Class
- 1, 8, 15 – Empowerment! Class
- 2, 9, 16 – Legal Clinic
- 11 – Job Club
- Mon - Thurs – Computer Lab
- Mon - Thurs – Career Counseling appointments

## County College of Morris Performing Arts Fall Schedule

- September 18<sup>th</sup> .....Jazz Coffee House
- November 3<sup>rd</sup> – 7<sup>th</sup> .....Mary Poppins
- November 19<sup>th</sup> – 21<sup>st</sup>.....The Great Gatsby
- December 4<sup>th</sup>.....Holiday Music Concert
- December 10<sup>th</sup>.....Dance Theatre Showcase

